Your Health and It's Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino Beverly Hills, Calif.

ONE-HORSE-AND-BUGGY DOCTOR

Dr. Brady

For some years I have assumed that you were really a specialist, a health specialist of the top rank (writes a pastor), but read in your column today "I am not a food specialist, a diet specialist, just an ordinary doctor." If your readers are to believe this what are they to conclude about your criticisms of other doctors, especially those who are specialists?

I have followed some of your suggestions in preference to ideas of personal physicians . . . but unless you are qualified as a competent specialist, beyond the "ordinary", there is no wisdom in either following your advice or reading it, and I, for one, would like to know the fact, if your modesty will permit you to state it for the benefit of one who has been an admirer.

(Signed....., Pastor..... Church)

My modesty boggles at no such trifle, sir. The fact is, as I have tried always to make every one understand, that I am a plain, ordinary, plodding one-horse-and-buggy type of doctor.

As for being a specialist—perhaps, sir, you have a naive notion of what constitutes a specialist. In medicine a specialist is an ordinary doctor who devotes himself and perhaps limits his practice to certain diseases. Neither by law nor by custom does a specialist necessarily surpass the doctor who does general practice, in knowledge or skill. Of course, after years of practice in his limited field a specialist may and should be somewhat more capable of diagnosing and treating unusual cases in that field, but even then, always with the aid and counsel of the patient's family physican.

I'm afraid, sir, that you may be one of the large number of simple, trusting folk who think "specialists" are super-doctors and hence that one is smart if he passes by the "ordinary" doctor and goes straight to a "specialist" when he needs medical advice or treatment.

The only real specialist, my dear ex-admirer, is the doctor who has engaged in general practice for at least ten years, found his particular bent or interest, pursued a serious course of post-graduate training in that field, and then finally announced that his practice is limited to that field.

A real specialist depends almost exclusively upon the medical practitioners in his community for patients—the doctors recognize his ability and refer difficult cases or call him in consultation.

I'm sorry, reverend sir, but the only specialty I could possibly claim as my own is Preventive Medicine. Or I might settle for Personal Health—in fact, I suppose I have been practicing Preventive Medicine and Personal Health in my ways for years. Would that be an inducement to you to stick with us a while longer, sir?

QUESTIONS & ANSWERS

Jurity of Water

We have tired of bottled water. Is it necessary to boil the city water to make it safe to drink? (T. J. N.)

Answer—Not unless the city health department warns the public to do so. I'd prefer the water from the tap for purity, for safety, and, in my opinion, the taste of the city water is perfectly satisfactory most of the time. If the taste is not so good occasionally, the water is still good safe drinking water.

Unindulgent Husband

I weigh 164 pounds (five feet three inches tall). I am quite active, but that doesn't help, as I only work up an appetite. My husband likes to stop at a night lunch place after the movies (which we attend once a week) and eat a big snack. He insists that I eat with him and becomes angry when I refuse. What can I order that will not fatten? (Mrs. W. B. M.)

Answer—Sea food—shrimp, clams, oysters, lobster is good to eat, low in calories. Tea or coffee yields no calories at all—if you don't take sugar and milk or cream. Buttermilk is only half as nourishing or fattening as whole milk. Tomato juice is even less nourishing or fattening than buttermilk. Doubling as a member of Mr. Alexander's Mediation Board I'd say you should leave your diet plans at home and give your husband a pleasant time of it—sail in and eat a good hearty snack. Much simpler to do your dieting some other time. If you are serious about reducing, send twenty-five cents and stamped envelope bearing your address, for booklet "Rules for Reducing."

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On the Radio Chain

STATIONS:

Chain affiliation and where they are on the dial.

KALE (CBS), 1330, Portland KEX (NBC-Blue) 1190, Portland KGA (NBC-Blue and MBS), 1510, Spokane, KGO (NBC-Blue) 810 San Francisco; KGW (NBC-Red) 620, Portland; KJR (NBC-Blue) 1000 Seattle, KNX (CBS), 1070 Los Angeles, KOA (NBC-Red) 850 Denver, KOIN (CBS), 970, Portland KUMO (NBC-Red) 950 Seattle, KPO (NBC-Red), 680, San Francisco, KSL (CBS), 1160, Salt Lake City

Time Shown is PWT.

Tuesday

5:00 p m.—Terry and Pirates, BN: OK for Release, NBC; News, MBS; This Man Named Jordan, CBS.
5:15 p m.—Dick Tracy BN; Superman, MBS; Betty and Bob, NBC
5:30 p m.—Date with Judy NBC; Jack Armstrong BN; Harry Flannery News, CBS; Adventures of Tom Mix MBS.
5:45 p m.—Capt. Midnight BN; Night News Wire, MBS, News CBS
6:00 p m.—Gabriel Heatter, MBS; Inner Sanctum, CBS; News, BN; Mystery Theater, NBC.
6:15 p m Jimmy Fidler MBS; Supper Music, BN
6:30 p m — Fibber McGee and Molly NBC; Spotlight Bands, BN; American Forum, MBS
7:00 p m.—Bob Hope NBC; Trans-Atlantic Quiz, BN; Service to the Front, CBS.
7:15 p m.—Lowell Thomas, MBS
7:30 p m.—Hildegarde, NBC; Red Rider MBS; One Man's Family BN
8:00 p m.—Supper Club, NBC; Jack Kirkwood Show CBS; Ted Malone BN
8:15 p m.—Fleetwood Lawton, NBC; Music CBS; Lum and Abner BN
8:30 p m.—Johnny Presents NBC; Theater of Romance, CBS; Allan Young Show BN; Roy Rogers MBS
9:00 p m.—Everything for Boys NBC; Big Town, CBS; Glen Hardy News MBS
9:15 p m.—Rex Miller, MBS
9:30 p m — Murder Will Out, BN; Marshall Dana in San Francisco, MBS.
10:00 p m —News NBC; Carlson and News, BN; Fulton Lewis MBS
10:15 p m.—On Our Bandstand NBC; Sports Program, BN
10:30 p m.—Edwin C Hill, CBS; Fenneman's Nite Club, BN; Sweetheart Swing Time, NBC
11:00 p m — Behind the Scenes CBS; Orchestra, NBC; News, BN

Wednesday

5:00 p m.—Terry and Pirates BN; OK for Release, NBC; This Man Named Jordan, CBS; News, MBS
5:15 p m.—Dick Tracy BN; Superman, MBS; Betty and Bob NBC;
5:30 p m.—Jack Armstrong BN; Harry Flannery News, CBS; Adventures of Tom Mix MBS; News NBC
5:45 p m.—Elmer Peterson, NBC; Night News Wire, MBS; Capt Midnight, BN; News CBS
6:00 p m.—Frank Sinatra, CBS; Eddie Cantor, NBC; Gabriel Heatter MBS
6:30 p m.—Spotlight Bands, BN; Mr District Attorney, NBC; Which is Which, CBS; Brownstone Theater MBS
7:00 p m.—Kay Kyser's Kollege NBC; Great Moments in Music CBS The Feeling is Mutual, MBS
7:15 p m.—Lowell Thomas, MBS
7:30 p m.—Lone Ranger, MBS; Let Yourself Go, CBS
8:00 p m.—Supper Club, NBC; Jack Kirkwood Show CBS; Main Line MBS, Ted Malone, BN
8:15 p m.—Fleetwood Lawton, NBC; Lum and Abner BN; Music That Satisfies CBS
8:30 p m — Billy Burke Show, NBC; Counterspy, BN; Dr Christian CBS; Fresh Up Show, MBS
9:00 p m.—Mr and Mrs North NBC; Jack Carson CBS; News, MBS; Music, BN
9:30 p m.—Who's Lucky Tonight NBC; Arch Oboler Plays, MBS.
10:00 p m.—News NBC; Carlson and News, BN; Fulton Lewis MBS
10:30 p m.—Orch. CBS; Fenneman's Nite Club, BN; Sweetheart Swingtime, NBC
11:00 p m.—News, BN; Orchestra CBS.

Bumblebee Defies Aerodynamic Laws, Research Proves

San Angelo, Tex., (U.P.) — The airworthiness of the bumblebee, alleged on scientific grounds to be unable to fly, has been defended by the Aeronautical Chamber of Commerce.

Pvt. Lyman A. Sayre of the San Angelo Army Air Field wrote the chamber in New York:

"According to aerodynamics, the bumblebee should not be able to fly. Can you give us any proof, either pro or con, on this subject?"

And the chamber's technical department replied:

"The laws of aerodynamics as applied to fixed wings would prove the bumblebee unable to fly because of the excessively high wing loading.

"However, a special field of aerodynamics, which might be called 'beedynamics,' would very clearly demonstrate the fact that with sufficiently rapid oscillation it is possible for a very small flat surface to lift a much greater weight than can be expected from an airfoil shape under the laws of aerodynamics."

Oakland, Calif., May 8.—(U.P.)—A spectacular five-alarm fire of unknown origin swept through the Bacon Vulcanizer Manufacturing company early today, causing damage estimated at $200,000. The fire, which was discovered shortly after the night shift left the plant, raged out of control for almost an hour.

NOTICE TO CREDITORS

IN THE COUNTY COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.
IN THE MATTER OF THE ESTATE of D. A. LANDON also known as DAVID ALMOND LANDON, Deceased.

The undersigned, having been appointed Administratrix of the above estate, by the County Court of the County of Jackson, State of Oregon, and having qualified, notice is hereby given to all persons having claims against said estate to present them at the office of the undersigned's attorney, at 126 East Main street, Medford Oregon, properly verified and with proper voucher, within six months from the date of the first publication of this notice, which is the 1st day of May, 1945.

EMMA C. LANDON,
Administratrix.
O. H. BENGTSON,
Attorney for Administratrix.

Notice of Call for Bids

NOTICE IS HEREBY GIVEN that the undersigned will receive bids for the purchase and removal of the four (4) dwelling houses designated as numbers 501, 511, 517 and 523 East Main Street in the City of Medford, Oregon, together with the outbuildings appertenant thereto. Bidders may bid for the removal or purchase of any or all buildings and will be required to remove the same from the premises on or before sixty (60) days from acceptance of bids by the City Council. Bids may be submitted in writing to the City Superintendent on or before the 10th day of May, 1945. Terms will be cash and bidder's check must be submitted with the offer. Conditions of removal of said buildings may be inspected at the office of the City Superintendent.

All bids will be subject to acceptance by the City Council and the said Council reserves the right to reject any and all thereof.

THE CITY OF MEDFORD, OREGON.
By: Frank H. Rogers, City Supt.

NOTICE OF FINAL HEARING

IN THE COUNTY COURT OF THE COUNTY OF JACKSON IN AND FOR THE STATE OF OREGON.
In the MATTER of the Estate of IZORA E. STEWART, deceased.

Notice is hereby given that the undersigned executors of the will of the above named decedent have filed in the above entitled court and matter their final account of their administration of said decedent's estate and said court has fixed the 31st day of May, 1945, at the hour of 10 o'clock a. m. at the court room of the above entitled court at Medford, Oregon, as the time and place for the hearing of objections to said account and for the settlement thereof and of said estate.

IVA MAY STARK,
OLEVIA BELL LEUTHOLD,
Executors.

NOTICE TO CREDITORS

IN THE COUNTY COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.
IN THE MATTER OF THE ESTATE of ARCHIE C. NASH, Deceased.

The untersigned, having been appointed Administrator of the above estate, by the County Court of the County of Jackson, State of Oregon, and having qualified, notice is hereby given to all persons having claims against said estate, to present them at the office of the undersigned's attorney, at 126 East Main street, Medford, Oregon, properly verified and with proper voucher, within six months from the date of the first publication of this notice, which is the 1st day of May, 1945.

FRITZ T. NASH,
Administrator.
O. H. BENGTSON,
Attorney for Administrator.

SUMMONS FOR PUBLICATION

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.
CLARENCE A. KEIZUR and ETHEL M. KEIZUR, husband and wife, Plaintiffs,
vs.
JAMES HAYES and JUNE HAYES, husband and wife; S. M. WAIT also known as SYLVESTER M. WAITE and MARY WAIT also known as MARY WAITE, husband and wife; BESSIE WILLEKE, a single person; each and all of the unknown heirs of each and all of the above named defendants; also, all other persons or parties unknown claiming any right, title, estate, lien or interest in the real estate described in the complaint herein,
Defendants.

TO EACH AND ALL OF THE ABOVE DEFENDANTS EXCEPT THE DEFENDANT, BESSIE WILLEKE, a single person:

IN THE NAME OF THE STATE OF OREGON. You and each of you are hereby required to appear and answer the complaint filed against you in the above entitled suit on or before the last day of four weeks from the date of the first publication of this summons, and, if you fail so to appear and answer said complaint, for want thereof, the plaintiffs will apply to the Court for the relief demanded in their complaint, succinctly stated as follows, to-wit:

That each and all of the defendants herein be required to fully set forth any and all right, title, estate, lien, claim or interest whatsoever that they or any of them, may have, or claim, in, to, or upon the real property described in the complaint herein or any part or parcel thereof, which said real property is situated in Jackson County, Oregon, and more particularly described as follows to-wit:

Lots Six (6) and Seven (7) in Block One (1) of Willeke's Addition to the City of Medford, Jackson County, Oregon, according to the official plat thereof, now of record.

That each and all of the claims that may be made on the part of any or all of said defendants herein, in or to said real property herein described, or any part thereof, be adjudged and declared to be null and void; that the plaintiffs herein be decreed to be the owners, in fee simple, of said real property, free and clear of any right or claim whatsoever on the part of said defendants, or any of them.

That each and all of the defendants herein, and each and all persons claiming, or to claim, by, through or under them, or any of them, be forever enjoined, restrained and barred from asserting, attempting to establish, or claiming, any right, title, estate, lien or interest whatsoever in, to, or upon said real property, or any part or parcel thereof, and that plaintiffs' title to said premises be forever quieted and set at rest.

This summons is published by order of the Honorable H. K. Hanna, Judge of the Circuit Court of Jackson County, Oregon, made and entered on the 30th day of April, 1945.

The time prescribed in said order for publication of this summons is once each week for four consecutive weeks. The date of the first publication of this summons is the 1st day of May, 1945.

O. H. BENGTSON,
Attorney for Plaintiffs,
126 East Main Street,
Medford, Oregon.

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DO YOU KNOW?

?
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THE PLACE WITH A PERSONALITY

STRANGE AS IT SEEMS By ERNEST HIX

Crossword Puzzle

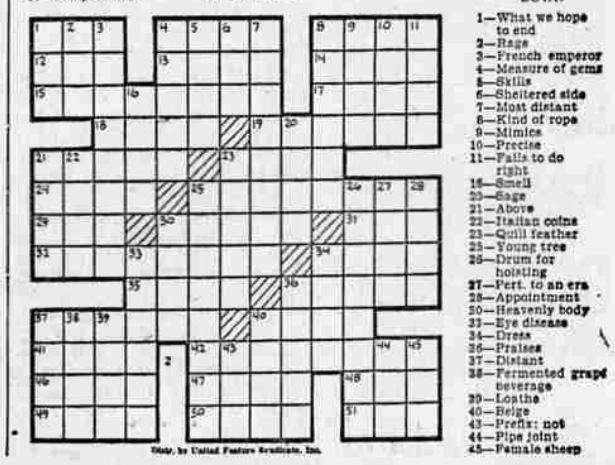
ANSWER TO PREVIOUS PUZZLE

ACROSS

1—Succeed
4—Young cow
8—Hair on neck
12—Constellation
13—Sector
14—Copyist
15—Newspaper man
17—Close
18—Harems
19—Spins
21—Apportion
23—Philip
24—Layer
25—Moved back and forth
28—Gold (Sp.)
30—Comprehend
31—Man's name
32—Contrite
34—Small insect
35—Russian political convention
36—Large spoon
37—Dizzy
40—Nobleman
41—Command to do something
42—Hatch eggs
45—One opposed
47—Department in France
48—Make clothes
49—Female ruffs
50—Large African antelopes
51—Observe

DOWN

1—What we hope to end
2—Rage
3—French emperor
4—Measure of gems
5—Skills
6—Sheltered side
7—Most distant
8—Kind of rope
9—Mimics
10—Precise
11—Falls to do right
16—Smell
20—Sage
21—Above
22—Italian coins
23—Quill feather
25—Young tree
26—Drum for hoisting
27—Pert. to an era
28—Appointment
30—Heavenly body
33—Eye disease
34—Dress
36—Praises
37—Distant
38—Fermented grape beverage
39—Loathe
40—Beige
43—Prefix: not
44—Pipe joint
45—Female sheep



RINSO'S FRIDAY NIGHT HEADLINERS
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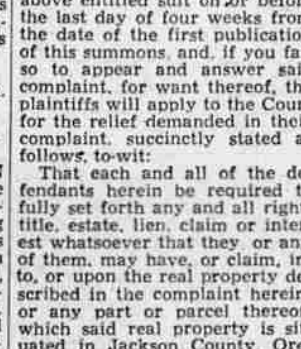
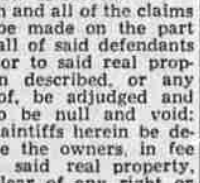

say: "De Kingfish don' win no arguments wid us since we been listenin' to de Richfield Reporter. We fades all his points wid a world of facts from de Richfield Reporter."
LISTEN TONIGHT AT TEN

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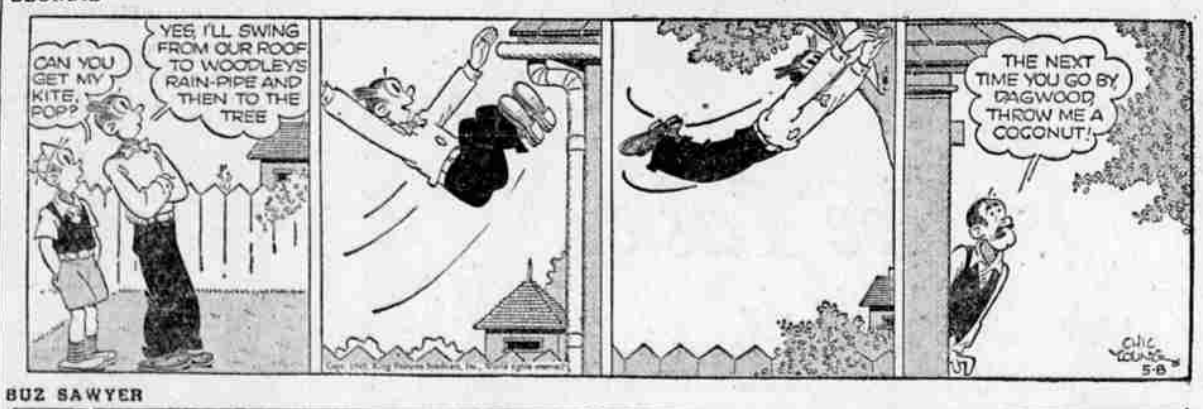

BUZ SAWYER

L'IL ABNER

THE NEBBS

NOISE By GLUYAS WILLIAMS