

Your Health and It's Care

By DR. WILLIAM BRADY M.D.

Readers should address inquiries to: Dr. William Brady, 285 El Camino Beverly Hills Calif.

BEWARE THE QUACK IN ETHICAL CLOTHING

There is a great deal of misunderstanding and confusion concerning the significance of enlarged tonsils in children and infected tonsils and so-called focal infection in adolescents and adults. Much of this misunderstanding and confusion is shared by physicians. For instance, I quote from a metropolitan health commissioner's official advice to the public: "Enlarged tonsils were found in 4,400 of 11,851 school children examined. This does not mean that 4,400 operations were required, but it does mean that many of these children require operation, while every child having them was more or less handicapped by this focus of infection pouring poison into his system at an age when all the reserve of his energy is required for growth and the acquirement of knowledge."

That piece of asinine was actually offered to the public in the community where the eminent health commissioner is an authority—and no medical practitioner in that community so much as raised an eyebrow about it. It goes to show, I believe, just how sadly at sea, uninformed and confused the putative "authorities" are about it. Most healthy children have "enlarged" tonsils, especially in the late winter and early spring, and there is no good reason to regard this as unfavorable to the child's health unless the tonsils and/or adenoids are so enlarged that they obstruct breathing (through the nose) or impair the hearing. Only when mouth breathing or noticeable deafness (determined by careful tests by the physician) warrant it, is removal of tonsils and/or adenoids necessary, in my opinion.

From the characteristic teaching of the metropolitan health commissioner, quoted above, it is obvious that the doctor shares a half-baked notion which too many doctors have—that enlarged tonsils are infected. This notion, I say, is asinine. That many putatively competent physicians, not only general practitioners but brass nose and throat specialists entertain the absurd notion that lymphoid tissue (in tonsils or adenoids) is pathological or abnormal and ought to be removed is evident in the attitude they take in regard to the diathermy (electro-coagulation) method of treating enlarged or infected tonsils.

Why do you always insist it is wrong for a girl under fifteen to diet? After all, when you are 15 it is pretty important that you don't look like a tub. I am 5 ft. 2 1/2 inches tall and I weigh 147 pounds. I certainly don't want to look like that until I am eighteen!

Answer—No, no, Gloria, I do not insist a girl should not diet until she is eighteen. I merely warn her that if she attempts any restrictions of diet on her own she may not only ruin her health and invite serious disease but she is quite likely to spoil her good looks. In my opinion there is only one way in which any one under eighteen may safely or advantageously follow a reducing diet, and that is under the constant direction that is under of his or her physician. I'm sorry it is like this, Gloria, but you see, I kinda like 'em plump or at least healthy.

Margarita have found only two brands of clear margarine, which, so far as the carton shows, do not contain sodium benzoate. Both brands seem to keep as well as brands that are doctored with the chemical preservative. What do you?

Answer—Well, dahdiast it, I just go on eating margarine that contains sodium benzoate, because our market

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Monday
5:00 p.m.—OK for Release, NBC
Terry and Pirates, BN, News, MBS
This Man Named Jordan, CBS
5:15 p.m.—Dick Tracy, BN, Super
man, MBS, Betty and Bob, NBC
5:30 p.m.—Voice of Firestone, NBC
Harry Flannery, News, Jack
Arnone, BN, Tom Mix, MBS
5:45 p.m.—News, CBS, Captain
Midnight, BN, Night News Wire, MBS
6:00 p.m.—Hoop, CBS, News, BN, Gabriel
Heatter, MBS
6:30 p.m.—Information, Please
NBC, Spotlight Bands, BN
6:45—The Better Half, MBS
7:00 p.m.—Serenade, CBS, Players
CBS, Guy Lumbered Orch., BN, Contended
Hour, NBC
7:30 p.m.—Dr. J. Q. NBC Thanks
to the Yanks, CBS, Lone Ranger
MBS
8:00 p.m.—Super Club, NBC, Jack
Kirkwood, CBS, Ted Malone, BN
8:15 p.m.—Hedda, Hooper, CBS
Lum and Abner, BN, Fleetwood
Lawton, NBC
8:30 p.m.—Cavalcade of America
NBC, Michael Shyne, MBS, Hawthorne
House, BN, Burns and Allen, CBS
9:00 p.m.—Dick Tracy, BN, News
Glenn, MBS, The Whistler
CBS, telephone Hour, NBC
9:30 p.m.—Voice of Firestone, NBC
Tomorrow's World, NBC, Green Hornet, BN
10:00 p.m.—News, NBC, Futon
Lewis, MBS, Carlson and the News
BN
10:15 p.m.—Sherlock Holmes, MBS
10:30 p.m.—Sweetheart Swingtime
NBC, Fineman's Nite Club, BN
11:00 p.m.—News, BN, Orchestra,
NBC

Tuesday
5:00 p.m.—Terry and Pirates, BN
OK for Release, NBC, News, MBS
This Man Named Jordan, CBS
5:15 p.m.—Dick Tracy, BN, Super
man, MBS, Betty and Bob, NBC
5:30 p.m.—Date with Judy, NBC
Jack Arnone, BN, Tom Mix, MBS
News, CBS, Adventures of Tom Mix
MBS
5:45 p.m.—Capt. Midnight, BN
Night News Wire, MBS, News, CBS
6:00 p.m.—Gabriel Heatter, MBS
Inner Sanctum, News, BN, Mystery
Theater, NBC
6:15 p.m.—Jimmy Fidler, MBS, Sup
per Music, BN
6:30 p.m.—Fisher McCee and
Molly, NBC, Spotlight Bands, BN
American Forum, MBS
7:00 p.m.—Bob Hope, NBC, Trans
Atlantic Quiz, BN, Service to the
Front, CBS
7:15 p.m.—Lowell Thomas, MBS
7:30 p.m.—Hillegarde, NBC, Red
Hider, MBS, One Man's Family, NBC
8:00 p.m.—Super Club, NBC, Jack
Kirkwood, CBS, Ted Malone, BN
8:15 p.m.—Fleetwood Lawton, NBC
Music, CBS, Lum and Abner, BN
8:30 p.m.—Johnny Presents, NBC
Chester of Romance, CBS, Allan
Young Show, BN, Roy Rogers, MBS
8:00 p.m.—Everything for Every
NBC, City Town, CBS, Glen Hardy
News, MBS
9:15 p.m.—Rex Miller, MBS
9:30 p.m.—Murder, Will Out, BN
Marshall Dana in San Francisco, MBS
10:00 p.m.—News, NBC, Carlson
and Lewis, MBS
10:15 p.m.—On Our Bandstand
NBC, Sports Program, BN
10:30 p.m.—Behind the Scenes
Fenneman's Nite Club, BN, Sweet
heart Swing Time, NBC
11:00 p.m.—Behind the Scenes
CBS, Orchestra, NBC, News, BN

33 YEARS OLD
Girl Scouting in the United States was 33 years old on March 12. The first troop was founded in Savannah, Ga., by Mrs. Juliette Low.

Use Mail Tribune Want Ads.

SUMMONS
No. 9019—Equity
In the Circuit Court of the State of Oregon for Jackson County
G. W. MYERS, Plaintiff,

vs.
ALBIN JOHNSON and EMMA JOHNSON, husband and wife; the unknown heirs of Albin Johnson; the unknown heirs of Emma Johnson; CECIL C. BAKER and JANE DOE BAKER (whose true first name is unknown), his wife, if the said Cecil C. Baker be married; the unknown heirs of Cecil C. Baker; BRADFORD C. BAKER and JANE ROE BAKER (whose true first name is unknown), his wife, if the said Bradford C. Baker be married; the unknown heirs of Bradford C. Baker; CHESTER O. BAKER and JENNIE DOE BAKER (whose true first name is unknown), his wife, if the said Chester O. Baker be married; the unknown heirs of Chester O. Baker; MARY E. MOORE and JOHN DOE MOORE (whose true first name is unknown), her husband, if the said Mary E. Moore be married; the unknown heirs of Mary E. Moore; JACKSON COUNTY, OREGON, a public corporation; and also all other persons or parties unknown claiming any right, title, estate, lien or interest in the real estate described in the Complaint herein, Defendants.

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SUMMONS FOR PUBLICATION
In the Circuit Court of the State of Oregon in and for the County of Jackson, City of Medford, Oregon, Plaintiff, L. M. GREENE and JANE DOE GREENE, Husband and wife; BELLE E. WARNER, and also all other persons or parties unknown claiming any right, title, interest, lien or estate in or to the real property described in the Amended Complaint herein, Defendants, vs. TO THE ABOVE DEFENDANTS AND TO EACH AND ALL THEREOF:

Beginning at a point 906 feet south of the northwest corner of the southwest quarter of the southwest quarter of Section 10, Township 34 South, Range 1 West of the Willamette Meridian; and running thence south along the section line 754 feet, more or less, to a point which is 992 feet north of the southwest corner of the northwest quarter of the northwest quarter of Section 15 in said Township and Range; thence east 2,000 feet, more or less, to the westerly line of the Crater Lake Highway; thence North 17 degrees 55 minutes East along the westerly line of the Crater Lake Highway to the section line common to Sections 10 and 15 in said Township and Range; thence west along said section line 425 feet, more or less, to the southwest corner of the property described in the deed now of record in Vol. 178 at Page 473, Deed Records of Jackson County, Oregon, which point is located 1643 feet, 10 inches, more or less, east of the section corner common to Sections 9, 10, 15 and 16 in said Township and Range; thence north 428 feet, more or less, to a point due east of the point of beginning; thence west 1643 feet, 10 inches, more or less, to the point of beginning. Together with the right to maintain water pipe along the south line of property described in Vol. 205 at Page 232, Deed Records of Jackson County, Oregon; and decreeing all such claim or

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SUBURBAN HEIGHTS
By CLUYAS WILLIAMS



April 16th, 1945, is the date of the first publication of this summons.
F. P. FARRELL,
Attorney for Plaintiff,
Post Office Address: Room 306,
Fluhrer Building, Medford,
Oregon.

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Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60

ACROSS
1—State from use
6—Blumber
11—A captured capital
13—Cuddled
14—Upon
15—Lying
17—Child's word for father
18—Shred
20—African tribe (synb.)
21—Utah
22—Indigo
24—Uncle (slang)
25—Gasp for breath
26—Wool fat
28—Bew looney

DOWN
29—Football field
31—Prepared
32—Porize
36—Girl's name
37—Son of God
38—Pern seed
39—Some
40—Swallowing
42—Harry
43—Small fish
44—Payment to kidnappers
46—Thorium (synb.)
47—Nullify
48—Egg diet
49—Exceedingly (fond of)
52—Nostrils

1—Kind of fruit
2—Indefinite article
3—Rest
4—Turkish regatta
5—Sluggish
6—New York
7—Paris at Cony Island
8—Dad
9—For example (abbr.)
10—Normalist in teaching
11—Ethical
12—Women writer
13—Man-eaters
14—Peppy
15—Luminated
16—Man-eaters
17—Luminated
18—Military car
19—Trousers
20—Illuminated
21—Census of cow
22—City in Burma
23—At full speed
24—Came to earth
25—Speaks
26—Daffodils
27—Sand hills
28—Best wings
29—Olive name
30—Rodent
31—Light of India
32—Den
33—The (Fr.)

