Your Health and It's Care

By DR. WILLIAM BRADY M.D.

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ARSENIC AND DEAD FINGERS

Young woman who had worked several years in a flower shop connected with greenhouse developed obstinate, intense itching scaly eruption on the back of her hand and fingers which cleared up after a few months, but thereafter each spring she had a recurrence of similar skin trouble on the hands each spring. Eventually the young woman found that from time to time when she was tired and got cold—say driving her car on a cold morning—several fingers would become numb and white and after a half hour or so when the circulation returned gradually they were very painful. This happened even on summer mornings if it was at all cool.

Dr. Brady

Dead fingers is the common name for it. Raynaud's disease is the medical name for it.

The peculiar character of the skin trouble that this young woman had before the Raynaud's disease developed suggested to her alert physician that chronic arsenic poisoning might be the cause. She had certainly been exposed to arsenic for years — the greenhouse connecting with the flowershop used arsenical insecticides for spraying.

So the doctor gave the young woman an injection of one-half gram (about 7½ grains of sodium thiosulphate (hyposulfite) into a vein. This caused a marked increase in the amount of arsenic excreted in the urine in the next twenty-four hours. Normally there is a minute amount of arsenic in the urine anyway, but such an injection of thiosulfate would not greatly increase the arsenic in the urine of the normal individual.

Thereafter the doctor gave the patient similar injections of thiosulfate two or three times a week for several weeks. The patient no longer suffered from either the skin rash (which had long masqueraded as "eczema") or dead fingers.

Any one may take thiosulfate internally, in doses of, say, ten grains, dissolved in at least half a glassful of water flavored with syrup or sugar and fruit juice, twice a day, after food, for, say, three days each week—preferably alternate days—for a period of six to ten weeks.

The following manifestations may spell chronic arsenic poisoning:

Chronic or recurring "eczema," garlic-like odor of the sweat, red injected eyelids or constant irritation and itching of edges of edges of eyelids, odd patches of tingling, numbness or loss of sensation in the skin here and there, otherwise inexplicable attacks of neuritis, odd weakening or paresis (partial paralysis) of one or another muscle group, severe outbreaks of herpes ("cold sores"))), or a peculiar waxy pallor.

QUESTIONS AND ANSWERS

How to Measure 7½ Grains

To save wear and tear, postage, time and everything, here is a way to measure 7½ grains: Put one-half ounce of the powder into a four-ounce vial, or one ounce into a half pint bottle, then fill the bottle up with water. When the salt or powder is all dissolved each teaspoonful will contain approximately 7½ grains. Of course, this would not be a satisfactory way to measure radium, but for ordinary chemical or medicinal salts it is practical — provided the chemical or salt is soluble in water.

Alcohol Not for Children

Would it be harmful to a child 9 years old to let him drink a glass of beer at bedtime, as a tonic?

(Mrs. C. S.)

Answer—Yes. Beer, wine or liquor is as "tonic" to a child or any one else as a little carbolic acid would be. Give the child an extra glass of milk and a cookie or a banana or other fruit or a little bread with jam or jelly at bedtime. If you want to improve his physical and mental development.

Saireygamp

Following your suggestion I have used lanolin and oil for my complexion for months and it har seemed fine, but now a nurse where I work says lanolin, will grow hair on the face.

(Miss S. E.)

Answer—The idea is absurd.

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Allies' Supply Problem Key To Length of Nazi Holdout

(The German army in the west is being captured at the rate of a division a day. Allied tank spearheads are riddling the front. Victory is in the air, but when it will materialize is an open question. Boyd D. Lewis, European news manager of the United Press, surveys the situation from his vantage post at supreme allied headquarters at Paris.)

By Boyd D. Lewis

United Press Correspondent

Paris, April 2.—(U.P.)—When will the war in Europe end?

The nearest thing to an expert opinion available at supreme allied headquarters is that the final collapse of German resistance is still a considerable distance away.

How far away will depend upon our ability to keep supplies flowing across the Rhine—on which not a single permanent bridge remains—and streaming through a hostile countryside to our speeding armored spear heads.

Despite their losses, the Germans still have possibly 1,250,000 troops in the west, of which 250,000 are in combat units.

Nazi Morale Low

They are a whipped army, as Gen. Dwight D. Eisenhower said. Their morale is a far cry from what it was a year ago or even last December.

But they still are killing Americans, British and Canadians—and they will continue to kill them for many weeks to come.

Adolf Hitler is still very much in the saddle, with dreaded Gestapo Chief Heinrich Himmler beside him, according to best opinion here. A captured German psychological warfare officer told me at the front recently that Hitler has ruled unchallenged since the purge following the attempt on his life last July.

This officer also maintained that the Germans never would use gas. Hitler, who suffered from gas in the last war, would not permit its use, he said.

The Germans' worst problem is transportation. Largely because of allied air raids, German railways are broken and unusable. Gasoline shortage hampers use of motor vehicles.

Sams Valley

Sams Valley, April 2.—Sams Valley Ladies club met at the home of Gueula Straus March 15. Mrs. Howes of Gold Hill and Thelma Martin of Medford were welcome visitors. Mrs. Howes gave a talk on H. E. C. Next meeting will be Thursday, April 5, at the home of Catherine Morgan.

Word has been received here by Mr. and Mrs. Clarence Morton that Mrs. Morton's brother Cpl. Robert Bischoff, was killed in action in Luxembourg Feb. 25. Robert lived in Beagle and attended grade school there and high school at Sams Valley. His parents, Mr. and Mrs. R. Bischoff, and sister, Cleo, now live at Murphy, Ore. He also has two half-brothers, Alfred Haynes of Ashland and Jay Haynes in the eastern states. Sympathy is extended by this community to the bereaved family.

An April Fool party was held at grange hall March 31. Pie and sandwiches were sold during the evening, proceeds going to the hot-lunch fund.

A family reunion was enjoyed Friday evening at the home of Mr. and Mrs. Charles C. Sanderson in honor of Ernest Sanderson, S2/c, who left for Farragut, Idaho, Saturday after a three-weeks' leave here. Present were Mr. and Mrs. Milton Sanderson and family, Mr. and Mrs. Lawrence Sanderson and family and Mr. and Mrs. Lloyd Sanderson and family, all of Shady Cove; Mr. and Mrs. Robert Sanderson of Trail, Mrs. Thelma Martin and son, Donald; George and Lloyd Beers of Medford, Ernest Sanderson of Farragut, Idaho, and Mr. and Mrs. Charles Sanderson.

Word has been received here by Mr. and Mrs. Marion Bennett from Baker, Calif., that their son, Pvt. Jack Bennett, is in the hospital there with pneumonia.

Another former Sams Valley boy, Ivan Chambers, is reported killed in action. The Chambers lived in Sams Valley for several years and Ivan attended school here.

Mrs. Colpit of Central Point finished taking the farm census in the community last week.

Grange gave a party in honor of Ernest Sanderson while he was here on leave.

GRUESOME STORY OF JAP BUTCHERY TOLD IN MANILA

By Richard G. Harris

United Press Correspondent

Manila, March 31.—(U.P.)—An official report revealed today that the Japanese in their rape of Manila butchered helpless women and children with bayonets, shot men by the hundreds and wantonly destroyed places of worship.

The atrocities were brought to light in a mass of documentary evidence furnished by the people who survived the ordeal and by American military personnel.

Major Views Sites

Perhaps the most damaging affidavit was that of Major David V. Binkley, a 37th division medical officer. He personally inspected many mass atrocity scenes, but the worst was near the Manila railway station where he saw the bodies of 115 men, women and children—all shot and bayonetted.

Many of the adults and some of the older children were tied before they were shot, Binkley said. The very small children were killed without being tied.

At De La Salle college, Binkley found the bodies of 76 men, women, and children of various ages scattered over the grounds.

"Some of the women were pregnant," he testified. "The breasts of one woman had been cut off. All the bodies were pierced by several bayonet wounds.

Children Not Spared

"At the Campos residence on Taft avenue, 45 women, most of whom wore slacks, were found. Evidence of assault was apparent on many of the women and several women had been pierced through the genital organs by Jap bayonets. Counted among the group were several children all of whom were cruelly bayonetted."

At the rear of a gasoline station, Binkley found 48 bodies, eight of them women, all with the hands tied behind the back. Nearby lay a mother and her two children. The woman was face down with an arm around each child. They had been slashed to death apparently with a saber.

Col. J. D. Frederick, of the 129th infantry, revealed that an estimated 400 bodies were found in three different places in the Fort Santiago sector. Death had resulted from shooting, bayonetting or starvation. The majority of the victims were men from 25 to 45.

Dead In Layers

All died with their hands tied behind their backs and their bodies were piled layer after layer as the Japanese riddled them with bullets.

A Filipino nurse disclosed how a Japanese soldier, irked by a baby's cries, shot her in the legs, jabbed his bayonet into the infant's head and then shot the child's mother and aunt.

WAR WRITER PASSES

Guam, Sunday, April 1—(U.P.) Frederick C. Painton, 49, Elmira N. Y., and Westport, Conn., veteran war correspondent for The Readers Digest, was buried in Guam's military cemetery Saturday. He died Friday night as the result of a heart attack.

NO HELP TO G. I.

Washington April 2.—(U.P.)—Rep. Wright Patman, D., Tex. said today that the GI bill of rights is of no help to a veteran who wants to buy a farm home. Patman said the $2,000 maximum loan provided in the GI bill is inadequate because of inflated farm prices.

The wheels of early Roman chariots were mounted on roller bearings.

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NEW PROVINCE OF DANZIG CREATED

By United Press

The Lublin radio said Saturday that the Soviet-sponsored Polish provisional government in Warsaw had created a province of Danzig, including the city of Danzig and several cities in the former Polish corridor.

The broadcast, heard by the FCC, said the new province would be formed by the entire territory of the former Free City of Danzig, as well as the cities of Gdynia, Kartuszy Maritime, Starogard, Koscierzyna and Tczew.

MOSCOW VISIT ENDS

Moscow, April 2.—(U.P.)—Dr Eduard Benes, President of Czechoclovakia, and his newly-formed provisional government left Moscow today for Kosice, temporary Czechoslovak capital.

On the Radio Chain

STATIONS:

Chain affiliation and where they are on the dial.

KALE (CBS), 1330, Portland. KEX (NBC-Blue) 1190, Portland. KGA (NBC-Blue and MBS), 1510, Spokane. KGO (NBC-Blue), 810, San Francisco. KGW (NBC-Red) 620, Portland; KJR (NBC-Blue) 1000, Seattle. KNX (CBS), 1070, Los Angeles. KOA (NBC-Red), 850, Denver. KOIN (CBS), 970, Portland. KOMO (NBC-Red) 950, Seattle. KPO (NBC-Red), 680, San Francisco. KSL (CBS), 1160, Salt Lake City.

Time Shown is PWT.

Monday

5:00 p. m.—OK for Release, NBC; Terry and Pirates, BN; News, MBS.
5:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob, NBC.
5:30 p. m.—Voice of Firestone, NBC; Harry Flannery, News, CBS; Jack Armstrong, BN; Tom Mix, MBS.
5:45 p. m.—News, CBS; Captain Midnight, BN; Night News Wire, MBS.
6:00 p. m.—Hoagy Carmichael, NBC; Lux Theater, CBS; News, BN; Gabriel Heatter, MBS.
6:30 p. m.—Information Please, NBC; Spotlight Bands, BN.
7:00 p. m.—Screen Guild Players, CBS; The Feeling is Mutual, MBS; Guy Lumbardo Orch., BN; Contented Hour, NBC.
7:15 p. m.—Lowell Thomas, MBS.
7:30 p. m.—Dr I. Q., NBC; Thanks to the Yanks, CBS; Lone Ranger, MBS; Sumner Welles, BN.
8:00 p. m.—Supper Club, NBC; Jack Kirkwood, CBS; Ted Malone, BN.
8:15 p. m.—Hedda Hopper, CBS; Lum and Abner, BN; Fleetwood Lawton, NBC.
8:30 p. m.—Cavalcade of America, NBC; Michael Shane, MBS; Hawthorne House, BN; Burns and Allen, CBS.
9:00 p. m.—Blind Date, BN; News, Glenn Hardy, MBS; The Whistler, CBS; Telephone Hour, NBC.
9:30 p. m.—Vox Pop, CBS; Noah Webster Says, NBC; Green Hornet, BN.
10:00 p. m.—News, NBC; Fulton Lewis, MBS; Carlson and the News, BN.
10:15 p. m.—Sherlock Holmes, MBS; On Our Bandstand, NBC.
10:30 p. m.—Sweetheart Swingtime, NBC; Finneman's Nite Club, BN.
11:00 p. m.—News, BN.

Tuesday

5:00 p. m.—Terry and Pirates, BN; OK for Release, NBC; News, MBS.
5:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob, NBC.
5:30 p. m.—Date with Judy, NBC; Jack Armstrong, BN; Harry Flannery, News, CBS; Adventures of Tom Mix, MBS.
5:45 p. m.—Capt. Midnight, BN; Night News Wire, MBS; News, CBS.
6:00 p. m.—Mystery Theater, NBC; Gabriel Heatter, MBS; Inner Sanctum, CBS; News, BN.
6:15 p. m.—Jimmy Fidler, MBS; Supper Music, BN; Service to the Front, CBS.
6:30 p. m.—Fibber McGee and Molly, NBC; Spotlight Bands, BN; American Forum, MBS.
7:00 p. m.—Bob Hope, NBC; Trans-Atlantic Quiz, BN; Service to the Front, CBS.
7:15 p. m.—Lowell Thomas, MBS.
7:30 p. m.—Hildegarde, NBC; Red Rider, MBS; One Man's Family, BN.
8:00 p. m.—Supper Club, NBC; Jack Kirkwood Show, CBS; Ted Malone, BN.
8:15 p. m.—Fleetwood Lawton, NBC; Music, CBS; Lum and Abner, BN.
8:30 p. m.—Johnny Presents, NBC; Theater of Romance, CBS; Allan Young Show, BN; Roy Rogers, MBS.
9:00 p. m.—Everything for Boys, NBC; Big Town, CBS; Glen Hardy News, MBS.
9:15 p. m.—Rex Miller, MBS.
9:30 p. m.—Murder Will Out, BN; Mysterious Traveler, MBS.
10:00 p. m.—News, NBC; Carlson and News, BN; Fulton Lewis, MBS.
10:15 p. m.—On Our Bandstand, NBC; Sports Program, BN.
10:30 p. m.—Edwin C. Hill, CBS; Fenneman's Nite Club, BN; Sweetheart Swing Time, NBC.
11:00 p. m.—Man Named Jordan, CBS; Orchestra, NBC; News, BN.

Dial 1340 for Mutual

NEWS
8:00—Arthur Gaeth
9:00—Wm. Lang
10:00—Glenn Hardy
11:00—Cedric Foster
12:00—Don Lee
1:00—Walter Compton
3:00—Griffin
4:00—Fulton Lewis, Jr.
4:15—Rex Miller
5:00—Sam Hayes
5:45—Night News Wire
6:00—Gabriel Heatter

FEATURES
8:30—Take It Easy
9:15—Morton Downey
10:15—Lopez
12:30—Smoothies
1:30—Tommy Harris
3:45—Johnson Family
5:15—Superman
5:30—Tom Mix

for Mutual Dial 1340

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STRANGE AS IT SEEMS By ERNEST HIX

Crossword Puzzle

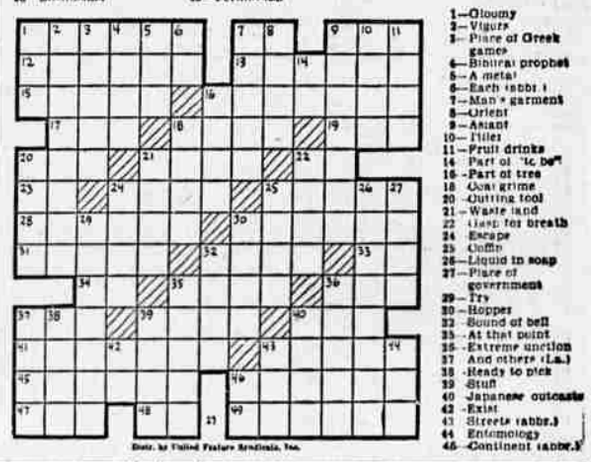
ANSWER TO PREVIOUS PUZZLE

ACROSS

1—Part of Congress
7—Compass point
9—Shinto temple
12—Blood ailment
13—Abetted
15—Devil
16—Sausage-like roll
17—Things (law)
18—Variety
19—Afternoons (abbr.)
20—Turkish officer
21—Donate
22—Geometric ration
23—Prefix: twofold
24—Pedal extremity
25—Loud noises
28—Enthusiast
30—Prickle
31—Acid compound
32—Kind of writer
33—Expression of derision
34—Symbol for tellurium
35—Rip
36—Work in play
37—Before
39—Lake in Africa
40—Chemical suffix
41—Old Hebrew tambourine
43—Cubic meter
45—Come into view
46—Bovler leader
47—Permit
48—Pronoun
49—Permission

DOWN

1—Gloomy
2—Vigors
3—Place of Greek games
4—Biblical prophet
5—A metal
6—Each (abbr.)
7—Man's garment
8—Orient
9—Aslant
10—Filler
11—Fruit drinks
14—Part of "to be"
16—Part of tree
18—Coal grime
20—Cutting tool
21—Waste land
22—Gasp for breath
24—Escape
25—Coffin
26—Liquid in soap
27—Place of government
29—Try
30—Hopper
32—Sound of bell
33—At that point
35—Extreme unction
37—And others (La.)
38—Ready to pick
39—Stuff
40—Japanese outcaste
42—Exist
43—Streets (abbr.)
44—Entomology
45—Continent (abbr.)



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SUBURBAN HEIGHTS By GLUYAS WILLIAMS