

# Your Health and Its Care

By DR. WILLIAM BRADY M. D.

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## LEFT HOLDING THE TAG

Recently I had a blood count taken at ..... laboratories the report of which reads:

Erythrocytes, 4,080,000  
Hemoglobin, 78  
Leucocytes, 4,250

Two days later had another blood count taken at ..... laboratory and the report of this one showed:

Erythrocytes, 3,592,000  
Hemoglobin, 78  
Leucocytes, 4,250

I know I am anemic but I am bewildered by the difference between these two tests:

(Mrs. M. B. L.)  
The notation "Hemoglobin 78" both reports, evidently from different laboratories, is remarkable. It probably means 78% that is, the blood contains a little over three-fourths of the iron coloring matter that the blood of a healthy person should contain.

IF there are 3 million red blood corpuscles (erythrocytes) per cubic millimeter (approximately 1/50th of a drop), in view of the 12% difference in the number of erythrocytes in the two reports it is odd, not to say suspicious, that precisely 78 something or other of hemoglobin was found in both counts.

I say suspicious, because if the hemoglobin estimate was made color comparison method the same specimen of blood may be read as 100% hemoglobin with one instrument and 80% or even only 73% on another.

Besides being the red coloring matter of blood the hemoglobin is the carrier of oxygen from the lungs to all the functioning cells and organs, and of carbon dioxide from the functioning cells and organs back to the lungs for excretion. So the amount or proportion of hemoglobin in the blood is important in every instance.

In the normal individual there are usually 7000 or 8000 leucocytes (white blood corpuscles) per cubic millimeter of blood. When the number of leucocytes is as low as 5000—well, it is a good sign that the individual should begin to consider seriously the idea of consulting a physician. Among the things such a low leucocyte count suggests are (1) some overwhelming infection such as septicemia, undulant fever, malaria, influenza, (2) onset of measles, typhoid fever, (3) disease involving blood-forming tissues—spleen, bone marrow, lymph glands, (4) patient has been taking a sulfa drug, barbiturates, acetanilide or other blood destroying drug.

Now I hope this is enough to impress upon you, Ma'am, the foolishness of having a blood test or examination made on your own. After all, what have you got?

**QUESTIONS AND ANSWERS**  
No Beach Anemia  
You say there is no such thing as a human throwback. Maybe not if one parent has Negro blood and the other hasn't. But two octoons certainly may have a child with darker skin than either parent. (M. A. M.)  
Answer—So many miles of the purest strain of any race, that is of no significance. Albinism, that is, a so-called "throwback" does not occur in the human family. The persistent obsession that if one of the presumptively white parents has a Negro strain in his family tree, he or she may have a typically negroid child, is born, I believe, of the prejudice of ignorance.  
The Fourthteen Pint  
My wife and I have each donated 13 pints of blood in at Red Cross blood bank. We are both 53. My wife always feels cold although we keep the house heated around 65-70 degrees. I think she has given enough

**LIFE'S Little TROUBLES**  
**-CAN'T SLEEP-**  
No need to lie in bed—toss and fret because CONSTIPATION or GAS PRES-SURE won't let you sleep. Be sensible—get up—take a dash of **ADLER-I-KA**  
to relieve the pressure of large intestines on nerves and organs of the digestive tract. Adler-I-Ka assists old food wastes and gas through a comfortable bowel movement so that bowels return to normal size and the discomforts of pressure stop. Before you know it, you are asleep. Morning finds you feeling clear—refreshed and ready for a good day's work or fun.  
Caution, use only as directed. Get Adler-I-Ka from your druggist today.

**YICK SO CHINESE HERB CO.**  
REMEDIES FOR STOMACH ULCERS, Heart Rheumatism, Asthma, Catarrh Piles, Prostrate Gland Eczema and all disorders of Liver, Kidney Trouble and other complaints disappear after using **CHINESE HERBS**  
Removed to Sparta Bldg.  
J. H. Leong, Herbalist Phone 5817

### On the Radio Chain

STATIONS:  
Chain affiliation and where they are on the dial:  
K.A.L. (CBS), 1230, Portland.  
K.E.X. (NBC-Blue), 1180, Portland.  
K.G.A. (NBC-Blue and MBS), 1510, Spokane.  
K.G.O. (NBC-Blue), 410, San Francisco.  
K.G.W. (NBC-Red), 620, Portland.  
K.J.R. (NBC-Blue), 1690, Seattle.  
K.N.X. (CBS), 1070, Los Angeles.  
K.O.A. (NBC-Red), 830, Denver.  
K.O.I.N. (CBS), 970, Portland.  
K.O.M.O. (NBC-Red), 950, Seattle.  
K.P.O. (NBC-Red), 650, San Francisco.  
K.S.L. (CBS), 1180, Salt Lake City.

### Young Delinquents Will Give Trouble, Not War Veterans

New York, March 22—(U.P.)—An increase in crime is expected after the war and it will not be the fault of the returning soldiers, but the juvenile delinquents of the war years, according to Dr. Richard L. Jenkins, acting superintendent of the Institute for juvenile research, Chicago.

### Disabled Veterans Offered Schooling In Service Career

By Pat Graham  
Disabled veterans in Jackson County, interested in helping their own battle-wounded comrades as a career, are urged by Jackson County Chapter No. 8 DAV, to apply at 205 Liberty Bldg., to Frank Holbrook, service officer. A training program is being sponsored jointly by the DAV and Veterans' Administration to train disabled veterans of World War II for jobs as national service officers of DAV.

### Chalker's Motel & Lodge NOW OPEN

Dine-Dance-Refreshments  
Chicken and Steak Dinners  
Most Unique Place in So. Ore.  
CLOSED MONDAYS  
Thursday Private Parties Only—  
For Reservations Ph. Gold Hill 478

### ZERO CLUB

Out of bounds, civilians only  
Delicious chicken and steak dinners, 7:00 p. m. to 3:00 a. m. except Sunday. Phone day time 5300, night 9101

### Orchestra Every Night at TAKE IT EASY LODGE

DINE and DANCE  
EVERY NIGHT EXCEPT FRIDAY  
Chicken, Steaks and Spanish Dinners!  
1/2 Mile up Savage Creek

### HALLMARK EASTER CARDS

America's finest. Cards for every relative and friend here or across the miles.  
Priced 5c to \$1.00.

### SWEM'S GIFTS

New Management  
Finer Service  
**'99' MOTEL**  
TEXACO SERVICE  
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### ATTENTION! Studebaker Owners

We now have enough competent service personnel to handle your repair needs without delay. Phone 2884 now for appointment or see our service manager, Mr. Darland.

### EDGERTON MOTOR CO.

132 So. Riverside  
Authorized Studebaker Repair Station

### SUBURBAN HEIGHTS

By GUYAS WILLIAMS  
ALTHOUGH IT'S NOT A VERY HILARIOUS OCCASION, MARCH 15 BRINGS NEIGHBORS WHO HAVEN'T SEEN EACH OTHER IN MONTHS, TOGETHER AT THE LETTER BOX ON THE CORNER, TRYING TO MAKE THE LAST COLLECTION BEFORE THE DEADLINE ON INCOME TAX RETURNS.

### FORGER ON PROBATION

Los Angeles, March 21—(U.P.)—Lillian May Lahti, 19, of Portland, Ore., who pleaded guilty to check forgery, today was put on six years probation. She was ordered to return \$221.51 to the R. T. Stevens Paint Co., on whose account she cashed five checks.

### ! DANCE !

Central Point Grange  
Saturday, March 24th  
8:30 to 12:00

### STRANGE AS IT SEEMS

By ERNEST HIX  
ANTICIPATING A BLOODLESS GERMAN...  
DESCENDING THE OPERA HOUSE...  
"WHAT HAS SHAKESPEARE EVER DONE FOR COLOGNE?"

### AIR-BORNE CUPID!

Lauritz Melchior first met Maria Hucker when she parachuted into his garden while he was studying an opera role.

### COL. MAISON HEADS 20TH

With Sixth Infantry Division on Luzon, March 22—(U.P.)—Lt. Col. Harold J. Maison, former deputy superintendent of Oregon state police, has been named commander of the 20th Infantry division. It was announced today. Maison's home address is Salem, Ore.

### WHA-A-

ONE OF THE PUPPIES TOOK MY LOLLIPOP FROM ME!  
I CAN TELL WHICH ONE IS GUILTY BY THE LOOK ON THEIR FACES

### WHAT A LUCKY FELLOW BUZZO!

WHAT AN ASSIGNMENT! MONTEREY, CARMEL, GOLF, GIRLS, GAVETY—  
THERE MUST BE A CATCH TO IT SOMEWHERE, CHILL  
A CATCH? WHY, MY DEAR FELLOW—SAY, DON'T YOU EVER READ ALNAV? WHY, YOU HAVE A PROMOTION COMING, YOU DIPPY DODO.

### GIT GOIN' TAXI—FAST!

IN HIS AGITATION L'IL ABNER DOES NOT NOTICE THAT THE CADDYDRIVER IS A GIRL—  
"AH GOTTA GIT AWAY—"  
"ER—LET'S GO T'SOME LONELY SPOT WHERE NOBODY CAN FIND US—"  
"AN' PARK THAR."

### THE NEBBES

I WANT JANDERS HERE—HE'S MY FRIEND!  
JUST TELL THEM HOW THE GUN GOT INTO YOUR POSSESSION!  
I WENT TO GET 'EM SAW THE GUN AND THAT'S ALL I KNOW ABOUT IT  
ARE YOU GONNA BELIEVE THAT YARN?  
I BELIEVE IT—I'VE NEVER KNOWN TITUS TO TELL AN UNTRUTH  
WERE POSSESSION OF MISSING PROPERTY IS NO PROOF OF GUILT—WED BETTER LET HIM GO

### BARNEY GOOGLE AND SNUFFY SMITH

OH, THANK YOU, SIR, BUT YOU'VE BEEN AWAY SO LONG—YOUR FAMILY AND FRIENDS—UH—OUT OF SHEER COURTESY, I MUST DECLINE SIR!  
SHUX—DON'T BE SUCH A BALKY OL' MULE!!  
I'LL FAVOR VE WIF A WEEKLY RATE!!

### BLONDIE

WHY DON'T YE MOSEY ON HOME WIF IVE, KUNNEL?

### BUZ SAWYER

WHAT A LUCKY FELLOW BUZZO!

### L'IL ABNER

ARE YOU GONNA BELIEVE THAT YARN?

### THE NEBBES

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### DO YOU KNOW?

that lack of ready cash should not stop you from getting the necessary repairs on your car. Keep your Chevrolet in shape to do a better war job. Use the Easy Payment Plan at—  
**ROGUE RIVER CHEVROLET**

### Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE  
ACROSS  
1—Conductor's stick  
2—Blinds firmly  
3—Supertax  
4—Calms  
5—Part  
6—What was that?  
7—Fishes  
8—Negative  
9—Marie  
10—Clara's name  
11—Animal's foot  
12—Live ad  
13—Period of time  
14—Certain time  
15—More widely  
16—Covered with tar  
17—Bind  
18—Meadow  
19—Thin and scant  
20—Underwater rocks  
21—Past  
22—Lies  
23—Stry  
24—Marks of wounds  
25—Harry  
26—Abrasive  
27—Pungent  
28—Pronoun  
29—Years  
30—Gilded  
31—Was excessively fond of  
32—Embattlement

### ORCHESTRA EVERY NIGHT

at TAKE IT EASY LODGE  
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Chicken, Steaks and Spanish Dinners!  
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Finer Service  
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