Your Health and Its Care

By DR WILLIAM BRADY M. D.

Readers should address inquiries to: Dr. William Brady 265 El Camino Beverly Hills Calif.

RESISTANCE WOULD BE FINE IF YOU COULD HAVE IT

There have been the usual number of interruptions into print this winter to warn the public to beware of going with insufficient clothing, getting wet feet, sitting in drafts and all that old hokum. Professors, health officers and "specialists" who can do with a little publicity have cheerfully written or dictated their views for the instruction of the public. Their views generally prove irreconcilably contrary to the notions I try to impart to the public. You pays your money and takes your choice.

Dr Brady

It seems to me that the reactionaries are more vehement about "resistance" this season. Maybe I flatter myself, but I take it that my harping on the theme that apart from immunity, such as immunity against diphtheria or immunity against smallpox, which is specific and even to a practical degree measurable (say by applying the Schick test for immunity to diphtheria) there is no such state as "lowered resistance" or "good resistance" against illness in general or even against all of the acute respiratory diseases that these slick professors, health officer and "specialists" lump together as "colds" or "the common cold." I mean so far as I know. And all the professors, health officers and "specialists" know about it is what they get out of their own inner consciousness—in other words they know no more about it than you and I do.

Headline of a clipping sent by a reader:

BOBBY SOCKS PERIL
HEALTH, GIRLS WARNED

The item says a health officer warned that wearing short socks and no other hosiery during cold winter weather is an invitation to sickness.

Pish, tush and three rousing Bronx cheers.

I'm not sure what bobby socks are. If they are the uniform effected by the squealing studio audiences of some radio programs I'm opposed to them. The squealing is poorly timed and overdone and it is evidently too cheap. But if my opinion and advice are of any weight I reassure all readers that so far as health is concerned it matters not at all whether you wear socks or nothing at all, in any weather, so long as you are comfortable. It is just plumb silly to put on any clothing you do not need for comfort, no matter whether you are young or old, strong or feeble, healthy or ill. Let your actual comfort be your sole guide and you can't go wrong about clothing.

QUESTIONS AND ANSWERS

Queer Notion

Husband refuses to eat the whites of eggs. He says they are not good for him or anybody to eat. He likes the yolks—but with eggs high and scarce and meat hard to get it seems extravagant for him to throw away the white. (Mrs. F. S. A.)

Answer—If he eats the yolks he gets nearly the same benefit, but his notion is silly and it is a wicked waste to discard the white of egg like that.

Spring Training

Is it too early to begin to reduce? I am about 15 pounds overweight and hope to get in trim shape before swimming season. (Mrs. R. L.)

Answer—It is never too early to reduce if you are overweight. Send a stamped envelope bearing your address, for pamphlet "How to Lose Weight."

Cruelty to Children

I take my children aged 3 years and 15 months to the movies once a week. If this is cruelty to children I'd like to know how it harms them. (Mrs. C. T.)

Answer—Exposes them to risk of infection with whooping cough, measles, scarlet fever, diphtheria, infantile paralysis, etc. Interferes with natural sleep.

Cocoa and Chocolate

We have cocoa every evening and my neighbor insists that cocoa and chocolate are hard on the kidneys. She shudders when I give my 18-months-old baby a few teaspoonfuls of homemade chocolate ice cream. (Mrs. R. J.)

Answer—As beverages cocoa and chocolate are too stimulating to the kidneys for young children. As a flavor chocolate in ice cream is comparatively harmless. Milk and plain fruit juice drinks sweetened with sugar if desired, are the health beverages for growing children.

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On the Radio Chain

STATIONS:

Chain affiliation and where they are on the dial:

KALE (CBS), 1330, Portland. KEX (NBC-Blue) 1190, Portland. KOA (NBC-Blue and MBS), 1510, Spokane. KGO (NBC-Blue), 810 San Francisco. KGW (NBC-Red) 620, Portland; KJR (NBC-Blue) 1000 Seattle, KNX (CBS), 1070 Los Angeles, KOA (NBC-Red), 850 Denver, KOIN (CBS), 970, Portland, KOMO (NBC-Red) 950, Seattle, KPO (NBC-Red), 680, San Francisco, KSL (CBS), 1160, Salt Lake City

Time Shown is PWT.

Friday

8:00 p. m.—Terry and Pirates, BN; OK for Release, NBC; Sam Hayes, News, MBS.
8:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob, NBC.
8:30 p. m.—Jack Armstrong, BN; Harry W. Flannery, News, CBS; Tom Mix, MBS.
8:45 p. m.—Elmer Peterson, Commentator, NBC; Capt. Midnight, BN; Night News Wire, MBS; News, CBS.
9:00 p. m.—Waltz Time, NBC; Gabriel Heatter, MBS.
9:15 p. m.—News, BN.
9:30 p. m.—People Are Funny, NBC; That Brewster Boy, CBS; Double or Nothing, MBS; Spotlight Bands, BN.
9:00 p. m.—Amos and Andy, NBC; Sammy Kaye's Varieties, BN; Durante and Moore, CBS.
9:15 p. m.—Lowell Thomas, MBS.
9:30 p. m.—Stage Door Canteen, CBS; Lone Ranger, MBS; Bill Stern, NBC.
8:00 p. m.—Fights, MBS; Jack Kirkwood show, CBS; Supper Club, NBC.
8:15 p. m.—Fleetwood Lawton, NBC; Tonight in Hollywood, CBS.
8:30 p. m.—Duffy's Tavern, NBC; It Pays to Be Ignorant, CBS; Stars of the Future, BN.
9:00 p. m.—Furlough Fun, NBC; Tom Breneman, BN; News, MBS; Aldrich Family, CBS.
9:30 p. m.—Adventures of Thin Man, CBS; News, BN.
10:00 p. m.—Fulton Lewis, Jr., MBS.
10:30 p. m.—Orchestra, NBC; Orchestra, CBS.
11:00 p. m.—Orch., NBC; Man Named Jordan, CBS.

Saturday

8:00 p. m.—Youth on Parade, CBS; Orchestra, BN.
8:30 p. m.—Boston Sympathy, BN; Detroit Symphony, MBS.
8:45 p. m.—News, CBS; Elmer Peterson, NBC.
9:00 p. m.—Barn Dance, NBC; This is My Story, CBS.
9:30 p. m.—Spotlight Bands, BN; Can You Top This? NBC.
9:45 p. m.—Saturday Serenades, CBS.
7:00 p. m.—Judy Canova Show, NBC; Andy Russell, BN.
7:15 p. m.—Mayor of the Town, CBS.
7:30 p. m.—Grand Ol' Opry, NBC; Red Ryder, MBS.
8 p. m.—Early American Music, BN; America in the Air, CBS; Truth or Consequences, NBC; Chicago Theater of the Air, MBS.
8:30 p. m.—Gaslight Gayeties, NBC; FBI in Peace and War, CBS; Leland Stowe, BN.
9:00 p. m.—Meet Your Navy, BN; Hit Parade, CBS; News, MBS.
9:15 p. m.—Dream Boat, MBS.
9:45 p. m.—Don't You Believe It, CBS; Lee Simms, Pianist, NBC.
10:00 p. m.—News, NBC; Kay's Kanteen, BN.
10:15 p. m.—Hollywood Barn Dance, CBS.
10:30 p. m.—Orchestra, NBC.
11:00 p. m.—Orchestra, CBS; This Moving World, BN; Orchestra, NBC.

Tender Aching Perspiring Feet

Amazing Relief in 5 Minutes

Get a bottle of Moone's Emerald Oil with the understanding that if it does not ease the pain and soreness and do away with all offensive odors your money will be promptly returned.

Don't worry about how long you've been troubled or how many other preparations you have tried. This powerful penetrating oil is one preparation that will help to make your painful aching feet so comfortable and soften up corn and callous troubles that you'll be able to go anywhere and do most anything in absolute foot comfort.

So marvelously powerful is Moone's Emerald Oil that thousands of bottles are sold annually to sufferers from sore, tender, inflamed feet. Druggists are selling lots of it.

Western Thrift Store

The first colonial borough in the United States was Agamenticus, Me., which received its charter in 1641.

CALL FOR BIDS

The School Board of District No. 6, Central Point, Oregon will receive bids up to 8:00 P. M., Tuesday, April 3, 1945, for 40 cords of body fir wood, 4 ft in length and not less than 6 in nor more than 12 in. in width.

All bids will be opened at a school board meeting held at the High School building at 8:00 P. M. April 3, 1945. The board reserves the right to reject any and all bids.

Address all communications to Mrs. Lettie L. Gregory, Clerk, District No. 6, Central Point, Oregon.

NOTICE AND CITATION

In the County Court of the State of Oregon for Jackson County.
In the matter of MILDRED GARANT, Alleged Dependent Child.
TO ERNEST A. GARANT. GREETINGS:

You are hereby notified and required to appear in the above entitled Court within twenty-eight days from the date of the first publication of this citation, to-wit: on or before April 7, 1945, to show cause why the above named child, Mildred Garant, should not be decreed to be a dependent child and committed permanently, with authority to consent to adoption to the care of some authorized child caring agency.

You are further notified that in case you fail to answer this citation and the said child be adjudged dependent and a temporary commitment be made, such commitment may be modified or may be permanent without further notice to you.

This service of citation by publication is made in accordance with an order of Circuit Judge James Crawford, of Jackson County, Oregon, made and entered on the 7th day of March, 1945.

Dated and first published this 9th day of March, 1945.

G. R. CARTER,
County Clerk
NYDAH NEIL
Deputy
Seal of County Court
Jackson County, Oregon.

NOTICE OF MEETING

In the County Court of the State of Oregon in and for Jackson County

Jackson County Grazing Board

In the Matter of the Change of the Boundary of the PILOT ROCK GRAZING DISTRICT of Jackson County Oregon.

To the GRAZING BOARD OF JACKSON COUNTY, OREGON, and to the ADVISORY BOARD OF THE PILOT ROCK GRAZING DISTRICT and to the Signers of the Petition for the Change of Boundary of the said PILOT ROCK GRAZING DISTRICT of Jackson County, Oregon, and to All Parties Interested in the Said Grazing District GREETINGS:

NOTICE IS HEREBY GIVEN that on the 21st day of February, A. D., 1945, there was duly filed in the office of the County Clerk of Jackson County, Oregon, a petition in writing duly signed by twenty or more of the freeholders residing within the present boundaries of the said district, asking that the boundary of the said district as now organized and existing BE CHANGED so as to read as follows:

"Beginning at a point in the Northwest quarter of the Southwest quarter of Section 29, in Township 39 South, Range 2 East of the W. M., Jackson County, Oregon, where the 'Old Pacific Highway' and the 'Ashland Klamath Falls Highway' as said respective Highways are now laid out established and used, meet and intersect one with the other, and running thence in a westerly direction along the said 'Ashland Klamath Falls Highway' to where said Highway cuts and intersects the north and south center line in Section 33, said Twp and Range; thence North on said center line extended to the center of Section 28, said Twp and Range; thence East, along said quarter section line extended a distance of 3½ miles, more or less, to the Range Line between Ranges 2 and 3 East; thence South on said Range Line to the Northwest corner of Section 6, Twp 40 South, Range 3 East of the W. M.; thence East on the Township Line between Townships 32 and 40 to the North east corner of Section 6, Twp 40 South, Range 4 East of the W. M.; thence South 2 miles, more or less, to the Southeast corner of Section 7, said Twp and Range; thence East to the Southwest corner of Section 12, said Twp and Range, said point being on the County Line between Jackson and Klamath Counties, Oregon; thence South on said County Line to where said County Line intersects the State Line between the States of Oregon and California; thence West on said State Line to where said State Line intersects the 'New Pacific Highway' as now laid out, constructed and used, thence following along the line of the said 'New Pacific Highway,' as now laid out, constructed and used, in a northerly direction to where said 'New Pacific Highway' intersects the 'Old Pacific Highway,' as now laid out, established and used; thence following along the line of the said 'Old Pacific Highway, as now laid out, constructed and used, to where the said 'Old Pacific Highway cuts and intersects the said 'Ashland Klamath Falls Highway,' as aforesaid, being the true point of beginning as above set forth."

YOU ARE FURTHER NOTIFIED that a meeting of the Grazing Board of Jackson County, Oregon, has been duly called by the County Judge of said County, to be held at the hour of 10 o'clock A. M. on Monday the 19th day of March A. D., 1945, in the court-room of said Court in the Courthouse in Medford, Oregon, and such meeting will be held at said time and place for the consideration of the said petition, at which said time and place all persons interested in said Pilot Rock Grazing District are hereby required to appear and show cause, if any they have, why said Petition should not be granted, and why an election should not be called and held in the said District for the purpose of determining whether or not such proposed change in the boundary lines of the said District, as asked for in said Petition should not be made.

This NOTICE is given and mailed, posted and published, under and pursuant to an Order duly made and entered by the Jackson County Grazing Board under date of February 26th, 1945, as said Order now appears on file in my office, and to which said Order reference is hereby made.

Given under my hand and the seal of said Court on this 3rd day of March, A. D., 1945.

G. R CARTER,
County Clerk.

Thrilling story of first troop train!

How the militia was moved to break up a riot.

TONIGHT 9:00
KMED
Southern Pacific's
MAIN LINE

TRUCKS FOR RENT
Drive Yourself—Save ½ Any Distance
Pruitt's Mobiloil Station
Main and Ivy Phone 4145

PARTS and SERVICE for all Makes of WASHERS and REFRIGERATORS
YOUNGER'S APPLIANCE SERVICE CO.
31 N Bartlett Phone 2419

ZERO CLUB
Out of bounds, civilians only
Delicious chicken and steak dinners, 7:00 p. m., to 3:00 a. m., except Sunday. Phone day time 5300, night 9101

ROGUE RIVER CHEVROLET
IS HAPPY TO ANNOUNCE

they have secured additional mechanics, and are now in a position to do some of the many jobs they had to ask you to postpone.

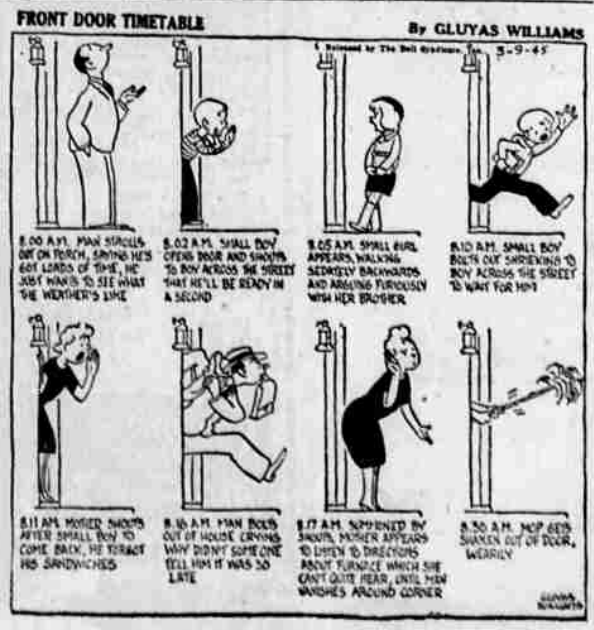
Call or See Us Today and We'll Make a Date

We appreciate your patience and tolerance in the past. We now believe we can serve you better.

Phone 2288 9th and Bartlett

ANNOUNCING THE OPENING OF
MEDFORD SAW SHOP
Modern Equipment — General Repairs
Hammering — Gumming — Welding
We Service Saws Up to 84 Inches
WE CALL FOR AND DELIVER
765 South Riverside, Medford, Ore. Phone 3917

FRONT DOOR TIMETABLE — By GLUYAS WILLIAMS



DO YOU KNOW?

that it takes $6 per second to support Red Cross all over the world?

For one second you can be at the side of every man in the service.

ROGUE RIVER CHEVROLET

Orchestra Every Night at
TAKE IT EASY LODGE
DINE and DANCE
EVERY NIGHT EXCEPT FRIDAY
Chicken, Steaks, and Spanish Dinners!
½ Mile up Savage Creek

CHALKER'S Motel & Lodge
WILL BE CLOSED
from Mon., March 12 to Wed. March 21. For future reservations call Gold Hill 474.

STRANGE AS IT SEEMS By ERNEST HIX

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

S	T	R	A	N	D		A	B	A	T	E	S
T	E	E	P	E	E		M	O	R	A	L	E
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E	N	A	M	O	R		S	E	A	T	S	
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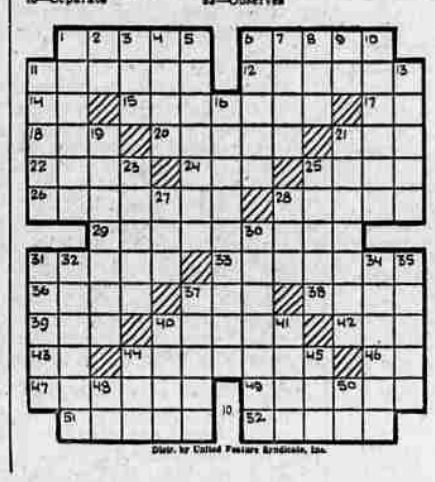
I	R	A	T	E		I	S	L	E	T	S	
N	O	T	A	R	Y		O	L	I	V	E	S
E	N	I	G	M	A		N	I	C	E	N	E
R	A	N	N	E	E	S		S	P	E	N	D	S

ACROSS
1—Cut again
6—High shoes
11—Poultice
12—Mystic
14—Installment paid (abbr.)
15—Wrestling grips
17—Near (abbr.)
18—Things (law)
20—Panorama
21—Large antelope of Africa
22—Roman orator
24—Open (poet.)
25—Long knife
26—A southern State
28—Separate
29—Maker of electricity
31—Tilted
33—Interstices
36—Solitary
37—Outcast Japs
38—Depend
39—Garment
40—Cream (Fr.)
42—English river
43—Sign of approval
44—Things deeply
45—Railroad (abbr.)
47—Dignified
49—Representatives
51—Is excessively fond of
52—Observes

DOWN
1—Call back
2—Comparative ending
3—Saint (Sp.)
4—The sweetsop
5—Greet
6—Noted pioneer
7—French river near Caen
8—Goddess of Harvest
9—Thorium (symb.)
10—Wrong doer
11—About (L.)
12—Vinegar bottle
16—Put apart
19—Putting on show
21—Twisted
23—Fat
25—Track
27—Insect
28—Took food
30—Ancient Semite
31—Women's voices
32—Peered
34—Alarms
35—Examiners
37—Sea eagles
40—Pigeon coop
41—Therefore (L.)
44—Set
45—Prepared
46—Perform
50—Compass point



BARNEY GOOGLE and SNUFFY SMITH

BLONDIE

BUZ SAWYER

LI'L ABNER

THE NEBBS