

Your Health and Its Care

By DR. WILLIAM BRADY M.D.

Readers should address inquiries to: Dr. William Brady
265 El Camino, Beverly Hills, Calif.

YANKEE STOMACH

Yankee stomach, is not confined to any section of the country. It occurs wherever people are unwise about their eating and drinking and careless about their digestion, particularly that part of digestion that goes on (a) in the mouth during mastication and (b) in the stomach for half an hour or more after the food is swallowed. If the food has been well chewed. Come to think of it, that is the only part of the entire digestive process over which one has any control. All the more reason why every one who values health, life and long life should keep ALL TEETH in good working order at all times and all the time—his own teeth or his dentist's, that is immaterial so long as the teeth function efficiently.

The trouble I call Yankee stomach is a functional derangement, at least in the majority of cases, characterized by hyperacidity, hunger pain, heartburn, acid eructations (waterbrash), uneasiness from fullness after eating, bloating by gas, and general crankiness, impatience and irritability engendered by these discomforts.

One with Yankee stomach had better abstain from alcohol and tobacco or at most smoke only after the midday or evening meal, eat regularly and five or six light meals a day rather than the ordinary three meals a day, take plenty of time to eat and never indulge in quick lunches, never eat when under tension or excitement, never take dessert or concentrated sweets, sit quietly at rest or lie down for a brief nap after eating whenever possible, avoid acetylsalicylic acid ("aspirin") which aggravates acidity.

Diet for excessive acidity of the stomach? My friend, if your trouble is that bad you should consult a physician I advise you.

SUMMONS FOR PUBLICATION
In the Circuit Court of the State of Oregon for Jackson County
DANIEL HANSCOM, sometimes known as D. G. HANSCOM, and sometimes known as DAN HANSCOM, and sometimes known as DANIEL G. HANSCOM, Plaintiff,

BESSIE F. LUMSDEN, a widow; C. I. HUTCHISON and MATTIE M. HUTCHISON, husband and wife; J. E. PATTERSON and MARY JANE PATTERSON, husband and wife; each and all of the unknown heirs of each and all of the above named defendants, also, all other persons or parties unknown claiming any right, title, estate, lien or interest in the real estate described in the complaint herein, Defendants.

TO EACH AND ALL OF THE ABOVE DEFENDANTS EXCEPT THE DEFENDANTS BESSIE F. LUMSDEN, C. I. HUTCHISON and MATTIE M. HUTCHISON:
IN THE NAME OF THE STATE OF OREGON, You and each of you are hereby required to appear and answer the com-

plaint filed against you in the above entitled suit on or before the last day of four weeks from the date of the first publication of this summons, and if you fail to so appear and answer said complaint, for want thereof, the plaintiff herein will apply to the Court for the relief demanded in his complaint, successively stated as follows, to-wit:

That each and all of the defendants herein be required to fully set forth and all right title estate, lien, claim or interest whatsoever that they, or any of them, may have, or claim, in, to, or upon the real property described in the complaint herein, in or any part or parcel thereof, which said real property is situated in Jackson County, Oregon, and more particularly described as follows, to-wit:

The Southeast quarter of the Southeast quarter of Section 28 in Township 32 South, Range 1 East of the Willamette Meridian in Jackson County, Oregon, EXCEPTING THEREFROM that portion of said property described in Deed Book 117, Pg. 150, Jackson County Records;

That each and all of the claims that may be made on the part of any or all of said defendants herein, in or to said real property herein described, or any part thereof, be adjudged and declared to be null and void; that the plaintiff herein be decreed to be the owners, in fee simple, of said real property, free and clear of any right or claim whatsoever on the part of said defendants, or any of them;

That each and all of the defendants herein, and each and all persons, claiming, or to claim, by, through or under them, or any of them, be forever enjoined, restrained and barred from asserting, attempting to establish, or claiming, any right, title estate, lien or interest whatsoever in, to, or upon said real property, or any part or parcel thereof, and that plaintiff's title to said premises be forever quieted and set at rest.

This summons is published by order of the Honorable James W. Crawford, Judge of the Circuit Court of Jackson County, Oregon, made and entered on the 28th day of February, 1945. The time prescribed in said order for publication of this summons is once each week for four consecutive weeks. The date of the first publication of this summons is the 1st day of March, 1945.

O. H. BENGSTON
Attorney for Plaintiff
126 E. Main Street
Medford, Oregon.

Use Mail Tribune Want Ads.

POLICY OF OPA SAID CAUSE OF MEAT SHORTAGE

Washington, March 15.—(U.P.)—Spokesmen for slaughterers and meat packers today agreed, in separate appearances before congressional committees, that federal price and production policies threaten military as well as civilian meat supplies.

G. L. Childress, Houston, Tex., speaking for the American Meat Institute, told the senate banking committee of the plight of packers. A separate group of congressional and government officials heard representatives of the National Meat Industry Council tell of their troubles with OPA.

Childress said packers warned the government more than a year ago that its policies would discourage "production of adequate supplies of pork and other meats."

"This," he said, "is exactly what has come about."

Childress, general manager of the Houston Packing company, said the meat isn't here because the packing industry is not getting the hogs.

He said the government first encouraged hog production and then in 1943 discouraged it, bringing about a little over a year ago "the greatest decline in hog production in one year in history."

Other factors in the meat shortage, Childress said, include failure of the OPA to kill off the meat black market and inability of packers to make a profit under present price policies.

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ing his troops in a charge against a Jap village "in the face of withering fire."

On the Radio Chain

Chain affiliation and where they are on the dial.

KALE (CBS), 1230, Portland.
KEX (NBC-Blue), 1190, Portland.
KGA (NBC-Blue and KJL), 1510, Spokane.
KGO (NBC-Blue), 810, San Francisco.
KOW (NBC-Red), 1000, Seattle.
KNN (CBS), 1070, Los Angeles.
KOA (NBC-Red), 250, Denver.
KOLN (CBS), 970, Portland.
KOMO (NBC-Red), 930, Seattle.
KPO (NBC-Red), 660, San Francisco.
KRL (CBS), 1160, Salt Lake City.

Time shown is PWT.

Thursday

5:00 p. m.—Sam Hayes and the News, MBS; OK for Release, NBC; Terry and the Pirates, NBC.

5:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob, NBC.

5:30 p. m.—Jack Armstrong, BN; Harry Flannery, News, CBS; Tom Mix, MBS; News, NBC.

5:45 p. m.—Captain Midnight, BN; Elmer Peterson, NBC; Night News Wire, CBS; News, CBS.

6:00 p. m.—Music Hall, NBC; Major Bowes, CBS; Gabriel Heatter, MBS; News, BN.

6:15 p. m.—Super Music, BN.

6:30 p. m.—Bob Burns, NBC; Spotlight Band, BN; Corliss Archer, CBS; Treasure Hour of Song, MBS.

6:50 p. m.—Abbott and Costello, NBC; Waring Orch., BN; First Line, CBS.

7:15 p. m.—Lowell Thomas, MBS.

7:30 p. m.—March of Time, BN; Red Ryder, MBS; Rudy Vallee, NBC; Here's to Romance, CBS.

7:45 p. m.—Super Club, NBC; Jack Kirkwood Show, CBS; Bulldog Drummond, MBS; Earl Godwin, BN.

8:15 p. m.—Fleetwood Lawton, NBC; Lum and Abner, BN; Music That Satisfies, CBS.

8:30 p. m.—Frank Morgan, NBC; Death Valley Sheriff, CBS; America's Town Meeting of the Air, BN.

9:00 p. m.—News, MBS; Dinah Shore, NBC; Elmer Queen, CBS; America's Town Meeting of the Air, BN.

9:15 p. m.—Rex Miller, MBS.

9:30 p. m.—The Saint, NBC; Academy Awards, BN.

10:00 p. m.—News Reporter, NBC; News, BN; Fulton Lewis, MBS.

10:15 p. m.—Sport Program, BN; San Francisco Show, NBC.

10:30 p. m.—Fenneman's Nite Club, BN; Sweetheart Swingtime, NBC.

11:00 p. m.—News, BN.

Friday

5:00 p. m.—Terry and Pirates, BN; OK for Release, NBC; Sam Hayes, News, MBS.

5:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob, NBC.

5:30 p. m.—Jack Armstrong, BN; Harry Flannery, News, CBS; Tom Mix, MBS.

5:45 p. m.—Elmer Peterson, Commentator, NBC; Capt. Midnight, BN; Night News Wire, MBS; News, CBS.

6:00 p. m.—Waltz Time, NBC; Gabriel Heatter, MBS.

6:15 p. m.—News, BN.

6:30 p. m.—People's Funny, NBC; The Brewster Boy, CBS; Double or Nothing, MBS; Spotlight Bands, BN.

7:00 p. m.—Arms and Legs, NBC; Sammy Kaye's Varieties, BN; Durand and Moore, CBS.

7:15 p. m.—Lowell Thomas, MBS.

7:30 p. m.—Stage Door Canteen, CBS; Lone Ranger, MBS; Bill Stern, NBC.

8:00 p. m.—Fights, MBS; Jack Kirkwood Show, CBS; Super Club, NBC.

8:15 p. m.—Fleetwood Lawton, MBS; Tonight in Hollywood, CBS.

8:30 p. m.—Duffy's Tavern, NBC; Pava to Be Ignorant, CBS; Stars of the Future, BN.

Scoutmasters and Senior Patrol leaders of the Medford district met last week with Robert Duff, Jackson county salvage chairman, to work out details for the Boy Scout paper campaign to end April 30. This will be known as the "General Eisenhower Paper Campaign."

Scouts of the nation have been asked to stage a whirlwind drive to bring in 150,000 tons of paper.

General Eisenhower has authorized the War Production Board to present two types of awards, in his behalf, for outstanding work in the campaign. The public will be informed as to the time of the paper collection and Army trucks will be used in the pick-up work.

Col. Macey L. Dill Wins Silver Star

For heroic action in the Leyte campaign, Col. Macey L. Dill of the 96th Infantry Division has been awarded the silver star. News of the award was received in Medford by friends of the colonel's wife, who is now making her home in Chattanooga, Tenn.

Col. Dill is commander of the 382nd Infantry Regiment of the division and was with the 96th Division when the unit was stationed at Camp White. He was awarded the silver star for lead-

Chalker's Motel & Lodge Will Be Closed

from Mon., March 12 to Wed., March 21. For future reservations call Gold Hill 474.

Orchestra Every Night at TAKE IT EASY LODGE

DINE AND DANCE EVERY NIGHT EXCEPT FRIDAY

Chicken, Steaks and Spanish Dinner

1/2 Mile up Savage Creek

ICE SKATE TO-NITE

and Every Nite Except Monday

7:45 to 10:15

SAT. & SUN. MATINEE

Medford Ice Arena

619 S. Grape Phone 4511

SUBURBAN HEIGHTS

By GLUYAS WILLIAMS

IT WAS EMBARRASSING ALL ROUND WHEN FRED PERLEY, IN RED WITH A COLD THE DAY THE WOMEN'S CLUB MET AT HIS HOUSE, WAS ROUSED FROM A FEVERISH SLEEP BY THE PRESIDENT'S ENTERTAINING THE MEETING WITH SONG WHICH FRED NODDED FOR CRIES FOR HELP AND CAME RUSHING TO THE RESCUE.

(Continued by The Mail Tribune, Inc.)

7-26-45

9:00 p. m.—Furlough Fun, NBC; Tom Breneman, BN; News, MBS; Aldrich Family, CBS; Adventures of Thin Man, CBS; News, BN.

10:00 p. m.—Fulton Lewis, Jr., MBS; 10:30 p. m.—Orchestra, NBC; Orchestra, CBS.

11:00 p. m.—Orch., NBC; Man Named Jordan, CBS.

ANNOUNCING THE OPENING OF

MEDFORD SAW SHOP

Modern Equipment—General Repairs
Hammering—Gumming—Welding

We Service Saws Up to 84 Inches

WE CALL FOR AND DELIVER

765 South Riverside, Medford, Ore. Phone 3917

STRANGE AS IT SEEMS By ERNEST HIX

ALBERT BRENSING SHOT A DEER FROM A ROCKING CHAIR, WHILE AROUND A LAKE STEAMER!

AN AIRPLANE CAN BE SOLOED AFTER 10 HOURS INSTRUCTION, BUT IT TAKES 75 HOURS TO INSTRUCT TO SOLO A HELICOPTER!

OFF POINT NO POINT, LAKE CHELAM, MBS, 1943

"THE BETTER TO SEE"

LILLIE DE NEGERMANN-LENDENCRONE, WIFE OF THE LATE DAVID HILDEBRAND, ON A TRIP THROUGH UTAH, RODE ON THE COMRADES TO GET A BETTER VIEW OF THE SCENERY

1975

Barney Google and Snuffy Smith

NO, SIR—HAWKEYE HANSEN'S BEEN DOWN FOR BREAKFAST, SUPREME LA DE DA SMITH

VE BETTER SARCH TH' PREMISES AN' FIND THAT FAN-TAIL VARMINT, AFORE I FLING YE ALL IN TH' HOOSEGOW!

SNUFFY, YOOOO—HOOO!

SKEET DOWN TO TH' WHISKEY WAGON AN' FETCH UP TWO-THREE SACKS O' POP CORN

I'M HUNGRY

AND I'M TRYING TO SLEEP

I'LL TRY SOME PEANUT BUTTER AND CRACKERS

I SMELL PEANUT BUTTER

I'M READY FOR ANOTHER POP

ME TO THE PACIFIC AND YOU TO SHORE DUTY, NO, NO, BUZZ! THEY CAN'T DO THIS TO US. WE'RE A TEAM, WE'RE PALS! WHY WE BELONG TOGETHER LIKE... LIKE HAM AND EGGS.

BESIDES, WHY BREAK IN A NEW AIR CREWMAN WHEN YOU'VE ALREADY GOT ME?

BUT WHAT IF I'M SWITCHED TO FIGHTERS

OKAY, THEN I'LL BE YOUR MEC, OR SOMETHING, I'LL GIVE UP FLIGHT PAY, I'LL DO ANYTHING IF ONLY I CAN STICK WITH YOU, BUZZ.

AND WHAT'S MORE, SIR, IF YOU'RE SMART, YOU'LL APPRECIATE WHAT AN ASSET I AM. WHY, JUST LOOK AT ALL THE FOOL THINGS YOU DO WHEN I'M NOT AROUND TO LOOK AFTER YOU... ESPECIALLY WITH WOMEN.

YOU HAVE SAVED THE LIFE OF THE JEWEL OF THE ORIENT.

HE LOOKS MO' LIKE A DROWNED RAT.

IT WAS FORTUNATE FOR US THAT YOU SAVED HIM, OH DROWNED ONE?

WHY DOES HE GO AROUND ASSAULTING INNOCENT CITIZENS?

SORRY, SIR, YOU SEE MR. POTTS ASKED JANDERS LIVES ME TO KEEP AN EYE ON THE PORTER HOUSE LIGHTS TOO

WHO LIVES AROUND HERE BESIDES YOU?

SEVERAL SQUATERS LIVE NEAR THE CLEARING BUT THEY'RE HARMLESS

THEY THINK THIS OLD MANSON IS HAUNTED

DO YOU BELIEVE IN SPOOKS, MR. POTTS?

NO, BUT I'M SURE SOMETHING HAPPENS TO MAKE ME CHANGE MY MIND!

JANDERS TENDS AT THE BARGE CANAL

HELP!

THEY MERELY STAN'S THAR—AN' SOBS?

YOU L'L CHUM IS A DROWNIN' WHY DON'T YOU SAVE HIM?

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Forty-four thousand "rehabilitated" persons whose physical disabilities had kept them from making enough money to live on, were earning \$6,482,225 a month at the close of the fiscal year.

DO YOU KNOW?

That our war casualties in this war have exceeded the Million Mark? Our men need the Red Cross more every day. Give More—Give Now,

ROGUE RIVER CHEVROLET

Crossword Puzzle

ACROSS

1—Rope over

7—Clams

13—Wigwam

14—Spirits

15—Bivouac

16—Aviator

17—Capitulate

18—Chairs

19—Cover inside of

20—Before

23—Sled (Scot.)

24—Compass point

25—Instrument to measure distance

27—German state

DOWN

1—Hardens

2—Kind of game

3—Inoculate

4—Ancient city in Syria

5—Julius Verne hero of "20,000 Leagues Under the Sea"

6—Plunder

7—Wine cup

8—Wood (Fr.)

9—Hall

10—Mexican dish

11—Beetle

12—Beetles

21—Cowboy carnival

22—Duckings

26—Japanese snail

28—Printer's measure

29—Black eye

30—Good cigar

32—Orange-red compound