

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

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NOTABLE ADVANCE IN SANITATION

Amendments of the New York state sanitary code became effective Jan. 1, 1945, making the "quarantine" or isolation restrictions in scarlet fever the same as in septic sore throat, as it has been recognized for the past 20 years that scarlet fever and septic sore throat are caused by the same germ or by strains of the streptococcus hemolyticus—(hemolysis or hemolytic means dissolving or breaking up or destroying red blood corpuscles).

This streptococcus hemolyticus is a wicked, versatile germ, groups or strains of which may cause septic sore throat or scarlet fever; other groups may cause erysipelas, and complications such as acute inflammation or abscess in the middle ear, acute mastoiditis, endocarditis (inflammation of heart lining), arthritis, peritonitis, pneumonia.

The new New York sanitary regulation stipulates that streptococcus sore throats are to be isolated "until the mucous membranes of nose and throat appear normal and all abnormal discharges from nose, throat ears or suppurating glands (lymph nodes) have ceased" and isolation in any case shall be for not less than seven days and not more than 90 days. Release from isolation depends on a negative throat culture and clinical recovery.

Notice that nothing is said about the rash. Too much attention has been given the rash of scarlet fever heretofore—that is, it is of little significance whether there is a rash or whether it lasts more than a day or two or whether peeling off skin follows or persists—there is little if any evidence that scarlet fever or that matter measles is or can be spread through mere contact with the rash or the skin desquamation that usually follows such rashes. Both scarlet fever and measles are spread through the discharges or secretions from nose and throat or from suppu-

rating lymph node or middle ear or other sequel or complication of the acute illness.

Either scarlet fever or septic sore throat may be spread through milk contaminated by a person who has the disease or is coming down with it or has not yet made a complete recovery from the disease or from the sequel or complication.

Scarlet fever or septic sore throat may be spread from person to person via the invisibly fine droplets of spray emitted from nose and mouth when a person coughs, sneezes or talks—in quiet conversation this spray carries about 2 1/2 feet, seldom over five feet. Of course in any circumstances a suitable mask prevents such infection.

Finally, some outbreaks or epidemics of scarlet fever and septic sore throat have been traced to cows in a dairy herd, cows having disease of the udder caused by streptococcus hemolyticus. Pasturization of the milk pretty certainly prevents infection from such a source. Pasteurization is a par-boiling, heating the milk to 245 or 150 degrees F. and holding at that temperature for 30 minutes, then letting it cool again. If pasturization is not possible, then bringing the milk to a boil for one minute makes it perfectly safe for infant or adult.

QUESTIONS AND ANSWERS

Fusion
If a Gentile girl and Jewish boy unite in marriage will their children have the appearance of some progenitor on the boy's side? This boy does not seem to have the characteristics of that race (Mrs. S. R.).

Answer—Irrespective of religious beliefs of the parents, children are likely to resemble one or both.

Speaking of Boners
Your column is a must along with my breakfast coffee, as your sense of humor starts the day right. Congratulations, doctor—it takes a real and intelligent person to admit he has "pulled a boner." Most of us do it every day. (Mrs. S. R.).

Answer—Thank you. Acknowledging the more fragrant boners from time to time saves face and helps cover up a good many smaller ones.

Potatoes Not Potting
Are potatoes fattening? Necessary to maintain good health? Husband says we need potatoes once a day at least. I say they are starchy and fattening and do not supply anything essential to a well balanced diet. (Mrs. F. H. K.).

Answer—Your husband is more nearly correct about potatoes. You evidently have the starchy and fattening and do not supply anything essential to a well balanced diet.

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NEW COURSES TO BE OFFERED AT ASHLAND NORMAL

Southern Oregon College of Education, Ashland—At a meeting of the State Board of Higher Education a number of new courses were authorized for the Southern Oregon College of Education, according to President Walter Redford.

Three courses deal in home economics: a three hour course in clothing and selection, a three hour course in personal and family relationship, and a three hour course in foods, nutrition and cookery.

Another new course consists of two terms as planned, three hours each in industrial arts for elementary schools, viewing the crafts as an expressive medium and giving motivation to other units, serving as an integrating agency.

A two-year curriculum for medical and dental assistants is added to the junior college curriculum. This course provides, in addition to the basic culture courses, certain special skills needed by medical attendants, as receptionist, office manager, and minor assistant to the doctor in duties of his profession. The vocational training of the course to include chemistry and biology, personal hygiene, accounting and stenography, and a period of apprenticeship in a doctor's office.

These courses are planned as terminal vocational and semi-professional programs, to be a part of the junior college offerings. They are designed to meet the needs not only of high school graduates but also needs of returning war veterans, and those returning to college from war industries. The new courses will be installed as part of the regular college work as soon as facilities can be set up, and are planned to be in operation next school year or the following.

Don G. Fredericks Gains Promotion in Naval Service

U. S. Naval Air Station, Hilo, Hawaii, T. H. — The Navy Department announces that Don Gordon Fredericks, now serving at this Naval Air Station, has been advanced from the rating of Aerographer's Mate Third Class to that of Aerographer's Mate Second Class.

The advancement came to Fredericks in recognition of outstanding faithfulness and skill in performance of duty and completion of the course of study prescribed for this new rating.

Fredericks is the brother of Mrs. L. J. Bigham, of Route No. 1, Central Point, Oregon.

DETERMINED WOMAN
Medford, Mass., Feb. 19.—(U.P.)—Mrs. Marjorie Hyde Skillin, 26, believes in stick-to-it-iveness. She left college five years ago to marry. She had three children. Yesterday, she was one of 83 awarded degrees at Tufts college. "It was tough sledding all the way," she said, "I always wanted to play with my kids more than with my books."

Closing time for Sunday too late to classify (5:30 Saturday) afternoon. Please remember.

Craterian Star



Monty Wooley, Dick Haymes and June Hayer are giving Craterian Theater fans their grandest film entertainment in months and months, in "Irish Eyes Are Smiling." The technicolor picture opened Sunday to capacity crowds and plays through Tuesday night only.

On the Radio Chain

Chain affiliation and where they are on the dial:
KALB (CBS) 1330, Portland
KEX (NBC-Blue) 1190, Portland
KOA (NBC-Blue and MBS) 1510, Spokane, KGO (NBC-Blue) 810, San Francisco, KGW (NBC-Med) 1220, Portland, KJR (NBC-Blue) 1080, Seattle, KXK (CBS) 1070, Los Angeles, KOA (NBC-Red) 850, Denver, KOIN (CBS) 970, Portland, KOMO (NBC-Red) 950, Seattle, KPO (NBC-Red) 880, San Francisco, KSL (CBS) 1160, Salt Lake City.

Time shown is PWT

Monday
5:00 p. m.—OK for Release, NBC
Terry and the Pirates, BN, News, MBS
5:15 p. m.—Dick Tracy, BN, Superman, MBS; Betty and Bob, NBC
5:30 p. m.—Voice of Firestone, NBC
Harry Flannery, News, CBS; Jack Armstrong, BN; Tom Mix, MBS
5:45 p. m.—News, CBS; Captain Mid, NBC
5:50 p. m.—Music of Manhattan, NBC; Lux Theater, CBS; Ed Wynne Show, BN; Gabriel Heatter, MBS
6:00 p. m.—Information Please, NBC; Spotlight Bands, BN
6:15 p. m.—Screen Guild Players, CBS; Anita Ellis, MBS; Guy Lombardo, BN; Contended Hour, NBC
7:15 p. m.—Dr. I. Q. NBC Thanks to the Yanks, CBS; Lorne Ronger, MBS
8:00 p. m.—Supper Club, NBC; Jack Kirkwood, CBS; Ted Malone, BN
8:15 p. m.—Media Hopper, CBS; Lum and Abner, BN; Fleetwood Lawton, NBC
8:30 p. m.—Cavalade of America, NBC; Michael Burns, MBS; Saludos Amigos, BN; Burns and Allen, CBS
9:00 p. m.—Mystery Theater, NBC; Glenn Henry, MBS; The Whistler, CBS; Telephone Hour, NBC
9:30 p. m.—CBS News, NBC; Noah Webster, MBS; NBC News, MBS; The Green Hornet, BN
10:00 p. m.—News, NBC; Fulton Lewis, MBS
10:15 p. m.—Sherlock Holmes, MBS; News, BN; On Our Bandstand, NBC
10:30 p. m.—Sweetheart Swintime, NBC; Finnerman's Nite Club, BN
11:00 p. m.—News, BN

Tuesday
5:00 p. m.—Terry and Pirates, BN
OK for Release, NBC; News, MBS
5:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob, NBC
5:30 p. m.—Date with Judy, NBC; Jack Armstrong, BN; Harry Flannery, News, CBS; Adventures of Tom Mix, MBS
5:45 p. m.—Capt. Midnight, BN
5:50 p. m.—Mystery Theater, NBC; Gabriel Heatter, MBS; Inner Sanctum, CBS; News, BN
6:15 p. m.—Jimmy Fidler, MBS; Supper Club, NBC
6:30 p. m.—Fisher McGee and Molly, NBC; Spotlight Bands, BN; American Forum, MBS
7:00 p. m.—Bob Hope, NBC
7:15 p. m.—Lovelace Thomas, MBS
7:30 p. m.—Hildegarde, NBC; Red Rider, MBS; One Man's Family, BN
8:00 p. m.—Terry and Pirates, BN
OK for Release, NBC; News, MBS
8:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob, NBC
8:30 p. m.—Date with Judy, NBC; Jack Armstrong, BN; Harry Flannery, News, CBS; Adventures of Tom Mix, MBS
8:45 p. m.—Capt. Midnight, BN
8:50 p. m.—Mystery Theater, NBC; Gabriel Heatter, MBS; Inner Sanctum, CBS; News, BN
9:15 p. m.—Jimmy Fidler, MBS; Supper Club, NBC
9:30 p. m.—Fisher McGee and Molly, NBC; Spotlight Bands, BN; American Forum, MBS
10:00 p. m.—Bob Hope, NBC
10:15 p. m.—Lovelace Thomas, MBS
10:30 p. m.—Hildegarde, NBC; Red Rider, MBS; One Man's Family, BN
11:00 p. m.—News, BN

PENETRO
Nose drops break up nasal congestion, you breathe more comfortably. Caution: Use only as directed. Get

ZERO CLUB
Out of bounds, civilians only
Delicious chicken and steak dinners 7:00 p. m. 3 a. m. except Sunday. Phone day time 5300 night 9101.

8:00 p. m.—Supper Club, NBC; Jack Kirkwood Show, CBS; Ted Malone, BN
8:15 p. m.—Fleetwood Lawton, NBC; Music, CBS; Lum and Abner, BN
8:30 p. m.—Johnny Presents, NBC; Theater of Romance, CBS; Allan Young Show, BN
9:00 p. m.—Everything for Boys, NBC; Big Town, CBS; Glen Hardy, News, MBS
9:15 p. m.—Res Miller, MBS
9:30 p. m.—Roy Rogers, MBS
10:00 p. m.—News, NBC; Carlson and News, BN; Fulton Lewis, MBS
10:15 p. m.—On Our Bandstand, NBC
10:30 p. m.—Edwin C. Hill, CBS; Finnerman's Nite Club, BN
11:00 p. m.—Talks, CBS; Orchestra, NBC; News, BN

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Dine-Dance-Refreshments
Chicken and Steak Dinners
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DINE and DANCE
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Chicken, Steaks, and Spanish Dinners
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BARNEY GOOGLE and SNUFFY SMITH



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L'L ABNER



THE NEBBES



DO YOU KNOW?

That General Lewis B. Hershey in his instructions to Selective Service Boards lists automobile mechanics in a CRITICAL OCCUPATION. The services of good mechanics can always be used.

ROGUE RIVER CHEVROLET

Crossword Puzzle

ACROSS

- 1—Distracted
- 2—Dermatome
- 3—Droom
- 4—Filled with air
- 5—Buncheon
- 6—Linger
- 7—Symbol for tellurium
- 8—Bribe
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DOWN

- 1—Ethical
- 2—First Hebrew prophet
- 3—Pippen
- 4—Tulle (abbr.)
- 5—Long rib
- 6—Leta fall
- 7—Sheltered side
- 8—Wanders
- 9—Sun god
- 10—Waters
- 11—Wigwag
- 12—Toward
- 13—Egyptian god
- 14—Composure
- 15—Wig
- 16—Drooped
- 17—Jelly
- 18—Require
- 19—Marble
- 20—Narrow inlet
- 21—Body of soldiers
- 22—Band for hair
- 23—Composed of eight parts
- 24—The Heavy One
- 25—Pough
- 26—Pough
- 27—Attire
- 28—Shell
- 29—Lance
- 30—Cravat
- 31—Tierce (abbr.)
- 32—Band for hair
- 33—Toward
- 34—Continents (abbr.)

Child's Name May Determine Outlook Toward Future Life

By Sally Miralis
United Press Staff Correspondent
Boston, Feb. 19.—(U.P.)—The name you give your baby may determine whether the child grows up a rebel or not, Prof. Lowell S. Trowbridge, Boston university psychologist, said today.

He believes that names unconsciously shape their bearers' destiny. For example, he said, some Percys refuse to accept the aura of timidity suggested by their name and grow into regular firebrands. Other Percys, he added, take the path of least resistance and fall quickly into the groove their name sets for them. The tendency is toward one extreme or the other.

"But kids have plenty of imagination," Prof. Trowbridge said. "Especially the rebels who often adopt names of their own choice. Think of the Sarahs who become Sally, the Henrys who become Hank, the sober Johns who become Jack."

The professor scoffed at Utopian suggestions for name reform. He said:

"That any system for numbering children until they were old enough to pick their own names 'would degenerate into a prison-like form of tabulation.'"

That any alphabetical system 'would become a tongue-twisting absurdity'."

That rigid adherence to short Anglo-Saxon names like Jim, John and Bill would be boring. Best solution to the name problem, Prof. Trowbridge believes, is to give the baby a family name 'such names provide security for the youngsters—good firm roots in the past and something to cling to,' he said.

THE GRANGE

Talent Grange
Talent Grange met Feb. 15, with a large crowd in attendance. It was announced by the H. E. C. that they are sponsoring a card party at Grange hall Thursday, Feb. 22. Doors will open about 7 p. m.

A salute to the flag, led by Mrs. M. W. Wheeler, opened the program for the evening. Mrs. Hayles followed with a talk on the boyhood of Lincoln. A. L. Schneider of the Rogue Valley Transit spoke at close of the program.

Refreshments were served and remainder of the evening was spent in visiting and dancing.

Gold F'll Grange

Twenty members and one visitor, Leona Jenks, enjoyed the

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OUTING CLOTHES

By GLUYAS WILLIAMS
(Adapted by the Med Tribune, Feb. 2-15-45)



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