

# Your Health and Its Care

BY DR. WILLIAM BRADY M. D.

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## WE PULL ANOTHER BIG BONER

Every so often the conductor of this column sticks his neck out, figuratively — he hasn't enough sense to actually do so actually — a little too far, whereupon scores of readers with great glee administer large doses of his favorite medicine — sarcasm with suitable admixture of ridicule and invective.

This time I deserve it. I certainly pulled a big boner — as precious a bit of quackery as I have perpetrated or tried to perpetrate on readers in a long while. Quackery is pretending to have knowledge in a matter of which one knows little or nothing. That's O' Doc Brady, for you.

A correspondent who has been receiving pneumothorax treatment for lung tuberculosis inquired about the wisdom of having a baby. I might have made the error without arousing such a protest had I answered in a paragraph. But, no, when I go Quack! Quack! I want to be sure everybody knows about it — so I made the question the subject of the talk published here recently under the title Sorry, No Baby. I said it would be unwise to have a baby, as the young woman's tuberculosis "is presumably still active, else no further injections of nitrogen or air would be necessary. She would be almost certain to infect a baby with tuberculosis if she nursed, cared for or kept the baby with her."

Well, I know better now. Besides the scores of persons with arrested tuberculosis who still receive pneumothorax treatment, several physicians were kind enough to enlighten me on this point. For instance the medical superintendent of a large tuberculosis hospital informs me that many patients are discharged from tuberculosis hospitals with apparently arrested disease — many considered cured — yet they carry pneumo-

thorax. Many of them are women now doing hard work, and they are advised that they may have children and they do have children, and the mothers and children remain perfectly well. The children certainly do not become infected with tuberculosis.

Not content with displaying my ignorance of the pneumothorax treatment, I demonstrated also my ignorance of the significance of the tuberculin test, by saying that it would determine whether a child has too little, a fair degree or no immunity against tuberculosis.

In fact, a medical colleague informs me, it is a test to determine whether a person has had a tuberculous infection at some time or other; it does not indicate whether the tuberculosis is active or inactive.

Now may I please pull in my neck for a while? If you readers can forgive me for this one, I'll do my best to get from real doctors the facts concerning tuberculin tests and present them here in a later talk.

**QUESTIONS AND ANSWERS**  
Calcium, D and Rheumatis  
I have been taking your calcium and vitamin D for arthritis, as described in the pamphlet, and have had the most favorable results. I am back on my feet, but I wish I had been able to do for over a year. (Mrs. M. W.)

**Answer:** Thank you. In any case it can do no harm to try it out. For instructions, send stamped envelope bearing your address, ask for pamphlet "Calcium and Rheumatism."

**Question:** I have heard that if your elbows will touch behind your back you are not round shouldered. But I have tried this on many persons and have found only two whose elbows will touch behind their backs. (K.L.A.)

**Answer:** A normal person can hardly touch elbows behind. Young persons with round shoulders should practice clasping hands at back as for a strapping rider to mound them, turn thumbs down under and back without releasing finger clasps. Hold the position a minute every hour. (Copyright 1945 by John F. Dille Co.)

## RADAR RECRUITS NEEDED BY NAVY, LIONS ARE TOLD

Enlargement of the enlistment program for the radar units of the navy were explained at the last Lions' club meeting by Herb Crain and Bob Stewart, navy recruiters stationed here.

Great stress is being laid on the high school education foundation, the men said and declared that the navy radar courses are equal to three years college engineering courses and are impossible to obtain by civilians.

Men of draft age are eligible to take the Eddy test, after pre-induction physical, in order to determine if the applicant is eligible for the radar training. The test consists of examinations in mathematics, physics, elementary radio and kindred subjects. Successful applicants are made seaman first class, which is

equivalent to army corporal, and then given 12 months of specialized training followed by shore assignment or sea duty, the recruiters stated.

Men having the navy radar training will find themselves with a "front seat" in the fields of radio, electronics and television when they return to civilian life, the recruiters declared.

A. A. Lauman, who recently attended a lumberman's congress at Astoria, will speak at this week's meeting of the club.

Guests at the last meeting, in addition to Crain and Stewart, were W. J. Cooney and Ray Henderson of Medford junior high school and Garry Hughes, former president of the Lions club at Concrete, Wash.

## Japanese Civilian On Saipan Carried U. S. Driver Permit

Wichita, Kan. (U.P.)—Pfc. Kent B. Mardock, recently returned from action in the Pacific, tells of discovering in a besieged cave on Saipan island a Japanese bearing a San Francisco driver's license.

"We were smoking the civilians out of the caves on Saipan," said Mardock, "and the Japanese were trying to get their people to commit harikari rather than be taken."

"We threw a hand grenade into one of the caves and were waiting for results when someone called in English, 'Wait, I'll bring my wife and child and come out.'"

"So out walked the three, the father, mother and child. The Japanese was dressed in civilian clothes. He said he left San Francisco just before Pearl Harbor. Then the family went to Guam and finally ended up on Saipan. He had a 1940 driver's license issued in San Francisco."

**EX SHOW GIRL WEDS**  
Las Vegas, Nev., Jan. 20—(U.P.) Juliette Jenner, 33, New York, former show girl and WASP test pilot, and Lt. Willis Theodore Stege 27, of Chicago, were married here this afternoon at the Little Church of the West of the Hotel Last Frontier.

## DOCTOR EXPLAINS DIFFICULT PERIOD IN VETS' RETURN

A large per cent of all battle casualties in the present conflict are psychological in nature, Lt. Com. Meyer Zelig, USNR, psychiatrist at the marine barracks, Klamath Falls, told approximately 100 persons at a meeting sponsored by the committee for co-ordinating community aids to veterans in the county court house Friday night.

Pointing out that battle conditions impose stresses which never are faced in ordinary life, he declared no one is immune to the effects of battle, psychologically, and that it is just a question of the individual constitution as to whether or how soon he will break under those stresses.

Of those suffering from war neurosis, Lt. Com. Zelig said, some recover in a few days, if spotted early enough and given immediate rest, while others in whom the symptoms are more intense, must be sent back to the United States for hospitalization and take anywhere from a few weeks to months to recover.

**Few Can Resume Fight**  
In the latter instance, he asserted, it is unusual for the men to be sent back to combat again, as the danger of relapse is too great, but many of them recover sufficiently to be able to perform non-combat duty.

Of those who are discharged as unfit for military duty, he asserted, the great majority will fit into civilian life again, but allowances must be made while they are going through the period of re-adjustment, for that will take time just as it did to adjust from civilian to military life.

"The changes in them are not permanent; they are not fixed," the psychiatrist said, "they are reversible."

Immediate re-employment, together with development of an active interest in a hobby, are essential, he declared, in aiding recovery of such men, adding that nothing is more deteriorating or chronically invalidating than to allow men suffering from war neurosis to be idle.

In addition, employers, members of the man's family and other civilians must make an effort to understand and to make allowances for a while during the readjustment period.

**No Blanket Rule**  
There is no blanket rule to follow in dealing with returned veterans, Lt. Com. Zelig said—some will not want to talk about their experiences and others will talk of little else; but, in time, they will adjust to civilian life without too much difficulty and their recovery will be enhanced if their condition is understood by civilians.

The family attitude, too, is highly important, he emphasized. If the family is understanding, the veteran's return to normal life will be much more rapid and successful.

Chairman of the meeting was Mrs. Harry Holmes of the Red Cross, who described at length the processes set up through the various agencies such as the selective service boards, federal employment service and veteran's service organizations, for aiding the veteran in his return to civilian life.

## On the Radio Chain

**STATIONS:**  
Chain affiliation and where they are on the dial:  
KALB (CBS) 1230, Portland.  
KEX (NBC-Blue) 1190, Portland.  
KGA (NBC-Blue and MBS) 1310, Spokane.  
KGO (NBC-Blue) 810, San Francisco.  
KGW (NBC-Red) 820, Portland.  
KJR (NBC-Blue) 880, Seattle.  
KJW (CBS) 1010, Los Angeles.  
KOA (NBC-Red) 830, Denver.  
KOIN (CBS) 910, Portland.  
KOMO (NBC-Red) 810, Seattle.  
KPO (NBC-Red) 680, San Francisco.  
KSL (CBS) 1180, Salt Lake City.

Time Shown in PWT

**Sunday**  
8:00 p. m.—Charlie McCarthy, NBC; Mediation Board, NBC.  
8:30 p. m.—One Man's Family, NBC; Trading Post, CBS; Joe E. Brown, BN.  
9:00 p. m.—Bob Trout, News, CBS.  
9:45 p. m.—Gabriel Heatter, MBS.  
10:00 p. m.—Merry Go-Round, NBC; Walter Winchell, BN; Radio Reader's Digest, CBS; Steel Horizons, MBS.  
10:15 p. m.—Louella Parsons, BN.  
10:30 p. m.—Hollywood My Sister, Time, BN.  
10:30 p. m.—Star Theatre, CBS; American Album of Familiar Music, NBC; Cedric Belfrage, MBS.  
10:45 p. m.—Hour of Charm, NBC; Take It or Leave It, CBS; The Life of Riley, BN.  
11:00 p. m.—Fannie Brice, CBS; Comedy Theater, NBC.  
11:00 p. m.—Greenfield Village Choir, NBC; Crime Doctor, CBS; Great Gildersleeves, NBC.  
11:15 p. m.—Dorothy Thompson, BN; Quix Kids, BN; Blondie, CBS; Hoagy Carmichael's Show, MBS.  
11:30 p. m.—Bill Lance, CBS; Glen Hardy, MBS; Sam Hayes, News, BN.  
11:45 p. m.—Art Linkletter, NBC.  
12:00 p. m.—Res Miller, MBS.  
12:00 p. m.—News, NBC; In Focus, BN.  
12:15 p. m.—Korn Kobblers, NBC.  
12:30 p. m.—Pacific Story, NBC; Trans-Atlantic Call, CBS.  
12:45 p. m.—Art Linkletter, BN.  
1:00 p. m.—News, BN; St. Francis Orch., NBC; Orch., CBS.

**Monday**  
8:00 p. m.—OK for Release, NBC; Terry and Pirates, BN; News, MBS.  
8:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob, NBC.  
8:30 p. m.—Voice of Firestone, NBC; Harry Finney, News, CBS; Jack Armstrong, BN; Tom Mix, MBS.  
8:45 p. m.—News, BN; Captain Midnight, BN; Night News Wire, MBS.  
9:00 p. m.—Thomas Peluso Orch, NBC; Theatre, CBS; Ed Wynn Show, BN.  
9:30 p. m.—Information Please, NBC; Spotlight Bands, BN.  
9:45 p. m.—Screen Guild Players, CBS; Henry Gladstone, MBS; Guy Lombardo Orch., BN; Contented Hour, NBC.  
10:00 p. m.—Lowell Thomas, MBS.  
10:15 p. m.—D. J. C. News, Thanks to the Yanks, CBS; Melody in the Night, BN; Lone Ranger, MBS.  
10:30 p. m.—Supper Club, NBC; Jack Kirkwood, CBS; Ted Malone, BN.  
11:15 p. m.—Hedda Hopper, CBS.

## The STANDARD HOUR

Presented by **JOSEPH SZIGETI** Violin Soloist with **PIERRE MONTEUX** and the **San Francisco Symphony Orchestra**

**PROGRAM**  
Symphony No. 13 - Haydn  
Violin Concerto, in D - Tartini (Joseph Szigeti, Violin Soloist)  
Leporello in Aulis; Overture - Gluck  
Capharnaum and Procrustes; Suite - Goyu  
Abduction from the Seraglio - Mozart

**Sunday 8:30 P.M.**  
**KMED**  
STANDARD OF CALIFORNIA

## TELEPHONE PAPER

Paper used for telephone condensers is sometimes only 3/10,000 of an inch thick—thinner than cigarette paper.

## ICE SKATE TO-NITE

and every night except Monday 7:45 to 10:15 Sat. & Sun. Matinee MEDFORD ICE ARENA 619 S. Grape Phone 4511

## SUBURBAN HEIGHTS

By CLYDE WILLIAMS  
THERE'S NOTHING FRED PERLEY LIKES BETTER THESE DAYS THAN TO SIT AND WATCH SNOW COME DOWN AND REFLECT THAT HE WOULD NOW BE DIGGING OUT THE GARAGE AND PUTTING CHAINS ON THE CAR TO GO SOMEWHERE HE PROBABLY DIDN'T WANT TO GO TO, IF HE HAD ANY GAS TO GO ANYWHERE.

**Beautiful—ROGUE RIVER LODGE IS NOW OPEN**  
Cocktail Lounge Dancing  
On Crater Lake Highway Near Trail Telephone Trail 1404

**KYLE'S RESTAURANT**  
CHICKEN AND STEAK DINNERS  
Open 8 p. m. to 2 a. m.  
Phone Central Point 472 for Reservations. On the Pacific Highway at Central Point. Out of Bounds for Service People

**STRANGE AS IT SEEMS** By ERNEST HIX  
TOMMY JEFFERSON'S PROPOSED PLAN FOR THE WHITE HOUSE SUBMITTED IN THE WHITE HOUSE DESIGN COMPETITION UNDER THE NAME OF ADAMHAWKS!  
(It was rejected.)



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## BARNEY GOOGLE and SNUFFY SMITH



## BUZ SAWYER



## DO YOU KNOW?

That the "SPIRIT OF SERVICE" did not become a "CASUALTY OF WAR" at Rogue River Chevrolet. Satisfied customers are our greatest asset. Our goal is to serve them well under any or all conditions.

### ROGUE RIVER CHEVROLET

## Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

ACROSS  
1—Drunken  
2—The deers  
3—Ship's mast  
4—Courtney  
5—Part of "so be"  
6—Drug stores  
7—Breathe noisily  
8—Bible seed  
9—Silly  
10—Wool  
11—Admiral  
12—Italian river  
13—Turn around  
14—Primitive  
15—Deer  
16—Geological period

DOWN  
1—Slave  
2—Running track  
3—Clashed brick  
4—Summers  
5—Clash  
6—Mineral earth  
7—Show up again  
8—Plays  
9—Dash  
10—Bottom of shoe  
11—Yank critic  
12—Army beds  
13—Sole  
14—Kiln  
15—Crimson  
16—Church seat  
17—Fish eggs  
18—Tavern  
19—Concern  
20—Abe  
21—Everything  
22—Evade  
23—Kiln  
24—Adjust  
25—Stable  
26—Pronoun  
27—Moscow news agency  
28—Brain product  
29—Cultivate soil  
30—Sea bird  
31—Sector  
32—Blue  
33—Take food  
34—Regist

## NOW OPEN! TAKE-IT-EASY LODGE

Dine and Dance  
Open Wednesday, Thursday, Friday and Saturday  
One-Half Mile Up Savage Creek

## YICK SO CHINESE HERB CO.

REMEDIES FOR STOMACH ULCERS  
Heart Rheumatism Asthma Catarrh Piles, Prostate Gland Eczema and all disorders of Liver, Kidney Trouble and other complaints disappear after using

### CHINESE HERBS

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J H Leong, Herbalist Phone 3817

## CORN REMOVER

Gives instant relief from pain and soon they remove hard corns, soft corns between the toes, calluses, warts, papillomas, club nails. It contains several different oils that soften, loosen and does not cause the irritation as do strong acid mixtures. When all others have failed try this one. Sold on money back guarantee.

Exclusively at WESTERN THRIFT

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