

Your Health and Its Care

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CHILDREN IN THEIR TEENS

Probably because the practice of giving infants a daily ration of vitamin D is now almost universal, there is a prevalent belief that calcium deficiency occurs mainly in infants. The purpose of giving vitamin D is of course to promote assimilation and utilization of calcium.

Dr. Brady Probably because rickets, a nutritional deficiency disease due to lack of sufficient calcium (and phosphorus) and vitamin D, is usually most manifest between the sixth and eighth months, a good many physicians still think it is all right for a child past a year or 1 1/2 years of age to worry along without the daily ration of vitamin D.

Fortunately a considerable number of children of pre-school and school age do get along very well without taking vitamin D at all—if they happen to enjoy a reasonable amount of exposure of skin to sunshine or sky-shine. The ultra-violet in sunlight activates ergosterol in the skin, converting it into vitamin D. So the more clothing and the more time spent indoors the greater the individual's requirement for vitamin D.

QUESTIONS AND ANSWERS Skin Cancer Grandfather has skin cancer on face. He likes to kiss his granddaughter good night. Is there any danger in such contact? (Mrs. A. W.) Answer: Skin cancer, like other types of cancer, is not contagious. Husband, age 39, has always taken a few beers, but now has at least a quart every day and he is not the same person after drinking it. He insists it keeps cold and other germs away by being always saturated with alcohol. (Mrs. W. M. B.) Answer: Evidently the man is already degenerating. A quart of beer a day is heavy drinking and will shorten any one's life.

Seven Keys I am a recent convert—formerly I paid no attention to health or health articles, but an experience of a brother interested in the Seven Keys or something of the sort which you offered to remove to reveal the secrets of vice. (Mrs. B. J.) Answer—My dear madam! But no fooling—if you will select a bright new quarter, fold it in not more than a couple of papers, keep it free from paste, glue, gum, stickum and other messy stuff, send it to me with a stamped envelope bearing your address. I'll mail you "The Seven Keys to Vice." (Copyright, 1945, by John F. Dille Co.)

"Going My Way" Hailed As Top Picture of Past Year; "Song of Bernadette" Next

Table with 3 columns: Picture Title, Studio, and Votes. Includes 'Going My Way' (Paramount, 428 votes), 'The Song of Bernadette' (20th Century-Fox, 325 votes), 'Since You Went Away' (U. A. Selznick, 231 votes), etc.

By Chester B. Bahn Editor, The Film Daily New York—"Going My Way," Paramount's box office sensation, written, directed and produced by Leo McCarey, with Bing Crosby starred and Rise Stevens and Barry Fitzgerald in prominent supporting roles, is rated 1944's number one feature release by American critics and reviewers for press and radio participating in the 23d annual Film Daily "Ten Best Pictures" poll.

Four hundred twenty-eight ballots were cast for the Paramount picture in the coast-to-coast and border-to-border contest, which saw the critics of 384 newspapers, magazines, wire services and syndicates and the film commentators of 95 radio stations participating. The total number of participants in the 23d poll was 479 before the polls closed.

"Going My Way" finished with a 103-vote lead over its closest rival, "The Song of Bernadette," 20th Century-Fox's moving picturization of Franz Werfel's inspiring story. "The Song of Bernadette" was produced by William Perlberg and directed by Henry King.

The third "Ten Best" niche goes to "Since You Went Away," produced and written by David O. Selznick, directed by John Cromwell and distributed by United Artists. A margin of 94 votes separated this picture from "The Song of Bernadette."

Five Metro Goldwyn-Mayer pictures captured the fourth, fifth, sixth, seventh and eighth "Ten Best" honors. They were, respectively: "Madame Curie," with 207 votes; "Dragon Seed," with 191; "The White Cliffs of Dover," with 190; "Gaslight," with 187, and "A Guy Named Joe," with 175.

"Madame Curie," based on the biography of her mother, by Eve Curie, was produced by Sidney Franklin and directed by Mervyn LeRoy, with Greer Garson and Walter Pidgeon in the leads. "Dragon Seed," an adaptation of Pearl S. Buck's novel, was produced by Pandro S. Berman and directed by Jack Conway and Harold S. Bucquet. Its cast was headed by Katharine Hepburn,

to the specified 12-month period. Last year the companies nominated 120 features. It is estimated that the reading and listening public of the participating press and radio stations this year approximated the \$8,000,000 mark. One hundred seventeen pictures received one or more ballots from the critics and commentators in the 1944 poll. Last year the comparable figure was 103, while in 1942 the number was 134. In 1941, 162 pictures received one or more votes and in 1940, 164. The 428 votes cast for "Going My Way" compares with 305 received the preceding year by "Random Harvest" and the 555 cast in 1942 for "Mrs. Miniver." In 1941, "Gone With the Wind" led with 452 votes. In 1940 the first choice was "Rebecca" with 391, and in 1939, "Good-by Mr. Chips" polled 472.

THE 1944 HONOR ROLL Following is the picture, distributor and number of votes: Lassie Come Home (M-G-M), 152. Double Indemnity (Paramount) 133. Arsenic and Old Lace (Warners) 123. The Miracle of Morgan's Creek (Paramount) 117. Destination Tokyo (Warners) 103. Mr. Skeffington (Warners) 98. See Here, Private Hargrove (M-G-M) 88. Jane Eyre (20th-Fox) 85. The Sullivan (20th-Fox) 85. The Adventures of Mark Twain (Warners) 84. Cover Girl (Columbia) 70. Lady in the Dark (Paramount) 68. Two Girls and a Sailor (M-G-M) 65. Home in Indiana (20th-Fox) 63. Up in Arms (RKO-Goldwyn) 61. Hall the Conquering Hero (Paramount) 60. Guadalcanal Diary (20th-Fox) 53. None But the Lonely Heart (RKO) 51. Thousands Cheer (M-G-M) 49. The Purple Heart (20th-Fox) 47. Old Acquaintance (Warners) 44. The Eve of St. Mark (20th-Fox) 42. Lost Angel (M-G-M) 42. The Uninvited (Paramount) 40. Janie (Warners) 38. An American Romance (M-G-M) 36. Casanova Brown (RKO-International) 30. The Lodger (20th-Fox) 29. Happy Land (20th-Fox) 27. The North Star (RKO-Goldwyn) 25. Flesh and Fantasy (Universal) 23. Bathing Beauty (M-G-M) 20. Tender Comrade (RKO) 18. Wing and a Prayer (20th-Fox) 18. Christmas Holiday (Universal) 17. Passage to Marseille (Warners) 16. The Mask of Dimitrios (Warners) 15. Between Two Worlds (Warners) 14. In Our Time (Warners) 14. Phantom Lady (Universal) 14. The Woman in the Window (RKO-International) 14. Buffalo Bill (20th-Fox) 13. The Impatient Years (Columbia) 13. Once Upon a Time (Columbia) 13. Kismet (M-G-M) 12.

On the Radio Chain STATIONS: Chain affiliation and where they are on the dial: KALE (CBS) 1330, Portland. KEX (NBC-Blue) 1190, Portland. KGA (NBC-Blue and CBS) 1510, Spokane. KGO (NBC-Blue) 510, San Francisco. KGW (NBC-Red), 620, Portland. KJR (NBC-Blue) 1000, Seattle. KNX (CBS) 1070, Los Angeles. KOA (NBC-Red) 850, Denver. KOB (CBS) 870, Portland. KOMO (NBC-Red) 950, Seattle. KPO (NBC-Red) 680, San Francisco. KSL (CBS), 1160, Salt Lake City. Time shown is PWT.

5:00 p. m.—OK for Release, NBC; Terry and Pirates, BN; News, MBS. 5:15 p. m.—Dick Tracy, BN; Superman, MBS. 5:30 p. m.—Voice of Firestone, NBC; Harry Harney, News, CBS; Jack Armstrong, BN; Tom Mix, MBS. 5:45 p. m.—News, CBS; Captain Midnight, BN; Night News Wire, MBS. 6:00 p. m.—Thomas Peluso Orch. NBC; Lux Theatre, CBS; Spotlight Bands, BN. 6:15 p. m.—Information Please, NBC; Spotlight Bands, BN. 6:30 p. m.—Screen Guild Players, CBS; Benny Goodman, MBS; Guy Lombardo Orch., BN; Contented Hour, NBC. 6:45 p. m.—Lowell Thomas, MBS. 7:00 p. m.—Dr. I. Q. NBC; Thanks to the Yanks, CBS; Horace Heidt Orch., BN; Lone Ranger, NBC. 8:00 p. m.—Supper Club, NBC; Jack Kirkwood, CBS; Ted Malone, BN. 8:15 p. m.—Hedda Hopper, CBS; Lum and Abner, BN; Fleetwood Lawton, NBC. 8:30 p. m.—Cavalcade of America, NBC; Michael Shane, MBS; Saludos Amigos, BN; Burns and Allen, CBS. 8:40 p. m.—Blind Date, BN; News, Glenn Hardy, MBS; The Whistler, CBS; Telephone Hour, NBC. 8:50 p. m.—Webster Says, NBC; Fulton Lewis, Jr., MBS; The Green Hornet, NBC. 9:00 p. m.—NBC; Sherlock Holmes, MBS; News, BN. 10:30 p. m.—Bob Hope, NBC. 10:45 p. m.—Johnny's Nite Club, BN. 11:00 p. m.—Hotel Biltmore Orch., NBC; News, BN.

TUESDAY 5:00 p. m.—Terry and Pirates, BN; OK for Release, NBC; News, MBS. 5:15 p. m.—Dick Tracy, BN; Superman, MBS. 5:30 p. m.—Date with Judy, NBC; Jack Armstrong, BN; Harry Harney, News, CBS; Adventures of Tom Mix, MBS. 5:45 p. m.—Capt. Midnight, BN; Night News Wire, News, CBS. 6:00 p. m.—Mystery Theater, NBC; Gabriel Heatter, MBS; Inner Sanctum, CBS. 6:15 p. m.—Jimmy Fidler, MBS; News, BN. 6:30 p. m.—Fibber McGee and Molly, NBC; Spotlight Bands, BN; American Forum, MBS. 7:00 p. m.—Bob Hope, NBC. 7:30 p. m.—Blind Date, BN; Andy Russell Show, BN. 8:00 p. m.—Hildegarde, NBC; Red Rider, MBS. 8:30 p. m.—Mercer's Music Shop, NBC; Jack Kirkwood Show, CBS; Super Club, NBC; Ted Malone, BN. 8:45 p. m.—Fleetwood Lawton, NBC; Lum and Abner, BN; Music, CBS. 9:00 p. m.—NBC Presents, NBC; Theater of Romance, CBS. 9:30 p. m.—Everything for Boys, NBC; Tom, CBS; Gracie Fields, BN; Glenn Hardy, News, MBS. 9:45 p. m.—Rex Miller, MBS. 10:00 p. m.—Roy Rogers, MBS. 10:30 p. m.—News, NBC; Sat Fabarin Orch., BN. 10:45 p. m.—Edwin C Hill, CBS. 11:00 p. m.—Talks, CBS; Orchestra, NBC.

CASHIER NAMED According to George T. Frey, manager of the Medford branch of the United States National bank, Paul S. Dick, president of the state's largest financial institution, has announced the election of Hugh J. Walker as cashier. Walker, who attended Willamette university in Salem, has been identified with the United States National bank since March, 1930, after having served with various other banking institutions throughout the state including the Capital National bank of Salem, Federal Reserve bank.

ONE TRACK MIND. Illustration of a woman looking thoughtful. Text: Pepsi-Cola Company, Long Island City, N.Y. Franchised Bottlers: Pepsi-Cola Bottling Co. of Medford.

NIGHT OUT. Illustration of a man and woman. Text: KNOWS PERFECTLY WELL THAT MOTHER AND DADDY PLAN TO GO OUT THIS EVENING. HE CAN TELL ABOUT THINGS LIKE THAT. REALLY DOESN'T LIKE TO HAVE THEM LEAVE HIM. WONDERS SHOULD HE MAKE A FUSS.

Relief At Last For Your Cough. Illustration of a child coughing. Text: Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel the sticky mucus, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

NAZI CONVOY TO NORWAY BLASTED London, Jan. 15.—(U.P.)—British home fleet warships destroyed an enemy convoy of 8 ships carrying vital supplies to German garrison troops and U-boat installations early Friday off the coast of Norway, an admiralty communique announced tonight. The communique said two cruisers and three destroyers under command of Rear Adm. Roderick McGrigor sank three of four ships, including a tanker and a minesweeper, and set afire or severely damaged the remainder, which, an eyewitness of the action said, can "be safely written off." This latest blow against Nazi shipping occurred near Josing Fjord.

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STRANGE AS IT SEEMS By ERNEST HIX LONGEST MILITARY SECRET! CALLING THE SYRIAN, INTENDED THE INCENDIARY BOMB IN 650 A.D. THE GREEKS KNEW IT A SECRET 300 YEARS AND USED IT AGAINST THE SHANGHAI AT CONSTANTINOPLE! IT WAS COMPOSED OF PITCH, SULPHUR AND PETROLEUM... THE GREEKS HAD KNOWN ON IT THE FLICKER IT BURNED!



BARNEY GOOGLER AND SNUFFY SMITH. Comic strip panels with dialogue: 'WHAT CAN I GETCHA, SNUFFY?', 'UH... SOME HOG MEAT, CORN PONE, COLLARD GREENS, BLACK-EYED PEAS, AN--', 'SHIVER MY TIMBERS!! IT'S TREE SECONDS PAST HAWKY TAWKY'S CHOW-TIME'.

BUZ SAWYER. Comic strip panels with dialogue: 'BOY, DID I MAKE OLD LADY WINTER MAD LAST NIGHT I COULDN'T HELP IT, MOM. SHE KEPT HANGING AROUND, AND DING-DONGING AT ME UNTIL I BLEW UP.', 'GRACIOUS! HERE COMES TOT, NOW.', 'I SUPPOSE YOU WANT AN APOLOGY?', 'OH, NO! WE'RE THE ONES TO APOLOGIZE. YOU POOR LAMB, WE DIDN'T DREAM YOU HAD SUCH A CASE OF WAR NERVES.', 'MOTHER, THE PET, IS UTTERLY DISTRESSED. YOU WILL FORGIVE US, WON'T YOU, DEAR?', 'THOSE STUCK-UP WINTERS MUST BE TRYING TO ROPE OLD BUZ IN. WELL... I GUESS THEY HAVE QUITE A LOT TO OFFER, ROSCO.'

BLONDIE. Comic strip panels with dialogue: 'WE CAN'T LEAVE THE PRESERVES DOWN HERE TONIGHT—IT'S SO COLD THEY'LL FREEZE.', 'I'LL TAKE THEM UP IN THE ATTIC.', 'WHAT A JOB!', 'IT'S COLDER UP HERE THAN IT WAS IN THE CELLAR—WE CAN'T LEAVE THEM HERE, EITHER.', 'WELL, WHAT SHALL WE DO, TAKE THEM TO BED WITH US?'.

LTL ABNER. Comic strip panels with dialogue: 'O' COURSE AN BELIEVES AN JUST HEARD MAH GREAT-GRAN MAMMY'S VOICE AFTER AN SLAPPED HERSELF IN THE FACE THREE TIMES WE THEY DAID MACKEREL AN FLOPPED ON'T FLOOR IN A TRANCE!', 'ER-DO YOU EVER ACTUALLY SEE YOUR GREAT-GRAND-MOTHER?', 'DOCTOR—YO' IS JOHNNY. HE'S YO' IS A ED-JOO-CAYED MAN! YO' KNOWS SPERRITS CAN'T NEVAH BE SEEN 'CEPT ON NIGHTS WHEN THERE A FULL MOON!', 'YOU SET GREAT BYORE BY YOUR GREAT-GRANDMOTHER'S ADVICE. DO YOU NOT?', 'AH SHO! BOZE WHY AN JUMP OUTA HERE ON THE SEVENTY-SECOND STORY?', 'CHARMING VIEW, ISNT IT? FRON UP HERE ON THE SEVENTY-SECOND STORY'.

THE NEBBS. Comic strip panels with dialogue: 'THE TEMPERATE REGIONS OF THE NORTHERN HEMIS- HOW DO YOU PRONOUNCE THAT WORD?', 'YOU PRONOUNCE IT "HEMISHERE"', 'AW, THE HECK WITH IT.', 'DONT BE DISCOURAGED POP-- YOU'RE IMPROVING EVERY DAY', 'I ALMOST FINISHED HIGH SCHOOL BUT I GUESS THE FIGHT RACKET SORT OF SNEAKED UP ON ME', 'KEEP TRYING. IT WILL ALL COME BACK TO YOU', 'HUHM... BUT IT WAS SUCH A LONG WAY TO COME BACK FROM'.

DO YOU KNOW? That average to the war the AVERAGE life of a passenger car was seven years and now the NEWEST car on the road is three years old. S-T-R-E-T-C-H the life of your car by keeping it repaired at— ROGUE RIVER CHEVROLET

Crossword Puzzle. Includes grid and clues: ACROSS: 1-Cart, 4-Cloak, 11-Taxi cab, 13-A U. S. territory, 17-Bird, 28-One of Great Lakes, 30-Drawing of a bird, 31-Expression of contempt, 32-Color, 33-Small part, 34-Thick, 35-Drawing of inferences. DOWN: 2-Exclamation, 3-Empty space, 4-Spoons, 5-Mulligan, 6-Street pointer, 7-Who is me!, 8-Dance step, 9-Rural ending, 10-Quantities of yarn, 11-Gold and copper alloy, 12-Tugged mount, 13-Dramatic poem set to music, 14-Basketball pitcher, 15-Digita, 16-Plant ending, 17-Rigid, 18-Salary, 19-Noise, 20-Black sulphur alloy, 21-Region, 22-Ranted, 23-Mature, 24-Cool vein, 27-Trefoil, 28-Plant's descent, 29-Russian river, 44-Write, 45-Chinese weight (abbr.), 46-Southern weight (abbr.), 80-Natural power.