

A Cat Looks at a King

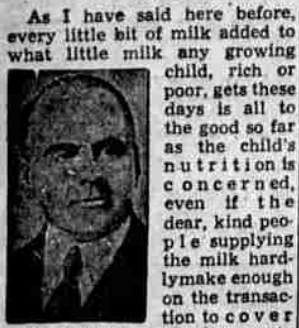


AN UNIDENTIFIED CAT was an attentive observer when Norway's King Haakon VII recently became an honorary citizen of Larvik in northern Scotland. Provost John Lindsay is shown officiating at the ceremony when the King reaffirmed the strong bonds between the two peoples.

Your Health and Its Care

BY DR. WILLIAM BRADY, M. D. Readers should address inquiries to: Dr. William Brady, 285 El Camino, Beverly Hills, Calif.

OVERFED AND MALNOURISHED



As I have said here before, every little bit of milk added to what little milk any growing child, rich or poor, gets these days is all to the good so far as the child's nutrition is concerned. Even if the dear, kind people supplying the milk hardly make enough on the transaction to cover handling costs and incidentals. Every young son needs at least one quart of milk every day and every adult needs at least one pint of milk a day for optimal nutrition and optimal health. Optimal means best possible, finest attainable.

teaspoonfuls of refined sugar the young woman takes in her tea every day represents perhaps 800 calories—as much as one would get from 3 1/4 glasses (more than 1 1/2 pints) of milk. No wonder the young woman is overweight and malnourished. Tea and sugar, like most breads, cakes and refined cereal products, supply only calories, little or no vitamins and minerals. This young woman should use saccharin instead of sugar in her tea—perhaps a one-fourth grain tablet in a cup of tea. Instead of tea she should for refreshment midforenoon and mid-afternoon any fresh fruit or fruit juice or fresh or factory-canned tomato or tomato juice, straight. To replenish her vitamin depletion she should eat a dozen tablets of the essential vitamins every day. That will improve nutrition regardless of the quality of the daily diet and with improvement of nutrition the constant fatigue and irritability will be corrected.

QUESTIONS AND ANSWERS

Time to Save Teeth. Niece's 7-year-old boy has been minus upper two front teeth for six months or so. I am worried about it, whether they will eventually come in. (P. M. E.) Answer—Child should cut four upper front teeth and four lower front teeth, in the permanent set, at the age of 7 or 8 years. It is most important to take care of the temporary teeth in order to insure good permanent teeth. Send 25 cents and stamped self-addressed envelope for booklet "Save Your Teeth."

Cri Bots Stopped. Although you have been friend, counselor and guide for our family for a long time this is my first expression of thanks. For one thing particularly we are all grateful, both here in the city here and in the homes of our three married children—you have taught us how to avoid those cri-bots that so many families consider inevitable at intervals. And of course our grandchildren, like our children before them, wear what they please or leave off what they please when they please, much to the concern of uninitiated friends and neighbors.

Two or three cups of tea daily should do no harm. Ten cups daily is a little excessive. Still, even that quantity of tea is objectionable, for the young woman's health and happiness, only in a negative way, I think. That is, in sustaining herself or refreshing herself when tired, by such frequent tea drinking, she is aggravating what ails her—nutritional deficiency. The 20

Colored Smoke Is Vital In Warfare

New York—(U.P.)—The use of colored smoke—already a vital factor in war—is constantly expanding, according to the technical command of the chemical warfare service, in an article in the Chemical and Engineering News, published by the American Chemical Society. Smoke of different hues now is used for ground to air and air to ground signaling, distress sig-

nals for grounded aviators, life-boat distress signals, ranging and spotting signals, as parachute makers, and has been extended to hand grenades, rifle grenades, mortar shells, bombs, rockets and shells. Only smoke of unmistakable color is used, to avoid confusion with the white or black smoke of high explosives, burning equipment, etc. Closing time for Sunday Too Late to Classify 3:30 Saturday afternoon—Please remember.

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THE NEBBES



MEN WHO TRIED WILHELM KIDNAP WOULD TRY AGAIN

By Lynne Brannen United Press Correspondent

Nashville, Tenn., Jan. 11—(U.P.)—The American soldiers of World War I who tried to kidnap the Kaiser volunteered today for a try at Hitler, Himmler, Goebbels, or Von Rundstedt. "Of course, it's probably just a dream," said Owen Johnson, a sergeant then and a filling station operator now. "The war department most likely wouldn't let us try. But it would be right down our alley. The trouble with this war is there's no imagination like we had in our war."

Tinian Island Good Place To Save Cash

Alamo, Tex.—(U.P.)—C. W. Reynolds, who is stationed on Tinian Island, says the island is "good for one thing—to save money." The only thing that can be bought is stamps. "We have been using our helmets for bathtubs since we arrived here," Reynolds writes to his mother, Mrs. C. R. Reynolds. "For that matter we use our helmets for everything under the sun." Since only a few snipers are left on Tinian, he is quite comfortable in other respects, "but a guy has to be awfully careful after dark." Minimum wage legislation was largely effective in increasing the average wage of Puerto Rican agricultural laborers to \$249 per year in 1943.

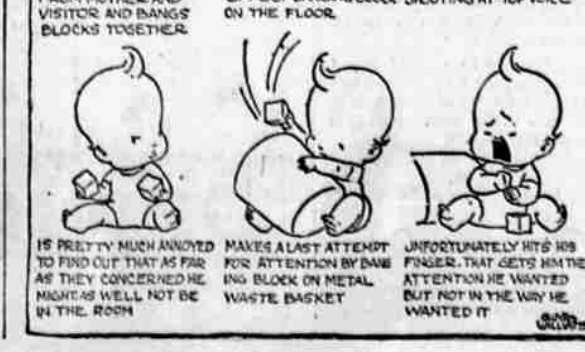
Eight Tried It

Eight Yanks made the attempt to kidnap the Kaiser soon after the Armistice. They crossed into neutral Holland from Luxembourg. Through an error, Brand Whitlock, U. S. Minister of Belgium, had given them Laissez-passer visas as representatives of the United States government. They drove up to the Dutch castle where the Kaiser had taken refuge. Count Von Bittinck, son of the host, took the word in that an American "journalistic mission" wished to see him. The Kaiser sent word out that he would receive it, if it would state its purpose. The Yanks replied that their business was so confidential it could be stated only to the Kaiser himself.

Suspicious, Wilhelm wanted proof that it was an official American government mission. These messages were passed back and forth from the castle gate to the interior for two hours. Then a detachment of Dutch soldiers reinforced by discharged German soldiers began gathering and the Americans withdrew. All were Tennesseans, members of the 114th Field Artillery regiment attached to the 30th Infantry Division.

Col. Luke Lea who, with Col. Leland S. MacPhail, former president of the Brooklyn Dodgers and now an aide to Lt. Gen. Brethorn Somervell, who led the Kaiser kidnaping expedition, said he detected something impractical in the scheme. "But I'll be glad to go along," he said.

BID FOR ATTENTION



On the Radio Chain

- STATIONS: Chain affiliation and where they are on the dial. KALE (CBS) 1230, Portland. KEX (NBC-Blue) 1190, Portland. KGA (NBC-Blue and CBS) 1310, San Francisco. KGO (NBC-Blue) 1190, San Francisco. KGW (NBC-Red) 630, Portland. KLB (NBC-Red) 1040, Astoria. KLS (CBS) 1070, Los Angeles. KOA (NBC-Red) 890, Denver. KOB (NBC-Red) 890, Denver. KOP (NBC-Red) 890, Denver. KSL (CBS) 1160, Salt Lake City. Thursday: 8:00 p. m.—Sam Hayes and the News, MBS; OK for Release, NBC; Terry and the Pirates, BN. 8:15 p. m.—Dick Tracy, BN. 8:30 p. m.—Jack Armstrong, BN; Harry Flannery, News, CBS; Tom Mix, MBS. 8:45 p. m.—Captain Midnight, BN; Elmer Peterson, NBC; Night News Wire, MBS; News, CBS. 8:50 p. m.—Music Hall, NBC; Major Bowes, CBS; Gabriel Heatter, MBS. 9:00 p. m.—News, BN. 9:15 p. m.—Bob Huran, NBC; Spotlight Bands, BN; Corlies Archer, CBS; Treasure Hour of Songs, MBS. 9:30 p. m.—Abbott and Costello, NBC; Fred Waring, CBS; First Line, CBS; Henry Gladstone, MBS. 9:45 p. m.—Lowell Thomas, MBS. 10:00 p. m.—March of Time, BN; Red Ryder, MBS; Rudy Vallee, NBC; Here's to Romance, CBS. 10:15 p. m.—Supper Club, NBC; Jack Kirkwood Show, CBS; Sammy Kaye, MBS. 10:30 p. m.—Fleetwood Lawton, NBC; Lum and Abner, BN; Musie That Satisfies, CBS. 10:45 p. m.—Cortez Time, NBC; Death Valley Sheriff, CBS; America's Town Meeting of the Air, MBS. 11:00 p. m.—News, MBS; Dinah Shore, NBC. 11:15 p. m.—Rex Miller, MBS. 11:30 p. m.—Bery Queen Mysteries, NBC; Fulton Lewis, Jr., MBS; Gene Krupa, CBS. 11:45 p. m.—News Reporter, NBC; News, BN. 12:00 p. m.—Henry Taylor, BN. 12:15 p. m.—Gene Krupa, CBS; Penneman's Nite Club, BN. 12:30 p. m.—Hotel Baltimore Orch. NBC. Friday: 8:00 p. m.—Terry and Pirates BN OK for Release, NBC; Sam Hayes, News, MBS. 8:15 p. m.—Dick Tracy, BN. 8:30 p. m.—Jack Armstrong, BN; Harry W. Flannery, News, CBS; Tom Mix, MBS. GET UP IN THE MORNING FEELING LIKE \$1,000,000. Thousands of men and women have found that time-tested Stuart Tablets bring quick, happy relief to sleep-rubbing symptoms of acid indigestion, gas, and upset stomach. Taste delicious, easy to take—no mixing, no pills. Try them—have a good night's sleep and wake up in the morning feeling like a \$1,000,000. Get genuine Stuart Tablets at your druggist—only 25c, 50c, or \$1.00 each. Make your positive money-back guarantee.

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