

Your Health and Its Care

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BEWARE THE TONSIL SNATCHERS

A physician whose achievements in the bloodless removal of tonsils (diathermy or electro-coagulation) have won him high repute in this country, comparable with that of McKenzie in England, was invited to address a large medical society—one affiliated with the AMA. He accepted the invitation and advised the medical society that this method of treatment would be the subject of his address.

Oh, oh. A pause—long enough for the program committee to submit the question to the Big Noise, you know, the ubiquitous one who runs the AMA. In a few days the physician received a polite note from the medical society to the effect that the subject he proposed was "too controversial."

Trouble was the physician was too honest. Had he advised the narrow minded little yes-man in charge of the program that he would talk about the Bloody Old Spanish Method of removing tonsils, there would have been no objection, for there is nothing "controversial" about that atrocious business. The victims are generally in no condition to quarrel about the merits of the method after it has been inflicted upon them, the "surgeons" who make such a do about their thorough removal of every bit of tonsil (along with good bits of throat muscle and the like which they seldom mention) are unanimous in the conviction that public discussion of the subject is "controversial" and hence unethical.

If I had infected tonsils and my physician believed the tonsil infection might possibly be accountable for any serious chronic

disability, such as arthritis, I assure you no one would subject me to the bloody old Spanish method. I'd have electro-coagulation, diathermy treatment, no more. For I believe such treatment, at the hands of a physician skilled in the bloodless method, is at least as likely to eradicate, disinfect, sterilize, destroy or pasteurize a septic focus in the tonsil as is the most radical major operation, and far, far safer than that atrocious procedure in any case.

The butcher boys in the medical profession and a shamefully large number of the rank and file of practicing physicians are narrow-minded, prejudiced, antiquated, arbitrary and perverse about the treatment of enlarged tonsils (and adenoids) in children and infected tonsils in older persons. The less people know about enlarged and infected tonsils the more readily they submit to the guillotine and snare.

QUESTIONS & ANSWERS

Effects of Tobacco
If a person smokes thirty years who has been a heavy smoker quits smoking, how long does it take to get the nicotine out of his system? (D. S.)
Answer—It is only a surmise that nicotine gets into the system of a heavy smoker. Whatever the injurious element or elements in tobacco smoke may be, it or they are entirely destroyed or excreted or eliminated within 24 to 48 hours after the use of tobacco has been discontinued. If any damage has been done by such elements (say by the carbon monoxide in the smoke) it may be months before full recovery.

A Stream in Arizona?
You are the man who answered an inquiry about drinking water from a stream in Arizona by saying there hasn't been a stream of running water in Arizona since the year 8000 B. C. Now surely you've heard of the Grand Canyon and the Colorado river, Doc. If not of beautiful Oak Creek canyon (The Call of the Canyon).

Answer—Seems to me there was some question on a quiz program recently. But after all, the lady didn't say the Grand Canyon or the Colorado river was in her back yard. However, I hereby acknowledge receipt of your advice that Prescott has an altitude of 5,250 feet and should not be confused with Phoenix or Tucson desert country. But I still say one climate is as good as another, provided you live most of the time outdoors in reasonable comfort. Even if it didn't shine brightly.
(Copyright 1945, John F. Dillon Co.)

Pepper and Propwash Meet



Kids and dogs seem to have a common understanding, as Staff Sgt. Arryl C. Fusselman, Hamilton Field photographer, illustrates here in a shot of the meeting of his 1-year-old son, John (Pepper) Fusselman, with Mr. Propwash, English bulldog, who flew in with a bomber crew recently. Mr. Propwash promptly wrapped something less than a yard of tongue around "Pepper's" outstretched hand. It's apparent it didn't scare the youngster a bit. He knew this is Mr. Propwash's way of saying, "Howdy, Buddie!"

Gold Hill Woman Enlists in WACS, To Train In East

Mrs. Betty Marie Garrels, daughter of Mr. and Mrs. Melvin Hancock, Gold Hill, is the latest Gold Hill resident to enlist in the women's army corps, it was announced today by Lt. Aida Ingraham at the WAC recruiting office in the post office building.

ing in Medford. Pvt. Garrels was engaged in defense work before entering the Wac. She attended high school in Gold Hill.

Pvt. Garrels will be given her assignment immediately after receiving her basic training at Fort Des Moines, Iowa, it was announced.

Full information about the various army branches to which Wacs may be assigned, along with pertinent data on eligibility requirements, is available at the Wac Recruiting Station, Lt. Ingraham said.

Elimination of industrial accidents and health hazards would have the effect of adding an additional army of approximately 800,000 workers to industrial plants in the United States, according to the war production board.

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To the Rescue



(Acme Radio-Telephone)
Coming to the rescue of the besieged garrison in Bastogne, an American Third Armored Division infantryman followed by his buddies crawls under barbed wire over snow-packed ground between advancing U. S. forces and Nazi gun positions. Action took place about five miles from Bastogne as doughboys fought bitterly to relieve troops holding up the Nazi drive there.

LEGION OF MERIT IS PRESENTED TO CENTRAL PT. MAN

Orville C. Caster, master sergeant with a field artillery unit in 5th army, Italy, has been awarded the legion of merit for outstanding service. The award was made about the middle of December by Gen. Mark Clark and a copy of the citation was forwarded to relatives here and in Central Point.

M. Sgt. Caster has been in the army since April, 1942, and overseas since April, 1944. He is the son of Mrs. Effie Caster of Central Point and his wife and son make their home at 717 1/2 West Fourteenth street. The citation which accompanied the rarely awarded legion of merit reads:
"As battalion motor sergeant, Master Sergeant Caster displayed outstanding initiative, ability and leadership in the performance of his duties and often performed the duties of battalion motor officer. Prior to entering combat, when his battalion was issued used and damaged vehicles, Master Sergeant Caster, by his untiring efforts, supervised the repair and preparation of all vehicles for combat. Later, during combat, he effected systems whereby vehicles were constantly checked, by devoting long hours and under trying conditions, he kept dead-lined vehicles at a minimum. By his mechanical skill, ability to assume added responsibilities and his untiring devotion to duty, Master Sergeant Caster has been an inspiration to the personnel of his unit and made possible an outstanding contribution to the efficiency of the battalion."

V-3 Bomb Said In Use On West Front

London, Jan. 9.—(U.P.)—A Zurich dispatch of the Exchange Telegraph said today that Nazi propagandists are spreading rumors in Switzerland that the Germans now are using the V-3 on the western front, describing it as a weapon capable of freezing all persons within 150 yards of its explosion.

NEW MISSOURI VALLEY AUTHORITY BILL LOOMS

Washington, Jan. 9.—(U.P.)—Sen. James E. Murray, D., Mont., told reporters today he is preparing a new draft of a Missouri Valley Authority bill and will offer it soon. "Early hearings will be sought" for the legislation, he said.



Maj. Gen. Hurley Greets Kai-Shek

Chungking, Jan. 9.—(U.P.)—Maj. Gen. Patrick J. Hurley, new United States ambassador to China, observed his 66th birthday today by presenting his credentials to Generalissimo Chiang Kai-Shek, who toasted President Roosevelt's health, America's prosperity, and Hurley's birthday.

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FIRST LADY IN FAVOR OF DRAFT FOR WOMEN

Washington, Jan. 9.—(U.P.)—Mrs. Franklin D. Roosevelt said today that she favored a national service act which would provide for the registration of women as well as men.

The need for such an act, she said at her news conference, "has been impressed upon us" by recent reverses on the western front.

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Crossword Puzzle

