Your Health and Its Care

BY DR WILLIAM BRADY M. D.

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PATIENTS SHOULD DEMAND ASEPSIS

Patient recently delivered in a snooty hospital where the husband is not permitted to remain with his wife during delivery—of course not — happened to have some expert knowledge of surgical asepsis. So when the nurse attending her dropped a pad dressing on the floor, picked it up and was about to apply it, the patient cried out in dismay and demanded a sterile dressing. The nurse thereupon adopted a characteristically surly demeanor—and what is worse, she got away with it, thanks to the wretched standards in the hospital. When the patient reported the incident to her physician the doctor, being subservient to the gang running the hospital, merely tried to laugh it off as of no significance, and laughed himself out of the further patronage of the patient's family.

Dr. Brady

Such atrocious offenses against the safety of the patient are committed many times a day in hospitals of shady character, in the office of physicians, specialists and dentists, and it is high time that the public become familiar with the principles of asepsis so that these dangerous doctors, surgeons, specialists, dentists and nurses may be compelled to give patients a break.

A patient in the chair of a dentist waited while the dentist answered the telephone, jingled keys, etc., in his pocket, handled things on his desk, wrote down a memorandum, and then attempted to continue working in the patient's mouth without wasting any of his valuable time washing his hands. The patient properly protested. The toothmechanic, for of course he was nothing else, thereupon waxed sarcastic—and never did any more work for the patient's family.

It would be only justice if both of these patients brought suits against the dirty hospital and the dirty dentist for damages due to such malpractice. It might teach these dangerous people a wholesome lesson if they were required to compensate some of their victims for the damage done by their filthy methods.

A nose and throat specialist's highly officious office girl (she purports to be a nurse, of course) went from patient to patient, in the waiting room, applying nose sprays or swabs to prepare the patient for the examination or treatment by the doctor. She had cri herself. One patient asked why she did not wear a mask. The girl brazened it out, presuming upon the ignorance of the laity, by saying the doctor didn't approve of wearing masks —masks might frighten some patients, you know . . . and the patient who dared to wonder about the breach of simple asepsis made some excuse to get out of the dangerous environment of that office before the so-called nurse would give her a sample of whatever she had. The patient never consulted the dirty nose and throat specialist again.

ANSWERS AND QUESTIONS

Come, Come, Now

Yesterday I went to doctor and he said I am done for no medicine can help muscles of my heart are weak. (W. E.)

Answer—It is hard to believe a bona fide physician told a patient any such thing. Of real benefit in most cases of heart muscle weakness, and harmless in any case, is a teaspoonful of syrup of vitamin B-complex three times a day. Send 10 cents and stamped envelope bearing your address, for CVD—a booklet about heart and arteries.

Gargle for Singers and Speakers

I have read about a gargle you prescribe for huskiness or hoarseness of singers and speakers. (M. J. C.)

Answer—The gargle was originally prepared by Mr. J. W. England, pharmacist in Philadelphia hospital, according to Shoemaker, and should be called "England's Gargle." Some singers and speakers find the frequent use just before and in the course of a program, of a gargle made of a rounded teaspoonful of alum, 1½ teacupfuls of barley water and enough honey flavored with rose extract to fill half pint bottle, quite satisfactory.

It's Just Hell

Can you throw any light on the cause of thinning of the hair on top of the head? I thought if there is anything to do to stop it I had better do it now. (R. S. W.)

Answer—When mine began to go I thought it was worry about where I could raise money for the rent and the grocer. But the more I worried the faster the hair went, and that made me worry still more, until eventually I decided, oh, well, to hell with it. Don't worry, son. Send 10 cents and stamped envelope bearing your address for a booklet telling all about the hair and scalp, dandruff, graying hair, falling hair, superfluous, etc.

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PIGMY FLAT TOP—Former merchant ships converted into airplane carriers by Royal Navy in Canada, also carry cargoes. This one is loading up with wheat before joining a convoy. Navy flyers use only 100 feet in takeoffs and landings on these vessels, which are only 380 feet long.

Living Costs Hit California Peak During November

San Francisco, Dec. 28—(U.P.)—The cost of living in San Francisco and Los Angeles, advancing steadily for three months, reached the highest level since the start of the war during the 30 day period ending Nov. 15, William A. Bledsoe, regional director of the Bureau of Labor statistics, reported today.

Bledsoe reported at the same time that the cost of living showed a 1/10 of one per cent decline in Seattle, Wash.

In Portland, Ore., food costs rose 2/10 of one per cent for the 30 day period ending Nov. 15, but still were nearly five per cent under the wartime peak of May, 1943.

Closing time for Sunday Too Late to Classify 5:30 Saturday afternoon—Please remember

YICK SO CHINESE HERB CO.

REMEDIES FOR STOMACH ULCERS
Heart Rheumatism Asthma Catarrh Piles. Prostate Gland Eczema and all disorders of Liver. Kidney Trouble and other complaints disappear after using

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Time Shown is PWT

Thursday

5:00 p. m.—Terry and Pirates, BN: OK for Release, NBC.
5:15 p. m.—Dick Tracy, BN; Superman, MBS.
5:30 p. m.—ack Armstrong, BN; Harry Flannery, News, CBS; Tom Mix MBS.
5:45 p. m.—Captain Midnight, BN: Night News Wire, MBS; News, CBS.
6:00 p. m.—Music Hall, NBC; Major Bowes, CBS; Gabriel Heatter, MBS: Carlson and News, BN.
6:15 p. m.—Screen Test, MBS; Lou Holtz, BN
6:30 p. m.—Bob Burns, NBC; Spotlight Bands, BN; Corliss Archer, CBS. Starlight Serenade, MBS.
7:00 p. m.—Abbott and Costello, NBC; Raymond Gram Swing, BN; First Line, CBS; Henry Gladstone MBS.
7:15 p. m.—Lowell Thomas, MBS.
7:30 p. m.—March of Time, BN; Red Ryder, MBS; Rudy Vallee, NBC.
8:00 p. m.—Music Shop, NBC Sammy Kaye, MBS.
8:15 p. m.—Night Editor, NBC: Lum and Abner BN
8:30 p. m.—Coffee Time, NBC Death Valley Sheriff, CBS; Fred Waring Show, BN.
9:00 p. m.—News, MBS; America's Town Meeting of the Air, BN; Dinah Shore, NBC.
9:15 p. m.—Rex Miller, MBS.
9:30 p. m.—Ellery Queen Mysteries, NBC; Fulton Lewis, Jr., MBS; Woody Herman Orch., CBS
10:00 p. m.—News Reporter, NBC

Friday

5:00 p. m.—Terry and Pirates, BN: OK for Release, NBC.
5:15 p. m.—Dick Tracy, BN; Superman, MBS.
5:30 p. m.—Jack Armstrong, BN Harry W Flannery, news, CBS. Adventures of Tom Mix, MBS
5:45 p. m.—Elmer Peterson, Commentator, NBC; Capt. Midnight, BN Night News Wire, MBS, News, CBS.
6:00 p. m.—Waltz Time, NBC, Gabriel Heatter, MBS; Serenade, BN.
6:15 p. m.—Screen Test, MBS
6:30 p. m.—People Are Funny, NBC. That Brewster Boy, CBS; Double or Nothing, MBS
7:00 p. m.—Amos-Andy, NBC; Durante and Moore, CBS; Dale Carnegie, MBS.
7:15 p. m.—Lowell Thomas, MBS Ted Malone, BN.
7:30 p. m.—Stage Door Canteen CBS; Lone Ranger, MBS
8:00 p. m.—Music Shop, NBC; Fights MBS.
8:15 p. m.—The Parker Family, BN Press Club, CBS
8:30 p. m.—Duffy's Tavern, NBC Gang Busters, BN; It Pays to Be Ignorant, CBS
9:00 p. m.—Furlough Fun, NBC News, MBS; Aldrich Family, CBS
9:30 p. m.—Fulton Lewis, Jr., MBS Adventures of Thin Man, CBS
10:00 p. m.—News, NBC; Five Star Final, CBS
11:00 p. m.—Concert Hour BN.
11:45 p. m.—On all night, BN

GENERAL MARCH BLAMES G2 FOR GERMAN SUCCESS

World War I Chief of Staff Wonders Why Massing of Nazis Was Not Reported.

Washington, Dec. 28—(U.P.)—Gen. Peyton C. March, World War I army chief of staff, said today in an interview on his 80th birthday that it was "almost unthinkable" that the Germans were able to mass men and material for their current offensive without American intelligence discovering what was going on.

The man who directed the transportation of 2,000,000 U. S. soldiers to Europe in the last war said the allies would eventually fight their way to Berlin despite the Germans' current successes.

Can Be Unpleasant

But as a result of Von Rundstedt's break-through, he added, the Germans "can be mighty unpleasant for perhaps months" to come.

"It is almost unthinkable," March said, "that 200,000 men could be massed against our lines and we not know about it. That many persons equals the population of Richmond, Va. Can you imagine the whole population of Richmond moving toward Washington without our knowing about it?"

March said the Germans apparently hoped to capture the big American supply bases around Liege and perhaps to take Antwerp, the allies' best port for supplying the armies on the western front.

He said the Germans' present drive is very different from their last great offensive in 1918 when they nearly broke through allied lines to the English channel.

Almost Succeeded

"Then General Ludendorff had good hopes of winning the war. His offensive hit between the British and the other allies with the aim of splitting them apart and reaching the channel. He almost succeeded.

"This German offensive has more limited objectives. It probably is intended mainly to seize our supply bases."

March said the current enemy offensive should have been foreseen "because it is the classic method of defense and has been used before, especially by the Germans."

He said he believed the American intelligence service had relied so much on the high quality of information supplied by various underground movements before the allies reached Germany that "they were unprepared to cope with the problem of information out of Germany itself."

"Hitler has purged any elements that might give the allies information and so there are no betrayals from the German side," he added.

186 MORE SHIPS

Washington, Dec. 28—(U.P.)—War Mobilization Director James F. Byrnes today authorized immediate construction of 186 new cargo vessels for delivery in the latter half of 1945.

How much oil is extracted from a single whale? The Encyclopedia Britannica says it is an average of 17,500 gallons. A 50-foot whale also will supply 2½ tons of meat.

BRIDGES COUNSEL ASK HIGH COURT TO BLOCK ORDER

Washington, Dec. 28—(U.P.)—Attorneys for Harry Bridges, west coast leader of the Longshoremen's union (CIO) asked the supreme court today to block an order for his deportation to Australia.

Bridges appealed from a ninth circuit court of appeals decision affirming denial of a writ of habeas corpus to him by Federal Judge Martin I. Welch of California. Bridges requested the writ to circumvent a deportation order issued by Attorney General Francis Biddle in May, 1942.

Biddle found that Bridges was affiliated with the communist party and ordered his deportation on the grounds that the party taught "violent overthrow of the United States government."

In his appeal, Bridges denied that he ever had been a communist and said the evidence relied upon by Biddle "is only the debris of an elaborate and ambitious structure built upon the testimony of witnesses most of whom were the dregs of the waterfront, and whom the government should have quickly recognized as such."

MEXICO FINES THEATER

Mexico City, Dec. 28—(U.P.)—The federal district department today fined the Alameda theater exhibitors of Walt Disney's "Tres Caballeros" $4,000 because they charged $2 a seat at the picture's premier Thursday. The federal district is campaigning to reduce theater entrance prices.

Closing time for Sunday Too Late to Classify 5:30 Saturday afternoon—Please remember.

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We repair those fenders and make your car
LOOK LIKE NEW

Good Work—Good Service
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Jackson St. Garage
120 E. Jackson Street

FUGITIVES TAKEN AFTER WILD CHASE

Salem, Ore., Dec. 28—(U.P.)—A wild, 80-mile-an-hour chase through downtown Salem was over today for two men after their car turned over at a main intersection and they climbed out to confront the gun of a state police officer.

The car, reportedly stolen at Portland, was driven by Leo Joseph Kant, wanted by Salem police on a larceny charge, who was accompanied by Harold Delbert Allen, a two-time loser at the state prison, police said.

State Police Officer Paul Riensche spotted the car last night north of Salem and gave chase. The car picked up speed and careened through the busy downtown streets, until it overturned when it failed to make a turn. It skidded for more than half a block on its side.

Kant and Allen were held for questioning.

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Out of bounds, civilians only
Delicious chicken and steak dinners, 7:00 p. m., 3 a. m., except Sunday. Phone day time 5300; night 9101.

Rear Admiral Small Succumbs, Aged 56

New York, Dec. 28—(U.P.)—Rear Admiral Ernest G. Small, 56, one of the American heroes in the methodical destruction of the sea-power with Japan hoped to protect her homeland, died yesterday in Memorial hospital, it was revealed today.

The cause of death was not revealed immediately. He had been a patient at Brooklyn Naval hospital and entered Memorial hospital on October 5.

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OFFICERS' CLUB
Dine-Dance-Refreshments
Chicken and Steak Dinners
Most Unique Place in So. Ore.
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Thursdays Private Parties Only—For Reservations Ph. Gold Hill 474

NOW OPEN!
TAKE-IT-EASY LODGE
Dine and Dance
Open Wednesday, Thursday, Friday and Saturday
One-Half Mile Up Savage Creek

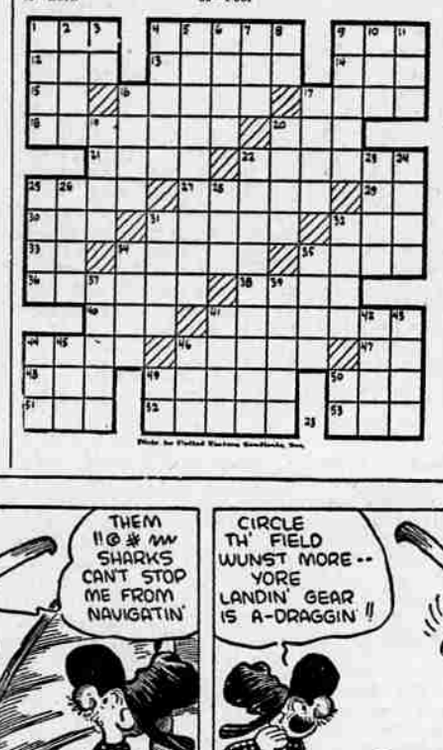
STRANGE AS IT SEEMS By ERNEST HIX

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

ACROSS
1—Bankroll (slang)
4—Beach
9—Turf
12—Fuss
13—Source of bile
14—Color
15—Sun god
16—Hindu shawl
17—Sew
18—Refinery
20—Sheltered side
21—Remove skin
22—Part of year
25—Realized
27—Sicker
29—Compass point
30—Born
31—Gibe
32—Public carrier
33—Roman "four"
34—Water plants
35—Price
36—Annoys
38—Ship's bow
40—Conducted
41—Denizen
44—Paste
46—Laughingly
47—Depart
48—Adherent of
49—Brandish
50—Order
51—Level of exchange
52—Jobs
53—Fool

DOWN
1—Conflicts
2—First man
3—Cheat (slang)
4—Tablet
5—Mercenaries
6—Above
7—Female ruff
8—Word ending
9—Dances
10—Pronoun
11—Lair
16—Murdered
17—Precious
19—Sword
20—Grimace
22—What somnambulists does
23—Blame
24—Cozy retreat
25—Sew together
26—Glacial snow
28—Pasture
31—Snow vehicle
32—Deep dish
34—On the ocean
35—Young horse
37—Change
39—Ripe
41—Departs life
42—Protective shield
43—Poles
44—Immerse
45—Filipino
49—Weight (abbr.)
50—Barium (symb.)



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THE NEBBS

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