

Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.
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ONE CLIMATE OR ANOTHER

No such thing as catching cold, no such malady as gout, no human being has hydrophobia, no such disease as rheumatism, no need for children or young people to wear anything that they want to—and now you preen your feathers there in the sunshine and oracularly tell us poor sufferers who would give a leg for a season in Southern California that an equable dry climate has no particular advantage over a damp, cold, wretched climate for persons with chronic bronchitis, chronic sinusitis, bronchiectasis, winter cough, etc. How about all these books by medical authorities too numerous to mention, telling of the value of change of climate for such cases?

(H.D.E.)

Speaking of medical authorities and their prodigious output of medical books, it's amazing what a lot of volumes one can collect each season without finding anything new or original.

I still say a patient with any of the complaints you mention, will do as well in one part of North America as in any other part of the country, whatever the season or climate or weather may be, provided—

(a) that the patient or those responsible for the care of the patient be not obsessed with fear of cold, dampness, etc., and

(b) that the patient spend as much time as possible outdoors and exposes as much skin as possible to whatever sunshine or skyshine or daylight there may be.

That's all there is to the climate question, I believe.

Kid yourself all you like, brother, about my inconsistency. I held the same views when I lived in your "damp, cold, wretched climate"—although I

never felt sour about it. The winters were almost as bad as that, perhaps, especially for one who had to be out in all kinds of weather at all hours of the day and night, but the spring, summer and autumn—man, you must be a pessimist indeed if you find fault with the climate just because of the six unpleasant weeks at the tail-end of winter before spring comes back to stay.

From your letter I infer that you believe a change of climate would soon restore your health, and I imagine you do not ask your physician's advice about it, or you do not accept his advice, if he has considered the move.

I have met a good many people but I have yet to meet one person who had found the ideal climate for his or her ailment. Still, I don't want to discourage you. I suppose there is always a pot of gold at the end of the rainbow if one could only find it.

Closing time for Sunday Too Late to classify 9:30 Saturday afternoon—Please remember.

QUESTIONS AND ANSWERS

Black and Blue
Interested in your remarks about black and blue marks and extravasations of blood under skin. I began noticing such marks under my skin two years ago. Doctor said it is angina and there is nothing to do... how much vitamin C shall I take? (Mrs. A. G. W.)

Answer—If they are "black and blue" marks, a glass of orange juice or a glass of tomato juice daily, besides what vitamin C you get in green, fresh fruit, fresh vegetables you eat raw, will supply enough vitamin C. If they are minute, dilated or "broken" blood vessels vitamin C can have no effect.

Hedging
Several doctors have told me I have double hernia, but the one I am going to now says I am weak in those spots but the "shots" he is giving me in the vein in the arm will build me up... he is close mouthed about injection treatment for hernia. (W. R.)

Answer—If you have hernia or potential hernia "shots" in the arm will hardly help that. I'm sorry I do not know which physicians in your city are skilled in the injection treatment of hernia. Two I did know have gone to war.

Give the Kids a Break
Our boys, 3 and 6, have "cru" almost constantly from early fall to late spring. Had their tonsils removed last fall, but it made no difference. I am careful about wet feet and insufficient clothing, etc.

Answer—And so the kids are coddled and kept indoors whenever the weather is not to your liking? Send twenty-five cents and stamped, self-addressed envelope, for booklet, "Cru" C. I. C. Not that I suppose it will change your opinion, but it is the best I can do for those poor kids. (Copyright 1944, John F. Dille Co.)

ANTI-ELAS CHASE RIVAL GREEK EDES INTO MOUNTAINS

Athens, Dec. 23.—(U.P.)—About 30,000 troops of the anti-government Greek ELAS are advancing steadily in an offensive against rival EDES forces retreating into the mountains of northwestern Greece, it was disclosed today, as British troops battled to dislodge other ELAS units from strongholds in Athens and Piraeus.

Gen. Napoleon Zervas, leader of the EDES, appealed urgently to the British for help in fighting the ELAS in his territory. The British have not acted upon his proposal, but Premier George Papandreu, whose government the British are supporting, apparently welcomed the EDES into the government camp today by vigorously defending their failure to disarm in accordance with orders issued to all guerrillas by the British command.

The ELAS are troops of the EAM, the national liberation front. The EDES, or national democratic front, stands to the right of the EAM politically, and the EAM accuses the EDES of fascist tendencies.

The British delayed, probably until Monday, a reply to the ELAS latest peace proposals, for reasons which cannot be published. A British spokesman said the situation was viewed with "restrained optimism."

British military observers said that between 15,000 and 20,000 ELAS troops had captured at least two towns in their drive which carried them at one point some 15 miles into territory in the Epirus previously allocated to the EDES. Before their attacks, some 12,000 EDES troops were falling back into the mountains honeycombed with defensive positions built during the German occupation.

THE GRANGE

Eagle Point Grange H.E.C. will meet Wednesday, Dec. 27, at 1:30 p. m. at the home of Mrs. Bertha Keim, with Mrs. Bessie Elbert and Mrs. Carol Clymer as hostesses.

A 25c Christmas gift exchange and card party will be held at the grange hall Saturday, Dec. 30, at 8 p. m. Ladies attending are asked to bring donuts, and there will be a small door charge.

BIRTHS

MURPHY—To Mr. and Mrs. George, Rt. 1, Box 477, Dec. 23, girl, eight pounds, 11 ounces, Osteopathic Clinic.

YICK SO CHINESE HERB CO.

REMEDIES FOR STOMACH ULCERS
Heart Rheumatism Asthma Catarrh Piles
Prostate Gland Eczema and all disorders of Liver, Kidney Trouble and other complaints disappear after using CHINESE HERBS

Removed to Sparta Bldg.
J. H. Leong, Herbalist Phone 5817

ROOSEVELT PUTS INK TO 68 ACTS

Washington, Dec. 23.—(U.P.)—President Roosevelt completed his pre-Christmas chores today by signing 68 bills sent him by congress.

He failed to sign four minor measures, including one which would have authorized the secretary of the interior to issue rights to certain land to Winnie Left Her Behind, an Indian.

The president said neither Winnie nor her husband had any practical business experience and that neither was capable of handling business affairs completely.

700 LEYTE WOUNDED ARRIVE IN SAN PEDRO

San Pedro, Cal., Dec. 22.—(U.P.)—Seven hundred soldiers, wounded in the battles of Leyte and New Guinea, were aboard the new hospital ship, U. S. S. Comfort, as it docked here last night and the wounded today were taken to Birmingham General hospital.

Later they will be sent to hospitals over the country to be nearer their homes.

Closing time for Sunday Too Late to classify 9:30 Saturday afternoon—Please remember.

The Story of The Juggler of Our Lady



told by JOHN NESBITT with orchestra and chorus this year on

THE WESTINGHOUSE PROGRAM

with JOHN CHARLES THOMAS singing the carols America loves, The Westinghouse Chorus and Orchestra

STATION KMED 11:30 A.M. PWT

Sunday, December 24th

Don't Miss This Inspiring Christmas Program... Presented by Westinghouse, the pioneer of radio broadcasting

GREEN—FIR SLABS

12 INCH OR 16 INCH LENGTHS \$575
300 CU. FT. LOAD

DIAL 2123 DIAL 2123

TIMBER PRODUCTS COMPANY

CHRISTMAS WONDERINGS

DOESN'T UNDERSTAND THIS SEASON OF THE YEAR AT ALL

EVERYBODY SEEMS SO FULL OF SECRETS AND MYSTERY

AND SOME MEMBER OF THE FAMILY IS ALWAYS SHOWING SOME OTHER MEMBER WHAT HE'S GOING TO GIVE ANOTHER MEMBER

AND ALL THE FAMILY SEEM TO SPEND ALL THEIR TIME WRAPPING THINGS UP OR ASKING WHERE THE TISSUE PAPER IS

DOESN'T UNDERSTAND ALL THIS TALK OF LOVE AND GOOD WILL AT CHRISTMAS TIME ONLY

WHY CAN'T PEOPLE HAVE THE SAME THOUGHT ALL THE TIME THE WAY HE HAS?

On the Radio Chain

STATIONS:
Chain affiliation and where they are on the dial:

KALE (CBS) 1330, Portland.
KEX (NBC-Blue) 1190, Portland.
KGA (NBC-Blue and MBS) 1510, Spokane.
KGO (NBC-Blue) 810, San Francisco.
KOW (NBC-Blue) 810, Denver.
KOIN (CBS) 510, Portland.
KOMO (NBC-Red) 850, Los Angeles.
KOA (NBC-Red) 850, Denver.
KPO (NBC-Red) 850, San Francisco.
KSL (CBS) 1160, Salt Lake City.

Time shown is PWT

Sunday
5:00 p. m.—Charlie McCarthy, NBC.
5:30 p. m.—One Man's Family, NBC.
6:00 p. m.—Rhythm Inn, CBS.
6:30 p. m.—Gabriel Heatter, MBS.
6:45 p. m.—Merry-Go-Round, NBC.
7:00 p. m.—Walter Winchell, NBC.
7:15 p. m.—Steel Horizons, MBS.
7:30 p. m.—Hollywood Mystery Time, BN.
8:00 p. m.—Star Theatre, CBS.
8:30 p. m.—Jimmie Fidler, BN.
9:00 p. m.—Hour of Charm, NBC.
9:30 p. m.—Fannie Brice, CBS.
10:00 p. m.—Greenfield Village Choir, BN.
10:30 p. m.—Crime Doctor, CBS.
11:00 p. m.—Dorothy Thompson, BN.
11:30 p. m.—Symphony Hour, NBC.
12:00 p. m.—Merry-Go-Round, NBC.
12:30 p. m.—Hollywood Mystery Time, BN.
1:00 p. m.—Bill Lacey, CBS.
1:30 p. m.—Rex Miller, NBC.
2:00 p. m.—HUMAN Adventure, MBS.
2:30 p. m.—Jack Benny, NBC.
3:00 p. m.—News, NBC.
3:30 p. m.—Hollywood Mystery Time, BN.
4:00 p. m.—War-time Women, CBS.
4:30 p. m.—Music America, NBC.
5:00 p. m.—Art Linkletter, BN.
5:30 p. m.—St. Francis Hotel Orch.
6:00 p. m.—News, NBC.
6:30 p. m.—Hollywood Mystery Time, BN.

Monday
5:00 p. m.—OK for Release, NBC.

ZERO CLUB

Out of bounds, civilians only
Delicious chicken and steak dinners 7:00 p. m. to 8 a m. except Sunday. Phone day time 5300; night 9101

Chalker's Motel & Lodge OFFICERS' CLUB

Dine Dance Refreshments
Chicken and Steak Dinners
Most Unique Place in So. Ore
CLOSED MONDAYS
Thursdays Private Parties Only—
For Reservations Ph. Gold Hill 474

STRANGE AS IT SEEMS By ERNEST HIX



BOUNTY JUMPERS!
SOME CIVIL WAR SOLDIERS ENLISTED AND DESERTED AS MANY AS 10 TIMES
(TO COLLECT THE BOUNTY OFFERED FOR ENLISTMENTS)

WITH THE NAKED EYE YOU CAN ONLY SEE ABOUT 2000 STARS IN ONE TIME... BUT WITH A TELESCOPE YOU CAN SEE 1,000,000,000

THE SUB THAT SANK ITSELF!
DURING WORLD WAR I, GERMAN SUB UB-65 FIRED A TORPEDO AT AMERICAN SUB AL-2... THE TORPEDO MISSED, CURVED, STRUCK AND SANK THE UB-65!

STRANGE AS IT SEEMS THE BRITISH ADMIRALTY OFFICE HAS BEEN ADVISED THAT THE UB-65 IS STILL ALIVE WITH THE DESTRUCTION OF THE UB-65!

Monday—SUNDAY SUPPLIES SCHOOL OF CHRISTIANITY!

BARNEY GOOGLE and SNUFFY SMITH



SUBSERVIENT PIG HAS AT LAST SECURED SHIP FOR EXALTED ONE'S ESCAPE FROM JAPAN

I HOPE THEY DON'T SHOOT NO THUTTY-GUN SALOOT AN BUST MY EAR PANS

NOTHING TOO GOOD FOR GRAND EXALTED BLACK DRAGON

BLONDIE



MY DEAR, DEAR BOY, WE'VE ARRANGED THE DARINDEST PARTIES FOR YOUR VISIT (GUSH-GUSH) AND THE MOST PRECIOUS DATES FOR THE FRIEND YOU'VE BROUGHT HOME.

AND, TELL ME, WHICH OF THESE DEAR, CHARMING, HANDSOME BOYS IS YOUR FRIEND?

WHY, ER—

HERE HE IS, MRS. WINTER. THIS IS ROSCO SWEENEY.

OH!

THE NEBBES



IF YOU GITS THAT GUN AFURE AN DOES YOU IS APT T' KILL ME!!

VERY APT TO!!

MAH TWO ARMS IS TH EQUAL O' YO THREE MR. ARMSTRONG—BUT OH!! THAT FOURTH ARM—GULD!!

PEARLY GATES OPEN WIDE!!

THE NEBBES



WHY DO I HAVE TO DIET? I WANT EXERCISE REMOVE WEIGHT?

EXERCISE HELPS BUT YOU GOTTA CUT DOWN ON YOUR INTAKE

HERE'S YOUR DIET LIST—LOOK IT OVER

I'M AFRAID SHELL OVER LOOK IT AT MEAL TIME!

YOU BETTER KEEP AN EYE ON HER, MR. NEBB

THAT WONT BE NECESSARY...

I NEVER START ANYTHING I CAN'T FINISH

IF YOU'RE REFERRING TO EDIBLES YOU ARENT FOOLING!

Cecil Chase Wins Army Commission

Cecil L. Chase, son of Mr. and Mrs. C. C. Chase, Route 4, box 46C, was commissioned a 2nd lieutenant following his graduation December 9 as a navigator, at the Hondo, Texas, field, according to word received here.

There were 81,340 peach-bearing acres in California in 1943.

Li. Chase, who is now taking radar training at Victorville, Calif., entered the army July 24, 1943. He is a graduate of Medford high school.

KYLE'S RESTAURANT

CHICKEN AND STEAK DINNERS
Open 8 p. m. to 2 a. m.
Phone Central Point 472 for reservations. On the Pacific Highway at Central Point. Out of Bounds for Service People

BEAUTIFUL—ROGUE RIVER LODGE

Will Close Dec. 23-24-25. Make Reservations NOW for New Years Eve! On Crater Lake Highway Near Trail Telephone Trail 1404

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

1-Down	2-Down	3-Down	4-Down	5-Down	6-Down	7-Down	8-Down	9-Down	10-Down
1-Down	2-Down	3-Down	4-Down	5-Down	6-Down	7-Down	8-Down	9-Down	10-Down
1-Down	2-Down	3-Down	4-Down	5-Down	6-Down	7-Down	8-Down	9-Down	10-Down
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1-Down	2-Down	3-Down	4-Down	5-Down	6-Down	7-Down	8-Down	9-Down	10-Down

1-Down: 1-Hollow, 2-Entanglements, 3-Barium (symbol), 4-Seed, 5-Tail grass, 6-Way to serve ice cream, 7-Ugly woman, 8-Becomes aware, 9-Spooky, 10-Attack, 11-Headache, 12-Apple, 13-Space, 14-Oval, 15-Christmas tree ornaments, 16-City of Light, 17-Ugly woman, 18-Obtained, 19-Boy, 20-Stairway post, 21-Grate, 22-Grate, 23-Woman's shawl, 24-Preparation for publication, 25-Arouses, 26-Headache (abbr.), 27-Compas potter, 28-Headache (abbr.), 29-For example (abbr.), 30-Mother.

THE NEBBES



WHY DO I HAVE TO DIET? I WANT EXERCISE REMOVE WEIGHT?

EXERCISE HELPS BUT YOU GOTTA CUT DOWN ON YOUR INTAKE

HERE'S YOUR DIET LIST—LOOK IT OVER

I'M AFRAID SHELL OVER LOOK IT AT MEAL TIME!

YOU BETTER KEEP AN EYE ON HER, MR. NEBB

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