

Your Health and Its Care

BY DR. WILLIAM BRADY, M. D. Readers should address inquiries to: Dr. William Brady 285 El Camino, Beverly Hills Calif.

STRUCTURE AND GROWTH OF HAIR

The hair is a modification of the projection from or derivative of the epidermis. The hair is fed or nourished, therefore, just as the nails and the skin are. All of these epidermal structures are influenced by the general nutritional condition and the hair and the nails are subject to the same nutritional influence as that which determines the condition, growth and health of the skin.

The hair shaft is not hollow and does not "bleed" when cut, the hair being nourished through its root. The root is embedded in the cuplike depressions in the skin called follicles, are supplied with arteries and veins.

The hair roots and follicles are mostly oblique (slanting) in reference to the surface—except the coarse hairs in ear canals, nostrils and edges of eyelids (ashes) which are perpendicular. The hairs on the head and over the body surface generally have minute muscles attached to their slanting shafts. When these muscles (called arrectores pilorum) contract under the stimulus of cold or fright, they make the hairs stand out or "on end". This gives the skin surfaces where the hairs are almost invisible fine down the appearance of "gooseflesh" (cutis anserina).

The obliquity of the hair of head, beard and entire body (hair covers the entire body surface except palms, soles, prepuce and labial surfaces and backs of terminal phalanges of fingers and toes) follows a constant pattern of whorls, from the crown of the head toward the left behind and around toward the right in front, as a man who shaves himself is well aware. On the backs of the hands and arms and the legs and feet the hairs slant outward, likewise on the backs of the fingers and toes.

When a hair on body or head, an eyebrow or an eyelash is epil-

Robert G. Ivanhoe was one of 191 Wacs to receive a good conduct medal at a recent ceremony in Paris.

A news dispatch from Italy states that Lt. Robert G. Brown, co-pilot in a heavy bomber group, has been awarded the distinguished badge.

The mail situation came in for publicity this week. A letter from Arnold Hofmann, army engineer in France, told of seeing mail bags stacked eight and ten feet deep over acres of space.

Sgt. Royal E. Gleason, signal corps, is now in the Philippines and writes that he has talked to many men of the 96th division who trained at Camp White before going overseas.

Sgt. Walter E. Carroll, wounded in the battle of Belgium, has been awarded the purple heart. He has recovered and is now in the combat zone in Germany.

Pfc. Robert Kyle, Jr., now in France, writes that he recently visited Marseilles and that he found the French people "kind and generous."

Lt. Col. Fred Green, recently wounded during the Leyte campaign, is now back on duty. Theodore Earl Yorton, S. 1/c, is listed as missing in action. His brother, Bryan, a pharmacist's mate, for an LST boat.

Cpl. Charles P. Johnson, wounded last August in Europe, is now at Fitzsimmons hospital in Denver, Colo. First Lt. Aaron J. Ayres has returned from duty in Europe and is attending instructors' school at Randolph Field.

Others home after overseas duty are Max E. Geer, ship's cook first class, who has been in the South Pacific; E. A. B. Glad, chief boatswain's mate, also from the South Pacific; Robert C. Vincent, FC3c, who last saw in the Philippines; Sgt. Frederick Royce, who has been on duty in the Southwest Pacific with the Fifth AAF; Sgt. Tom Fay, home after three years in the South Pacific.

Four Medford men were recently commissioned ensigns in the navy, Sam Young, Manfred I. Douglas, James F. Hickman, and Donald Shanahan all received their commissions at Northwestern university.

Ruth Ellen Nutter, Sic in the Waves, is one of four to be selected from naval air bases for overseas duty.

Honorable mention awards were given to Blehn, and Perkins, Klamath Falls, and Moser, Grants Pass, all back.

Medford opened basketball practice Tuesday night with 35 players reporting. Opening game is with North Bend here Dec. 22 and 23. The Tornado plays Albany there Dec. 28 and Salem there Dec. 29 and 30. Conference season opens with Ashland here Jan. 5.

Commemorating the anniversary of Pearl Harbor day, the county Red Cross yesterday held open house with exhibits, demonstrations and special meetings. The hundreds of visitors left articles to be wrapped as gifts for servicemen who will be on the seas Christmas day.

About 100 relatives of servicemen who have died in the present war attended a special memorial service held at Camp White post chapel Sunday. Similar services were held in all sections of the Ninth Service command area.

The annual meeting of Crater Lake area, Boy Scouts, was held here Sunday and during a Court of Honor an Eagle Scout badge was presented to Mrs. Irwin Doty for her husband, now in the navy. Silver Beavers were awarded to Eugene Thorndike and Col. W. H. Payne.

From the far Pacific a news dispatch states that Lt. Ibsen Nelson has been awarded a bronze star for "conspicuous valor on the field of battle." He is serving with the famed 41st Infantry division. M. Sgt. John P. Burch has been commended by his commanding officer for excellent performance of duty with a group in France and Cpl.

Jack Smith Brody and James Tucker have both enlisted in the naval reserve and are awaiting orders while Pvt. William Joseph Williams has arrived at Camp Wolters for infantry training.

A son was born Nov. 24 in Portland to Lt. (jg) and Mrs. T. H. Gleason. The lieutenant came west from Quonset Point, R. I., to visit his wife and son.

The engagement of Jean Friderger to Lt. John William McKenzie of Milwaukee, Wis., has been announced. Miss Friderger is studying at New York university and the lieutenant is in the Philippines with the 96th division.

The wedding of Frances Ana Young of Newton, Ala., to Staff Sgt. Thomas William Harvey took place Nov. 11 and that of Mildred Lawson to William R. Cowan was held Oct. 23. The groom is stationed at Treasure Island as an x-ray technician.

On the Radio Chain

- STATIONS: Chain affiliation and where they are... KALA (CBS) 1330, Portland. KBO (NBC-Blue) 1190, Portland. KGA (NBC-Blue and MBS) 1510, Spokane. KGO (NBC-Blue) 810, San Francisco. KGW (NBC-Red), 630, Portland. KJB (NBC-Blue) 1090, Seattle. KOA (NBC-Red) 850, Denver. KOIN (CBS) 970, Portland. KOMO (NBC-Red) 850, Seattle. KPO (NBC-Red) 680, San Francisco. KSL (CBS) 1160, Salt Lake City.

- Friday: 5:00 p. m.—Terry and Pirates, BN. 6:00 p. m.—Dick Tracy, BN; Superman, MBS. 7:00 p. m.—Jack Armstrong, BN; Harry W. Flannery, news, CBS; Adventures of Tom Mix, NBC; Commentator, NBC; Capt. Midnight, BN; Night News Wire, MBS; News, CBS. 8:30 p. m.—People Are Funny, NBC; Gabriel Heatter, MBS; Serenade, BN. 9:30 p. m.—Screen Test, MBS. 10:00 p. m.—News, NBC; That Brewster Boy, CBS; Double or Nothing, MBS. 11:00 p. m.—A. M. O. A. N. D. Y., NBC; Durand and Moore, CBS; Dale Carnegie, MBS. 11:30 p. m.—Lowell Thomas, MBS; Ted Malone, BN.

- Saturday: 5:00 p. m.—Youth on Parade, CBS; Know Your Symphony, NBC. 6:00 p. m.—News, CBS; Elmer Peterson, NBC. 6:30 p. m.—Barn Dance, NBC; This Is My Party, CBS; Barry Wood, NBC. 7:30 p. m.—Spotlight Bands, BN. 8:45 p. m.—Saturday Serenade, CBS. 9:00 p. m.—Guy Lombardo Orch., BN; Patry Kelly, NBC. 9:15 p. m.—Remember, BN; Mayor of the Town, CBS; Barry Wood, NBC. 9:30 p. m.—Three Suns Trio, NBC; News, BN. 9:45 p. m.—Don't You Believe It, CBS; Lee Simms, pianist, NBC. 10:00 p. m.—News, NBC; Music by Gill, BN. 10:30 p. m.—Henri Busse Orch., CBS; 11:00 p. m.—News, NBC; This Moving World, BN. 11:45 p. m.—On all night, BN.

Merchandise Seen Delivered Via Air

Fort Wayne, Ind.—(U.P.)—Merchandise will be delivered by air in the not too distant future, according to T. B. Johnson, delivery superintendent of Marshall Field & Co., Chicago.

FREE ESTIMATE

Body and Fender Repairs Complete and Painting. We repair your fenders and make your car LOOK LIKE NEW. Good Work—Good Service Let Us Do It Now. Jackson St. Garage 120 E. Jackson Street

ZERO CLUB

Out of bounds, civilians only. Delicious chicken and steak dinners 7:00 p. m., 3 a. m. except Sunday. Phone day time 5300; night 9101.

CHRISTMAS WRAPPING

BUY A CALENDAR FOR MOTHER'S PRESENT. LABORIOUSLY TIES IT UP IN CHRISTMAS WRAPPINGS. UNWRAPS IT TO SHOW TO MEMBERS OF THE FAMILY. AFTER EACH UNWRAPPING TIES IT UP AGAIN, A LITTLE LESS NEATLY EACH TIME. UNWRAPS IT AGAIN TO MAKE SURE THAT PRICE TAG IS OFF. WRAPS IT UP AGAIN. BUT UNWRAPS AND ADMIRES IT TWO OR THREE TIMES A DAY TILL CHRISTMAS.

Bluebird Offers No Objection To Mail

Redmond, Ore.—(U.P.)—A pair of bluebirds who chose a mailbox for their home this last spring apparently do not mind sharing their abode with the family mail.

BEAUTIFUL—ROGUE RIVER LODGE IS NOW OPEN

Delicious Dinners Cocktail Lounge Dancing. On Crater Lake Highway Near Trail Telephone TRAIL 1404.

Chalker's Motel & Lodge OFFICERS' CLUB

Dine-Dance Refreshments Chicken and Steak Dinners Most Comfortable Place in Ore. CLOSED MONDAYS Thursdays Private Parties Only—For Reservations Ph Gold Hill 674

STRANGE AS IT SEEMS By ERNEST HIX



Bluebird Offers No Objection To Mail. Redmond, Ore.—(U.P.)—A pair of bluebirds who chose a mailbox for their home this last spring apparently do not mind sharing their abode with the family mail. The mailbox, owned by Mr. and Mrs. R. R. Thompson, already has yielded one brood this season, and the mother now is hatching a second. When the rural mail carrier places the Thompson mail in the box, the mother bird cocks her head to one side and allows the letters to be deposited in the rear of the box. An estimated 31,000,000 wild ducks entered California in 1943.

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STRANGE AS IT SEEMS By ERNEST HIX. A cartoon illustration showing a man in a military uniform looking at a document. The document has handwritten notes and a signature. The man is looking thoughtful and slightly concerned.

KYLE'S RESTAURANT CHICKEN AND STEAK DINNERS. Open 6 p. m. to 2 a. m. Phone Central Point 472 for reservations. On the Pacific Highway at Central Point Out of Bounds for Service People.

Crossword Puzzle. ANSWER TO PREVIOUS PUZZLE. ACROSS: 1—Hanging shoes, 2—Tremble, 3—Strip of cloth, 4—Self, 5—Valley, 6—Russian Tear, 7—Towel, 8—Walker, 9—Tee, 10—Employ, 11—Creek letter, 12—Metal fastener, 13—Not active, 14—First man.

Crossword Puzzle grid with clues. DOWN: 1—Hangs down, 2—Sword handle, 3—German river, 4—Final revelation, 5—Steps over fence, 6—Edge of roof, 7—One who can, 8—Ornate coin, 9—Sound of bell, 10—Protective shield, 11—Mounted game, 12—U. S. invasion, 13—Man from Dows, 14—Under, 15—Lies, 16—Strike, 17—Dir's name, 18—Large cistern, 19—Edible seed, 20—Man's name, 21—Blood vessel, 22—Optic organ, 23—The Fr., 24—Roof covering, 25—Tatter, 26—Follow closely, 27—Custard, 28—House, 29—Dot, 30—Together with, 31—Propriet, 32—Flat island, 33—Circle.

ON THE HOME FRONT

News From Jackson County for Men in the Armed Services

The Mail Tribune suggests you clip and mail this news roundup to a relative or friend in service.

Dear _____

Medford high school's Black Tornado won the state high school football championship when they defeated LaGrande 14 to 0 at Multnomah Stadium in Portland December 2.

Glen Bostwick scored the first touchdown with a 79 yard run-back of an intercepted pass and Marvin Doty scored the second one when he took a lateral pass from Jerry Clark and galloped 15 yards.

Medford placed eight players on the annual Medford Mail Tribune All-Conference team. Those making the mythical squad were ends, Riggs and Plaskett, Medford; tackles, Sheldon, Medford, and Long, Klamath Falls; guards, Cahill, Medford, and Wirth, Klamath Falls; center, Cave, Medford, and backfield, Watson, Bostwick and Doty, Medford, and Lutz, Grants Pass.

Second team honors went to Ausland, Grants Pass, and Thurman, Klamath Falls, ends; Peterson, Ashland, and Besonette, Medford, tackles; Wilson, Klamath Falls, and Porter, Medford, and Richards, Grants Pass (tie), guards; Vanderhoff, Klamath Falls, and Riebel, Grants Pass (tie) centers; Samuelson and Jandreau, Ashland, Clark, Med-

Try This New Amazing Cough Mixture

An Outstanding Success—In Canada—Made in U.S.A. Great for Bronchial Coughs or Throat Irritations Due to Cold. The kind of all cough medicines for coughs or bronchial irritations resulting from colds in cold winter Canada is Buckley's CANADIAN Mixture. Part working—triple acting Buckley's Mixture quickly loosens and raises phlegm lodged in the tubes—clears air passages—moistens raw tissues, one or two sips will soothe coughing spasms—ease you get results fast. You feel the effect of Buckley's instantly. A compounded from rare Canadian Pine Balsam and other soothing healing ingredients Buckley's CANADIAN Mixture is different from anything you ever tried—all medicinal—no syrup, get a bottle today at any good drug store. Satisfaction guaranteed or money back. Health's Drug Store Western Thrift Walcott East Side Pharmacy.

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BARNEY GOOGLE and SNUFFY SMITH



BUZ SAWYER



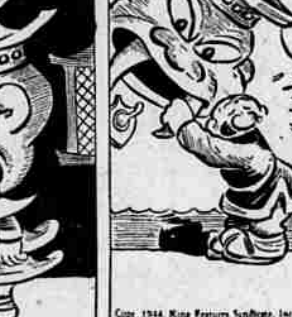
BLONDIE



THE NEBBS



WHEW!!



A VISITOR TO SEE YOU.



HEEEEE AMOUSE!



HEY, STRANGER??



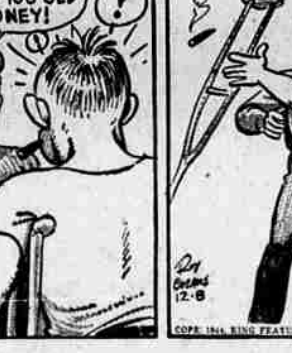
HOLD ON, PAPPY??



IF I DON'T GIT OUT O'



HELLO, YOU OLD GOONEY!



GEE WHIZ! WHY ARE WOMEN SO AFRAID OF A LITTLE BITT' MOUSE?



WE IS R-POW'FUL HIGH UP??



ALL TH'YOKING IS A-TEARIN' OFF



SNET VO' MUG!!



TH' NOISE IS SO LOUD THEY CAN'T HEAR US??



WHAT MAKES YOU THINK I'M ABLE TO?



WELL, HOW DO YOU FEEL?



I'M NOT SURE EITHER THE PAINS ARE GONE OR I'M TOO NUMB TO FEEL 'EM!

