Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.

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EVERYBOD Y'S MECCA

A reader writes, I am 65 years old and I have had chronic bronchitis—

Dr Brady

Perhaps it is ill-bred to interrupt like this, but as I was brought up in a sawmill it is only in the last few years that I have acquired any urbanity to speak of, and I thought it might be of more interest to some of you if we mentioned here that familiar names for chronic bronchitis are "winter cough" and "bronchial catarrh", or even—but, no, I hate to think the dumbest reader of this column is so blankety-blanked dumb as to call it you know-what on the chest—that's out.

I have had chronic bronchitis for years but recent examination of chest shows no activity. Believe the present condition is called bronchiectasis—

Hang onto your hats, folks, we're off again. Bronchiectasis is dilatation or expansion or ballooning of one or more of the bronchial tubes.

I have to live in a dry climate to enjoy any degree of comfort—

That's the hellovit—the quest for a dry climate, I mean. There are about 125,000,000 invalids, near-invalids and molly-coddles in the United States, I estimate, who descend on the elusive dry climate like a swarm of locusts if any one ever discovers such a climate.

Believe it or not, the correspondent lived in Mecca when he asked for directions to the nearest dry climate. Not Mecca, Arabia, but even a drier, healthier Mecca, near Bagdad, in the Mojave desert, Southern California. He mentions having resided for short periods in Los Angeles, Banning, Desert Center, Death Valley Junction and Mecca.

Have been afflicted with right middle ear infection since childhood, and more or less throat and sinus trouble (I used to cal it catarrh). Had tonsils and adenoids removed many years ago.

The correspondent, like those 124,999,999 other misguided ones, now seeks an equable, dry climate.

There may be such a climate in the next world, but I believe it makes no difference in what part of North America an invalid or a healthy person lives. The only thing that matters is this: how much of the time do you live outdoors? How much exposure to direct or indirect sunshine (daylight) do you have?

QUESTIONS AND ANSWERS

Potential Diabetic

My mother's sister has diabetes and her father had it. Does that make me more liabie to get it or is there anything I can do to prevent it from developing? (G. F. E.)

Answer—Yes. Diabetes is hereditary, not directly, but the potentiality or tendency is inherited, more often from a grandparent, the parent carrying the tendency in recessive form, but perhaps not having diabetes himself or herself. Dr. Joslin estimates that nearly 25 per cent of the entire population of the U. S. are now carriers of the tendency and may pass it on to children.

Preparing for Maternity

Please send me a copy of "Childbirth Without Fear" by Grantly Dick Read, M. A., Harper & Bros. (Mrs. G. A. O.)

Answer—I'm sorry, I can't do so. But I do recommend the book to any woman who expects a baby. It should be available in your public library, or any book dealer can sell you a copy for $2.75. All I can send the prospective mother are the booklets "Preparing for Maternity" (10 cents) and "The Brady Baby Book" (10 cents)—if you want these inclose also a stamped envelope bearing your address—service men or their wives need send only a stamped self-addressed envelope for the two booklets.

Young Folks and Old Folks

When will that promised book "The Forgotten People" be ready? (M. H.)

Answer—By Christmas, I hope. Meanwhile send stamped pre-addressed envelope for pamphlet "Young Folks and Old Folks."

(Copyright, 1944, by John F. Dille Co.)

Famous Stage Hit On Screen

Priscilla Lane gives Cary Grant a good swift kick when she finds out there's insanity in his family in "Arsenic and Old Lace" starting Sunday at the Craterian.

Olive Barber's Observations

• • •

Probably because the majority of women are good sports and straight shooters, most men are easily victimized by the few who are not. The average woman recognizes the technique of these latter, though scorning to make use of it herself. Nor can she see these feminine behaviours objectively, with cool detachment. Unreasonably, she gets furious at the victim rather than at the ones who do the victimizing. "Why can't the idiot see he's being took?" is her reaction.

One never failing way to take a man for a cleaning is by pulling the gag, "Poor little me is so alone in this big bad world! Everyone is against me and I can't see why, for all I ask of life is to be loved and understood."

Now an older man deserves what he gets when he falls for that line but I don't like the reports I hear of how the boys in the service fall for it. These boys are geared to a highly emotional state where ideals of patriotism and chivalry are apt to get mixed up. So when a girl pulls the old "poor little me" line, the lad takes up the cudgels for oppressed womanhood and marries her. One case I know of, the girl worked the unfeeling parent angle the first time, left the boy, then worked the deserting husband line the next. What her next approach will be remains to be seen.

Another feminine behaviour, though much rarer than that I've just described, has convinced me that of the sexes, man and not woman is the more illogical in his thinking. A girl will say, as if it sets her apart and makes her pleasingly different, "I'm a man's type of woman. I like to be with men much better than I do women. Other women get on my nerves. They gossip and are interested only in silly things. I understand men and they understand me. Guess I'm just different."

Phooey to you, my girl! It's just your version of the good old biological approach. But I have to admit that sometimes it works. Yet let a man try that angle with women and he'd not get to first base.

Imagine a man saying to a woman, "I'm a woman's type of man. I like to be with women much better than I do men. Other men get on my nerves. They swear and are interested in such coarse rough things. I understand women and they understand me. Guess I'm just different." Well, would the women set a man like that back on his heels?

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BATTALION FROM CAMP WHITE GETS CITATION AWARD

Camp White, Ore.—A presidential citation for outstanding performance of duty on the Normandy beachheads has been given the 299th engineer combat battalion, activated and trained at Camp White, it was learned today at post headquarters.

The citation, as carried in a war department general order, reads:

"The 299th engineer combat battalion is cited for outstanding performance of duty in action. The 299th engineer combat battalion, as part of a special engineer demolition task forse, was attached to the 1st United States infantry division for the assault, with the mission of clearing the beach obstacles within the tidal range of the beach from the vicinity of Vierville-sur-Mer to Colleville-sur-Mer, Normandy, France.

"The battalion was organized into eight assault demolition teams, four support demolition teams and a command. Each demolition team was landed in an LCM at 0633, 6 June, 1944, and was equipped with a ton of explosives and accessories, all of which were hand carried.

"Because of the rising tide it was necessary to execute the demolition of the outer (seaward) obstacles within 30 minutes after landing. The battalion was equipped with tank dozers, 60 per cent of which did not reach the beach in operating condition. The demolition teams worked from 0633 to approximately 1330 under extremely heavy enemy fire, both artillery and small arms fire until approximately 1600, 7 June, 1944.

"The operation was further complicated because the infantry and other troops were within the danger radius of obstacle demolition. The battalion worked with little food or rest until 9 June, 1944, suffering approximately 33 per cent casualties. It was necessary, in at least four instances, for teams to interrupt their work and attack enemy sniper positions in the hills.

"The mission of the battalion was completed under extremely difficult and hazardous conditions which required extraordinary heroism and determination on the part of each individual.

"The esprit de corps of the 299th engineer combat battalion exhibited in this action is worthy of the highest praise."

The 299th was activated at Camp White in March, 1944, and went through basic training at this camp. In July, 1943, the battalion went on maneuvers in the Oregon maneuver ground, remaining under the jurisdiction of Camp White until the end of the maneuver period in October, 1943, when it moved to Ft. Lewis, Wash.

WEATHER

Northern California — Clear today and tonight; increasing cloudiness north portion Saturday. Slightly cooler southern part today and generally tonight with frost.

On the Radio Chain

STATIONS:

Chain affiliation and where they are on the dial:

KALE (CBS) 1330, Portland; KEX (NBC-Blue) 1190, Portland; KGA (NBC-Blue and MBS) 1510, Spokane; KGO (NBC-Blue) 810, San Francisco; KGW (NBC-Red), 620, Portland; KJR (NBC-Blue) 1000, Seattle; KNX (CBS) 1070, Los Angeles; KOA (NBC-Red) 850, Denver; KOIN (CBS) 970, Portland; KOMO (NBC-Red) 950, Seattle; KPO (NBC-Red) 680, San Francisco; KSL (CBS) 1160, Salt Lake City.

Time Shown Is PWT

Friday

5:00 p. m.—Terry and Pirates, BN; OK for Release, NBC.
5:15 p. m.—Dick Tracy, BN; Superman, MBS
5:30 p. m.—Jack Armstrong, BN; Harry W. Flannery news, CBS; Adventures of Tom Mix, MBS
5:45 p. m.—Elmer Peterson, Commentator, NBC; Capt. Midnight, BN; Night News Wire, MBS; News, CBS
6:00 p. m.—Waltz Time, NBC; Gabriel Heatter, MBS; Serenade, BN.
6:15 p. m.—Screen Test, MBS
6:30 p. m.—People Are Funny NBC; That Brewster Boy, CBS; Double or Nothing, MBS.
7:00 p. m.—People Are Funny Amos Andy NBC (Burnte and Moore CBS; Dale Carnegie, MBS
7:15 p. m.—Lowell Thomas, MBS; Ted Malone, BN
7:30 p. m.—Stage Door Canteen, CBS; Lone Ranger, MBS
8:00 p. m.—Music Shop, NBC; Fights, MBS.
8:15 p. m.—The Parker Family BN; Press Club CBS
8:30 p. m.—Duffy's Tavern, NBC; Gang Busters, BN; It Pays to Be Ignorant CBS
9:00 p. m.—Furlough Fun, NBC; News, MBS; Aldrich Family, CBS
9:30 p. m.—Fulton Lewis Jr. MBS; Adventures of Thin Man, CBS
10:00 p. m.—News, NBC; Five Star Final, CBS.
11:00 p. m.—Concert Hour, BN.
11:45 p. m.—On all night, BN.

Saturday

5:00 p. m.—Youth on Parade, CBS.
5:30 p. m.—Know Your Symphony NBC; Music, MBS.
5:45 p. m.—News, CBS; Elmer Peterson, NBC.
6:00 p. m.—Barn Dance, NBC; This is My Story CBS
6:30 p. m.—Spotlight Bands, BN.
6:45 p. m.—Saturday Serenade CBS
7:00 p. m.—Guy Lombardo Orch. BN
7:15 p. m.—Remember BN; Mayor of the Town, CBS; Barry Wood, NBC.
7:30 p. m.—Grand Ol Opry, NBC; Red Ryder, MBS.
8 p. m.—Early American Music, BN; America in the Air, CBS.
8:30 p. m.—Rudy Vallee, NBC; Inner Sanctum, CBS; Leland Stowe, BN.
9:00 p. m.—Music From Hollywood BN; Hit Parade CBS, News MBS
9:15 p. m.—Dream Boat MBS
9:30 p. m.—Three Suns Trio, NBC; News, BN
9:45 p. m.—Don't You Believe It, CBS; Lee Simms pianist, NBC.
10:00 p. m.—News, NBC; Music by Gill, BN
10:30 p. m.—Henri Busse Orch., CBS.
11:00 p. m.—Henri Busse Orch., CBS; This Moving World, BN.
11:45 p. m.—On all night, BN

G.I. Marksmen Get Breakfast In Bed

Fort Lewis, Wash., Nov. 24—(U.P.)—Army tradition cracked wide open when two physically-fit G. I.'s sat in bed and regally munched their breakfasts.

The whole procedure carried official sanction from Fort Lewis authorities. The soldiers—Pfc. William T. Hardison, Bisbee, Ariz., and Pvt. Roy Shartzer, San Bernardino, Cal., earned the special service* by topping their platoon in M-1 rifle firing competition.

ASSOCIATED

FOOTBALL SPORTCAST

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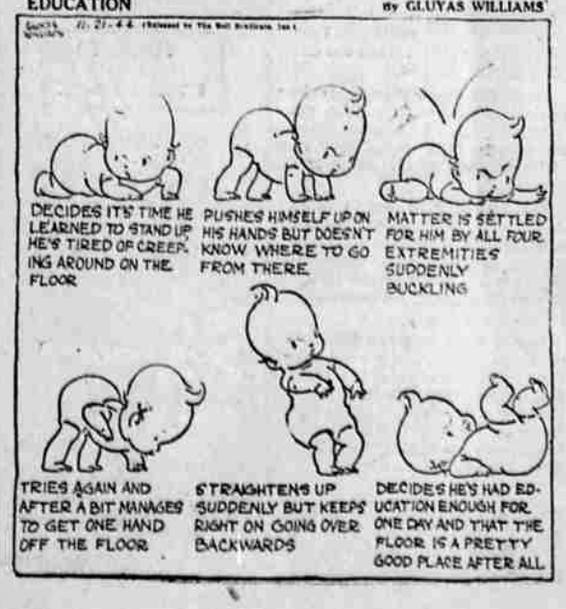

McKENNA EDGES OUT LYNCH FOR SENATE

Portland, Ore., Nov. 24—(U.P.)—State Senator Coe McKenna of Portland today was officially reelected by 69 votes over J. J. (Jack) Lynch of Portland, reversing Lynch's unofficial victory and possibly affecting the election of a president of the senate.

McKenna is the senior Republican in the Multnomah county delegation and announced he would become a candidate for the senate presidency. Previously, Sen. Howard Belton of Clackamas county had lined up more than enough pledges to be elected but friends of McKenna hoped the new election development would reopen the race.

Mistakes made by election boards gave McKenna the final victory.

Requirements for industrial alcohol for 1944 for all war purposes are estimated at 614,000,000 gallons by the rubber director.

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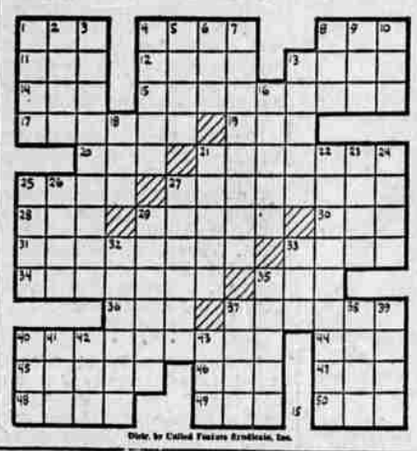
STRANGE AS IT SEEMS By ERNEST HIX

Crossword Puzzle



ACROSS

1—Kiln
4—Froth
8—A constellation
11—Mr. Babs
12—Heraldic bearing
13—Class of birds
14—Kind of cap
15—Preparedness
17—Wastes
19—Anger
20—It is (cont.)
21—He found Livingston
23—Water about castle
27—Smashes to bits
28—Globe
29—Sudden rainstorm
30—Peer Gynt's mother
31—Kin
33—Mimic
34—Raise up
35—Some
36—Took food
37—Is that so!
40—Riding horseback
44—Part of "to be"
45—Genus of olives (pl.)
46—Southern general
47—Narrow inlet
48—Horned animal
49—Irish Neptune
50—Heartsick

DOWN

1—Horse food
2—Strike
3—Train schedule
4—Shallow places
5—Mineral earths
6—Wing
7—Pertaining to Thine
8—Hail!
9—Things (L.)
10—Fool
13—In regard to
16—Furious
18—Louse egg
21—Take off whiskers
22—Times when girls propose
23—Gaelic
24—Belgian river
25—Additional
26—Russian city
27—One who seeks revenge
29—Elements of our Union
32—Manifestation (Hindu myth.)
33—Conjunction
35—Provoke
37—Arrow poison
38—Silkworm
39—Lifeless
40—Food fish
41—Beverage
42—Born
43—Ailing

ANSWER TO PREVIOUS PUZZLE

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