

Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.

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OUR READERS CONDUCT THE COLUMN

Years ago you said the term "self addressed envelope" was incorrect, for of course the envelope does not address itself. I have roamed about mentally for a word to take the place of self-addressed, and have finally come upon "pre-addressed", which, as I see it, would do the work, without being open to dispute or misunderstanding. (A. D. B.)

It impressed me, too, but still I'm afraid to try it without offering this explanation first. Readers have an infinite capacity for misunderstanding—and if I mull it over time and again and finally release it for printing with every assurance that it will appear as written, there is still the hazard of a misprint. "Pre-addressed" suits well enough, but we'll have to break it gently.

Now here is a round robin (three signatures) which, I suspect, is the work of a student of dentistry or perhaps a dentist. Although three names are signed, they are all in the same handwriting.

Be that as it may, the letter raises a subtle question: "In your article . . . you said 'These are authorities to whom I refer dentists or doctors.' . . . 'Do you mean by this statement that dentists aren't doctors? After all, dentists are qualified as much as physicians to be called doctors. Don't you realize that both medical men and dental men receive a minimum of six years of training in their respective schools, at the end of which time they receive a doctor's degree?'"

"We realize it is really a grammatical error, but it has a degrading effect on the dental profession in that it implies that dentists are not doctors."

ADULT LEADERS NEEDED IN GIRL SCOUT PROGRAM

More than 50 adult leaders are needed this year to carry on the greatly expanded Girl Scout program in Medford, according to Mrs. John Larwood, chairman of the organization committee of the Medford Girl Scout Council.

"Girl Scout national membership has been boosted from 671,000 at the time of Pearl Harbor to more than a million today," Mrs. Larwood stated. "Interest in Scouting in Medford and outlying districts in Jackson county would almost double our membership in the organization if adequate leadership could be obtained. Many more women are needed to help the girls continue their Scout training."

Training Given
Explaining that volunteers are given the training necessary to Girl Scout leadership, Mrs. Larwood said that any woman over 21, with a liking for youngsters, a strong belief in democracy and two or three hours a week to give to activities outside her home is eligible as a troop leader.

"Women who have worked in Girl Scouting through the war years have found great satisfaction in doing their share on the 'youth front,'" she said. "Those who enter Scouting now, when all of the plans and possibilities for post-war activities are being explored, will find the chances for important national service even greater. The end of the war won't see the end of the problems which have put young people into the headlines too often."

Need Help Now
Mrs. Larwood pointed out that as the emergency war services relax, many women who have received valuable training and experience, will have time to look for opportunities for putting their energy and skill to good use. "Who needs them more than the girls who will be tomorrow's citizens?" she asked. "But girls can't wait to grow up until their mothers, sisters,

You should have said dentists or physicians. Are we not correct?"

(Signed) G. P. R. V. T. R. H. B.

You are right. Else it would not be Homer. But answer me this, son. Whenever in an emergency there is a call for a doctor do you or does any one have the slightest doubt what doctor means?

More than that. I have now relinquished and abandoned the attempt to persuade dentists to use that unmentionable trade name I proposed for or not I was ashamed and embarrassed when, in revising the booklet "Save Your Teeth" I found that name on nearly every page.

Now I hope dentists everywhere will send me a pre-addressed stamped envelope so that I may send them a copy of the revised booklet. Physicians, too. Others who want that booklet must send 25 cents and pre-addressed stamped envelope.

QUESTIONS & ANSWERS

Bowed Legs
Can bowed legs be made straight by any exercise, massage, corrective apparatus? If so, will you please tell us about it. (P. E.)

Answer—Massage, or exercise, such as pushing a velocipede, tricycle, etc., and active outdoor play, may tend to correct bowing in a child under six years of age. Only possible correction for older person is operation on the bones—about which consult your physician or the orthopedic surgeon he recommends.

Vitamin and Pyloric Stenosis
Some time ago you had an article about the relation of vitamin intake of expectant mother to pyloric stenosis in the newborn infant.

Answer—Dr. C. Ulysses Moore reported in 1932 that experimental and clinical observations indicated that vitamin B-complex deficiency in the expectant mother's diet made the newborn baby more likely to have pyloric stenosis. That is one reason why, in the booklet "Preparing for Maternity," I urge that the prospective mother's diet should be supplemented by a good daily ration of vitamin B-complex. For copy of booklet send ten cents and stamped pre-addressed envelope. If you would like also a copy of the Brady Baby Book, include an additional ten cents for it—but no clippings, please.

Bowed Milk
Does cow's milk lose any of its nutritional value when boiled? (V. S.) **Answer**—In my opinion, no. (Copyright 1944, John F. Dille Co.)

To Enroll Leaders
Mrs. Larwood announced that before the year is out, special effort will be made to enroll at least 50 women as leaders and assistant leaders of Girl Scout troops. She invited all women who are interested in learning more about opportunities for service in Girl Scouting to call at or phone the Girl Scout office at 500 East Main.

Sgt. Eads Writes About Landing On Philippine Beach

A letter recently received here from Sgt. Johnnie Eads, from somewhere in the Philippines, gave a short account of initial landings on the islands. Sgt. Eads wrote that it was "rough and miserable in places—the whole show simply staggers the imagination."

The sergeant's letter went on to say he experienced "plenty of thrills" when he heard the beach, near enough to be within range of Japanese artillery and mortar fire. Sgt. Eads wrote that at times during the landings they fairly waded through small arms fire.

He inclosed three pieces of Japanese invasion money in denominations of five, ten and 50 centavos.

His mother, Mrs. Susan K. Eads, resides at 29 Kenwood and his wife lives at 729 W. Second.

ADVISED TO 'MAKE FACES'
Orlando, Fla.—(U.S.)—A booklet issued here tells fliers at the army air forces tactical training center here to make faces if forced down in the Arctic—helps to keep from freezing.

Passenger automobiles in the U. S. are being scrapped or stored at the rate of 1,500,000 per year, the Office of Defense Transportation estimated.

On the Radio Chains

Chain affiliation and where they are on the dial:

KALB (MBS) 1330, Portland.
KR (NBC-Blue) 1190, Portland.
KOA (NBC-Blue & MBS) 1510, Spokane; **KGO (NBC-Blue)** 810, San Francisco; **KJW (NBC-Red)** 820, Portland; **KJH (NBC-Blue)** 1000, Seattle; **KNA (CBS)** 1070, Los Angeles; **KOA (NBC-Red)** 850, Denver; **KJHN (CBS)** 970, Portland; **KOMO (NBC-Red)** 860, Seattle; **KPO (NBC-Red)** 880, San Francisco; **KSL (CBS)** 1160, Salt Lake City.

Time shown is PWT

Sunday
5:00 p. m.—Charlie McCarthy, NBC; News, CBS; Mediation Board, MBS.
5:30 p. m.—The Man's Family, NBC; Rhythm Inn, CBS; Joe E. Brown, BN.
5:45 p. m.—Gabriel Heatter, NBC.
6:00 p. m.—Merry Go-Round, NBC; Walter Winchell, BN; Radio Reader's Digest, CBS; Steel Horizons, MBS.
6:15 p. m.—Gladiolus, MBS.
6:30 p. m.—American Album Family, CBS.
6:45 p. m.—Jimmie Fidler, BN.
7:00 p. m.—Pres. Roosevelt, NBC; Good Hour, MBS.
7:30 p. m.—Fannie Brice, CBS; Keep Up With the World, BN.
8:00 p. m.—Greenfield Village Choir, BN; Crime Doctor, CBS; Great Gildersleeve, NBC.
8:15 p. m.—Story Behind the Headlines, NBC; Dorothy Thompson, BN.
8:30 p. m.—Symphony Hour, NBC; Quiz Kids, BN; Honda, CBS; Tonight at Hoagy's, MBS.
9:00 p. m.—Bill Lance, CBS.
9:30 p. m.—Human Adventure, MBS; Jack Benny, NBC; Five Star Final, BN.
10:00 p. m.—New, NBC; Star 13, BN.
10:15 p. m.—Warline Women, CBS.
10:30 p. m.—Music America Loves Best, NBC; Builders of Faith, BN.
10:45 p. m.—St. Francis Hotel Orch., NBC; Deutch, MBS; Henry Busse Orch., CBS; Concert Hour, BN.

Monday
5:00 p. m.—OK for Release, NBC; Terry and Pirates, BN.
5:15 p. m.—Superman, MBS; Dick Tracy, BN.
5:30 p. m.—Voice of Firestone, NBC; Harry Plummer, News, CBS; Adventures of Tom Mix, MBS; Jack Armstrong, BN.
5:45 p. m.—News, CBS; Captain Midnight, BN; News Wire, MBS.
6:00 p. m.—Song Is Born, NBC; Radio Theater, BN; Gabriel Heatter, MBS; Army Variety Show, BN.
6:15 p. m.—Screen Test, MBS.
6:30 p. m.—Information, Please, NBC; Spotlight Bands, BN.
7:00 p. m.—Screen Guild Players, CBS; Henry Claidstone, MBS; Raymond Gram Swing, BN.
7:15 p. m.—Lowell Thomas, MBS; Ted Malone, BN.
7:30 p. m.—Dr. I. Q. NBC; Thanks to the Tanks, CBS; Horace Heidt, BN.
8:00 p. m.—Merrill's Music Shop, NBC.
8:15 p. m.—Gov. Warren, NBC; Hedda Hopper, CBS; Lum and Abner, BN.
8:30 p. m.—Cavalcade of America, NBC; Gay Nineties, CBS; Michael Shane, MBS; Country, BN.
9:00 p. m.—Blind Date, BN; News, MBS; The Whistler, CBS.
9:30 p. m.—Fulton Lewis, Jr., MBS; Vox Pop, CBS; Noah Webster Says, NBC; Green Hornet, BN.
10:00 a. m.—News, NBC; Five Star Final, CBS.
10:15 p. m.—None But the Lonely Heart, NBC; Sherlock Holmes, MBS; Warline Women, CBS.
10:30 p. m.—Sweetheart Swingtime, NBC.
11:00 p. m.—Serenade, CBS; Freddy Martin Orch., MBS.

FREE COFFEE AND FOR SERVICEMEN AT RIVERSIDE USO

Over 100 servicemen were expected for free coffee and doughnuts this morning at the weekly Java session at Riverside USO. Margie Gibbs and Marianne Casper were junior hostesses in charge. A "Zaney" party is scheduled for this afternoon, with Pvt. Larry Kelly as master of ceremonies.

Pupils of Sebastian Apollo, former concert pianist and theatre organist, will entertain with piano and accordion music at 4:30 p. m. Nancy Swern, Roger Hostrom, Delores Morris, Roy Heath, and Robert Lee Fisher are the performers to present the program. Mr. Apollo himself is expected to climax the program with some piano selections.

Members of the "Just Folks" Circle will provide the food to be served at the Pantry Shelf at 5 p. m. Mrs. Goldie Brooks is chairman of the committee on arrangements for the supper. A movie "Pride of the Yankees" will conclude the Sunday activities.

The Monday evening dancing party will be a "Gangster's Brawl" with Pistol-Packing Junior hostesses, who will instruct the servicemen to "dance-or-else!" The USO lounge will become "the Hide-out," lighted by candles placed in bottles. At the dance intermission, the "Gang" will divide the loot from their last "job"—a raid on the local bakery. Instruction will be given in how to escape from handcuffs. Servicemen will be handcuffed to junior hostesses (with cord handcuffs) and be given five minutes to escape.

Army Medium Bomber Strikes Wilmington Home

Wilmington, Cal., Nov. 18—(U.P.) An army medium bomber crashed into a Wilmington street today, killing its pilot. Witnesses said the twin-engine plane approached from the northwest, seemed to "fall straight down" and burst into flames.

Mrs. Catalina Lopes, in front

Chalkers' Motel & Lodge OFFICERS' CLUB
Dine-Dance-Refreshments
Chicken and Steak Dinners
Most Unusual Place in Area
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to whose home the plane fell, told authorities she saw smoke pouring from the right motor of the plane as it fell. The plane hit and exploded directly in front of her house, she said. Army authorities investigating the crash said the pilot had apparently maneuvered to keep from hitting the houses.

The thermal belt of Polk county, N. C., is so acutely located that grapes on one farm will prosper, on the next a few hundred yards away, will fail.

ZERO CLUB

Out of bounds, civilians only

Delicious chicken and steak dinners 7:00 p. m., 3 a. m. except Sunday. Phone day time 5300; night 9101.

Adult Spanish Class Will Start Tuesday

An adult Spanish class will be organized at the Jackson County Chamber of Commerce Tuesday night, Nov. 21, beginning at 7:30. No tuition fee will be charged and anyone who

is interested is welcome to attend the classes. It will be of especial interest to those who deal with Mexican laborers. The class will be taught by A. R. Rutledge, who worked with the extension service and fruit men at Camp Prescott here last summer.

KYLE'S RESTAURANT CHICKEN AND STEAK DINNERS

Open 8 p. m. to 2 a. m.
Phone Central Point 472 for reservations. On the Pacific Highway at Central Point. Out of Bounds for Service People.

BEAUTIFUL — ROGUE RIVER LODGE IS NOW OPEN

Delicious Dinners
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of Liver, Kidney Trouble and other
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CHINESE HERBS

Removed to Sparta Bldg.
J. H. Leong, Herbalist Phone 5817

Oil Development Company Formed

Plans were formulated for organization of a company for development of natural resources of the state at a meeting Friday night in the Medford armory, according to J. E. Zuber, who called the meeting.

Mr. Zuber declared the organization proposes to prospect for oil in eastern Oregon and also to check on possibilities of commercial coal production in the Medford area. Mr. Zuber said the new organization is composed of several Medford citizens, also some from Eugene, Klamath Falls and other towns in the state.

Use Mail Tribune Want Ads

ANNOUNCING REOPENING OF HOLLY CAFE

Monday, Nov. 20
6:00 A. M. — 8:00 P. M.
31 N. Holly

The STANDARD HOUR

Los Angeles Philharmonic Orchestra
Conducted by ALFRED WALLENSTEIN
Program
Fantasia
On a Theme by Tallis
Symphony No. 1
Jerome Moross
Manfred Symphony:
First Movement
Tchaikovsky
Sunday 8:30 P.M.
KMED
STANDARD OF CALIFORNIA

ICE SKATE TO-NITE

and every nite except Monday
7:45 to 10:15
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LAST CALLS

By GUYAS WILLIAMS

CALLS HE'S READY TO BE TUCKED UP FOR THE NIGHT

AFTER MOTHER HAS GONE, CALLS HE THINKS THERE'S A MOUSE IN THE WASTE BASKET

FATHER INVESTIGATES AND DEPARTS. CALLS HE THINKS HE HAS A SPUNKIES IN HIS HAND, WOULD MOTHER FIX IT

CALLS TO FATHER. HE'S COLD AND CAN'T GET WINDOW DOWN

SOON CALLS THEY TOLD HIM NOT TO GET OUT OF BED AND HE'S THIRSTY. WHAT SHALL HE DO?

AFTER HIS DRINK TRIES TO THINK OF MORE REQUESTS, BUT FALLS ASLEEP INSTEAD