

Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.

Readers should address inquiries to: Dr. William Brady
265 El Camino, Beverly Hills, Calif.

A READER WRITES ON GRAY HAIR

Dear Dr. Brady:

Here is my experience with anti-gray hair vitamins as suggested by you.

At the age of 36 I had a lot of scattered gray hairs in my brown tresses. I began taking anti-gray hair vitamins as you suggest in the pamphlet. I experienced a sense of well being and energy. This has continued.

(Even if the experiment stops there it has been well worth while, hasn't it? Remember, the sense of well being and energy is from better nutrition, not from medicine or stimulants of any kind.)

But at the end of a year no change in the gray! However, I got the first really successful permanent I have had in years, although it was only a regular machine wave. Then sometime in the last six months the gray hair has almost disappeared. I have to look to find a gray hair now. I am still taking the capsules. So perhaps six months isn't long enough trial. It has taken me eighteen. But I feel like a million and can do the work of two people without being "nervous" or worn out.

(Signed)—H. T.—
The rejuvenation Mrs. H. T. experienced she describes as "sense of well being and energy," "feel like a million and can do the work of two people without being 'nervous' or worn out." That's the important thing. The improved condition and appearance of the hair—

and, I should expect, of the skin or complexion and the nails, which are equally dependent on the state of nutrition—is incidental.

Readers who ask for the pamphlet "Care of the Hair and Scalp" will receive it if they provide stamped self addressed envelope. Readers who send a clipping will be disappointed. There is no charge for one pamphlet. If you ask for more than one, inclosed ten cents for each additional pamphlet you want.

The Hair pamphlet deals with growth of the hair, care, falling hair, baldness, wetting the hair, heat, superfluous hair, dandruff, company, hair dye, anti-gray hair vitamins, excessively oily scalp, dry hair, etc.

QUESTIONS & ANSWERS

Thumb Sucking
Please tell me how to stop child two years old from thumb sucking. This child sucks his two fingers and now there are callouses on them from it. (Mrs. P. H.)

Answer:—Better not interfere. If the child's mother will ask for it (no clipping will suffice) and inclose stamped envelope bearing her address I'll send her a pamphlet on thumb sucking.

Gas
Speaking of gas pains, would it be a pain in the heart? If a person ate candy would that cause heart disease? (H. C.)

Answer:—No. Candy does not cause heart disease. Dentist says my young daughter's teeth are very soft—she filled her six-year molar but said they are soft as butter and the fillings may not stay. I asked him if he could recommend anything to harden them and he said she would just have to wait and see how her second teeth turn out. (L. V. W.)

Answer:—I hope dentist who read this will send me a stamped self addressed envelope and ask for the No. 1 Little Lesson in the Ways of Health—booklet "Save Your Teeth." Others who would like the booklet must inclose twenty-five cents with self addressed stamped envelope. Your young daughter, Ma'am, should have a daily ration of vitamin D and calcium phosphorus or at least a diet that assures adequate intake of calcium and phosphorus. This is explained in the booklet, and the booklet is newly revised, so my quondam friends, the dentist, will find it not too bad, I hope. (Copyright 1944, John F. Dille Co.)

city officials can now talk in relation to their citizens with the full support of all property owners.

On the Radio Chains

STATIONS:
Chain affiliation and where they are on the dial:
KALE (MBS) 1330, Portland;
KEX (NBC-Blue) 1190, Portland;
KUA (NBC-Blue & MBS) 1510, Spokane;
KGO (NBC-Blue) 810, San Francisco;
KJW (NBC-Blue) 820, Portland;
KJR (NBC-Blue) 1070, 1000, Seattle;
KXN (CBS) 1070, Los Angeles;
KOA (NBC-Red) 850, Denver;
KQIN (CBS) 970, Portland;
KOMO (NBC-Red) 950, Seattle;
KPO (NBC-Red) 680, San Francisco;
KSL (CBS) 1160, Salt Lake City.

Time shown is PST

Friday
5:00 p. m.—Terry and Pirates, BN; Fletcher Willey, CBS, OK for Release, NBC.
5:15 p. m.—Dick Tracy, BN; Superman, MBS.
5:30 p. m.—Jack Armstrong, BN; Harry W. Flannery news, CBS; Adventures of Tom Mix, MBS.
5:45 p. m.—Elmer Peterson, Comedian, NBC; Capt. Midnight, BN; Night News Wire, MBS; News, CBS.
6:00 p. m.—Waltz Time, NBC; Gabriel Heatter, MBS; Serenade, NBC.
6:15 p. m.—Screen test, MBS.
6:30 p. m.—People Are Funny, NBC; Roundy, BN; Brewster Brown, CBS; Double or Nothing, MBS.
7:00 p. m.—People Are Funny, NBC; Roundy, BN; Brewster Brown, CBS; Dale Carnegie, MBS.
7:15 p. m.—Lowell Thomas, MBS; Ted Stone, NBC.
7:30 p. m.—Bill Stern, NBC; Stage Door Canteen, CBS; Lone Ranger, MBS.
8:00 p. m.—Music Shop, NBC; I Love a Mystery, CBS; Fights, MBS.
8:15 p. m.—The Barker Family, BN; Press Club, CBS.
8:30 p. m.—Duffy's Tavern, NBC; Ted Stone, NBC; It Pays to Be Ignorant, CBS.
9:00 p. m.—Furlough Fun, NBC; News, MBS; Aldrich Family, CBS; Press Club, CBS.
9:30 p. m.—Fulton Lewis, Jr., MBS; Adventures of Thin Man, CBS.
10:00 p. m.—Concert Hour, BN.

Saturday
5:00 p. m.—Youth on Parade, CBS.
5:30 p. m.—Know Your Symphony, NBC; Music, MBS.
5:45 p. m.—Night News Wire, MBS; News, CBS; Elmer Peterson, NBC.
6:00 p. m.—Barn Dance, NBC; This is My Story, CBS.
6:30 p. m.—Spotlight Bands, BN.
6:45 p. m.—Saturday Serenade, CBS.
7:00 p. m.—Guy Lombardo Orch., BN.
7:15 p. m.—Remember, NBC; Mayor of the Town, CBS; Barry Wood, NBC; News, CBS; Grand Ole Opry, NBC; Red Ryder, MBS.
8:00 p. m.—Downbeat Derby, MBS; Early American Music, BN; America in the Air, CBS.
8:30 p. m.—Rudy Vallee, NBC; Inner Sanctum, CBS; Leland Stowe, BN.
9:00 p. m.—Music from Hollywood, BN; Hit Parade, CBS; News, MBS.
9:15 p. m.—Man Hunt, MBS.
9:30 p. m.—Three Guys, NBC; News, BN.
9:45 p. m.—Don't You Believe It, CBS; Lee Simms, pianist, BN.
10:00 p. m.—News, NBC; Music by Guy, BN.
10:30 p. m.—Henri Busse Orch., CBS.
11:00 p. m.—Jan Savitt Orch., CBS; This Moving World, BN.

High School News



Miss Mary Busch, instructor of the home-making III class, recently made a tour of the Medford Ice and Storage company and the Rogue River Canning company.

The group included Betty Gaster, Betty Mullen, Lucille Pearson, Rosalie Roberts, Martha Robinson, Dora Bruening, Joyce Clares, Pat Ernest, Adrienne Leach, Joan Sutt, May Vershoor and Pat Webster.

Prize-winning in the noise parade were: For noise, first place, Future Craftsmen, chairman, Allen Kircher; second place, sophomore class, chairman, Vern Shangle; third place, junior class, chairman, Bob Watson.

Prizes won for advertising were: First place, torch honor, chairman, Ferny McKibben; second place, Girls' league, chairman, Calista Farrell; third place, senior class, chairman, Chuck Jones.

The parade was held October 20, to advertise the game with Klamath Falls. Judges were situated along Main street to decide on the best floats and award prizes. John Bullock, as president of the student body, was general chairman, and Betty Baker, Bob Watson, Larry Hayes and Marvin Doty made up the committee in charge.

The boys were the winners of the annual A. S. B. ticket contest between the Boys' and Girls' leagues. Although the sales were very slack, the boys finally came through at the last minute. As the boys won, they will be honored at the traditional dance given by the losers.

Physical exams are compulsory for all students of Medford high and have been given this year during the past two weeks.

Doctors examining were Dr. W. P. Holt and Dr. A. A. Soule. Miss Olive Curry, school nurse, assisted Dr. Soule and Betty Baker assisted Dr. Holt. Both physicians reported the students to be in excellent health.

A dramatics club is being organized under the direction of Mrs. Gladys Herron. Tryouts will be held Monday and Tuesday, November 6 and 7. Students entering the contest, and it is hoped that Medford is represented in the anthology by several students this year. The contest is being sponsored by the English department.

Attention of all would-be poets at senior high was attracted by the announcement of the National High School Poetry association's contest. Faye Mitchell, who is a senior this year, had a poem, "All Give Light," accepted for the national anthology in her freshman year. This is the goal of all students.

Typist helping with the news this week was Nancy Swem.

Boards made of a combination of asbestos fibers and Portland cement are now being used in place of hard-to-get metals for building factory lockers, shower stalls, partitions and other industrial and domestic necessities.

Use Mail Tribune Want Ads

Chalker's Motel & Lodge OFFICERS' CLUB

Dine-Dance-Restaurants Chicken and Steak Dinners Most Unique Place in Medford CLOSED MONDAYS Thursdays Private Parties Only—For Reservations Ph Gold 8111 474

Out of bounds, civilians only Delicious chicken and steak dinners 7:00 p. m., 3 a. m. except Sunday Phone day time 5300; night 9101.

BEAUTIFUL— ROGUE RIVER LODGE IS NOW OPEN

Delicious Dinners Cocktail Lounge Dancing On Crater Lake Highway Near Trail Telephone Trail 1404

KYLE'S RESTAURANT CHICKEN AND STEAK DINNERS

Open 6 p. m. to 2 a. m. Phone Central Point 472 for reservations. On the Pacific Highway at Central Point. Out of Bounds for Service People

STRANGE AS IT SEEMS By ERNEST HIX



JAR MONEY! HUGE EARTHQUAKE WARS ARE THE CONNS OF THE BORNED DIKES! EACH IS WORTH ABOUT \$200.00...

A NEGRO - JOHN R. LYNCH - WAS TEMPORARY CHAIRMAN OF THE 1944 REPUBLICAN CONVENTION...

ADMITTED BY HENRY CABOT LODGE AND BY THEODORE ROOSEVELT... HE WAS ADMITTED BECAUSE FOR THE PRESIDENT...

LYNCH WAS A MEMBER OF CONGRESS FOR SIX YEARS...

Barney Google and Snuffy Smith



BUZ SAWYER



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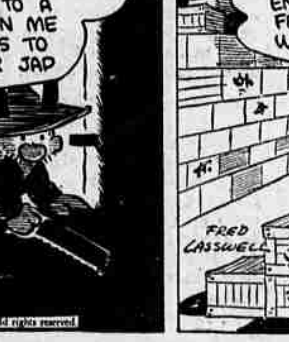
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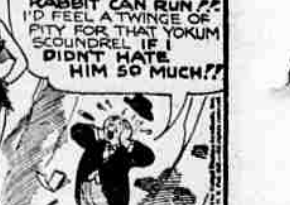
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What Is Inflation?

By Roger W. Babson (Special Correspondent)

Babson Park, Mass., Nov. 3.—Inflation is the result of increasing the currency or increasing the debt of the country more rapidly than the assets of the country. Inflation is a form of disease which has started from many different sources. Note these five:

(1) The crudest form of inflation came from "clipping coins." This means making them smaller or thinner. It is the form that is still used in certain countries.

(2) In the case of paper money, the same result is obtained by printing additional paper money without increasing the gold reserve. This is the method which is now being used in the United States.

(3) A similar result can be obtained by issuing an excess of government bonds, which are really a form of currency and which tend to debase the currency already issued.

(4) Inflation comes through the increased use of checks, notes and other forms of municipal, corporation and personal indebtedness. When another man accepts your handwritten check for \$10, this brings on inflation the same as printing more \$10 bills.

(5) Finally, a great increase in the circulation of money brings about inflation. When money changes hands three times as fast every week, it has the same effect as increasing the amount of currency outstanding by threefold.

Let me refer again to my definition. So long as there is an increase in the country's food, clothing and shelter equal to the increase in the circulating money, there is nothing to fear; but otherwise beware. Today, our outstanding currency is increasing more rapidly than is our supply of food, clothing and shelter.

Now is the Time To Buy Equipment

Inflation has the same effect on living costs as changing the size of a bushel, or changing the

Renews Suction of LOOSE FALSE-TEETH



NOT A PASTE NOT A POWDER

Here is a NEW, EASY, MONEY-MAKING WAY TO QUICKLY make false teeth FIT TIGHTER. Merely apply NUTTI to plate and place in mouth. No heat needed. It soon solidifies, adjusting plate snugly to the shape of the mouth, making a better fit. No loss or bother. Not a paste or powder you have to apply each day. NUTTI becomes a part of the plate—solid, tasteless, harmless, natural pink in color, easy to clean and sanitary. Scientifically designed to compensate for tissue shrinkage and bone recession. Renew plates at home. Save money. One application lasts for months. Enjoy real mouth comfort. Try NUTTI. MONEY BACK if not satisfied.

WESTERN TRUST STORE and All Other Good Drug Stores

THE GRANGE

Central Point Grange Ben Schmidt, executive secretary of the Y. M. C. A., gave an interesting account of home life in China at the regular meeting of Central Point Grange October 20. Piano and vocal selections were also given. At the close of grange a pie social was held.

Next grange meeting Friday, November 3, will be election night. There will be recreation and delicious refreshments for all loyal grangers who attend this meeting to elect officers for 1945. The meeting will start promptly at 8 o'clock.

Three men who figured prominently in the American revolution—George Washington, Benjamin Franklin and Lafayette—all received honorary degrees from Harvard university.

ASSOCIATED FOOTBALL SPORTCAST

Saturday U. C. vs Coast Guard 2:15 p. m. KUIN (1340 kc) and Mutual Network

TIDE WATER ASSOCIATED OIL COMPANY

PENSIONS and the POST WAR RECOVERY

Hear WILLIS MAHONEY for U. S. SENATOR STATION KMED SAT., 9 P. M.

Paid Advertisement. Joseph A. Nance, Director Mahoney for Senate Committee

LISTEN TO HOLLYWOOD'S VICTORY SALUTE TO F. D. R.

Tallulah Bankhead, John Garfield, Paul Muni, June Richmond, Edward G. Robinson, Gloria Stuart. Music by Johnny Green and his Orchestra. STATION KMED Tonight