Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.

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WATER IN THE LUNGS

When a person drowns is water always found in the lungs? I ask because a man I knew was found apparently drowned recently. He had for years had some heart trouble, and also his relatives said he had suffered with cramps once before when in swimming. To complicate matters, there were some marks that might have been caused by blows by some heavy dull object. . . .

Dr Brady

(S. L. A.)

Death by drowning is due to asphyxia (suffocation, deprivation of air) and not to the few spoonfuls or maybe the few drops of water that may get into the lungs. The postmortem signs, therefore, are those of asphyxia. Little or nothing can be proved by the finding of, or by the absence of water (or whatever fluid the victim is presumed to have drowned in) in the lungs or in the bronchial tubes. More characteristic of drowning is the presence of clear or blood-tinged foam or froth full of fine air bubbles in the windpipe and bronchial tubes. Often water or whatever fluid the victim drowned in is found in the stomach.

Asphyxia supervenes about two minutes after submersion, and death follows five minutes later.

A boy about 7 years old playing on the ice fell into open water where ice harvesters had cut the ice. His companions saw him disappear, ran across the pond and told the men, who ran to the open place, saw the boy's cap floating, fished around with pole hooks and pulled the boy out on the solid ice. They ran across the pond to a shack, began a search for a barrel to roll the child on, while a book-keeper telephoned the nearest doctor, who happened to be the geek who now conducts this column. It probably took the doctor at least two minutes to reach the scene.

Fair to estimate the boy had been drowned at least four minutes, possibly longer. The doctor applied Schafer's method of artificial respiration — NOT the modified method taught by the American Red Cross. Thick viscid fluid drained from the nose and mouth during the resuscitation—I do not believe the fluid would have drained out of the breathing passages had the method taught by the American Red Cross been applied, because even limpid water will not run uphill. Anyway the boy survived. Luckily no first aider trained by the American Red Cross perpetrated the wrong method of resuscitation on the victim.

Even today there are a good many people who purport to be intelligent but who do not know hoy to resuscitate and hence are worse than useless in an emergency. How can such people sleep at night? What if the emergency should occur that very night, say from accidental carbon monoxide asphyxiation? Let us hope there is a Boy Scout or a Girl Scout in the neighborhood—he or she will know what to do.

QUESTIONS & ANSWERS

The In-Laws

Has a mother-in-law the right to pick up her grandson (aged seven months) any time she pleases? She argues that a sick baby belongs in his mother's arms, and because I do not believe in disturbing the baby.

(Mrs. M. W.)

Answer—Neither the mother-in-law nor the grandma has any rights at all, if the baby's mother is on the job and sane, sober and intelligent. Send ten cents and stamped self addressed envelope for The Brady Baby Book. Maybe it will pacify the household and give the baby a break too.

Young Folks and Old Folks

Seems you are not getting old but I am. I have just turned 90 and I want to ask if you can recommend a simple tonic in tablet form that will give me a little more pep. Something I can take right along without injury to my general health which is very good.

(E. E. S.)

Answer—Oh, I don't know, on the bowling green the other day my former friend Dr. ..... (he and his girl friend had just celebrated their 60th wedding anniversary) gave me an unequivocal trouncing and I'm feeling as old as Sam Hill till I can take him on again. Send me a stamped envelope bearing your address, and I'll send you the pamphlet "Young Folks and Old Folks," which, I believe, will tell you how to get just the effect you want.

Twenty Years

Your column has been a "must" in our home for years. I have been teaching your precepts in the ..... public schools for a long time. Mother has "rheumatiz," saw something in your column about calcium. (D. G. H.)

Answer — Send stamped self-addressed envelope, ask for pamphlet "Calcium and Rheumatic."

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On the Radio Chains

STATIONS:

Chain affiliation and where they are on the dial:

KALE (MBS) 1330, Portland. KEX (NBC-Blue) 1190, Portland; KGA (NBC-Blue & MBS) 1510, Spokane; KGO (NBC-Blue) 810 San Francisco; KGW (NBC-Red) 620, Portland; KJB (NBC-Blue) 1000, Seattle; KNX (CBS) 1070, Los Angries; KOA (NBC-Red) 850 Denver; KOIN (CBS) 970, Portland; KOMO (NBC-Red) 950, Seattle; KPO (NBC-Red) 680, San Francisco; KSL (CBS) 1160, Salt Lake Cit,

Time Shown is PWT

Tuesday

5:00 p. m.—Terry and Pirates, BN; Fletcher Wiley, CBS OK for Release, NBC.
5:15 p. m.—Red's Gang, CBS; Dick Tracy, BN; Superman, MBS.
5:30 p. m.—Date with Judy, NBC; Jack Armstrong, BN; Harry Flannery, news, CBS; Adventures of Tom Mix, MBS.
5:45 p. m.—Capt. Midnight, BN; Night News Wire, MBS; News, CBS.
6:00 p. m.—Gov. Dewey, NBC; Mystery Theater, NBC; Gabriel Heatter, MBS; Burns and Allen, CBS.
6:15 p. m.—Screen Test, MBS.
6:30 p. m.—Fibber McGee and Molly, NBC; Spotlight Bands, BN; 6:45 p. m.—Gov. Snell, MBS; Edgar Smith, Political, CBS.
7:00 p. m.—Bob Hope, NBC; Raymond Gram Swing, BN.
7:15 p. m.—Lowell Thomas, MBS.
7:15 p. m.—Sen. Truman, BN.
7:30 p. m.—Gov. Dewey, NBC; Red Ryder, MBS; Manhattan Melody, CBS.
8:00 p. m.—Mercer's Music Shop, NBC; I Love a Mystery, CBS.
8:15 p. m.—Fleetwood Lawton, NBC; Lum and Abner, BN; Music, CBS.
8:30 p. m.—Johnny Presents, NBC; Freedom of Opportunity, MBS.
9:00 p. m.—Everything to Boys, NBC; Big Town, CBS.
9:15 p. m.—Rex Miller, MBS.
9:30 p. m.—Million Dollar Club, CBS; Fulton Lewis, MBS.
10:00 p. m.—News, NBC; Count of Monte Cristo, MBS; Five Star Final, CBS.
10:15 p. m.—Bandstand, NBC.
10:30 p. m.—Edwin C. Hill, CBS; Sweetheart Swing Time, NBC.
11:00—p. m.—Talks, CBS.

Wednesday

5:00 p. m.—Fletcher Wiley, CBS; Terry and Pirates, BN; OK for Release, NBC.
5:15 p. m.—Superman, MBS; Dick Tracy, BN; Relax in Rhythm, MBC.
5:30 p. m.—Jack Armstrong, BN; Harry Flannery, news, CBS; Adventures of Tom Mix, MBS.
5:45 p. m.—Elmer Peterson, NBC; Night News Wire, MBS; Capt. Midnight, BN; News, CBS.
6:00 p. m.—Mr. District Attorney; Gabriel Heatter, MBS; Carlson and News, BN; Frank Sinatra, CBS; Eddie Cantor, NBC.
6:15 p. m.—News, BN; Screen Test, MBS.
6:30 p. m.—Jack Carson, CBS; Gov. Dewey, MBS; Spotlight Bands, BN; Mr. District Attorney, NBC.
7:00 p. m.—Kay Kyser's Kollege, NBC; Great Moments in Music, CBS.
7:15 p. m.—Lowell Thomas, MBS; The Colonel, CBS; Sammy Welles, MBS.
7:30 p. m.—Scramby Amby, BN; Nelson Eddie, CBS.
8:00 p. m.—Mercer's Music Shop, NBC; News, BN; I Love a Mystery, CBS; Main Liner, MBS.
8:15 p. m.—Fleetwood Lawton, NBC; Lum and Abner, BN; Passing Parade, CBS.
8:30 p. m.—Carton of Cheer, NBC; My Best Girls, BN; Dr. Christian, CBS; Bulldog Drummond, MBS.
9:00 p. m.—Mr. and Mrs. North, NBC; Allan Jones with Woody Herman's Orch, CBS; News, MBS; Dunninger, BN.
9:30 p. m.—Fulton Lewis Jr., MBS.
10:00 p. m.—News, NBC.
10:30 p. m.—Sonny Dunham Orch, CBS; Symphonette, NBC.
11:00 p. m.—News, CBS.

DEWEY CATASTROPHE FEARED BY HILLMAN

Washington, Oct. 31—(U.P.)—Chairman Sidney Hillman of the C. I. O. political action committee, said today the election of Gov. Thomas E. Dewey as president would be "a national catastrophe."

Hillman denied charges that the C. I. O.-P. A. C. has any connection with communism, that any member of the P. A. C. is a communist or associated with communist activities, and asserted that the organization always has and always will fight communism.

NO HOLIDAY, IS PLEA

Washington, Oct. 31—(U.P.)—Chairman J. A. Krug of the War Production Board today called on American war plants to observe full work schedules on Thanksgiving Day and the Thanksgiving Duy week-end. "The biggest part of the production job still remains to be done," Krug said.

Brahma, one of the members of the Hindu trinity of gods, has today only two temples in all India devoted to his worship.

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THREE SOLDIERS GIVEN CITATIONS BY ARMED FORCE

Two men from Medford and one from Holland, Ore., have recently been honored by the armed forces. They are Staff Sgt. Robert James Carney, Cpl. Albert Frisch, and S/Sgt. Kenneth M. Barnes.

S/Sgt. Carney, whose parents reside at 29 Bolinas avenue, San Anselmo, Calif., and whose wife, Mrs. Rita Carney, resides at 206 Cottage street, Medford, recently participated in his group's historic 550th combat mission. S/Sgt. Carney flew as a radio-gunner in the attack which was a milestone in the long combat record of his unit.

Prior to entering the service S/Sgt. Carney was employed by the Greyhound Bus Lines.

Cpl. Frisch, son of William Frisch of Holland, has been awarded the bronze battle star for his participation in the French campaign, it was announced by 12th Air Force Headquarters in Italy recently.

The B-25 Mitchell bomb group to which he is assigned played a major role in softening up southern France for invasion by launching an aerial assault against communications and defenses 11 days prior to D-day. Cpl. Frisch is serving as an automobile mechanic with the battle-seasoned Mitchell group.

S/Sgt. Barnes of 124 Vancouver street, Medford, now serving overseas with the 12th Air Force P-47 Thunderbolt Fighter group is authorized to wear the Presidential Unit Citation riobon.

S/Sgt. Barnes' group was recently cited by the president for "outstanding performance of duty in action against the enemy in the Mediterranean theater of operations."

After the allied armies had broken the enemy s seven-month stand before Cassino, Italy, and were threatening his flank from the Anzio beachhead the enemy attempted to form a defense line. S/Sgt. Barnes' group was ordered to maintain continuous armed reconnaissance of all roads leading from the front to the projected defense line

S/Sgt. Barnes, who is a mechanic with the group has been overseas 16 months, aided greatly in keeping these planes in the air.

Screen Notables Entertain Troops In China Theater

Chungking, Oct. 31 — (U.P.) — Jinx Falkenburg and Pat C'Brien arrived today to entertain American troops in this area and reported they were enjoying their trip—"even the mud."

During the past week they visited several bases, outposts and hospitals in southwest China. They will remain four more days, entertaining troops in the Yangtze river valley and southwets China.

Miss Falkenburg said she had been so busy since she entered the China theater that she had averaged two meals and three hours of sleep a day, and had given two performances daily.

"I've heard a lot about the hardships here but I've never been confronted by a single trace of it," Miss Falkenburg said.

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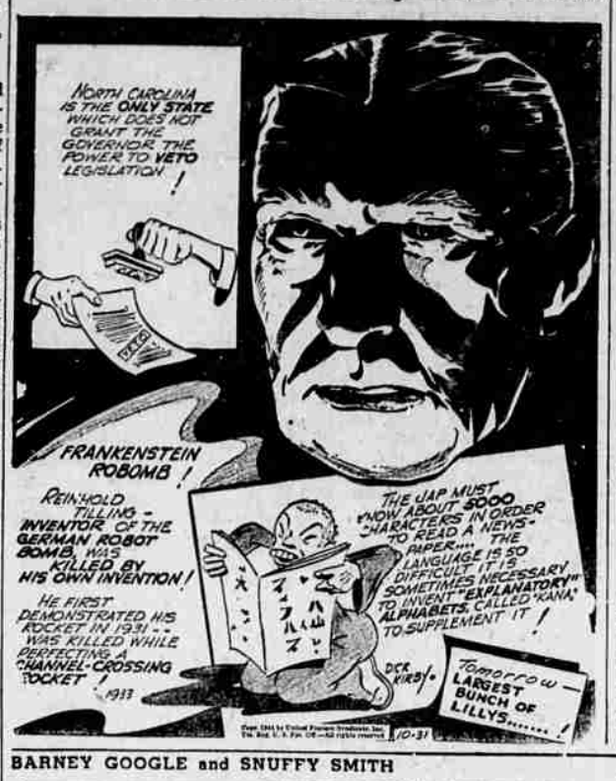


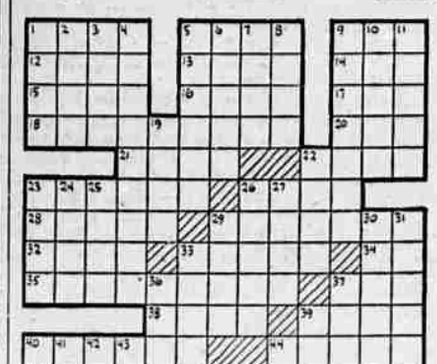
BONE IN FAREWELL

Washington, Oct. 31—(U.P.)—Sen. Homer T. Bone, D., Wash., paid a farewell call on President Roosevelt today shortly before returning to his home state to resign from the senate and become a judge of the United States 9th circuit court of appeals. Bone was nominated and confirmed last April to succeed the late Judge Bert E. Haney.

There were 3,423 acres of peach trees planted in California in 1943.

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE



ACROSS

1—Crush
5—Chinese weight
9—Chum
12—Voice range
13—Capable
14—Rubber tree
15—Space
16—Lubricates
17—Name (Fr.)
18—The hares
19—Large antelope
21—Posture
22—Grimace
23—National song
26—Part of face
28—Jap planes
29—Tipped at an angle
32—River in England
33—Terse
34—Compass point
35—Post on stairs
37—Greek letter
38—Tardy
39—Sulfix: occupation
40—Tropical lizards
44—Make up for
45—Mohammedan princess
46—Skills
48—Smell
49—Leave out
50—And (Fr.)

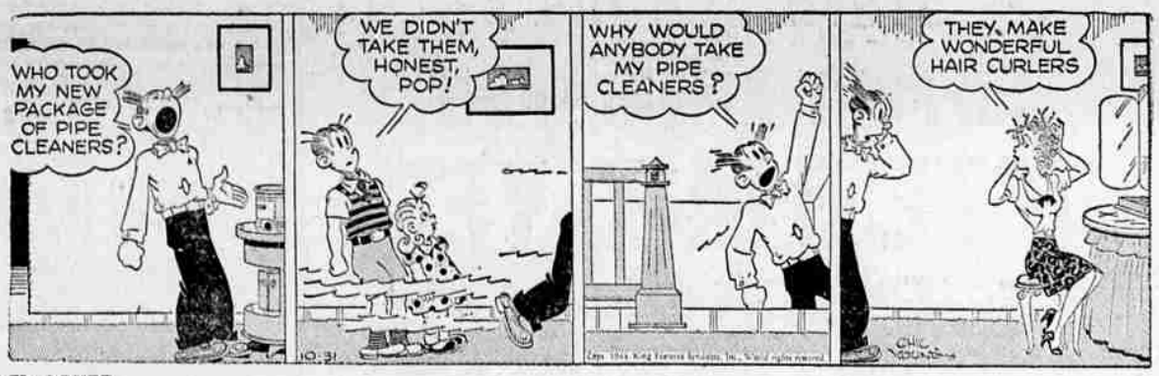
DOWN

1—Kind of earth
2—Drug source
3—End
4—Letter that sounds like another
5—A Chinese religion
6—Wait
7—In the style
8——— majesty
9—Bitter
10—Solitary
11—An animal
12—Fish eggs (pl.)
22—Downy feathers
23—Call to prayer
24—Glacial snow
25—Suppose
26—Near
27—Deer
29—Hit by bullet
30—Understanding
31—Most precious
33—Resorts
35—Beast of burden
37—English school
39—Let it stand
40—Arab's cloak
41—Symbol for germanium
42—Past time
43—Silent
44—Turkish title
46—Toward
47—Part of "to be"

BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER

BLONDIE



L'IL ABNER

THE NEBBS

Quart Per Child, Goal In Campaign Of Milk Producers

Mrs. Ada Reed Mayne of Portland, manager of the Oregon Dairy council, was recently in Medford to confer with E. H. Hedrick, superintendent of Medford schools, and with local milk distributors concerning the Oregon Dairy council's nutritional campaign being conducted for the first time in Medford.

According to Charles Smith, chairman of the Oregon Dairy Products's commission, the campaign is part of a program which has been in progress in Oregon for the past 14 years. The goal of the campaign is to raise the consumption level of milk to a daily quart for every child and a daily pint for every adult. The figures on advisable milk consumption are based on scientific research.

The Oregon Dairy Products commission has appropriated the sum of $19,000 to carry this work through the Oregon Dairy council to all communities of the state. The program was set up under the state legislature and dairymen have taxed themselves one-half cent a pound of butterfat through the month of May to finance it.

Use Mail Tribune Want Ads.

Olive Barber's Observations

• • •

The lad took the seat beside me in the bus. It was 3 a. m. He said he had to be on his job at 4:15. Made it handy for him, that 3 bus did; gave him just enough time to go the 20 miles from town to his work.

A thinnish youngster, I took him to be younger than the 17 years I later found he was. Boyish, too, was the admiration he had for his father. "My Dad says —" was the beginning of many of his sentences.

His father was with the Seabees, had seen action in the South Pacific and was now hospitalized at Pearl Harbor. Being idle would go hard with him, his dad being such an active guy, always into something, always cutting up.

"My sis is 20 and has been married and had a baby since Dad left. He'll hate to see me go into the navy next year as that will leave Mom alone. He didn't mind going himself as he knew I'd look after Mom," he told me. He worked in the summer only, as he went to school. "Dad made me promise I'd keep on with school until he got back. He figured the war would be over by the time I was 18 and then I'd go on to college. Dad is a great one for education."

He said he sure hated to get up so early but he remembered what his dad was going through and so far he'd never missed a day or been late for work.

Thinking of how old the father must be, with a daughter 20 and son 17, I asked, "Why did your father join the Seabees? A man his age didn't need to."

He hesitated, then replied, "Yes, he did have to; he was drafted. Dad's only 34. You see he's my step father but we never think about that. I don't think he does either. He's been our father for 10 years." Then looking at me with something of challange in his face and voice, he said, "And I've been his son for 10 years. It's going to be that way always."

Suddenly he seemed boyish no longer. He was a man with a man's understanding of what the relationship of father and son could be; and was, with him and his 34 year old dad. I wished the man, lying wounded in Pearl Harbor, might have seen this son of his; might have heard the love and loyalty in the lad's voice. But maybe he had no need to hear; maybe he knew, having placed that love and loyalty there himself in his ten years of fatherhood.

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THE WORLD AT ITS WORST By GLUYAS WILLIAMS