

Your Health and Its Care

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NEITHER HOT NOR COLD

"The medical officer attached to my battery in the last world war used to tell us when on active service we would not get many chances to bathe" (writes a reader whose name I do not remember, if he will write again I'd like to present him with a complimentary set of the complete works of O' Doc Brady "A Lot of Little Lessons in the Ways of Health", for his amusement at moments when one should read only light literature)—"but we could always air our bodies. He assured us that a brisk towelling from head to foot in the open air was better than too much soaking in hot water and there was no danger of overdoing it."

"In his opinion there was no better skin tonic than fresh air, sunshine, skyshine and friction. The late Arbuthnot Lane of colon-snatching fame was emphatic about the evils of too much heavy clothing, which prevented the skin from breathing. According to Lane excessive clothing contributed to catarrhal trouble and premature aging."

"The youngest men for their years I know are those who wear the least clothing and allow the air to circulate round their bodies three hundred and sixty-five days every year." (Signed only with initials).
If Lane suggested that the skin "breathes" of course he was in error. The skin absorbs nothing, so far as we know. But the suggestion that excessive clothing contributes to premature aging seems reasonable enough. Maybe that's the way we should think of it, instead of thinking that it is because they are younger (and by inference less wise) that they wear less clothing today.

On the Radio Chains

STATIONS:
Chain affiliation and where they are on the dial:
KALE (MBS) 1330, Portland.
KEX (NBC-Blue) 1190, Portland.
KJA (NBC-Blue & MBS) 1510, Spokane.
KGO (NBC-Blue) 810, San Francisco.
KJW (NBC-Red) 630, Portland.
KJH (NBC-Blue) 1070, Seattle.
KXN (CBS) 1070, Los Angeles.
KOA (NBC-Red) 850, Denver.
KJW (CBS) 970, Portland.
KOMO (NBC-Red) 850, Seattle.
KPO (NBC-Red) 880, San Francisco.
KSL (CBS) 1160, Salt Lake City.

Time shown is PWT

Thursday
5:00 p. m.—Terry and Pirates, BN; Fletcher Wiley, CBS; OK for Release, NBC.
5:15 p. m.—Dick Tracy, BN; Superman, MBS; Relax in Rhythm, NBC.
5:30 p. m.—Jack Armstrong, BN; Harry Flannery news, CBS.
6:00 p. m.—Musie Hall, NBC; Major Bowes, CBS; Gabriel Heatter, MBS; Carlson and News, BN.
6:15 p. m.—News of Lochner, NBC; Captain Midnight, BN; Night News Wire, MBS, News, CBS.
6:15 p. m.—Screen Test, MBS; Lou Holtz, BN.
6:30 p. m.—Bob Burns, NBC; Spotlight Bands, BN; Cora Brocher, CBS; Starlight Serenade, MBS.
7:00 p. m.—Abbott and Costello, NBC; Raymond, BN.
7:15 p. m.—Lowell Thomas, MBS; Red Ryder, MBS; March of Time, NBC.
8:00 p. m.—Musie Shop, NBC; I Love a Mystery, CBS; Roy Henle, news, BN; Sammy Kaye, MBS.
8:15 p. m.—Editor, NBC; Lum and Abner, BN; Passing Parade, CBS.
8:30 p. m.—Coffee Time, NBC; Death Valley Sheriff, CBS; Fred Waring Show, BN.
8:30 p. m.—News, MBS, America's Town Meeting, BN; Cora Brocher, 9:15 p. m.—Rex Miller, MBS.
9:00 p. m.—Elery Queen Mysteries, NBC; Fulton Lewis, MBS; Henri Busse, CBS.
10:00 p. m.—News Reporter, NBC; Town Meeting, BN.
10:30 p. m.—Sweetheart Swing Time, NBC; Henri Busse, CBS.
10:30 p. m.—Hote, Blitzmore, CBS; News, CBS.

Friday
8:00 p. m.—Terry and Pirates, BN; Fletcher Wiley, CBS; OK for Release, NBC.
8:15 p. m.—Dick Tracy, BN; Superman, MBS; Relax in Rhythm, NBC.
8:30 p. m.—Jack Armstrong, BN; Harry Flannery news, CBS; Adventures of Tom Mix, NBC.
8:45 p. m.—Elmer Peterson, Commentator, NBC; Captain Midnight, BN; Night News Wire, MBS, News, CBS.
9:00 p. m.—Waltz Time, NBC; Gabriel Heatter, MBS; Hollywood Mystery Time, CBS.
9:15 p. m.—Screen Test, MBS.
9:30 p. m.—People Are Funny, NBC; News, MBS; Hands, BN; News, CBS; Boy, CBS; Double or Nothing, MBS.
9:45 p. m.—Dom, National Committee, CBS.
7:00 p. m.—People Are Funny, NBC; Amos and Andy, NBC; Durante and Moore, CBS; The Carnegie, NBC.
7:15 p. m.—Lowell Thomas, MBS; Ted Malone, BN.
7:30 p. m.—Bill Stern, NBC; Stage Door Canteen, CBS; Lone Ranger, MBS.
8:00 p. m.—Musie Shop, NBC; I Love a Mystery, CBS; Fights, MBS.
8:15 p. m.—The Parker Family, BN; Press Club, CBS.
8:30 p. m.—Duffy's Tavern, NBC; Gang Busters, BN; It Pays to Be Ignorant, MBS.
9:00 p. m.—Furlough Fun, NBC; News, MBS; Aldrich Family, CBS.
9:20 p. m.—Fulton Lewis, MBS; Adventures of Thin Man, CBS.
9:45 p. m.—Lee Simms pianist NBC.
10:00 p. m.—News, NBC; Rupert Hughes, Dem; for Dewey, MBS.
10:45 p. m.—Paul Page, singer, NBC.
11:00 p. m.—Jan Savitt, orch., CBS.

THE GRANGE

Central Point Grange
H. E. club of Central Point Grange will meet with Mrs. Ross Twedell at Talent on Wednesday, Oct. 23, at 12:30, with a covered dish luncheon. Dessert will be furnished by the committee. Mrs. Twedell will be assisted by Mrs. Frank Ward and Mrs. Elmer Ward.
Mrs. O. T. Wilson will discuss "Referendum and Initiative Measures."
Recreation by Mary Taylor.

Upper Applegate Grange

Upper Applegate Grange celebrated its ninth anniversary with a Booster Night October 14. The ladies served a supper to about 60 Grangers and friends. Sister Walker presented a Grange birthday cake.
After supper, Lecturer Grace Buck gave an interesting program. Following the custom Sister Clara Faye Purcell, a new bride, was presented with a gift.
Sister Floyd and Sister Brockaway of Medford, soliciting for the War Chest fund, gave interesting talks.
Following program, Grange meeting was called to order in due form. Besides contributions from individual members, Grange voted to donate \$25 to the War Chest.
Officers will be elected for the coming year at the next regular meeting. A Work Day was set for Nov. 5 and the next dance will be held Thanksgiving night.

HUNTER FOUND DEAD

Winnemucca, Nev., Oct. 19.—(AP)—The body of Frederick John Martindale, 42, Redwood City, Calif., was found late Monday at the head of Flat Creek near here, a bullet wound in his right temple. Sheriff's officers said Martindale had been deer hunting in the area and was reported missing Saturday afternoon by a companion.

ORIGIN OF POTATO

Chicago.—(AP)—After much investigation according to the Encyclopedia Britannica, it seems to be accepted that the original habitat of the wild potato is either Peru or Chili. Some authorities believe it was Sir Walter Raleigh who brought potatoes to Ireland and England. Others say that Sir Francis Drake did so in 1580.
"Berlin or Bust" is the nickname of the first 240-mm. army ordnance howitzer to be fired in France.

Suburban Heights

By GLYAS WILLIAMS
WHEN HIS LADDER SLIPPED AND FELL, TED PERLEY WAS FACED WITH THE ALTERNATIVE OF EITHER TANNING OFF THE STORM WINDOW HE HAD JUST LABORIOUSLY PUT ON, OR OF STAYING PERCHED ON ROOF OF THE KITCHEN PORCH UNTIL THE NEIGHBORHOOD GOT BACK FROM THE HIGH SCHOOL FOOTBALL GAME.

MEAGER CHANCE OF WAR ENDING BY CHRISTMAS

Political Collapse Inside Germany Seen as the Only Chance Early End of War.

By Walter Cronkite
United Press Correspondent
With British 2nd Army in Holland, Oct. 17.—(AP)—We might as well face it; barring a political collapse inside Germany, we won't be out of the foxholes by Christmas.
For a month since the bold airborne descent on Holland, we have sat on this sally. We have broadened its flanks just enough to protect the lifeline corridor up the middle of it.
With 68-fighting days left before Christmas, here is the situation: to the east the Germans still have a broad bridgehead on this side of the Maas (Meuse). Our west flank is still exposed, and the Germans have thousands of troops between the Waal and Belgium. The Germans still hold the most important communications centers—Breda, Tilburg, 'S Hertogenbosch. They still hold defense lines on the Waal and the Maas.

Antwerp Untenable
Their campaign to destroy the channel ports vital to our buildup has been at least partially successful. By holding pockets on the Schelde they still deny us the use of Antwerp.
The plain fact is we have considerably extended our supply line. This applies to the American front as well as the British and Canadian fronts.
This is as obvious to the Germans as it is to us, and we can expect a difficult fight on the west side of Holland for every communications center.

This campaign to reinforce and shorten the supply and maintenance lines must be won before the battle for Germany can shift into high gear.
Along the Overloon-Venray highway we are encountering the first mine fields of any consequence since Normandy—evidence that the Germans have

been busy during the breathing spell.
A factor which military leaders have foreseen for two years now has come into play.
Defense Shortened
While we have pursued the Germans, cutting their transport and armies to ribbons, we have chased them back to the borders of Germany. In so doing, we have shortened to nearly one-third the defensive line they must maintain.
We have shattered their tanks and artillery all along the way, but what they have left is banked and tread and hub to hub along the Siegfried line. We are operating over territory they have held for four years and their guns are ranged in and operated at the very points on which they knew we must concentrate.

Then there's the weather. Even if the normal rain and snow come this country is going to be hell. Already the flat Dutch fields are bogs in which tanks cannot operate. The fighting must be done on the hard roads. And it is against them that the Germans can concentrate their mines, mortars, artillery and men.

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STRANGE AS IT SEEMS By ERNEST HIX



WHICH HAS ONLY SIX KEYS, EMPLOYERS ALL NECESSARY FEATURES OF STANDARD TYPE-WRITERS... WITHOUT CHANGE, IT CAN BE ADAPTED TO ANY LANGUAGE THAT HAS AN ALPHABET OF BRILLE SYSTEM'S FORMED FROM SIX DOTS...
HERMAN GANSHWIND IN 1903 DULY AND FLEW A HELICOPTER, CARRYING TWO PASSENGERS!
TODAY'S PAGING HAWTHA!
Published by the Braille Institute - Los Angeles, 27

THREE-YOLK EGG
Columbia, Mo.—(AP)—Fifteen-year-old David Neebe reports a minor poultry miracle—a three-yolk egg laid by his white rooster. E. M. Funk, associate professor of poultry husbandry at the University of Missouri, said that only one other such egg had

ANSWER TO PREVIOUS PUZZLE
ACROSS
1-Joke
2-Roman writer
11-Overhaul
12-Motor
13-Snake
14-Holy man
17-Greek letter
18-Pronoun
19-Neoplaton
21-Exits
22-An age
24-Reline
25-Social time
27-Slits
28-Herew prophet
31-Noise
32-Vigor
DOWN
1-Light color
2-Toward
3-Cozy retreat
4-African village
5-Refuses
7-Plaster
8-Plains
9-No good (abbr.)
10-Mind
11-Lure
12-Paces
13-Painter's board
14-Russian river
15-Redskins
16-In name only
17-Sea duck
18-Roman god
19-Conclusion
20-Hall
21-Distance down
24-Showered
25-Mythical creature
26-Walks compound
27-Cherry-red
28-Contrast
29-Must
30-Human god
31-Part of church
32-Cheer
33-Printer's measure

Crossword Puzzle



HEAR REV. FRED M. WEATHERFORD'S ADDRESS TONIGHT 7:30 to 8 p.m. KMED

Topic: "Liquor—America's Blaring Menace"

NEW kind of ASPIRIN tablet doesn't upset stomach

WHEN you need quick relief from pain, do you hesitate to take aspirin because it leaves you with an upset stomach? If so, this new medical discovery, SUPERIN, is "just what the doctor ordered" for you.
Superin is aspirin plus—contains the same pure, safe aspirin you have long known—but developed by doctors in a special way for those upset by aspirin in its ordinary form.
not irritate or upset stomach—even after repeated doses.
Tear this out to remind you to get Superin today, so you can have it on hand when headaches, colds, etc., strike. See how quickly it relieves pain—how fine you feel after taking. At your druggist's, 15c and 39c.

Superin TABLETS

WHEN HIS LADDER SLIPPED AND FELL, TED PERLEY WAS FACED WITH THE ALTERNATIVE OF EITHER TANNING OFF THE STORM WINDOW HE HAD JUST LABORIOUSLY PUT ON, OR OF STAYING PERCHED ON ROOF OF THE KITCHEN PORCH UNTIL THE NEIGHBORHOOD GOT BACK FROM THE HIGH SCHOOL FOOTBALL GAME.

LUMBER INDUSTRY AIDS COMMUNITY WAR FUND DRIVE

Medford's lumber industry is again outstanding as a contributor to the annual Community Chest and War Fund, chest officers state, with several firms nearly through with employee solicitation.
Several hundred individual donations have already been listed by Timber Products company, which has a good reputation with chest workers for early and complete campaigns. The employee campaign of Medford corporation, covering local as well as Butte Falls operations, has been reported as nearing completion as is the case with Alley Brothers, and the Tiller sawmills on the South Pacific highway.
According to A. M. Cannon, chest president, the lumber industry last year carried in direct company and employee group contributions from a half-dozen plants approximately 10 per cent of the total chest load and indications are for a similar or greater proportion this year.

Public Warning! BEWARE OF PIN-WORMS

Warlike living conditions may be the cause of spreading Pin-Worm Infection. Scientific reports in many communities have shown at least one-third of the infected children and grown-ups to be victims of Pin-Worms—often without knowing what was wrong!
Watch out for the warning signs that may mean Pin-Worms in your child or yourself: the tormenting, embarrassing, itching, the itchy, uninteresting, nervous, blotchy, flaky appetite.
New Discovery Hailed By Doctors
After centuries of distress caused by Pin-Worms, a new and highly effective way to deal with this stubborn pest has recently been discovered. This scientific discovery, hailed by medical authorities, is a remarkable drug (patented in U.S.). It is the vital element in N.W. the new Pin-Worm treatment developed by the laboratory of Dr. D. J. Jones & Son, America's leading specialists in worm medicine. N.W. tablets are small and easy to take, and they act in a special way to destroy the Pin-Worms. At the first warning sign, ask your druggist for N.W. and follow the directions. N.W. means Pin-Worm relief!

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BARNEY GOOGLE AND SNUFFY SMITH

WHAT TIME IS IT BACK IN TH BIG SMOOKIES RIGHT THIS SECOND, HAWKY TAWKY?
EIGHT P.M. SNUFFY
HERMAN GANSHWIND IN 1903 DULY AND FLEW A HELICOPTER, CARRYING TWO PASSENGERS!
TODAY'S PAGING HAWTHA!
10-19 FRED LASSWELL

BUZ SAWYER

I HADN'T BARGAINED ON SO MANY JAP PATROLS. WE MAY HAVE TROUBLE. IF SO, WE SHOULD HAVE AN UNDERSTANDING
WHAT KIND?
THIS: THAT NO MATTER WHAT HAPPENS, SAWYER COMES FIRST. HE HAS VALUABLE MILITARY INFORMATION AND MUST NOT BE CAUGHT. HE MUST GET AWAY, REGARDLESS OF WHAT HAPPENS TO THE REST OF US. IS THAT CLEAR?
BUNK! HERE'S THE INFORMATION. JOE CAN FLY IT OUT, AS WELL AS I CAN
NIX. UNCLE SAMUEL SENT YOU TO GET IT, NOT ME. YOUR JOB, ADMIRAL. WE'RE JUST GOING ALONG FOR THE RIDE

BLONDIE

YEP—KEEP THE LEFT ARM UP AND HIT WITH THE RIGHT
LIKE THIS, POP?
YIPE YIPE

L'IL ABNER

YO' CAN'T HAVE THET ONE, JUAN. L. SULLIVAN. HE HAIN'T NO WIDOWER?
THEN—AH'LL MAKE HIM ONE!
THEM IS FIGHTIN' WORDS, DEARIE
COULD IT BE THET YO' IS TH' PARTY WHICH IS STANNIN' IN TH' WAY OF HIM BECOMIN' A WIDOWER, SWEETIE?
SO AH HONEY??
WOULD YO' PREFER T' SETTLE TH' WIF WEPPONS—OR BARE KNUCKLES, DOGGPATCH STYLE?
IT'S ALLUS TH SAME T' ME, SWEETIE—WHEN OPPONENTS CAN'T TELL TH' DIFF'ERENCE AFTER AH FINISHES WIF 'EM

THE NEBBES

QUET! I'VE GOT TO THINK UP A WAY TO PROMOTE NEBBUCKS AIRPORT PLAN
EVER SINCE OBIE SLIDER SUGGESTED THE IDEA YOU'VE BEEN UP IN THE AIR
THAT'S IT. UP IN THE AIR!
FANNY YOU'RE MARVELOUS... THAT'S A REAL INSPIRATION!
WHAT ON EARTH ARE YOU TALKING ABOUT?
NOTHING ON EARTH... A-HA-HA-HA
SHALL I RESERVE A SUITE FOR YOU AT THE ASYLUM OR WILL A PADDED CELL DO?