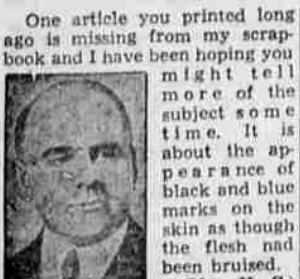


Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.

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BLACK AND BLUE MARKS



One article you printed long ago is missing from my scrapbook and I have been hoping you might tell me more of the subject some time. It is about the appearance of black and blue marks on the skin as though the flesh had been bruised. (Mrs. H. C.)

Such "black and blue" marks appear without evident cause or following trifling injury when the individual has scurvy. Manifest scurvy (scurbutus, as doctors call it) is a nutritional deficiency disease occurring most frequently in this country, in infants who are fed too exclusively with canned or sterilized or pasteurized milk and not supplied with a daily ration of tomato juice (fresh or commercial canned), orange juice or other fresh fruit juice.

Then a less manifest survey not rarely develops in a person, young or old, whose diet is too rigidly restricted for weeks or months either from lack of proper food or from ill-advised effort to reduce or to avoid foods the uninformed deems "undigestible," "mucus-forming," "acid" or "too coarse."

This latter mild scurvy may go unrecognized. It accounts for false suspicions or open charges of abuse or brutality in institutions where inmates or patients are fed too exclusively with "sterilized" or cooked or pasteurized or canned food, and too little fresh fruit, fresh greens or vegetables are supplied to prevent scurvy.

Scorvy, due to insufficient intake of vitamin C (chemically known as ascorbic acid), is not the only explanation for the tendency to get such "black and blue" marks from trifling injury. Another nutritional deficiency which is far more common

Caves and Corpses Only Remnant Of Livergnano, Barrier to Bologna

By James E. Roper

United Press War Correspondent
Livergnano, Italy, Oct. 17—(U.P.)—A German infantry and armor platoon in Livergnano today—a village of caves and corpses, a town without a single house intact.

The white gravel of the main road was stained brown by blood from German and American dead. In one tiny room on the outskirts of town were 16 American bodies, while German dead were strewn through the caves and tumbled down houses.

This barrier, blocking the highway to Bologna, was known to the Germans as the Casar line and the doughboys who took it said it was tougher than their section of the Gothic line.

At the bases of cliffs, rising 50 to 100 feet on each side of the town, were a chain of caves, now blackened and bloodied by five days of American artillery fire. They were natural positions and the Germans used them craftily.

On Thursday, the Germans permitted two companies of Yanks to creep into town and up the long ramp of the cliff. Then they opened with machine guns from both ends of the ramp. Some of the trapped doughboys leaped over the 50-foot embankment and lay crumpled at the bottom with broken legs and ankles.

Second Lt. Alton Gloor, Gonzales, Tex., headed one column up the ramp. He charged towards a German machine gun, firing his rifle from the hip.

"Tracers from the German machine gun lit up Gloor like a ball of fire and put eight holes through his field jacket, but he kept on going and wasn't scratched," a wounded soldier reported later.

Gloor killed all three German machine gunners. Then with some of his company, he overcame four more automatic weapons before bursting to the top of the cliff and into a church where two Germans were captured.

Women Will Decide Presidential Race Avers Clare Luce

Pittsburgh, Oct. 17—(U.P.) Rep.

Clare Boothe Luce, of Connecticut, asserted today that the women of America will decide the presidential election and that they will vote for Gov. Thomas E. Dewey, the Republican candidate.

"Women," Mrs. Luce told a press conference, "will vote from here out, for an efficient administration which will bring their boys home and put them back into employment."

Mrs. Luce, here to address a Republican rally at Syria Mosque tonight, expressed the opinion that women are "better voters" than men because they have the ability to go to the heart of an issue, while the men clutter their thinking with extraneous matters not important to the question at hand.

\$500 REWARD TO GI

Nahant, Mass. (U.P.)—When

Cpl. Princy Hastings of St. Louis found a three-stone ring on a street, he figured it was worth about \$1. Later, the owner turned up and Hastings received a \$500 reward. The ring was valued at \$10,000.

The various rail movements of sick and wounded men from overseas with their attendants might total 23,000 a month, according to estimates of the office of the Surgeon General of the Army.

LOW WEEKLY RATES AT CRATER HOTEL

Across From Craterian Theatre—Phone 4174
SINGLE..... \$4.50 to \$6
DOUBLE..... \$7.50 to \$12
New Simmons Inner Spring Mattresses—Free Showers Clean Room

ZERO CLUB

Out of bounds, civilians only
Delicious chicken and steak dinners 7:00 p. m., 8 a. m. except Sunday. Phone day time 5300, night 9101.

Robert Louis Stevenson was married in San Francisco.

ANSWER TO PREVIOUS PUZZLE

Crossword Puzzle

Crossword puzzle grid with clues for Across and Down. Includes a small illustration of a woman.

On the Radio Chains

- STATIONS: Chain affiliation and where they are on the dial: KALB (MBS) 1330, Portland; KXIA (NBC-Blue) 1190, Portland; KXIA (NBC-Blue & MBS) 1510, Spokane; KGO (NBC-Blue) 810, San Francisco; KGW (NBC-Red) 430, Portland; KJH (NBC-Blue) 1900, Seattle; KSN (CBS) 1070, Los Angeles; KOA (NBC-Red) 850, Denver; KOIN (CBS) 930, Portland; KOMO (NBC-Red) 850, Seattle; KIQ (NBC-Red) 680, San Francisco; KSL (CBS) 1160, Salt Lake City.

THE GRANGE

Phoenix grange met in regular session October 10. Elva Coster gave an interesting report. As it is time to pay taxes, she explained the tax forms and how the taxes are figured. H. E. C. meets at Myrtle Hixson's October 18 with Gladys Grace as assisting hostess. There will be a covered dish dinner at noon. November 4 was date set for booster night. Plans for the evening are being made by Lecturer Laurel Poling and her assistant, Vaughn Quackenbush. Next grange meeting, October 24, is to be preceded by a covered dish dinner at 7 o'clock. The committee will be Mr. and Mrs. Schroeder and Mr. and Mrs. Maust. H. E. C. committee will help furnish the meat dish. The War Fund drive will continue until October 23. So if you weren't home when the solicitor called get in touch with her and make your contribution.



"Dragon Seed" Wednesday Hit



Starting tomorrow at the Craterian, is Katharine Hepburn in "Dragon Seed," with Walter Huston, Ailene MacMahon, Akim Tamiroff and Turhan Bey.

Janet Wall Chosen "Wave of Week" at San Diego Station

Storekeeper Second Class Janet E. Wall, of Medford, Ore., and Calistoga, Calif., recently was selected WAVE-of-the-Week by the host, newspaper of the U. S. Naval Training Center, San Diego, Calif., where she is on duty.

Boy Scout News

Roosevelt school was scene of a combined Boy Scout investiture and court of honor last Thursday evening. Receiving tenderfoot badges were Gordon Marx, Stephen McCabe, Lloyd Timmons and James Collins.

High Court Balks Return of Attacks

Washington, Oct. 17—(U.P.)—The supreme court today denied a motion for a writ of mandamus seeking the return to the United States of Tyler Kent, former U. S. embassy attaché in London, who was convicted in a British

Washington, Oct. 17—(U.P.)—The office of price administration today fixed spinach ceiling prices for October and the first 10 days of November at \$1.60 per bushel of a minimum weight of 18 pounds, f. o. b. shipping points in Texas, and 8.9 cents per pound for lighter bushels and all other containers.

PIN-WORM ITCH MAY THREATEN YOUR CHILD'S HEALTH

Don't let your child suffer a single needless minute of misery with Pin-Worms! These pests are more than just a nuisance. Scientific facts now show that crawling Pin-Worms, living and growing inside your child's body, can cause real distress. It is easy for anybody, anywhere, to catch this nasty infection, often without even knowing what is wrong. Learn the warning signs—the tormenting, embarrassing rectal itching; also, uneasy stomach, bed-wetting, nervous fidgeting, dimky appetite, and loss of weight.

If you suspect Pin-Worms, get a package of P-W tablets right away and be sure to follow the directions. P-W is the new Pin-Worm tablet developed by the laboratories of Dr. D. D. Jaffe & Son, America's leading specialists in worm medicines.

Important Scientific Discovery The small, easy-to-take P-W tablets contain a remarkable drug (gentian violet) that is being hailed by high medical authorities as the most effective medicine ever discovered for dealing with Pin-Worms. Thanks to this important discovery, P-W works in a special, gentle way to destroy Pin-Worms.



Ask your druggist: P-W for Pin-Worms!

THE WORLD AT ITS WORST



BARNEY GOOGLE and SNUFFY SMITH



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THE NEBBES



BUZ SAWYER



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