

Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.

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I BELIEVE IN SOAP AND WATER

Strange as it may seem to the wisecracker, I, O! Doc Brady, believe the people, all the people, do not make nearly enough everyday use of soap and water as a cleansing, antiseptic, disinfecting agent.

Recently I quoted here an observation of Prof. Barnett Sure's (The Little Things in Life, Appleton-Century, '37):

"Relatively clean teeth may be extremely decayed, and filthy mouths may contain sound teeth and healthy gums."

Frankly, I do not understand what Prof. Sure means by filthy and Webster says filthy is foul matter; anything that soils or defiles disgustingly; and filthy means defiled with filth, disgustingly dirty, polluting. That's clear enough even for my dull comprehension, but I'd feel happier about it if Prof. Sure, or any other intelligent or competent person, would show me a "filthy" mouth containing sound teeth and healthy gums. I honestly believe that would be as singular as a mouse's nest in the cat's ear.

Still and all, I say we do not use enough soap and water in this country. Especially not enough soap. In a good many places where water, even running water, is provided there is a conspicuous absence of soap, whether in solid, liquid, or powder form.

Now soap costs money, while water is so cheap that almost any municipality, corporation or individual is willing to provide it for washing the hands, or for drinking, that is, for citizens, patrons or guests. When it comes to providing soap, few municipalities or corporations or individuals are willing to provide it, not regularly and

constantly. I'm not an economist and I do not know whether the cost of soap should be paid by the corporation or employer or municipality or by the public or by the user, but I do believe this question should be answered by the law and some sort of ordinance or sanitary law set up and strictly enforced so that the penalty for failure to provide soap would be more costly to the delinquent corporation or individual than a year's supply of soap.

QUESTIONS & ANSWERS
Phenobarbital Habit Broken
Had been taking phenobarbital regularly for nervous spells. It was prescribed at first by a prominent physician, but later I got it myself. When I read in your column how the drug affects morale I started eating the B-complex and D vitamins you advise in the pamphlet. . . now I sing happily at my work. . . I used to bawl at the drop of a hat. . . I don't know if your column has helped me help and joy your column gives people. (V. S. G.)

Answer—Thank you, Ma'am. Trouble is, so many people read my hard-boiled column only to deplore my unprofessional lack of sympathy and understanding. The pamphlet to which you refer is entitled "Young Folks and Old Folks," and deals with the common nutritional deficiencies of young people and old people. It does not allude to the habituation of other drugs. Copy mailed any reader who asks for it in writing and incloses stamped self-addressed envelope.

Wheat Germ
Where can I get freshly milled wheat germ. We were getting it until we found out they were getting it from some one else. (Mrs. W. S. E.)

Answer—Any mill that produces flour or other wheat product should have wheat germ or any miller can catch out a few pounds whenever it wanted. Just plain wheat germ should cost no more than just plain wheat. Of course you must pay for delivery. If you can't carry it home yourself. (Copyright 1944, John F. Dille Co.)

CANADIANS CROSS SECOND HUN LINE IN BOLOGNA DRIVE

Rome, Oct. 14—(U.P.)—Canadian troops of the 8th army today stormed across the Selo Rigossa canal, important secondary German defense line along the Rimini-Bologna highway and moved to within 17 miles of the Po valley city of Forli.

Enemy defensive strength appeared to be centered along the banks of the Fiumicino river, slightly to the north, and the Canadians, diverting their drive, crashed head-long across the canal into the reasonably clear ground to the northwest.

Beyond the 8th army advance units lay the Rubicon-Cesenate canal, generally regarded as the last stronghold of the Germans in this sector. Breaching of this stronghold would give the allied troops an all but clear path up the Po valley toward Bologna.

Fifth army units in the sector south of Bologna remained stalemated against increasing German resistance. American troops fought their way to the top of a hill dominating the town of Cesso and made advances to the north and northwest from this pivot.

Farther west they took the town of Pogglioli, five miles east of embattled Livergnano and advanced northward from Mont Della Formiche.

OLIVER TRACTORS

Future orders are now being taken for models 60-70-80 tractors. We have several coming—if you need a tractor ORDER NOW!

AMERICAN FRUITGROWERS, Inc.
213 So. Fir. Phone 5214

YICK SO CHINESE HERB CO.

REMEDIES FOR STOMACH ULCERS
Heart Rheumatism Asthma Catarrh Piles, Prostate Gland Eczema, and all disorders of Liver, Kidney Trouble, and other complaints disappear after using

CHINESE HERBS
Removed to Sparta Bldg.
J. H. Leong, Herbalist Phone 5817

AACHEN GERMANS GIVEN TASTE OF TERRORS OF WAR

Stunned By Defeat, Civilians Unable To Realize Defeat In Reich

Aachen, Oct. 14—(U.P.)—The German civilians of Aachen threw in the sponge today. Dazed and sobbing, their faces contorted with fear, they began streaming from the burning city by the hundreds. They must have been the same people who had cheered when they saw German movies of refugees fleeing before the conquering Wehrmacht in Poland, France and Greece.

Today they were stunned and bewildered—unable to comprehend how such a thing could happen within Hitler's Third Reich.

With half the city destroyed and our troops methodically advancing in a battle through houses, attics, streets and sewers, the civilians called it quits in large numbers around 2:03 this afternoon. An hour and a half later upward of 3,000 had run the gauntlet of fire and smoke in the eastern section of Aachen to seek refuge behind our lines.

Many emerged from a single air raid shelter three stories underground where they had taken refuge against the deluge of American bombs and shells. As they trudged through the ruins, a good number displayed copies of the American ultimatum which had been dropped on Aachen demanding that the city be surrendered or destroyed. The civilians figured a copy of the ultimatum would serve as a safe conduct pass.

PROMISE CUT IN ERRORS BY OPA

Portland, Ore., Oct. 14—(U.P.)—The agricultural relations advisor for the OPA, T. H. Williamson of Washington, D. C., has admitted that the OPA "isn't through making mistakes," but he said that the percentage of errors made by the OPA will be reduced as a result of conferences of the type recently held in Portland.

The purpose of the farm advisory councils, such as the one here is to assist in bringing farm problems to the attention of price officials, Williamson said.

31 FUNDAMENTALISTS HEAR FATE NOV. 10

Salt Lake City, Oct. 13—(U.P.)—Judge M. J. Bronson today continued until Nov. 10 the scheduled sentencing of 31 Utah Fundamentalists who had been convicted of conspiracy to practice polygamy.

Bronson granted the continuance in order that the defense could have additional time to prepare new evidence that attorneys announced they were gathering in support of their demand for a new trial for the 20 multi-wed men and 11 women.

STATE GAINS 280 CARS

Salem, Ore., Oct. 14—(U.P.)—Oregon's secretary of State, Robert S. Farrell, has announced that motor vehicle registrations in Oregon totaled 413,039 vehicles on September 30, an increase of 280 over the same period last year.

CORN REMOVER

Give instant relief from pain and positively remove hard corns, soft corns between the toes, callouses, warts, papillomas, club nails. It contains several different oils that soften, loosen and does not cause the irritation as do strong acid mixtures. When all others have failed try this one. Sold on mobby back quantities.

Exclusively at WESTERN THRIFT

SUBURBAN HEIGHTS

By GUYLAS WILLIAMS
WHEN FRED PERLEY GOING HOME, SAW THE HALL LADEN WITH WOMEN'S CLOTHES. HE ASSUMED THAT HIS WIFE WAS HAVING A TEA PARTY OR A COMMITTEE MEETING, AND RETIRED HASTILY UNTIL THE DANGER SHOULD BE OVER. AND IT WAS ONLY AFTER SKULKING AROUND THE NEIGHBORHOOD FOR SOME TIME THAT HE DISCOVERED HIS WIFE HAD MERELY TAKEN HER WINTER CLOTHES OUT OF CLOSET TO AIR THEM AND HADN'T PUT THEM AWAY YET.

On the Radio Chains

STATIONS:
Chain affiliation and where they are on the dial:
KALB (MBS) 1330, Portland.
KAX (NBC-Blue) 1190, Portland.
KGA (NBC-Blue & MBS) 1510, Spokane.
KGO (NBC-Blue) 810, San Francisco.
KJW (NBC-Red) 830, Portland.
KJH (NBC-Blue) 1000, Seattle.
KXN (CBS) 1070, Los Angeles.
KOA (NBC-Red) 850, Denver.
KOIN (CBS) 970, Portland.
KOMO (NBC-Red) 850, Seattle.
KPO (NBC-Red) 680, San Francisco.
KSL (CBS) 1160, Salt Lake City.

On the Radio Chains

STATIONS:
Chain affiliation and where they are on the dial:
5:00 p.m.—Charlie McCarthy, NBC; News, CBS; Mediation Board, MBS.
5:30 p.m.—One Man's Family, NBC; Rhythm Inn, CBS; Geo. Forman, MBS.
5:45 p.m.—Drew Pearson, BN; Gabriel Heatter, MBS.
6:00 p.m.—Merry-Go-Round, NBC; Walter Winchell, BN; Radio Reader's Digest, CBS; Steel Horizons, MBS.
6:15 p.m.—Hollywood Mystery Time, BN.
6:30 p.m.—American Album Familiar Music, NBC; Summer Star Theater, CBS.
6:35 p.m.—Jimmie Fidler, BN.
7:00 p.m.—Hour of Charm, NBC; The Life of Riley, BN; Take It or Leave It, CBS; Goodwill Hour, MBS.
7:30 p.m.—Tremayne Gleason, NBC; Fannie Brice, CBS; Keep Up With the World, BN.
8:00 p.m.—Greenfield Village Choir, BN; Crime Doctor, CBS; Great Gilderlance, NBC.
8:15 p.m.—Story Behind the Headlines, NBC; Dorothy Thompson, BN.
8:30 p.m.—Transatlantic Call, CBS; Quiz Kids, BN; Blondie, CBS; Tonight at Hoagy's, MBS.
9:15 p.m.—Bill Lance, CBS; News, lines, NBC.
9:15 p.m.—Rex Miller, MBS.
9:30 p.m.—Humor Adventure, MBS; Jack Benny, NBC.
10:00 p.m.—News, NBC; In Focus, BN.
10:15 p.m.—Blue Preview, BN.
10:20 p.m.—Bob Berkeley Orch., CBS.
10:30 p.m.—Song to Born, NBC; CBS; Pacific Story, NBC.
10:45 p.m.—Jan Garber Orch., CBS.
11:00 p.m.—St. Francis Hotel Orch., NBC; Emery Deutch, MBS; Eddie Garr Show, CBS.

On the Radio Chains

STATIONS:
Chain affiliation and where they are on the dial:
5:00 p.m.—OK for Release, NBC; Fletcher Wiley, CBS; Terry and Piliates, BN.
5:15 p.m.—Superman, MBS; Dick Tracy, BN.
5:30 p.m.—Voice of Firestone, NBC; Harry Planners, News, CBS; Adventures of Tom Mix, MBS; Jack Armstrong, BN.
5:45 p.m.—News, CBS; Captain Midnight, BN; Night News Wire, MBS.
6:00 p.m.—Song to Born, NBC; Radio Theater, CBS; Gabriel Heatter, MBS.
6:15 p.m.—Screen Test, MBS.
6:30 p.m.—Spotlight Bands, BN; Information Please, NBC.
7:00 p.m.—Mervyn Gandy, NBC; Screen Guild Players, CBS; Henry Gladstone, MBS; Raymond Gram Swing, BN; News, MBS.
7:15 p.m.—Lowell Thomas, MBS; Ted Malone, BN.
7:30 p.m.—Dr. I. Q. NBC Thanks to the Yanks, CBS; Lone Ranger, MBS; Howace Heidt Orch., BN.
8:00 p.m.—Mervyn Gandy, NBC; Shop NBC; I Love a Mystery, CBS; Roy Henle, News, BN.
8:15 p.m.—M. L. Lawton, NBC; Hedda Hopper, CBS; Lum and Abner, BN.
8:30 p.m.—Cavalcade of America, NBC; Gay Nineties, CBS; Michael Shane, MBS; Countryery, BN.
9:00 p.m.—Television Hour, NBC; Blind Date, BN; News, MBS; The Whistler, CBS.
9:30 p.m.—Fulton Lewis, Jr., MBS.

THE STANDARD HOUR

Presents An Opera Season Preview of "FAUST"

Starring:
Vivian Della Chiesa
Raoul Jobin
Ivan Petroff
Thelma Votipka
Hertha Glaz
Roberto Silva

Conducted by Gaetano Merola

Sunday 8:30 P.M.

KMED

STANDARD OF CALIFORNIA

AMERICAN FRUITGROWERS, Inc.

213 So. Fir. Phone 5214

BOTTLE BAN FOR SOLDIERS LIFTED

Salem, Ore., Oct. 14—(U.P.)—Shipyard employees 26.9 per cent of all workers in Oregon last year, according to a survey just completed by the state unemployment compensation commission.

ZERO CLUB

Out of bounds, civilians only
Delicious chicken and steak dinners, 7:00 p.m., 3 a.m. except Sunday. Phone day time 5300; night 9101.

Chalker's Motel & Lodge OFFICERS' CLUB

Dine-Dance-Refreshments
Chicken and Steak Dinners
Most Unique Place in So. Ore. CLOSED MONDAYS
Thursdays Private Parties Only—
For Reservations Ph. Gold Hill 474

STRANGE AS IT SEEMS By ERNEST HIX



BARNEY GOOGLE and SNUFFY SMITH



may purchase bottled liquor at any time stores are legally open, the command headquarters disclosed today.

Previously, soldiers could make purchases only between 4

BEAUTIFUL— ROGUE RIVER LODGE

IS NOW OPEN
Delicious Dinners
Cocktail Lounge
Dancing
On Crater Lake Highway
Near Trail
Telephone Trail 1404

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

1	2	3	4	5	6	7	8	9	10	11
12	13	14	15	16	17	18	19	20	21	22
23	24	25	26	27	28	29	30	31	32	33
34	35	36	37	38	39	40	41	42	43	44
45	46	47	48	49	50	51	52	53	54	55

THE MOSQUITO KILLS MORE PEOPLE THAN DO POISONOUS SNAKES THIS WORLD OVER...

CARL FISCHER, PIONEER AERONAUT, TOOK AN AUTOMOBILE ALOFT WITH A BALLOON, TO A HEIGHT OF 3000 FT. AFTER THE FLIGHT, THE BALLOON WAS LOADED INTO THE CAR AND DRIVEN HOME!

INDIANAPOLIS - OCT. 30, 1938

BUZ SAWYER

HERE'S YOUR GUN AND SWORD, GAWNER, HOW FAR HASTEN GO IN THAT PLANE?
THREE, WANTA GO?
SULTRY! ARE YOU KIDDING? THIS IS ONE THING I NEVER EXPECTED OF YOU
UNBELIEVABLE AS IT SEEMS, THE BOULDER MUSTA BOUNCED OFF NO WOMAN BEAN IS POW'FUL NUFF TO OF TOSSED THE TRENZUM JET WAY UP FROM TH' VALLEY.
GULP!! W-WRITIN!!
kindly stop thewain rocks at me
AH DORCAS MY SWEET--- MY LOVELY NECTARINE!
HORATIO, NIBLICK, HAVE YOU BEEN DRINKING?
GO LONG HORATIO!
I'M RAVING THE WAY TO THE GOVERNORS CHAIR WITH A BRAND NEW IDEA
UNBELIEVABLE AS IT SEEMS, THE BOULDER MUSTA BOUNCED OFF NO WOMAN BEAN IS POW'FUL NUFF TO OF TOSSED THE TRENZUM JET WAY UP FROM TH' VALLEY.
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BLONDIE

HERES A LOVELY APPLE FOR YOU TO TAKE TO YOUR TEACHER
NOTHING DOING!
I'M NO TEACHER'S PET---THE KIDS WOULD CALL ME A SISSY, IF I TOOK THAT
UNBELIEVABLE AS IT SEEMS, THE BOULDER MUSTA BOUNCED OFF NO WOMAN BEAN IS POW'FUL NUFF TO OF TOSSED THE TRENZUM JET WAY UP FROM TH' VALLEY.
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LIL ABNER

UNBELIEVABLE AS IT SEEMS, THE BOULDER MUSTA BOUNCED OFF NO WOMAN BEAN IS POW'FUL NUFF TO OF TOSSED THE TRENZUM JET WAY UP FROM TH' VALLEY.
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THE NEBBS

UNBELIEVABLE AS IT SEEMS, THE BOULDER MUSTA BOUNCED OFF NO WOMAN BEAN IS POW'FUL NUFF TO OF TOSSED THE TRENZUM JET WAY UP FROM TH' VALLEY.
GULP!! W-WRITIN!!
kindly stop thewain rocks at me
AH DORCAS MY SWEET--- MY LOVELY NECTARINE!
HORATIO, NIBLICK, HAVE YOU BEEN DRINKING?
GO LONG HORATIO!
I'M RAVING THE WAY TO THE GOVERNORS CHAIR WITH A BRAND NEW IDEA

WHOEVAH YO' IS - HYAR AH COMES!!

UNBELIEVABLE AS IT SEEMS, THE BOULDER MUSTA BOUNCED OFF NO WOMAN BEAN IS POW'FUL NUFF TO OF TOSSED THE TRENZUM JET WAY UP FROM TH' VALLEY.
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