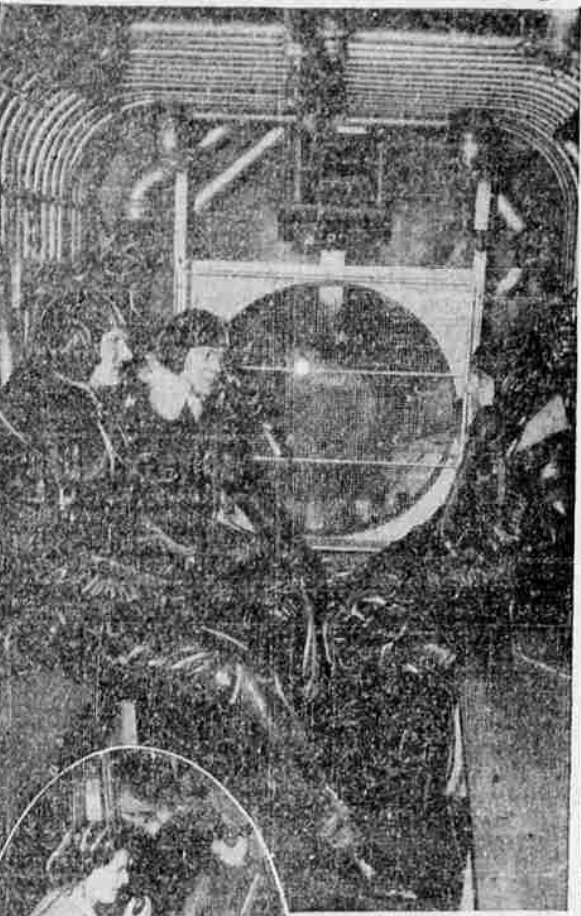


WAVES Aid Naval Aviation Training



OFFICIAL U. S. NAVY PHOTOGRAPHS

WAVES participate in the altitude training program for Navy men undergoing flight training and for air crewmen. The WAVE, inset, is conducting a "run" in the low-pressure chamber at the Naval Medical Research Institute at Bethesda, Maryland.



Your Health and Its Care

BY DR. WILLIAM BRADY, M. D. Readers should address inquiries to Dr. William Brady 265 El Camino, Beverly Hills, Calif.

A NIP FOR GRAM AND GRAMP

From time to time I have directed to parents, teachers, spiritual advisers, doctors, uncles, aunts, big brothers and sisters a plea in behalf of growing boys and girls—namely, the ceremony of pledging them against using alcohol or tobacco, and the annual renewal of the pledge, say on the child's birthday, up to the time when the child becomes independent and self-supporting.

Members and officers of the W.C.T.U. have now and again expressed approval of my attitude. Spiritual advisers rarely. Parents once or twice. Doctors never.

Now if I had my way every blanketed cocktail joint in the country would be closed, not only on V-day and for a day or two thereafter, but forever. And every alleged eating place where liquor is available would pay such a stiff tax on liquor sales that there would be no profit in that end of the business.

Now don't assume I'm just a crank. I am speaking as a health expert. In his famous "Practice of Medicine" textbook Dr. Osler, speaking of the treatment of pneumonia, said: "Alcohol does not seem to raise the blood pressure in fever, and the studies of



Olive Barber's Observations

Yes, I know it's a little early to start emphasizing the need for bird feeding tables. But the best mince meat recipe I ever got was from a woman who gave it to me at a 4th of July picnic—certainly not mince meat making season. And how about all the post war plans people are making though on one has as yet reported having heard the death rattle in the enemy's throat. So I'm going to outline some ways of helping the pincushion balls of feathers when the time comes they need help.

For the time will come when nature will seem to have forgotten her feathered children; when snow and freezing weather will bring hunger and cold and death will stalk among the ranks of those which, as Margaret McKenny so lovingly describes as having, all summer, "woven a web of flight and song" for us.

So when that time comes, be prepared to get out your food chopper and grind some apple peelings; throw in a little suet and hamburger if you have it. Also put out plenty of uncooked cereals and be sure to put these where a bit of shelter will protect the food from snow and rain.

For birds are not like the creatures of the ground whose stored fat and slowly beating hearts can tide them over foodless periods. A bird's temperature runs close to 110, its tiny pulse ever beating furiously to maintain this fever heat. This requires food and more food as their high-gearred little engines need constant stoking.

For a whole year the little tykes will have worked for us, destroying millions of voracious insects which, if left unchecked, would have eaten our last flower, our last vegetable. Not only have they worked for us but have lifted their voices to the very vaults of heaven in an ecstasy of joy at the world they found so fine. Let us not be entirely without recognition of the gay gallantry with which they have met life—the high-burning little flame within them which puts a song in their throats even as they keep constant vigilance for the ever present cat with its pouncing death.

But be careful when you put out this food supply. Shut your door to the house and ask your

Briggs and Cook in my wards would indicate that it is not of much value in progressive vasomotor collapse. This does not mean, however, that it may not have a value in the fever, and I should be sorry to give up its use in the severer forms of enteric—(typhoid fever)—and of pneumonia.

In the same edition (sixth, '06) Osler said in the chapter on treatment of typhoid and enteric fever: "Alcohol is unnecessary in a great majority of the cases. Of late years I have used it much less freely; but when the heart is feeble and the toxic symptoms are severe, eight to twelve ounces of whiskey may be given in the twenty-four hours."

Before we put Osler back on the shelf—after all, he is not an authority today—it seems pertinent to recall that when he visited his elderly mother and found her rather peevish he advised her to have some wine every day. But mother shook her head. "No, no, Willie," she said, "I'm afraid I might get the habit."

QUESTIONS & ANSWERS

Not So Fast I have lost 7 pounds in 1 1/2 weeks since I started the regimen you give in your pamphlet. I am happy and proud of it. As I am only 5 ft. 3 inches tall and weighed 120 pounds, I feel so much better already, and for those I can keep on losing flesh and gaining vitality. Please send me your pamphlet for falling hair and for graying hair. (Mrs. P. L.)

Answer—That is too fast. Two or three pounds a week is as much as any one should lose on a safe, healthful reduction. Try to regulate your diet and activity to keep the loss of weight around 2 pounds a week. Pamphlet "How to Lose Weight" mailed on request (no charge). If you provide stamped self-addressed envelope, pamphlet on "Care of the Hair and Control of Dandruff" also. Pamphlet on "The Anti-Gray Hair Vitamin" ditto if you ask for more than one pamphlet (include ten cents for each additional one you want).

Balmy Indoor Climate I have a clipping or part of one in which you talk about maintaining proper indoor humidity in the winter time, with water reservoirs and wicks. (Copyright 1944, John F. Dille Co.)

Answer—Send stamped self-addressed envelope for pamphlet on "Air Conditioning."

Gets Around



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neighbors to do the same. They are all good guys, even as you and I, and only need to be reminded.

NAVY PREPARES Maryville, Mo., (U.P.)—No navy wallflowers here this fall! Forty apprentice seamen at the Northwest Missouri State Teachers college have organized a dancing class and have hired a teacher. They say they are getting prepared for the coeds' return in September!

GOOD HEALTH Your Greatest Possession Requests it by being relieved of Rheumatism (Piles), Flat Stomach, Headache, Stomach Disorders, etc. Our method of treatment without surgical operations, authorized by the U.S. Dept. of Health for 25 years. Liberal credit terms. Call for information or send for FREE booklet.

Open Evenings, Mon., Wed., Fri., 7 to 8:30 Dr. C. J. DEAN CLINIC Physician and Surgeon

On the Radio Chains

- STATIONS: Chain affiliation and where they are on the dial: KALE (MBS) 1330, Portland; KEX (NBC-Rio) 1190, Portland; KXA (NBC-Hill & Hill) 1240, Spokane; KGO (NBC-Blue) 810, San Francisco; KJW (NBC-Red) 670, Portland; KJR (NBC-Blue) 1000, Seattle; KXN (CBS) 1070, Los Angeles; KQA (NBC-Red) 850, Denver; KOIN (CBS) 970, Portland; KOMO (NBC-Red) 950, Seattle; KPN (NBC-Red) 690, San Francisco; KSL (CBS) 1160, Salt Lake City.

- Time Shown to PWT: Wednesday 5:00 p.m.—Fletcher Wiley, CBS; Terry and Pirates, BN; OK for Release, NBC; 5:15 p.m.—Superman, MBS; Dick Tracy, BN; 5:30 p.m.—Jack Armstrong, BN; Harry Flannery news, CBS; Adventure of Tom Mix, MBS; 5:45 p.m.—Louis P. Lochner, NBC; Night News, MBS; Capt. Midnight, BN; News, CBS; 6:00 p.m.—Eddie Cantor, NBC; Gloria Heatter, MBS; Carlton and News, BN; Frank Sinatra, CBS; 6:15 p.m.—News, BN; Green Test, MBS; 6:30 p.m.—Mr. District Attorney, NBC; Jack Carson, CBS; First Nighter, MBS; Spotlight, BN; 7:00 p.m.—Ray Kaye's Kollage, NBC; Raymond Gram Swing, BN; Great Moments in Music, CBS; 7:15 p.m.—Lowell Thomas, MBS; Ted Malone, BN; The Colonel, CBS; 7:30 p.m.—GOP Nat'l Comm., MBS; Scrummy Andy, BN; Nelson Gandy, CBS; 8:00 p.m.—Screener's Music Shop, NBC; News, BN; I Love a Mystery, CBS; Mainliner, MBS; 8:15 p.m.—Roy Maypole, NBC; Lull and Abner, BN; Passing Parade, CBS; 8:30 p.m.—Carton of Cheer, NBC; My Best Girl, BN; Dr. Christian, CBS; Buttido Drummond, MBS; 9:00 p.m.—Mr. and Mrs. North, NBC; Alan Jones with Woody Herman's Orch., CBS; News, MBS; Dandinger, BN; 9:30 p.m.—Fulton Lewis Jr., MBS; 10:00 p.m.—News, NBC; Bal Tabarin Cafe, BN; 10:30 p.m.—Society Dancin' MBS; Sweetheart Swingtime, NBC; 10:45 p.m.—Ambassador Hotel, BN; 11:00 p.m.—Biltmore Hotel, BN; NBC; News, CBS.

Stella Walsh Freed On Larceny Charge

Logansport, Ind., Oct. 11—(U.P.)—Stella Walsh, 32, women's champion sprinter and former Olympics star, was freed of grand larceny charges in circuit court today. A dismissal motion was filed by Prosecutor Keneas W. Landis II who said he was unable to obtain the presence of the principal witness in the case. Landis told the court that the

HODGEN BREWSTER CALF SCOUR REMEDY We urge you to try this effective remedy, when troubled with scouring calves. JACKSON COUNTY FEED CO. Phone 3454

RADIO SERVICE All makes repaired or Completely reconditioned PHILLIPS' RADIO SERVICE Phone 3859, 1307 N. Riverside

SUBURBAN HEIGHTS By GLUYAS WILLIAMS The conductor of the band is so diplomatic that around election time when argument is apt to get red hot, he always manages to get the more bitter participants of the political parties into separate coaches.

Cass county council had refused to approve funds, requested Feb. 11, to return Mrs. Lois Matheson, 24, Cleveland, to Logansport to testify. Miss Walsh had been accused of shoplifting and had been at liberty under \$3,000 bond. ELEVATOR OPERATOR In Work Of Lord Los Angeles, Oct. 11—(U.P.)—Arthur Bell, who has an appeal from a sedition conviction pending in federal court, told a war labor board panel that elevator operators in the Continental building were in the work of the Lord and not subject to union regulation. Bell's Church of the Golden

Chalker's Motel & Lodge OFFICERS' CLUB Dine-Dance-Refreshments Chicken and Steak Dinners Most Unique Place in So. Ore CLOSED MONDAYS Thursday Private Parties Only For Reservations Ph Gold BIII 474 ZERO CLUB Out of bounds, civilians only Delicious chicken and steak dinners 7:00 p.m., 3 a.m. except Sunday Phone day time 5300; night 9101.

STRANGE AS IT SEEMS By ERNEST HIX



BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER BALLS O' FIRE, HAWKY-TAUKY!! A NEWUNITED STATES BOMBER SQUOOPIN OOVN OVER TOKYO!! SHORE ENUFF! IT MUST BE THEM CORN SQUEEZIN'S I WRIT FER

STELLA WALSH FREED ON LARCENY CHARGE YOU'RE ANGRY! WELL SO AM I! HOWEVER, I'LL MEET YOU HALF WAY, SAWYER— I'M SORRY FOR WHAT HAPPENED. SAVE YOUR BREATH, YOU CAN'T HIT ME WITH A WHIP AND PASS IT OFF THAT EASILY. AND YOU CAN'T FLAUNT ANOTHER WOMAN IN MY FACE! HOW ABOUT THE KNIFE YOU TREW, PRECIOUS? AH! NOW LITTLE YOU UNDERSTAND THE LOVE OF A WOMAN, SAWYER. BEFORE I'D LET YOU SCRATCH, THEN YOU PURR. WHY DON'T YOU MAKE UP YOUR MIND? THIS IS GETTING A BIT TIRESOME, CHUM. FIRST YOU SCRATCH, THEN YOU PURR. WHY DON'T YOU MAKE UP YOUR MIND?

BLONDIE DID YOU SEE THESE PICTURES OF OUR TROOPS IN THE SOUTH SEAS WHO LET THEIR BEARDS GROW? YES, DON'T THEY LOOK FUNNY? WHAT DO YOU THINK ABOUT ME GROWING A BEARD, DEAR? I DREAM TOO MUCH!

L.T.L. ABNER I-SOMEHOW IN THEM WOODS IS A ONBELEEVABLE SPOOPER-HOOHIN CRITTER WHO IS AS STRONG AS AH IS F. MEBSSE (GULP!) -STRONGER!! HAVIN' ONE HOOHIN BEAN IN THIS COMMONITY AS STRONG AS ME IS PINE ON ACCOUNT AH KIN ENFORCE TH' LAW AS AH SEES IT—AH NO BACK TALK FUIM NOBODY!! BUT HAVIN' ANOTHER HOOHIN BEAN EKK-WULLY STRONG IS ART T' BE CONFIDIN' ON ACCOUNT HE OR SHE—MIGHT NOT SEE THINGS TH' WAY AH DO—AN' THAT WOULD BE ILLEGAL!! FO' TH' GOOD O' TH' COMMONITY—ME AN' TH' STRANGER IN TH' WOODS GOTTA TANGLE SPOOPER OR LATER AN—IT MIGHT AS WELL BE—NOW!!

THE NEBBES AFTER CAREFUL STUDY I HAVE DECIDED THAT YOUR CAMPAIGN IS OFF ON THE WRONG FOOT. EXACTLY MY THOUGHT. MY ECONOMY PLEDGE ISN'T GETTING ME ANYWHERE. I WAS ABOUT TO SAY THE SAME THING—YOU'VE GOT TO APPEAL TO THE WRITERS WITH SOME THING SPECTACULAR. YOU TOOK THE WORDS RIGHT OUT OF MY MOUTH. WE NEED A LIVE CAMPAIGN ISSUE! WE NEED A LIVE CAMPAIGN ISSUE! YOU HAVEN'T BEEN TALKING TO OBEY SIDER, HAVE YOU? SOUNDS LIKE WE'VE BOTH BEEN GETTING OUR CATS OUT OF THE SAME FEED BOX.

Rule owns the building. Members of his church, he said, told the panel yesterday, devote all their life, talent, and energies to the church and are forbidden to join other churches, lodges, or unions. OUT OF SEASON Boston—(U.P.)—As the mercury hovered around the 100 mark, pedestrians mopped their brows and shrugged as they passed the Boston Elevated railroad's maintenance yard and read this sign: "Snow laborers hired here—62 1/2 cents an hour."

BEAUTIFUL— ROGUE RIVER LODGE IS NOW OPEN Delicious Dinners Cocktail Lounge Dancing On Crater Lake Highway Near Trail Telephone Trail 1404 KYLE'S RESTAURANT CHICKEN AND STEAK DINNERS Open 6 p. m. to 2 a. m. Phone Central Point 472 for reservations. On the Pacific Highway at Central Point. Out of Bounds for Service People

Crossword Puzzle ANSWER TO PREVIOUS PUZZLE ACROSS 1—Disturbances 2—Bunch of grab 3—Vulgar 4—We 5—Tidy 6—Not quite 7—Ocean 8—From which we eat 9—Estimation 10—The Red 11—Bait 12—Terror 13—In a good 14—Racer 15—Seven-piece toy 16—Force 17—Leta down 18—Dry 19—Evening west 20—Paroled 21—Metal used as protector 22—Gives medicine to 23—Color 24—More hot 25—Prostration 26—Wiltin' 27—Elements in fat 28—Famous London street 29—Asiatic silk makers 30—Melodies

DOWN 1—Wake from sleep 2—Get within 3—Greek termination 4—To fuse 5—Let it stay 6—Part of shoe 7—"—" and spinach 8—Give confidence 9—Chain 10—Gives test 11—Summon 12—Press as 13—"—" 14—Ornaments 15—Honored 16—Cousin-in-law 17—Salior 18—Father (ital.) 19—Parts of Spurs 20—Sadness 21—Small bird 22—When it's cold 23—Color 24—By-word 25—Bacon comb. form 26—Teas 27—Animals' ailments 28—Is sealed 29—Bond 30—For 31—One

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