Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.

Readers should address inquiries to: Dr. William Brady 265 El Camino, Beverly Hills, Calif.

NOTHING ORGANICALLY WRONG

Dr Brady

In the golden age of quackery when stomach complaint, liver complaint and female complaint pretty well covered the field, the almanacs generally carried the joke about Jones telling Brown that old Smith had passed on—so Brown asked "What complaint?" and that was Jones's cue to quip "No complaint at all—everybody satisfied."

A correspondent says he recently went through the hopper—or, as he expresses it, the clinic, and when the examinations were all completed and the big shots toted up all the reports from the various hands, the Scotch verdict was "nothing organically wrong except low blood pressure."

No doubt the head man at the "clinic" gave the gullible customer—and when I say gullible customer I do not mean to imply that the "clinic" is a quack affair in the common sense of the term; indeed it is one of the best advertised of the "ethical" rackets doing business in Yankeeland under the imposing name of "clinic"—no doubt the chief on duty at the time gave the customer some sage advice about his diet—such as cut down on starches, fried foods, coarse foods, red meats, and all that nice sounding malarkey.

But the customer was impressed by the remarkable finding that his blood pressure was law, for that is the inspiration which made him write to me.

If low blood pressure is "organically wrong" then I've been recklessly carrying on for all of my adult life with such "organic" trouble. Whenever my blood pressure has been measured, if I had enough curiosity to ask or the insurance, army or civil service examiner mentioned it at all, it has been lower than the average. That has never interfered with my bowling nor have I ever failed to pass a medical examination—except when I tried to get into the Army Medical Corps in World War I, as a young doctor and was spotted as a defective right off the bat—the darned army doctor plugged my good ear and then I couldn't deduce whether he was speaking quietly or just pretending to. Then, too, they wanted to know where Mt. Shasta was—though what that had to do with a doctor's fitness for the army I never could understand—and from the name I confidently placed it in Russia.

Low blood pressure, I gather, is normal to some peculiar persons, or peculiar to some normal persons—as you will.

In young adults low blood pressure is not so good, according to observations of many medical examiners. But after middle age poor geeks with low blood pressure have a better life expectance than those with normal or high blood pressure. So have another cup of coffee or light up your pipe and let's leave our low blood pressure to the doctor—only he will know what if anything there is to do about it.

QUESTIONS & ANSWERS

Saccharin

You would do well to look into the effects of saccharin before bragging about taking it in your coffee as a substitute for sugar. Dr. Wiley, the most eminent authority on foods, ruled saccharin out of the Food and Drugs Act he had passed by congress nearly 40 years ago, declaring it was deleterious to health. (F. F. D.)

Answer—I revere the memory of Dr. Wiley, as I do that of Dr. Osler, but we cannot recognize either of them as authorities today. I believe the daily use of not more than five grains of saccharin a day is perfectly harmless, and I do NOT suggest and would NOT approve the use of saccharin in any amount as a substitute for sugar in canned or preserved foods. I merely assure readers that in my opinion a quarter-grain or perhaps a half-grain tablet of saccharin in a cup of tea or coffee is harmless, if one wishes to use it instead of sugar.

Radium

Husband does some photographing with radium in a foundry—a 200 mm. capsule encased in lead, handled only with long tongs. (Mrs. D. R. S.)

Answer—It is a highly technical problem, beyond by ken. He should have the advice of physician skilled in X-ray and radium field.

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BERLIN CITIZENS PROTEST METHOD OF NAME CHANGE

By Eric W. Allen, Jr.
United Press Correspondent

Berlin, Ore., Oct. 10—(U.P.)—If there's any name changing to be done around here, Berliners want to do it.

Last week the residents of this small Linn county community found that there was a proposal afoot to change the name of Berlin to "some unpronounceable Greek name"—Distomo.

And did they take that lying down? No sir!

Today a petition signed by more than 65 residents and property owners—the great majority of Berlin's citizens—in being handed to the county court, protesting that the method being used in the proposal is undemocratic.

Said Otis Beare, circulator of the petition, "We want to get this mess cleared up."

"We have not been consulted in this matter and object to any such action being attempted by others without our consent," says the petition of the embattled Berliners.

"It is not that we wish to cling to any German nomenclature or love the nazi connotation," Beard explained. "We just don't like the way they're going about it. "But Distomo—how do you pronounce it? And could most of us Berliners spell it?"

The recent name change of a small mid-western town to "Lidice," after a martyred Slovakian town, apparently gave Carl Curlee, secretary of the Albany Chamber of Commerce, the idea of calling Berlin Distomo, after a nazi-destroyed Greek community. And after talking with Maxwell Anderson, well known New York playwright, the tentative approval of the county court was obtained. Berlin being unincorporated, may have its name changed by the court.

But the town, which has been known as Berlin for more than 50 years, after a mixup changed it from Burrell's Inn, would like to have something to say about it.

One of the petitioners is Granford Burrell, descendant of the pioneer after whom the town was intended to be named.

Government without representation? By gosh! Berliners want self determination of names.

On the Radio Chains

STATIONS:

Chain affiliation and where they are on the dial:

KALE (MBS) 1330, Portland; KEX (NBC-Blue) 1190, Portland; KGA (NBC-Blue & MBS) 1510, Spokane; KGO (NBC-Blue) 810, San Francisco; KGW (NBC-Red) 620, Portland; KJR (NBC-Blue) 1000, Seattle; KNX (CBS) 1070, Los Angeles; KOA (NBC-Red) 850, Denver; KOIN (CBS) 970, Portland; KOMO (NBC-Red) 950, Seattle; KPO (NBC-Red) 680, San Francisco; KSL (CBS) 1160, Salt Lake City.

Time Shown Is PWT

Tuesday

5:00 p. m.—Terry and Pirates, BN; Fletcher Wiley, CBS: OK for Release, NBC.
5:15 p. m.—Dick Tracy, BN; Superman, MBS.
5:30 p. m.—Date with Judy, NBC; Jack Armstrong, BN; Harry Flannery, news, CBS; Adventures of Tom Mix, MBS.
5:45 p. m.—Capt. Midnight, BN; Night News Wire, MBS; News, CBS.
6:00 p. m.—Mystery Theater, NBC; Gabriel Heatter, MBS; Burns and Allen, CBS.
6:15 p. m.—Screen Test, MBS.
6:30 p. m.—Fibber McGee and Molly, NBC; Spotlight Bands, BN; American Forum, MBS.
7:00 p. m.—Bob Hope, NBC; Raymond Gram Swing, BN.
7:15 p. m.—Lowell Thomas, MBS.
7:30 p. m.—Hildegarde, NBC; Red Ryder, MBS.
8:00 p. m.—Mercer's Music Shop, NBC; I Love a Mystery, CBS; Watch World Go By, BN.
8:15 p. m.—Roy Maypole, NBC; Lum and Abner, BN; Passing Parade, CBS.
8:30 p. m.—Johnny Presents, NBC; Big Town, CBS; Alan Young Show, BN; Freedom of Opportunity, MBS.
9:00 p. m.—Everything for Boys, NBC; News, MBS; Theater of Romance, CBS; Let Yourself Go, BN.
9:15 p. m.—Rex Miller, MBS.
9:30 p. m.—Million Dollar Club, CBS.
10:00 p. m.—News, NBC; Count of Monte Cristo, MBS; Bal Tabarin Cafe Orch., BN.
10:15 p. m.—Ted Straeter Orch., NBC.
10:30 p. m.—Edwin C. Hill, CBS; Ambassador Hotel Orch., BN; Sweetheart Swing Time, NBC.
11:00 p. m.—Talks, CBS; Biltmore Hotel Orch., NBC.

Wednesday

5:00 p. m.—Fletcher Wiley, CBS; Terry and Pirates, BN; OK for Release, NBC.
5:15 p. m.—Superman, MBS; Dick Tracy, BN.
5:30 p. m.—Jack Armstrong, BN; Harry Flannery, news, CBS; Adventures of Tom Mix, MBS.
5:45 p. m.—Louis P. Lochner, NBC; Night News Wire, MBS; Capt. Midnight, BN; News, CBS.
6:00 p. m.—Eddie Cantor, NBC; Gabriel Heatter, MBS; Carlson and News, BN; Frank Sinatra, CBS.
6:15 p. m.—News, BN; Screen Test, MBS.
6:30 p. m.—Mr. District Attorney, NBC; Jack Carson, CBS; First Nighter, MBS; Spotlight Bands, BN.
7:00 p. m.—Kay Kyser's Kollege, NBC; Raymond Gram Swing, BN; Great Moments in Music, CBS.
7:15 p. m.—Lowell Thomas, MBS; Ted Malone, BN; The Colonel, CBS.
7:30 p. m.—GOP Nat'l Comm., MBS; Scramby Amby, BN; Nelson Eddy, CBS.
8:00 p. m.—Mercer's Music Shop, NBC; News, BN; I Love a Mystery, CBS; Main Liner, MBS.
8:15 p. m.—Roy Maypole, NBC; Lum and Abner, BN; Passing Parade, CBS.
8:30 p. m.—Carton of Cheer, NBC; Mr. Best Girls, BN; Dr. Christian, CBS; Bulldog Drummond, MBS.
9:00 p. m.—Mrs. North, NBC; Allan Jones with Woody Herman's Orch., CBS; News, MBS; Dunninger, BN.
9:30 p. m.—Fulton Lewis, Jr., MBS.
10:00 p. m.—News, NBC; Bal Tabarin Cafe Orch., BN.
10:30 p. m.—Sonny Dunham Orch., CBS; Sweetheart Swingtime, NBC.
10:45 p. m.—Ambassador Hotel Orch., BN.
11:00 p. m.—Biltmore Hotel Orch., NBC; News, CBS.

NEVADANS DRINK MORE

Carson City, Nev., Oct. 10—(U.P.)—Nearly 12,000 more gallons of hard liquor were sold in Nevada during August than during the same month of 1943, Henry Coleman, supervisor of the state liquor tax commission said today. Sales, however, were under the July mark of this year.

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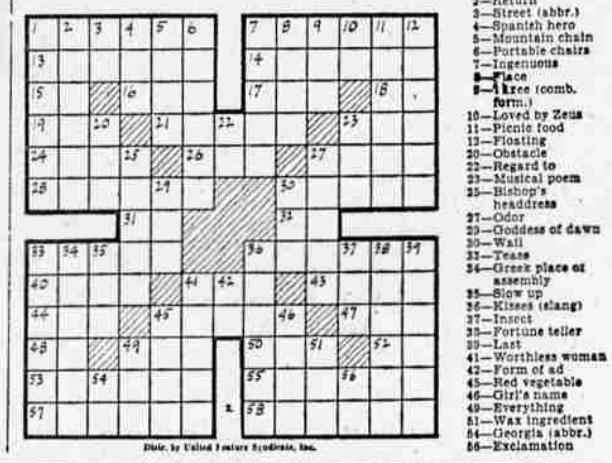
STRANGE AS IT SEEMS By ERNEST HIX

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

G	A	P	■	D	R	I	V	E	■	S	H	E
A	L	L	■	O	A	S	I	S	■	L	A	Y
S	T	U	D	E	N	T	■	T	R	A	D	E
■	■	N	E	S	T	■	R	I	O	T	■	■
B	E	D	S	■	S	T	A	M	M	E	R	S
A	R	E	E	K	S	■	A	L	A	E	■	O
R	R	A	S	S	E	T	■	G	U	N	■	■
S	I	■	S	L	O	T	■	E	A	R	N	S
T	E	M	P	E	R	E	D	■	N	O	D	E
■	■	E	A	S	T	■	R	I	T	S	■	■
S	T	A	R	T	■	P	O	D	E	S	T	A
E	A	T	■	A	L	O	N	E	■	E	A	R
M	A	Y	■	X	Y	L	E	M	■	D	I	T



ACROSS

1—Form of disk used in games
7—People
12—Whole
14—Small area
15—Ancient period
16—Father
17—Suffix
18—That one
19—Steal
21—Immature insect
23—Eggs
24—Eastern priest
26—Born
27—Comb. form denoting glands
28—In sequence
30—Coat of arms
31—Toward
32—International language
33—Bundles
36—Insigne
40—Seaweed
41—"——" and eggs
43—Invisible emanation
44—Wooden block
45—Windstorm
47—Gun (slang)
48—Transpose (abbr.)
49—Roman bronze
50—Mountain pass
52—Civil Engineer
53—High-flying birds
55—South African pens
57—Real estate
58—Pouch of perfume

DOWN

1—Waste
2—Return
3—Street (abbr.)
4—Spanish hero
5—Mountain chain
6—Portable chairs
7—Ingenuous
8—Place
9—Three (comb. form.)
10—Loved by Zeus
11—Picnic food
13—Floating
20—Obstacle
22—Regard to
23—Musical poem
25—Bishop's headdress
27—Odor
29—Goddess of dawn
30—Wall
32—Tease
34—Greek place of assembly
35—Slow up
36—Kisses (slang)
37—Insect
38—Fortune teller
39—Last
41—Worthless woman
42—Form of ad
45—Red vegetable
46—Girl's name
49—Everything
51—Wax ingredient
54—Georgia (abbr.)
56—Exclamation

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91ST ACTIVITIES ON ITALY FRONT TOLD IN LETTER

The many friends of Colonel Richard Scarborough, judge advocate of the 91st division, will be interested to learn that he and the 91st are now "somewhere in Italy" still under the command of General Livesay, and have been in action as a unit, since July 12. Before that the various combat teams of the 91st fought with older divisions to gain battle experience.

This news came in a recent letter from Lt. Col. Scarborough to Mr. and Mrs. Carl von der Hellen of Wellen, the former being a close friend of the Von der Hellen family.

In the same letter Col. Scarborough wrote of a recent visit to the Pope in Rome and to the Cassino battlefield as follows:

"Following our rapid tour through Vatican City, we went to one of the audience rooms to hear a short address by the pope. This is a long hall, at the far end of which is a dias with a throne—leading to the dias and traversing the hall is an aisle. There were many Polish, British and American soldiers present—the Poles were placed on one side of the aisle and the British and Americans on the other, all standing, there being no chairs except on the dias. I was given a seat, however, on the dias along with several British and American colonels, while directly opposite, and on the other side, with a space of about five feet separating the two groups, were seated some high ranking Polish officers.

"The pope came into the hall, and up the aisle in a chair supported on the shoulders of four Swiss guards, dressed in their colorful 16th century uniforms, while some cardinals and officers of the guards, in resplendent uniforms, preceded him and took their positions on either side of the throne and dias. As the pope came up the aisle the Poles nearest him held up rosaries, crosses, etc., for him to touch and bless.

"When he reached the dias he stepped from the chair and several Polish officers knelt and kissed his hands. I was close enough to touch him and would have liked to shake hands with him, but after he greeted the Poles he turned and merely bowed to the Americans and British. After seating himself on his throne he spoke to us, first in English, then in Italian (or possibly Latin) and then in Polish.

"On this trip I passed through Cassino where the allied armies were held up so long by the Germans. The town of Cassino sat (I purposefully use the past tense) on the side of a high mountain, while on the top of the highest peak of the mountain is the Monastery of Cassion. The town began at the foot of the mountain and covered an area of about 500 yards square.

"As the road and the valley, which is narrow for several miles here, approach Cassino, it appears that the mountain and the town that was Cassino lie directly across the road, and perpendicular to it. However, at the foot of the mountain, and in the lower edge of the town, the road makes a right angle turn to the left. Thus it can be seen that the Germans could and did, dig into this town and hold off indefinitely as many troops as we could employ in this valley.

"I thought I had seen some wrecked towns, but I had seen nothing until I saw Cassino. There is absolutely nothing left except rubble and the cellars—not a single wall standing in the town proper. Yet the Germans contrived to stay there and fought from that rubble and those cellars until they were flanked out of that position."

LOVING LANDLADY HARD TO DISSUADE

Birmingham, England, Oct. 10—(U.P.)—Peter Tierman, 48, stood before a magistrate today charged with hitting his landlady on the head with a pint bottle with such force that the bottle broke, lacerating her scalp.

"Have you anything to say for yourself," the magistrate asked.

"This woman is madly in love with me," he replied. "She followed me wherever I went. I had to give her a tap to get rid of her."

The court found him guilty of inflicting grievous bodily harm and fined him 10 pounds ($40).

The landlady, Mrs. Rose Clive, bustled forward from the back of the room, fumbling with the catch on her purse as she came. She laid 10 pounds on the clerk's desk.

"I have to do it," she said. "Mr. Tierman has always behaved as a gentleman towards me."

KMED 9 P. M.
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THE WORLD AT ITS WORST By GLUYAS WILLIAMS