

Your Health and Its Care

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SCURVY AND SEVEN-YEAR ITCH

While it is all right to conceal from your neighbors or casual acquaintances the fact that you have a case of scurvy, or scurvy at your house, it is stupid to conceal the fact from your doctor. Whatever the layman may think about it, in the doctor's mind no stigma attaches to any of these in the home or in the family.

Mild scurvy is a rare complaint but a common ailment among all classes of people in America today. Bottle babies who do not receive a daily ration of orange juice, factory canned tomato juice, or any fresh fruit juice or fresh vegetable juice; people who "diet" themselves without competent medical advice and persons with peptic ulcer who follow a restricted diet without due consideration for the nutritional requirements of the body; inmates of institutions where the meals are not planned by a qualified nutritionist; and individuals who for any reason cannot or do not eat fresh fruits or greens, but subsist mainly or entirely on canned, preserved, refined foods — groceries, are most likely to develop manifestations of scurvy whether they or their doctors, if any, recognize the nature of the trouble or not.

Fresh raw milk, if the cow or goat is on pasture or gets plenty of fresh green fodder, may contain enough vitamin C (ascorbic acid) to prevent scurvy in infants. But pasteurized milk does not, and so it is necessary to give every infant or young child

mainly with pasteurized milk some fresh fruit juice such as orange juice or any other fresh fruit juice that is available, or some tomato juice from fresh tomato, with one feeding every day, to insure against development of scurvy.

Pure vitamin C (ascorbic acid), formerly called cevitamic acid, is available in soluble tablets for daily use in case fresh fruits or greens or fresh vegetables are unavailable for considerable periods.

QUESTIONS & ANSWERS

The Girl Who Grew Old Young
That 27-year-old girl who lost all her teeth—your articles about that were highly instructive—I dare say a good many readers will profit enormously from those lessons. And I hope physicians and dentists will, too. (D.D.S.)

Answer—Thank you, Doctor. Most of the talkers resented my attitude and teaching. So far, characteristically enough, I have received no comment at all from a medical man. Dignified silence. That's our traditional way.

Courage Hubs Up
Several readers inquired about the little magazine "Courage" from which I quoted some suggestions concerning the right attitude towards the person who has lost a limb. Here it is—it bobbed up from my always baffling files again today. "Courage" (March, 44), official magazine of the Fraternity of the Wooden Leg, published monthly, 3245 Audubon Ave., East St. Louis. I hope you will make a note of this—once I file a thing like that it is practically impossible ever to find it again, except by chance.

No More "Fat Polon"
I love your writing style—it never leaves a reader feeling worried or frightened as so many "health" articles in newspaper and magazines do. I appreciate, too, the recipe for "Make Coffee and Win Friends in the Red Book." My husband says at last I've given up brewing "rat poison!" (G.D.)

Answer—Thank you, Mary. What I'm curious to learn is whether he ever called it that when you were serving it, and if so, how long was he in hospital? Wives who have any conscientious scruples about it may learn something by sending me twenty-five cents (not glued, taped, pasted, sewed up, sealed with gum, pins, etc.) and a self-addressed envelope for the red book "What to Eat and Why." It tells a lot of secrets about how to feed the brute and how to keep him from getting off his feed. (Copyright, 1944, John F. Dille Co.)

ON THE HOME FRONT

Medford Mail Tribune
News From Jackson County for
Men in the Armed Services

The Mail Tribune suggests you clip and mail this news roundup to a relative or friend in service.

Date _____

Football, the hunting season and opening of high schools are uppermost in Medford minds these days. The Tigers trounced the Weeds eleven in the opening football game of the season with the one-sided score of 42 to 6. Using Coach Al Simpson's "T" formation plays, Fullback Marvin Doty scored three times, Quarterback Bob Watson twice and Howard Whillock once, while a safety added the two points. Tonight the Tigers play Marshfield here.

The hunting season opens Sunday with the result that the menfolks are worrying about how to save enough gasoline for a trip to the hills and where to get ammunition. Closures on forest land were lifted yesterday.

Record attendance and a record number of entries marked the annual Four-H club fair being held this week at the fairgrounds.

Meetings are being held to hear the engineer's report of the investigation carried on by the bureau of reclamation into the possibilities of reclaiming irrigable land in the Rogue River basin, not now under irrigation. Since this would entail damming of the Rogue, opinion on the project is divided.

Medford has been approved for a unit of the Civilian Air Patrol civilian auxiliary of the army air force. If the unit is set up in Medford high school various courses will be offered to build a greater interest in aviation.

Mrs. Hugh McGinty and Mrs. Alice M. Pinkman, both with six sons in the service, tied for honors in a competition held recently at the Rialto theater in connection with showing of the "Birth of a Nation." Mrs. McGinty's sons are S. Sgt. Lowell Nellman, Walla Walla, Wash.; First Sgt. Hugh McGinty, and Pfc. Edward McGinty, both in France; Gerald Quinlan, merchant marine; Clifford McGinty, USMC; Paul P. McGinty, petty officer in the navy. The Pinkmans are Capt. Lee D. army; Sgt. Arden with army in France; Second Lt. Ernest army corps; Ronald, petty officer in navy; Flight Officer John C. air corps; Seaman Berkley of the navy.

All three of the Fichtner boys are now in service. T. Sgt. Warren Fichtner is in the South-west Pacific. Clyde Fichtner, gunner's mate third class in the navy at Treasure Island and Earl was inducted into the army August 15.

Sgt. Lloyd L. Albem, gunner on a Flying Fortress, has been declared missing in action following a raid over Czechoslovakia Sept. 12. He had been overseas about a month. Pvt. Carl Vogel, wounded in France early this month, is in a hospital in England.

Pfc. Everett J. Sizemore, in the South Pacific, has been awarded the Bronze Star for heroism during a Kwajalein operation and First Lt. Richard Wright has won the Distinguished Flying Cross, presentation having taken place at a heavy bomber base in England where he has been since last April.

Franklin H. Fanger, credited with 50 missions over enemy territory, has been promoted to technical sergeant. He is a radio operator and gunner for a Liberator based in Italy. Donald L. Casbolt, RM 1c, has been assigned to a French shore station. His brother, Ensign Woodrow W. Casbolt, is in the South Pacific.

Lt. Cdr. W. R. Godlove is now in command of a CASU on Saipan. He left the states in May and spent three months in Honolulu. Cpl. M. A. Ring, Jr., is home for a rest after spending two years in the South Pacific with an amphibious unit of the marine corps. He wears two combat stars. Expected home soon is T. Sgt. Joe Early Jr., who spent the past two years in England. Pvt. Norman C. Flaherty has been home on furlough recently. He has been in the army four years and spent 29 months in Alaska. Pfc. Robert B. Slagle of the marine corps is now at a South Pacific base.

Marine Cpl. Roy L. Ruiman, holder of the Silver Star, Purple

Heart and a Presidential Citation has returned to this country after duty in the South Pacific, including Saipan and Tinian.

Several newly commissioned officers were in the news this week. George E. Edens was commissioned an ensign at Northwestern recently. Clayton S. Jacobsen graduated with a class of pilots at the Altus field in Kansas this week and was commissioned a second lieutenant. Alfred E. Sheehan was commissioned and received his pilot's wings at Freeman field in Indiana while Robert A. Hubbard and Robert G. Ivie recently were commissioned second lieutenants at Hondo field in Texas Sept. 18. First Lt. Marvin Luther has been transferred to the field at Smyrna, Tenn., from the Mountain Home base in Idaho.

Robert H. Beach was named honor man of his company upon completion of recruit training at Farragut, Ida. His brother, Joe M. Beach, is naval air cadet. C. A. Winetrou, SIC, recently sailed from a California port for sea duty and Bill Barnum has reported to the army air corps at Sheppard Field. Cpl. Jimmy Baize, radar instructor at Tampa, Fla., for 26 months, has been given a medical discharge.

Pfc. R. Varner is now stationed at Camp Crowder, Mo., and Joseph James McCallister recently was home after completing basic training at Farragut. Home this week are Pvt. Phyllis L. Curry from Camp Pickett, Va., Pfc. John Moffat, who will report next at San Luis Obispo, Elwin Krous, 15, from Camp Van Dorn, and Mordant Moulton, home after 18 months at sea during which time he visited India, Australia and African ports.

Pfc. Harry S. Pitts was recently here from Buckley Field in Colorado and Lt. (jg) Dale Roberts has been here from San Francisco. Pvt. L. W. Oliver is on furlough from a camp in Oklahoma. Aviation Cadet Alan Fleischer is now at Eagle Field, Bakersfield, Calif., and Mrs. Fleischer is leaving today to reside near the field.

Pfc. Mabel Sherwood, Wac, is now with the women's army in Italy and Mary Logan of Rogue River is the latest WAVE recruit from the county.

Philip Gates and Daniel Herford, the latter of Butte Falls, have enlisted in the naval reserve and are awaiting call.

Marriages announced last Sunday were those of Pauline Roberts and Sgt. Jennings Lewis, the latter from Lubbock, Tex., and stationed at the Medford air base, Opal Benow Portland, to First Lt. R. Burton Isaac, Vista, Calif.; Corinne Stenerson to Wallace M. Rice.

A son was born recently to Sgt. and Mrs. Dennis P. Dorsey at Boise, Ida.; a daughter to Pvt. and Mrs. Jack Larson at Camp White; and a daughter to Lt. and Mrs. F. P. Larson (one kindred) at Bowie, Tex.

W.S.C. Presidency Offered Compton

Pullman, Wash., Sept. 29—(U.P.)—One of the nation's outstanding educators, Dr. Wilson Marindale Compton of Washington, D. C., has been offered the presidency of Washington State College, it was announced here today.

Since President E. O. Holland early this year announced his resignation effective this fall, the Board of Regents has been searching for a successor. The board met with Compton in Spokane last week.



Amos and Andy Get a Score at the very thought of meeting Sydney Greenstreet—in the flesh—on their radio program tonight! Greenstreet is famous for his chiller-diller roles and Amos and Andy are frightened to death and hilariously funny. You'll laugh until your sides ache. Don't miss tonight's riot of fun. Make it a family MUST to tune in America's own Amos & Andy tonight. Presented by Rinsco — KMED — 7 P.M.



Wanted! Men and Women Who Are Hard of Hearing
To make this simple, no risk hearing test, if you are temporarily deafened, bothered by ringing buzzing head noises due to hardening or congested wax (eardrums), try the Outline Home Method test that so many say has enabled them to hear well again. You must hear better after making this simple test or you get your money back at once. Ask about Outline Ear Drops today at Wainwright's Main Store Pharmacy 400 E. Main — Medford

On the Radio Chains
STATIONS:
Chain affiliation and where they are on the dial:
KALE (MBS) 1330, Portland, KX (NBC-Hue) 1190, Portland, KX (NBC-Hue & MBS) 1210, Spokane; KGO (NBC-Hue) 210, San Francisco; KGW (NBC-Hue) 830, Portland; KJH (NBC-Hue) 1090, Seattle; KSN (CBS) 1070, Los Angeles; KOA (NBC-Hue) 850, Denver; KOIN (CBS) 970, Portland; KOMO (NBC-Hue) 950, Seattle; KFO (NBC-Hue) 680, San Francisco; KSL (CBS) 1180, Salt Lake City.
Time shown is PWT

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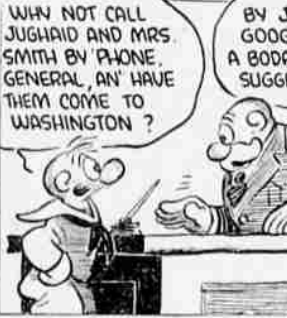
STRANGE AS IT SEEMS by JOHN HIX



MURDER ON HORSEBACK!
IN PLAYING EL PATO, MOST DANGEROUS GAME IN THE WORLD, ARGENTINE GAUCHOS FIGHT FOR POSSESSION OF BALL WITH HANDLES—USING FISTS, WHIPS, BOLOS AND GUN BUTTS WHILE COWBOYS AT ONE TIME KILLED PLAYING IT!

Argentine

BARNEY GOOGLE AND SNUFFY SMITH



BUZ SAWYER



BLONDIE



L.T.L. ABERN



THE NEBBES



DO SOMETHING

DO SOMETHING

DO SOMETHING

DO SOMETHING

Women In Service Can Go To Bases
Washington, Sept. 29—(U.P.)—President Roosevelt has signed the bill permitting WAVES, SPARS and women marines to serve in Hawaii, Alaska, and in all American bases in this hemisphere, the White House announced today.

Previously WAVES, SPARS, and women marines were prohibited from serving outside the United States. Under the new

law they can serve in the specified territories if they volunteer for such service.

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