

Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.
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WHAT MAKES A MOUTH CLEAN?

In a preceding talk I confessed I don't know what a dentist or a professor means when he describes the condition of the mouth of a person who does not brush his teeth as "filthy." Certainly he cannot mean that the mouth presents one or more decayed (carious) teeth or that the gums are atrophied, wasted, degenerated, for the world-wide investigations of competent authorities, such as Dr. Weston A. Price, show that people who never use toothbrushes or dentifrices have far less decay of teeth and degeneration of disease of the gums than do the misguided persons who believe they can keep their teeth from decaying and their gums from degenerating if they brush their teeth with this or that dentifrice several times a day.

Not that there is any harm in brushing your teeth as often as you wish with almost any soap, detergent or dentifrice or with ordinary salt or willow charcoal or whatever agent you or your dentist may fancy. Only don't deceive yourself that the practice of this rite makes regular inspection of your teeth by your dentist unnecessary and don't imagine that such practice saves either teeth or expense for dental prophylaxis, cleaning, scaling, polishing, burnishing of minute fissures in the enamel or filling of cavities the dentist discovers in his periodic inspection of your teeth.

If saving the teeth is the object it would be wiser to invest in such regular care by your dentist.

Now my notion of a clean mouth is as follows:

1. A complete equipment of functionally efficient teeth, your own or your dentist's.
 2. Reasonably good occlusion or "bite".
 3. Healthy gums.
- These factors depend on nutrition primarily, and nutrition goes back to the antenatal (before birth) period of development of the teeth, jaws, gums; as well as the nutrition of infancy, childhood and youth. Hence the daily intake of milk, cheese and greens by the expectant mother and the daily intake of vitamin D (or exposure to sunlight) by the newborn infant, by the growing child and the developing youth determine whether the mouth will be healthy and clean.

But still another factor is essential to make and keep the mouth clean—mastication of natural food. Every individual must chew a reasonable amount of whole raw fruit, fresh raw vegetables, greens, whole wheat or other grain every day.

QUESTIONS & ANSWERS

Vaccination
Daughter, 8, was vaccinated twice at age of 3, and it did not take at all. Is she immune, or should she have another vaccination? (F. S.)

Courage
Kindly inform me where I can procure a copy of the little magazine called "Courage" published by the Fraternity of the Wooden Log. I was much interested in the article of a member who gave practical advice which you quoted in your column. (G. A. H.)

Answer—I'm sorry, but the copy of the magazine has been mislaid and I cannot recall the name of the publisher. No doubt any representative of the manufacturers of artificial limbs, or any dealer in that line would know.

Bath Pruritus
After a bath I experience an unbearable itching and smarting all over the body, for half an hour or more. (D. M. M.)

Answer—Well, as I always say, why wash the better; the less hot the better; the less soap the better. Sandalwood envelope bearing your address, ask for pamphlet "Pruritus" (itching)—but no clipping, please. (Copyright, 1944, John F. Dille Co.)

"50,001" Challenges New Deal



Niel Allen (left), head of the state Republican activities, buying one of the first memberships in the Dewey 50,001 club from Don Orput (right). Orput, state manager and "spark plug" is assisting local leaders in the organization of the Dewey-Bricker 50,001 club in this county.

Army Nurses Learn How to Purify Water in Field



Purification of water in a Lister bag is demonstrated for a group of U. S. Army nurses assigned to the Fairfield Air Service Command Station Hospital, Patterson Field, Ohio. Army nurses must know how to safeguard the health of fighting men as well as to attend the sick and wounded.

KIDNAPER SENTENCED

Chicago, Sept. 14.—(U.P.)—Harry Glen Paige, 37, charged in a Lindbergh law indictment with kidnaping three teen-aged boys, was sentenced to serve five years in prison by Judge Elwyn R. Shaw today.

Ontario Agricultural college, Guelph, was opened in May, 1874.

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620, Portland; KJL (NBC-Blue)
1000, Seattle; KXN (CBS) 1070,
Los Angeles; KOA (NBC-Red) 850,
Denver; KOIN (CBS) 970, Port-
land; KOB (NBC-Red) 950,
Seattle; KFO (NBC-Red) 680,
San Francisco; KSL (CBS) 1160,
Salt Lake City.

Time shown is PWT

Thursday
5:00 p. m.—Terry and Pirates, BN;
Fletcher Wiley, CBS; OK for Release,
NBC.

5:15 p. m.—Dick Tracy, BN; Super-
man, MBS; Relax in Rhythm, NBC;
5:30 p. m.—Jack Armstrong, BN;
Harry Flannery, news, CBS.

5:45 p. m.—Louis P. Lochner, NBC;
Hoe Harrigan, BN; Night News Wire,
MBS; news, CBS.

6:00 p. m.—Muscle Hall, NBC; Major
Bowen, MBS; Gabriel Heatter, MBS;
Sunset Serenade, BN.

6:15 p. m.—Screen Test, MBS; news,
BN.

6:30 p. m.—Charlie Chan, NBC;
Spotlight Bands, BN; Corliss Archer,
CBS; Starlight Serenade, MBS.

7:00 p. m.—Harry Savoy, NBC; Ray-
mond Gram Swing, BN; First Line,
CBS; Henchman, NBC.

7:15 p. m.—Lowell Thomas, MBS;
7:30 p. m.—Joe E. Brown, BN;
Hearts to Romance, CBS; Red Ryder,
MBS.

8:00 p. m.—Mercury's Music Shop,
NBC; Love a Mystery, CBS; Paul
Neilson, news, BN; Fights, MBS.

8:15 p. m.—Night Editor, NBC; Lum
and Abner, BN; Passing Parade, CBS;
8:30 p. m.—Those We Love, NBC;
Death Valley Sheriff, CBS.

8:45 p. m.—News, MBS; Freddy
Martin, BN.

9:15 p. m.—Rex Miller, MBS;
9:30 p. m.—Ellery Queen Mystery,
NBC; I Love a Mystery, CBS; Joe
Saunders Orch., CBS.

9:45 p. m.—News Flashes, NBC;
Town Hall, MBS.

10:00 p. m.—Screen Test, MBS;
NBC; Henri Busch Orch., CBS.

11:00 p. m.—Hotel Baltimore Orch.,
NBC; News, CBS.

Friday
5:00 p. m.—Terry and Pirates, BN;
Fletcher Wiley, CBS; OK for Release,
NBC.

5:15 p. m.—Dick Tracy, BN; Super-
man, MBS.

5:30 p. m.—Jack Armstrong, BN;
Harry W. Flannery, news, CBS; Ad-
ventures of Tom Mix, MBS.

5:45 p. m.—Louis P. Lochner, NBC;
Hoe Harrigan, BN; Night News Wire,
MBS; news, CBS.

6:00 p. m.—Waltz Time, NBC; Gab-
riel Heatter, MBS; Hollywood Mys-
tery Time, CBS.

6:15 p. m.—Screen Test, MBS;
NBC; I Love a Mystery, CBS; Paul
Neilson, news, BN; Fights, MBS.

6:30 p. m.—People Are Funny, NBC;
Boy, CBS; Double or Nothing, MBS;
6:45 p. m.—Boston Blackie, NBC;
Durante and Moore, CBS; Earl God-
win, news, BN; Dale Carnegie, MBS.

7:15 p. m.—Lowell Thomas, MBS;
Ted Malone, BN.

7:30 p. m.—Bill Stern, NBC; Stage
Door, CBS; CBS; Lone Ranger,
MBS; Blondie, BN.

8:00 p. m.—Mercury's Music Shop,
NBC; I Love a Mystery, CBS; Paul
Neilson, news, BN; Fights, MBS.

8:15 p. m.—Roy Maypole, NBC; The
Parker Family, BN; Press Club, CBS;
8:30 p. m.—The Thin Man, NBC;
Gang Busters, BN; It Pays to Be Ig-
norant, CBS.

9:00 p. m.—Furlough Fun, NBC;
News, MBS; Aldrich Family, CBS;
Meet Your Stars, BN.

9:30 p. m.—Fulton Lewis, Jr., MBS;
Adventures of Thin Man, CBS.

9:45 p. m.—Lee Simms, pianist,
NBC.

10:00 p. m.—News, NBC; Bal Tab-
arin Cafe Orch., BN.

10:20 p. m.—Stories of the West,
CBS.

10:30 p. m.—Ambassador Hotel
Orch., BN.

10:45 p. m.—Paul Page, singer,
NBC; Ambassador Hotel Orch., BN.

11:00 p. m.—Hotel Baltimore Orch.,
NBC; This Moving World, BN; News,
CBS.

ORPHANED SEAL
IS PET OF BOYS

Rosedale, Wash., Sept. 14.—(U.P.)—Youngsters who go down to the sea in ships frequently re-
turn with a weird assortment of odds and ends.

But when Bob and Kenny Able, two youthful Rosedale residents, returned from a rowboat junket on Puget Sound near their home, they brought back as un-
usual a pet as any young boy is liable to pick up—a seal pup.

The orphaned mammal was captured on the beach and promptly dubbed "Stinky"—with no allusion to his personal habits, the boys assured the curious. Highlight of the seal's new life is his daily swim with his co-nasters, but now the boys are beginning to wonder who is going to take Stinky for his daily dip when winter chills the waters of Puget Sound.

Policemen Stage
"Lock-In" Strike

Chicago, Sept. 14.—(U.P.)—Policemen at suburban Lyons went on a "lock-in" strike early to-
day, locking themselves in the squad room at the village police station in protest against the re-
appointment of the police chief. Highway police were called in to patrol the village but they re-
fused to oust the six policemen from the squad room.

ANOTHER LANGUAGE

by GUYAS WILLIAMS

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Illustrated by GUYAS WILLIAMS

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DEWEY URGES F. R.
TO LET M'ARTHUR
OUT OF DOG HOUSE

Talents Should Be Given
Recognition 'Now That
Political Threat Vanished'

Valentine, Neb., Sept. 14.—(U.P.)—Gov. Thomas E. Dewey suggested Wednesday "now that General MacArthur no longer is a political threat" to President Roosevelt that "his talents be given greater scope and recognition."

Dewey's statement was made at a news conference when he was asked to comment on the reports that selection of an overall commander for the Pacific war is one of the principal subjects of discussion at the Quebec conference between President Roosevelt and Prime Minister Winston Churchill.

Long Overdue

"I am not suggesting the name of an over-all commander since many international political problems are involved as well as military questions," Dewey said. "I am suggesting that adequate recognition and supplies commensurate with MacArthur's talent is long overdue."

Dewey said that MacArthur has performed miracles with inadequate supplies and demonstrated extraordinary generalship.

"Time after time he has made landings on heavily defended, long prepared islands and almost every time he has managed to land at the exact spot where the Japanese were not," Dewey said.

"Many more Japanese have been killed, captured and bottled up by these skillful landings than our entire losses under Gen. MacArthur, including the Philippines."

Dewey said he has two days of conferences with western cattle raisers and impressed him with the tremendous job the livestock growers of the country have done in the face of tremendous difficulties.

Rationing Blamed

By inference, he blamed government regulations for the continuance of beef rationing. "We have 10,000,000 more head of cattle than is considered a normal supply yet we still have the rationing of beef," Dewey said.

"The reason is that the cattle is still on the ranges and not moving to the markets."

Asked specifically if he was suggesting the elimination of beef rationing Dewey said: "We can not eliminate beef rationing if the meat doesn't get to the market. The surplus is on the hoof. Meanwhile feeders are going out of business one after another."

Dewey said the livestock growers were faced not only with a shortage of help, machinery, and transportation but the men he talked to complained that they felt regulatory agencies of the government "have attempted to change not only the natural rules of growing and producing livestock

but have changed their own rules every 30 days."

Washington, Sept. 14.—(U.P.)—Rep. Donald L. O'Toole, D. N. Y., said in the house Wednesday that Gen. Douglas MacArthur was "guilty of carelessness" in defense of the Philippines at the start of the war but that no charges had been made against him.

Accusing republican members of playing politics in criticizing the administration in connection with the Japanese attack on Pearl Harbor, O'Toole said:

"Has anyone told the House how 95 per cent of Gen. MacArthur's air force was destroyed in the Philippines despite the fact that Pearl Harbor was attacked first?"

"He, too, was guilty, but no charges have been made against him."

"Seven weeks before election," O'Toole continued, "the republicans became suddenly interested in the defense of Rear Admiral Husband E. Kimmel and Maj. Gen. Walter C. Short (navy and army commanders at Pearl Harbor when the Japanese attacked.)"

"Is it because Short is listed as a republican in Who's Who?" he asked.

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STRANGE AS IT SEEMS by JOHN HIX



BARNEY GOOGLE and SNUFFY SMITH



Rep. Earl Michener, R. Mich., replying to O'Toole, called the New Yorker's speech "a political speech if one ever was made." He said congress has been requesting the facts about Pearl Harbor ever since the attack occurred.

NAMELESS STATUE

New Bedford, Mass. (U.P.)—For many years a marble statue has rested on a shelf directly over the judge's bench at the superior courthouse here, but nobody has been able to find out who it represents. Guesses have

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Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

ACROSS
1—Scold (slang)
2—Prevent
3—Heater (abbr.)
4—River in England
5—Mineral earth
6—Heavenly body
7—Threat off track
8—Shakespearean villain
9—Igloo-dweller
10—Stretched out
11—Lord Fervent (abbr.)
12—Mark with iron liquor
13—Card apostrophe
14—Lexicon of foreign words

DOWN
15—Vase
16—Accord
17—Pole
18—Dishes
19—18th of March
20—Prods
21—Indefinite article
22—South Sea islander
23—Plant fibers
24—Wolfhound
25—Pert to tease
26—Pigeon coop
27—Self
28—Fermented rice liquor
29—Archen island
30—Child
31—You (old form)

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