

Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.
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EXCUSE FOR PROCRATINATING

A correspondent writes that she is faced with this problem: I am 47 years old, finished menopause at 45. Never strong, and I seem never to be able to hold a position long enough to do any good financially. My husband makes enough for the three of us (12-year-old girl at home) to get by on. We have one son 22 in the army.

Lately I've had pains and soreness in right breast. I have a dread of going to a doctor, lest he say operation. If it should be cancer we haven't enough money to pay for surgery.

Chances are the correspondent has nothing of the kind. Pain and soreness are absent in the early stages of cancer of the breast in the great majority of cases. Just a lump is noticed, as a rule, and no pain or soreness to speak of.

But it would be the height of folly for any woman to stake her peace of mind, perhaps her life, on that.

There is just one fair, sensible course for any woman who develops any such trouble in the breast. It is always better to KNOW, no matter whether it is or is not malignant, cancerous, than it is to WORRY about it. So the woman with any lump on her chest should go to her doctor for examination, and be guided by the advice the doctor gives her.

In this woman's circumstances any good doctor is always ready to arrange terms suitable for the

patient's capacity to pay. Incidentally, there is another point we have not mentioned at all. A patient, regardless of the nature of his or her trouble, can hardly expect to get from an organization, "clinic," "hospital" or institution the personal, human, friendly consideration and treatment a patient gets from his or her own doctor.

QUESTIONS & ANSWERS

Baby Chews Rubber
Daughter, 1½ years, has habit of chewing on rubber—any rubber she can get to her mouth—rubber heels, even. Is she lacking in some vitamin or mineral I could give her to correct this? (Mrs. G. M.)

Answer—No. Give her a large piece of gristle or a drumstick bone from cooked chicken to chew on. It is a help in the development of gums, teeth and face.

Bed-Wetting
How does one go about getting your book on bed wetting? Is it likely to be of any help in the case of a sixteen-year-old boy? (J. A. P.)

Answer—Send stamped self-addressed envelope for pamphlet "The Bed-Wetting Habit." A good many boys of that age still wet the bed, but generally they can get over it when they have the right treatment. Many boys entering the army or navy have to undergo special treatment to correct bed wetting.

Alcohol
Is there any hope for a person who for fifteen years has indulged in alcohol to excess once or twice a week and has become steadily worse, irritable and very disagreeable, sometimes unbearable? (J. F.)

Answer—Only if the person will submit to medical treatment. Possibly the person would consent to communicate with an Alcoholic Anonymous group in his or her community. . . . If no notice of a group in classified section write A. A. Box 28, Church Street Annex, N. Y. City.

Serious Problems
My second serious problem (the first being how to keep the teeth from looking dingy if not by brushing) is oiliness of skin, so I come to you. (W. P.)

Answer—Send stamped envelope bearing your address and ask for pamphlet on Acne. It deals with excessively oily skin, blackheads, pimples, so-called "enlarged pores." (Copyright, 1944, John F. Dille Co.)

AIRMEN RELATE STRANGE STORIES ON BAILING OUT

Two Given Tea, One Gets Whiskey—Farmers Herd Another With Pitchforks.

Eighth Air Force Bomber Station, England, Aug. 1—(U.P.)—Ten crewmen of the flak-riddled bomber "Lucy Quipment" had strange stories to tell today of their experiences after bailing out of their plane while returning from Normandy.

Second Lt. Henry E. Davis, 20, of Centerville, Ind., co-pilot, was taken by English farmers to a minister's house for tea after he landed in a field. While at tea, he was joined by his pilot, Second Lt. Robert L. Millhollin, 23, of Guthrie Center, Iowa.

Second Lt. John S. Balliet, 24, of Milton, Pa., the navigator, was picked up by some RAF officers and given a stiff double whiskey. Flight Officer Stanley P. Friedman, 19, of Seattle, Wash., the bombardier, was "captured" by pitchfork-carrying farmers who thought he was a German.

Radio Operator S/Sgt. Herbert C. Goldman, 20, of Brooklyn, N. Y., found himself uncomfortably close to a mine in the Channel while awaiting the arrival of a rescue boat.

Top-Turret Gunner S/Sgt. Theibert W. Neihoff of Quincy, Ill., was pulled from the Channel by the seat of his pants when a rescue party found him. Ball-Turret Gunner Raymond J. Roman, 20, of Chicago, sprained his ankle and was taken in a jeep to an RAF medical station.

Waist-Gunner Sgt. John W. Thomson, 23, of Wykoff Minn., landed in a soft turnip patch and his buddy, Tail-Gunner Sgt. William C. Bass, 23, of Durham, N. C., came down in the top of a tree after dodging chimneys in a village.

But of all the 10, Waist-Gunner Sgt. William B. Lochridge, 20, of Honey Grove, Texas, had probably the strangest experience. He picked flowers in the field where he landed. He explained to farmers who came to rescue him that he had promised the men who packed his parachute that if he ever had to use it—and it worked—he would pick them a bouquet.

Lost Cornerstone Found Robbed Of Whiskey, Papers

Springfield, Ill., Aug. 1—(U.P.)—The original Illinois state house cornerstone which has been lost since 1868 was found today—but it was empty. A small bottle of whiskey encased within was gone.

The stone was found under the west portico of the state house. A huge crowd gathered while it was extracted. People were tense as it was turned over to reveal a hole where no hole should have been and a hole where the bottle of whiskey and documents sealed inside it should have been.

No one from Gov. Dwight H. Green on down could explain how the cornerstone got mislaid. And the hero who located it after 76 years disappeared in the crowd and went unsung and probably thirsty.

Up to mid-year, 1944, the U. S. Maritime Commission "M" award for meritorious production had been awarded to 147 firms engaged in building ships and producing ship equipment according to the Maritime Commission.

Nothing Serious Wrong with Many Hard of Hearing

If you are temporarily deafened, bothered by ringing, buzzing, humming noises due to hardened or congested ear (eardrum), try the Quinlan Home Method test that so many say has enabled them to hear well again. You must hear better after making this simple test or you get your money back at once. Ask about Quinlan Ear Drops today at Watson's Pharmacy.

Guests at the home of Mr. and Mrs. Lewis Jantzer this week are Miss Kathleen Vestal and Miss Betty Walsh of Reese Creek.

Maj. Lynn D. Fargo, veteran of six amphibious landings in North Africa, Sicily, and Italy, recently told how one ingenious machine gunner fixed his Army machine gun so that, on pulling a lever, the gun rose from the bottom of the foxhole to firing position. Then he rigged up a periscope so he could see without exposing himself. Finally with a string tied to the trigger, he fired the gun from his snug position at the bottom of the foxhole.

See Mail Tribune Want Ads

ZERO CLUB

Out of bounds, civilians only
Delicious chicken and steak dinners 7:00 p. m. to 3 a. m. except Sunday. Phone day time 5300; night 9101.

On the Radio Chains

Chain affiliation and where they are on the dial:
KALE (MBS) 1330, Portland;
KEX (NBC-Blue) 1190, Portland;
KGA (NBC-Blue & MBS) 1510, Spokane;
KGO (NBC-Blue) 810, San Francisco;
KJW (NBC-Red) 620, Portland;
KJR (NBC-Blue) 1090, Seattle;
KXN (CBS) 1070, Los Angeles;
KOA (NBC-Red) 850, Denver;
KOLN (CBS) 970, Portland;
KOMO (NBC-Red) 950, Seattle;
KPO (NBC-Red) 680, San Francisco;
KSL (CBS) 1160, Salt Lake City.

Time shown is PWT

Tuesday
5:00 p. m.—Terry and Pines, BN; Allen Drake, CBS; OK for Release, MBS.
6:15 p. m.—Dick Tracy, BN; Superman, MBS.
6:30 p. m.—Date With Judy, NBC; Jack Armstrong, BN; Harry Flannery, news, CBS; Adventures of Tom Mix, MBS.
6:45 p. m.—Hop Harrigan, BN; Night News Wire, MBS; News, CBS.
7:00 p. m.—Mystery Theater, NBC; Gabriel Heatter, MBS; Dr. Christian, CBS.
7:15 p. m.—Screen Test, MBS.
7:30 p. m.—Words at War, NBC; Spotlight Bands, BN; American Forum, MBS; The Doctor Fights, CBS.
7:50 p. m.—Charlotte Greenwood, NBC; Raymond Gram Swing, BN; Columbia Presents Corwin, CBS.
8:15 p. m.—Lowell Thomas, MBS; George Hicks, BN.
8:30 p. m.—Hildegarde, NBC; Red Ryder, BN.
8:45 p. m.—Mersey's Music Shop, NBC; I Love a Mystery, CBS; Paul Neilson, news, BN; San Quentin on the Air, MBS.
9:15 p. m.—Fleetwood Lawton, NBC; Lum and Abner, BN; Passing Parade, CBS.
9:30 p. m.—Johnny Presents, NBC; Big Town, CBS; Nit-Wit Court, BN; Freedom of Opportunity, MBS.
9:50 p. m.—Everything for Boys, NBC; News, MBS; Theater of Romance, CBS; Let Yourself Go, BN.
10:15 p. m.—Rex Miller, MBS.
10:30 p. m.—Pulton Lewis Jr., MBS.
10:45 p. m.—News, NBC; Chris Cross Orch., MBS; Bal Tabarin Cafe Orch., BN.
11:00 p. m.—Talks, CBS; Baltimore Hotel Orch., NBC.
Wednesday
5:00 p. m.—Allen Young Show, NBC; Gabriel Heatter, MBS; Jack Carson, CBS.
6:15 p. m.—News, BN; Screen Test, MBS.
6:30 p. m.—District Attorney, NBC; Bailey Show, CBS; First Nighter, MBS; Spotlight Bands, BN.
7:00 p. m.—Ray Kyser's College, NBC; Raymond Gram Swing, BN; Grandstand on Music, CBS.
7:15 p. m.—Lowell Thomas, MBS; Ted Malone, BN.
7:30 p. m.—Lone Ranger, MBS; Scramby Andy, BN.
7:45 p. m.—Mersey's Music Shop, NBC; Paul Neilson, news, BN; I Love a Mystery, CBS; Main Liner, MBS.
8:15 p. m.—Fleetwood Lawton, commentator, NBC; Lum and Abner, BN; Passing Parade, CBS.
8:30 p. m.—Beat the Band, NBC; Jay Post Girls, BN; Dr. Christian, CBS; Bulldog Drummond, MBS.
9:00 p. m.—M. and Mrs. North, NBC; Allan Jones with Woody Herman's Orch., CBS; News, MBS; Dunninger, BN.
9:30 p. m.—Designs for Dancing, NBC; Fulton Lewis Jr., MBS.
10:00 p. m.—News, NBC; Bal Tabarin Cafe Orch., BN; Kirby Orch., CBS.
10:15 p. m.—Carl Ravazza Orch., MBS.
10:30 p. m.—The Colonel, CBS; Dumpling, NBC; NBC.
10:45 p. m.—Ambassador Hotel Orch., BN.
11:00 p. m.—Baltimore Hotel Orch., NBC; News, CBS.

COPPER THAWED
Washington, Aug. 1—(U.P.)—The War Production Board today released frozen stocks of copper and copper alloy fittings and other fabricated building materials.

EARLY NEWS BY LOWELL THOMAS 7:15 P. M. DON LEE-MUTUAL Standard of California

'SUBURBAN HEIGHTS'
By CLYDE WILLIAMS

TRED PERLEY GOT CAUGHT PROPERLY WHEN PROWLING AROUND THE NEIGHBORHOOD WITH HIS WIFE ONE EVENING, PROSPECTING FOR A BRIDE GAME, HE WAS PEERING IN AT THE LAFPETS' TO SEE HOW THE CHANCES LOOKED THERE, JUST AS IRVING (CAME OUT) TO WHISPER HIS TIDINGS, AND TRED HAD TO LOOK AT THE LAFPETS' NONE OTHERS HIS EVENING.

THE NEBBS

THEY'RE GONE
ANYONE I'VE FISH OUT OF HIS WOODEN INDIAN'S MOUTH—P.P.—THERE'S A COMIN'—

IT'S MRS. AXINGHAM
THAT ANTI-TOBACCO CRUSADER ON AN ANDER ONE OF HER RAMPAGES, I'D BETTER LAY LOW AND BE BACK LATER.

I AM INDEED
I LOATHE THREE CHEERS FOR VOTING MY LIFE TO SOMETHING THAT NO ONE ELSE ENJOYS IT—THOSE WOODEN CIGAR STORE INDIANS HERE—PEOPLE WITH A LUST FOR TOBACCO—WHICH UNDERMINE MEET SOULS.

WELL, SAWYER, MY LITTLE MAN, WHAT ARE YOU GOING TO DO ABOUT IT? GIVE UP WITHOUT A STRUGGLE? NO, BY JASPER!

I CAN'T TAKE OFF AND MEET THE TIPPECANOE WITHOUT GASOLINE, AND THERE'S NO SIGN OF SMITH, OR THE DUTCHMAN, OR THE GAS.

SUNDOWN!
SMITH SAID IF HE HADN'T RETURNED BY THIS TIME, I'D BETTER TAKE TO THE TALL MOUNTAINS AND PRAY FOR A QUICK INVASION.

WE'VE GOT TO LET YOU GO, YOU NO-GOOD THIEVING LIVING CROOKED LITTLE RAT!!

OH, NEVER MIND DE APOLOGIES—LET'S MERELY FORGET THIS WHOLE SORDID AFFAIR!!

YES, JILL AND JACKIE MOVED TO MRS. TWILLY'S BOARDING HOUSE.

THEY'D NEVER GOTTEN INTO THE MOVIES IF IT HADN'T BEEN FOR ME.

IM SURE THEY'RE GRATEFUL BY THE WAY YOU GET YOUR \$2000 BACK?

I FORGOT ALL ABOUT THAT FLINT OUGHT TO TAKE OVER THE OPTION AND PAY ME OFF.

CERTAINLY NOT—DO YOU WANT ME TO HUMILIATE MYSELF? FOR \$2000? YES, INDEED!

CHERBOURG'S HARBOR RESTORED TO SERVICE

By United Press
Cherbourg's harbor installations have been restored to service, a spokesman for the French

national committee, said in a broadcast over the Cherbourg radio today. The broadcast was relayed by the British Broadcasting corporation and recorded by CBS.

Use Mail Tribune Want Ads

CHALKER'S MOTEL and LODGE OFFICERS' CLUB

(Officers and Civilians)
Dine - Dance - Refreshments
The Most Unique Spot in Southern Oregon. Home Cooked Chicken Dinners Our Specialty. 5 Miles North Gold Hill on Pacific Highway, Overlooking the Rogue River. Closed Mondays, Thursdays, Private Parties Only. No Cover Charge. Reservations: Phone Gold Hill 474

STRANGE AS IT SEEMS by JOHN HIX



BARNEY GOOGLE and SNUFFY SMITH



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Crossword Puzzle

