

Your Health and Its Care

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RHEUMATISM AND THE HEART

Fifty years ago Dr. Osler wrote that of 456 cases of rheumatic fever (otherwise called acute infectious arthritis and acute inflammatory rheumatism) in Montreal General Hospital, only 19 of the patients were under 15 years of age, nearly half of them were between fifteen and twenty-five years of age, only 82 of them were above thirty-five years of age.

Probably rheumatic fever today is a disease of late childhood, adolescence, young adult life in most cases, although the first attack occurs before the age of ten years in ten per cent of the cases.

Osler ascribed rheumatic fever to exposure. "Occupations which necessitate exposure to cold and great changes of temperature predispose strongly... Exposure to cold, a wetting, or sudden change of temperature are among the factors in determining the onset of an attack," wrote the great medical teacher of his day—and here is one reason why he was a great teacher: He added "but they were present in only 12 per cent of our cases."

Evidently Dr. Osler was concerned about the other 88 per cent of cases, wondering why only one out of eight victims of rheumatic fever could recall any particular exposure to cold, wet, sudden change. Virtually every man, woman and child who is not confined to bed is inevitably exposed to cold, wet, sudden change of temperature, draft, dampness, night air, fog, dew or such change of environment daily if not hourly as long as he is alive. I wonder what ever induced Dr. Osler to remark that exposure had nothing to do with seven out of eight cases of rheumatic fever. And I wish the great teacher could have had the grace (which comes

easier today) to concede that even in the one case there was no scientific proof that exposure to cold, wet or sudden change of temperature determined onset of the attack; that that was just an old medical theory conceived by doctors away back in the dim past.

Dr. Osler defined rheumatic fever as "an acute, non-contagious fever, dependent upon an unknown infective agent, and characterized by multiple arthritis (inflammation of many joints). Although the joint inflammation is painful enough and the fever is as serious as fever from any other cause, it is not the illness itself that gives us so much concern, but rather the complications which are liable to occur, particularly inflammation of the heart lining (endocarditis). That will be the subject of the next talk about rheumatism.

QUESTIONS & ANSWERS
Non-Surgical Drainage of Gall-Bladder

Doctors say I have gall-bladder inflammation and probably gallstones. I want to try non-surgical drainage, but the doctor says he must know how many ounces the bottle will contain before he can put it up for me.

Answer—The drainage is as safe as you would be in going ahead, dissolving all the magnesium sulphate (Epsom salt) that will dissolve in three fluid ounces of Elixir of Lactated Pepsin, then adding one fluid ounce of glycerin—and there you are. Just how many ounces the bottle will contain—who cares?—anyway it won't run over and flood the premises. Instructions for non-surgical drainage of gall-bladder in booklet "So You Have Indigestion?" For copy send stamped envelope bearing your address and inclose ten cents—without glue, plaster, adhesive, paste, or other messy things on it.

Too Much Blood?

Woman, 70, is sure she has too much blood and believes bleeding the only remedy to help her. She is strong and active, but overweight and nervous. If you say so she will consent to see a doctor. (Mrs. T. L. W.)

Answer—No one has too much blood. Persons who appear florid and "full-blooded" haven't too much blood but rather too weak or over-tilled or relaxed surface vessels. Persons who have high blood pressure haven't too much blood, either. Bleeding can give only temporary relief in any case. If the woman is willing in any way, the sensible thing for her to do is to consult a physician.

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Bearded Marine Meets Lady Marine



(Acme Telephoto)
Marine Sgt. Cecil L. Julien of Fiske, Mass., admires luxuriant beard of Marine Sgt. Earle E. Daniel, veteran of 27 years in Corps, after he and other members of Marine First Division landed in San Francisco for first view of America—and lady Marines—in 25 months.

Gold Hill

Gold Hill, July 5—Mrs. Wilbur Martin left June 29 for Toledo, Ore., called by the illness of her sister, Mrs. Orpha Hewitt.

Mrs. Jim Wallis is in from Ashland to spend a few days with Mrs. Creighton Thompson.

Mrs. George Partrick, a former resident of Gold Hill now living on the Applegate river, visited friends here June 29.

Mrs. Cecil Bell is visiting her parents, Mr. and Mrs. Earnest Lyman, in Sams Valley.

Harry Smith from Springfield, Ore., is here visiting his parents, Mr. and Mrs. Thomas Smith.

Mrs. Jewel Thompson arrived June 29 to visit her parents, Mr. and Mrs. Vaughn Quackenbush.

Bruce Bennett left July 1 for

the navy.

Mrs. Edna Cogswell's nephew, Leo Logan, Jr., arrived June 29 from Richmond, Cal. He will spend the summer here working for the Cogswells while enjoying a vacation.

J. W. Harrison of Galls Creek has returned from the Medford hospital, where he underwent an operation.

Armin Thompson, injured recently while working for Walter Foote at Bonanza, is convalescing at home.

Mr. and Mrs. O. M. Boggis, former residents of Gold Hill, have moved back in town. They are residing in Alva Cook's house.

Jim Blevins, chief clerk at the Southern Pacific ticket office, is leaving July 5 for San Francisco. He contemplates accepting a position with the S. P. as traveling auditor. He is a former resident of Gold Hill and has been in the employ of the S. P. for a number of years.

Mrs. Olive Granlund of North Hollywood, Cal., is visiting Mr. and Mrs. William Force.

Mrs. Eugene F. Cook from Medford recently visited Mr. and Mrs. Hugh Hayes here.

Cpl. Charles Rosencrans spent

Flowers for Photographer



(Acme Radio-Telephoto)
Bert Brandt, NEA-Acme photographer for War Pool, smilingly receives flowers offered by French children on outskirts of Barneville on Cherbourg Peninsula as he advanced with the troops. He was accompanied by Ernie Pyle, famous Scripps-Howard columnist.

a three-day pass here recently, visiting relatives and friends.

On the Radio Chains

STATIONS:

Chain affiliation and where they are on the dial:

KALE (MBS) 1330, Portland; KEX (NBC-Hue) 1190, Portland; KGA (NBC-Hue) 1310, Spokane; KIO (NBC-Hue) 1190, San Francisco; KIO (NBC-Hue) 1190, Seattle; KXN (CBS) 1070, Los Angeles; KOA (NBC-Red) 530, Denver; KOIN (CBS) 970, Portland; KOMO (NBC-Red) 850, Seattle; KPO (NBC-Red) 680, San Francisco; KSL (CBS) 1160, Salt Lake City.

Time shown is PWT

Wednesday

5:00 p. m.—Galen Drake, CBS; Terry and Pirates, BN; OK for Release, NBC

5:15 p. m.—Superman, MBS; Dick Tracy, BN; Sophisticated Swing, NBC

5:30 p. m.—Jack Armstrong, NBC; Harry Plannery, news, CBS; Adventures of Tom Mix, MBS

5:45 p. m.—Louis P. Lochner, NBC; Gordon Burke, MBS; Hop Harrigan, BN; News, CBS

6:00 p. m.—Alan Young show, NBC; Gabriel Heatter, MBS; Jack Carson, CBS

6:15 p. m.—Talk, Chester Bowles, BN; Screen Test, MBS

6:30 p. m.—Art Barker, BN; NBC; Bailey Show, CBS; First Nighter, MBS; Spotlight Bands, BN

7:00 p. m.—Ray Kruger's Kollege, NBC; Raymond Gram Swing, NBC; Great Moments in Music, CBS

7:15 p. m.—Lowell Thomas, MBS; Ted Malane, BN

7:30 p. m.—Ranger, MBS; Soldiers With Wings, BN

8:00 p. m.—Mercury's Music Shop, NBC; Paul Nelson, news, BN; I Love a Mystery, CBS; Main Line, MBS

8:15 p. m.—Fleetway Lawton, commentator, NBC; Lum and Abner, BN; Evening Parade, CBS

8:30 p. m.—Best of the Band, NBC; City Best Girls, BN; Dr. Christian, CBS; Building Drummond, MBS

9:00 p. m.—Mr. and Mrs. North, NBC; Allan Jones with Frankie Carver, CBS; News, MBS; Dunnington, BN

9:30 p. m.—Seraphy Amby, NBC; Fulton Lewis, Jr., MBS

9:45 p. m.—Art Barker, BN

10:00 p. m.—News, NBC; Bal Tabarin Cate Orch., BN; Kirby Orch., MBS

10:15 p. m.—Chuck Foster Orch., MBS

10:30 p. m.—Report to Nation, CBS; Thomas Paluso Orch., NBC

10:45 p. m.—Voice of a Nation, NBC; Ambassador Hotel Orch., BN

11:00 p. m.—Biltmore Hotel Orch., NBC; News, CBS

Thursday

5:00 p. m.—Terry and Pirates, BN; Galen Drake, CBS, OK for Release, NBC

5:15 p. m.—Dick Tracy, BN; Superman, MBS; Sophisticated Swing, NBC

5:30 p. m.—Jack Armstrong, BN; Harry Plannery, news, CBS; Tom Mix, MBS

5:45 p. m.—Louis P. Lochner, NBC; Gordon Burke, MBS; Hop Harrigan, BN; News, CBS

6:00 p. m.—Mule Hall, NBC; Major Bowes, CBS; Gabriel Heatter, MBS

Closing time for Classified ads 9 a. m.—Too Late to Classify, 12:30 p. m.

7:15 P.M.

DON LEE-MUTUAL

LOWELL THOMAS

NEWS TIME

Standard of California

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IS LEFT TO HIS OWN DEVICES IN HIS CRIB

ENTERTAINS HIMSELF BY PUSHING HIS TOYS OUT THROUGH THE BARS

FEELS IT'S EVEN MORE FUN TO DROP THEM OVER THE TOP BECAUSE THEY HAVE FARTHER TO FALL

GETS INTO THE SPIRIT OF THE GAME AND PULLS BLANKET AND SHEET OFF CRIB

THROWS THEM OUT OF CRIB AND LOOKS TO SEE IF THERE'S ANYTHING LEFT TO GO

FINDS THERE'S ONLY HIMSELF LEFT TO WORK HIS WAY THROUGH BARS. GIVES UP

THE NEBBS

AS EMMAS AGENT TO BE IN THE BIG DOUGH, I MUST CONVINCE HER SOME WAY

BY GOLLY MAYBE I'LL MARRY HER THEN I'LL BE SET FOR LIFE!

WILL THERE BE ANYTHING ELSE, SIR?

YES—BETTER MOONLIGHT (STICK TO AND ROSES) WHAT YOU HAD... IT'S SAFER!

THE NEBBS

THE NEBBS

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Franchised Bottlers: Pepsi-Cola Bottling Company of Medford

Crossword Puzzle

