

Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.

Readers should address inquiries to: Dr. William Brady
265 El Camino, Beverly Hills, Calif.

CITRATE OF SODA FOR COUGH

You may get a fair idea of the harmlessness of citrate of soda from the fact that it has been widely used in the modification of cow's milk for infant feeding, for the purpose of preventing formation of large hard curds — from one-half to one teaspoonful being added to the pint of milk.



Not that I advise this for modifying milk—I believe the addition of some oatmeal gruel or barley gruel or oatmeal water or barley water is better for that purpose.

In the booklet "Call It Cough" (for copy send 25 cents and stamped envelope bearing your address) there is a chapter telling what to do about the Cough. If you're a new reader that is a coined word—initial letters of the cumbersome term Common Respiratory Infection — pronounced kree. It may and should be applied in the early stage of any such illness or indisposition, whether the cough proves to be diphtheria, simple coryza, meningitis, measles, flu, grip, tonsillitis, pneumonia, scarlet fever—nobody knows what it may prove to be, in the early stage.

Foolproof Cough Medicine is strictly home made medicine, and I'd prefer it myself if I had a cough accompanied with cough which called for a remedy. Chief ingredient is citrate of soda.

To prepare the cough medicine you use the following materials: (1) Water. (2) Oh-oh! I discovered only yesterday that this is out, too—no glycerin without prescription. I learned, so for the present we'll have to use molasses, honey, table syrup, sorghum syrup or maple syrup instead of glycerin. (3) A lemon. (4) Flaxseed—not meal, the unground seeds. (5) Citrate of soda, white crystalline powder. (6) Essence, extract or oil of peppermint, or other aromatic flavor as preferred.

Now, then, folks, I shall not be responsible for any typographical errors, but if you want to take a chance the printers are not holding out, or contributing anything of their own to the recipe, here's how it cooks:

Steep for 20 to 30 minutes a heaping teaspoonful of whole flaxseed in a pint of water. Dissolve in this flaxseed tea one ounce (two rounded tablespoonsful) of citrate of soda, two tablespoonsful of glycerin or one of the substitutes above mentioned, add the juice of one lemon, finally three or four drops of peppermint or whatever aromatic flavor you prefer, and strain through a piece of muslin.

There you are, all set to soothe, ease, relieve and help cough due to any respiratory tract trouble, in infant, child or adult, and the medicine can do no serious harm in any circumstance.

Dose: For infant or young child, teaspoonful every two hours for a day or two. For older child or adult, tablespoonful every hour or every two hours for a day or two. No particular harm in continuing the medicine longer than a day or two if you wish, but generally it works most effectively in the first day or two.

QUESTIONS & ANSWERS
One for the Green Book.
A year ago I received deeply your teachings about nervous people. I was an extreme neurotic and I just couldn't understand how a presumably intelligent doctor could take your attitude . . . more out of curiosity I sent for your booklet "Nerves and Nutrition" . . . feel I owe it to you to say that, entirely through your help, I am today a veritable specimen of perfect health.

(P. R. A.)
Answer—Thank you. Copy of the green book "Nerves and Nutrition" mailed on request. If you inclose twenty-five cents and stamped self-addressed envelope, I will mail you a copy of my book "Nerves and Nutrition" . . . it is a fifty-fifty chance we may at least keep 'em from becoming Class B neurotics.

Corn, Wheat or Callos
(D. H.)
Answer—Paint corn, wart or callus once daily with a solution of 30 grains of salicylic acid in one-half ounce of flexible collodion.

(Copyright, 1944, John F. Dille Co.)

CHINESE BANKNOTE IS SOUVENIR FROM MEDFORD SOLDIER
A souvenir of China in the form of a \$50 Chinese banknote has been sent the Mail Tribune by S/Sgt. Bob Pierce, attached to a U. S. army service squadron somewhere in that country.

Sgt. Pierce, in a letter accompanying the bill wrote that he

NOTICE TO CREDITORS
NOTICE IS HEREBY GIVEN that by order of the County Court in and for the County of Jackson, State of Oregon, duly made and entered on the 13th day of April, 1944, in the matter of the estate of William August Schlusog, deceased, the undersigned was appointed administratrix of the estate of said William August Schlusog, deceased, and all persons having claims against said estate are hereby notified to present the same to the undersigned, as such administratrix, at the office of her attorney, F. P. Farrell, 306 Fluhrer Building, Medford, Oregon, properly verified as provided by law, within six months from the date hereof.

DATED and first published Jun. 7, 1944.
GRACE DARBY,
Administratrix of the Estate of William August Schlusog, deceased
F. P. FARRELL,
Attorney for Administratrix,
306 Fluhrer Building,
Medford, Oregon.

YICK SO CHINESE HERB CO.
Daily 10 AM. to 6 PM.
Sundays 11 AM. to 1 PM.
Phone 5817

J. H. Leong, Herbalist
Jackson Co. Bank Bldg.
STOMACH ULCERS
Heart, Rheumatism,
Asthma, Catarrh, Piles,
Prostate Gland, Eczema
and all disorders of Liver,
Kidney Trouble, Jaundice
and other complaints disappear after using
CHINESE HERBS

On the Radio Chains

STATIONS:
Chain affiliation and where they are on the dial:
KALE (MBS) 1330, Portland.
KEX (NBC-Blue) 1190, Portland.
KGA (NBC-Blue & MBS) 1510, Spokane.
KGO (NBC-Blue) 810, San Francisco.
KOW (NBC-Red) 620, Portland.
KJR (NBC-Blue) 1090, Seattle.
KXN (CBS) 1070, Los Angeles.
KOA (NBC-Red) 850, Denver.
KOIN (CBS) 970, Portland.
KOMO (NBC-Red) 950, Seattle.
KPO (NBC-Red) 680, San Francisco.
KSL (CBS) 1160, Salt Lake City.

Time Show is PWT

Wednesday
8:00 p. m.—Galen Drake, CBS; Terry and Piffles, BN; OK for Release, NBC.
8:15 p. m.—Superman, MBS; Dick Tracy, BN.
9:30 p. m.—Jack Armstrong, BN; Harry Plannery, news, CBS; Adventures of Tom Mix, MBS.
9:45 p. m.—Louis P. Lochner, NBC; Gordon Burke, MBS; Capt. Midnight, BN; News, CBS.
10:00 p. m.—Edith Cantor, NBC; Gabriel Heatter, MBS; Jack Carson, CBS.
10:15 p. m.—Talk, Chester Bowles, BN; Screen Test, MBS.
10:30 p. m.—Mr. District Attorney, NBC; Bailey Show, CBS; First Nighter, MBS; Spotlight Bands, BN.
11:00 p. m.—Kay Kyser's Kollege, NBC; Raymond Gram Swing, BN; Great Moments in Music, CBS.
11:15 p. m.—Lowell Thomas, MBS; Top of the Evening, BN.
11:30 p. m.—Lone Ranger, MBS; Soldiers With Wings, NBC.
11:45 p. m.—Mersey's Music Shop, NBC; Paul Neilson, news, BN; I Love a Mystery, CBS; Main Line, MBS.
12:15 p. m.—Electro Wood Lawton, commentator, NBC; Lum and Abner, BN, featuring Parade CBS.
12:30 p. m.—Beat the Band, NBC; My Best Girl, BN; Dr. Christian, CBS; Building Drummond, MBS.
1:00 p. m.—Mi and Mrs. North, NBC; Allan Jones with Frankie Carle's Orch., CBS; News, MBS; Dunninger, BN.
1:30 p. m.—Scrammy Amby, NBC; Pulton Lewis, Jr., MBS.
1:45 p. m.—Art Baker, BN.
2:00 p. m.—News, NBC; Bal Tabarin Cafe Orch., BN; Kirby Orch., MBS.

10:15 p. m.—Chuck Foster Orch., MBS.
10:30 p. m.—Report to Nation, CBS; Thomas Paluso Orch., NBC.
10:40 p. m.—Voice of a Nation, NBC; Ambassador Hotel Orch., BN.
11:00 p. m.—Blumore Hotel Orch., NBC; News, CBS.

Thursday

8:00 p. m.—Terry and Piffles, BN; Galen Drake, CBS; OK for Release, NBC.
8:15 p. m.—Dick Tracy, BN; Superman, MBS; Times at Sundown, NBC.
9:30 p. m.—Jack Armstrong, BN; Harry Plannery, news, CBS; Tom Mix, MBS.
9:45 p. m.—Louis P. Lochner, NBC; Capt. Midnight, BN; Gordon Burke, MBS; News, CBS; Adventures of Tom Mix, MBS.
10:00 p. m.—Music Hall, NBC; Major Bowes, CBS; Gabriel Heatter, MBS; Screen Test, MBS.
10:15 p. m.—Return of Nick Carter, NBC; Light Bands, BN; Dinah Shore, CBS; Starlight Serenade, MBS.
10:30 p. m.—Abbott and Costello, NBC; Raymond Gram Swing, BN; The First Line, CBS; Henry Gladstone, MBS.
11:15 p. m.—Lowell Thomas, MBS; 730 p. m.—March of Time, NBC; Red Ryder, BN; Horia to Romance, CBS; Chico Kid, MBS.
11:30 p. m.—Mersey's Music Shop, NBC; I Love a Mystery, CBS; Paul Neilson, news, BN; Pick and Pat Time, MBS.
11:45 p. m.—Night Editor, NBC; Lum and Abner, BN; Passing Parade, CBS.
12:00 p. m.—Coffee Time, NBC; Death Valley Days, CBS.
12:15 p. m.—The Aldrich Family, NBC; News, MBS; Stop and Go, BN.
12:30 p. m.—Rex Miller, MBS.
12:45 p. m.—Elery Queen Mysteries, NBC; Orson Welles, CBS; Fulton Lewis, Jr., MBS.
1:00 p. m.—News Flash, NBC; Town Meeting, BN; Wings Across West Coast, MBS.
1:15 p. m.—Strings for Meditation, NBC; Jan Garber Orch., CBS.
1:30 p. m.—Jan Garber Orch., CBS.
1:45 p. m.—Hotel Blumore Orch., NBC; News, CBS.

THE GRANGE

Roxy Ann Grange
Roxy Ann Grange met in regular session June 16 with Master Frank Hanns presiding. A report of the sixth degree initiation ceremony was given by the master and other members who had attended. Refreshments were served by Mr. and Mrs. Chase and Mr. and Mrs. Quackebush.

Next meeting is to be July 7, Birthday night.

Central Point Grange

Central Point Grange enjoyed many musical numbers from members of the newly organized juvenile Grange at their regular meeting June 18.

During the business meeting Benton Boyce told about some of the resolutions up before the State Grange.

Plans for the covered dish dinner to be held Saturday, June 24, at 7:30 p. m. at Grange hall were discussed. Everyone is

asked to bring a covered dish and his own table service. Ice cream will be furnished by H. E. club. All new members urged to attend. Square dancing and other recreation will follow the dinner.

OIL FUND REFUSED

Washington, June 21.—(AP)—Rep. Ben F. Jensen, R., Iowa, said today that house conferees on the interior department supply bill had refused to accept a senate amendment to increase

Alaskan oil exploration runs from \$177,000 to \$1,252,000 because the house had refused to increase the price of domestic crude oil by 35 cents a barrel.

Use Mail Tribune Want Ads.

CIVILIANS ONLY!

KYLE'S RESTAURANT CHICKEN AND STEAK DINNERS

Open 6 p. m. to 2 a. m. Phone Central Point 472 for reservations. On the Pacific Highway at Central Point

Chalker's Motel & Lodge

OFFICERS' CLUB (Officers & Civilians) Dine—Dance—Refreshments Closed Mondays Reservations Thursday Parties Only. No Tax No Cover Charge. Phone Gold Hill 474

ANSWER TO PREVIOUS PUZZLE

ACROSS
1—Ray of light
2—Point out
3—Apparition
4—Promised
5—Light boat
6—Country in Asia
7—Foe for service
8—Man's nickname
9—Electric lights
10—Juts over
11—River in East Africa
12—Band deposit
13—Prod
14—Frog
15—Sediment from malt liquor
16—Work
17—Provision
18—Vault for dead
19—Trial
20—Comer
21—Prayer
22—Jew
23—Wander
24—Remained on sea
25—Wagon
26—Knowledge
27—Religious devotion
28—Large antelope
29—A metal
30—Portuguese coin
31—A number
32—Lutian river
33—Knight (abbr.)

DOWN
1—Swamp
2—Before
3—Apparition
4—Promised
5—Light boat
6—Country in Asia
7—Foe for service
8—Man's nickname
9—Electric lights
10—Juts over
11—River in East Africa
12—Band deposit
13—Prod
14—Frog
15—Sediment from malt liquor
16—Work
17—Provision
18—Vault for dead
19—Trial
20—Comer
21—Prayer
22—Jew
23—Wander
24—Remained on sea
25—Wagon
26—Knowledge
27—Religious devotion
28—Large antelope
29—A metal
30—Portuguese coin
31—A number
32—Lutian river
33—Knight (abbr.)

7:15 P. M.
DON LEE-MUTUAL
Standard of California

STRANGE AS IT SEEMS by JOHN HIX

WORLD RENOWNED VIOLINIST GAVE A PUBLIC PERFORMANCE OF A MENDELSSOHN CONCERTO WHEN HE WAS 6 AND AT 13 ACHIEVED INTERNATIONAL FAME

JASCHA HEIFETZ

FOR THE AMERICAN NAT'L BANK CUSTOMERS TO TRANSACT BUSINESS FROM THEIR CARS

STRADELLA, ITALIAN MUSICIAN, CLOPPED WITH THE MISTRESS OF A VENETIAN NOBLEMAN WHO HAD MEN TO ASSASSINATE HIM. WHEN ENCOUNTERED, STRADELLA SAVED HIS LIFE BY SPELLBINDING THEM WITH THE BEAUTY OF HIS MUSIC.

Barney Google and Snuffy Smith

RUSSLE YORE TAIL FEATHERS AN' DO A LITTLE SCOUTIN' OVER THEM JAP LINES, HAWKY TAWKY

WHO ME?

NO, SIR! I AIN'T NO CLAY PIGEON FOR ACK ACK

JES' SET THAR I'LL FIX IT SO'S YE WON'T BE CONSPICKIWUSS

DON'T ROOST IN NO CAMMY-FLOODE NETS AN' LOSE TRACK OF YORESE'IF

BLONDIE

DAGWOOD, LET ME TAKE THOSE HEDGE CLIPPERS A MOMENT

I CAN'T STAND RAGGED EDGES

HEY, THEY HAVE OUR RANGE IN SPITE OF THE SMOKE SCREEN. NO TIME TO WARM UP! WE HAVE TO GET A LOAD OF HUSTLE!

MORTAR SHELLS!

L'L ABNER

AH, DOES LOOKED THROUGH LEVEN FEARLESS FOSDICK FUNNY BOOKS. ALL HE EVAN DOES IS KILL DESPITE CRIM'NALS! BUT WHEN IT COMES T' GALS—

HE IS SECH A GENNULMAN, CUS HE HITT HE NEWH GITS ROMANTICAL BOUT 'EM. HE IS ALLUS MERELY PERLITE!

POW'FUL DISTANT!!

ANY "FEARLESS FOSDICK" IS L'L ABNER'S IDEAL?

L'L ABNER'S MAIN AMBISHUN IS TACKLE HIM!! A FINE SAY!!

AH, MIGHT AS WELL FACE THE FACTS!! L'L ABNER WORK NEVAH HAVE NO TRUCK WIF NO GAL UNLESS "FEARLESS FOSDICK" DOES—AN "FEARLESS FOSDICK" NEVAH W-WILL—OH! SOB!! WHY DID "FEARLESS FOSDICK" HAFTA BE HIS IDEAL? WHY WANN'T IT DON JUAN?

THE NEBBS

WILL YOU GIVE ME AN OPTION ON JILL AND JACKIE'S SERVICES FOR THE MOVIES?

IT'S A DEAL!

HAND ME THE CHECK!

NOT SO FAST, CHARLIE!

FIRST WE'LL HAVE AN OPTION AGREEMENT DRAWN UP AND SIGNED

BY SHEER CHANCE I HAVE AN OPTION FORM WITH ME

ISN'T THAT AN AMAZING COINCIDENCE!

AMAZING! ISN'T THE WORD FOR IT?

WITH A SINKING HEART YOU HEAR YOUR HUSBAND SAY THAT HE'LL HELP GET DINNER—HIS HELP CONSISTING MOSTLY OF STANDING IN THE EXACT MIDDLE OF THE KITCHEN, VERY MUCH IN THE WAY AND, WHEN ACTUALLY CALLED UPON TO DO SOMETHING, OF BEING BUSY FILLING HIS PIPE

THE WORLD AT ITS WORST By GLUYAS WILLIAMS

NOTICE OF ALLEY VACATION
Notice is hereby given that the Council of the City of Medford did, on the 5th day of June, 1944, by resolution initiate proceedings to vacate that part of the alley in the City of Medford, Oregon, described as follows: The North 125 feet of the alley in Dodge Addition and Tuttle's subdivision, between Park and Oakdale Avenues; and provide for a public hearing to be held at the hour of 7:30 o'clock P. M. on the 18th day of July, 1944, at the Council Chamber in the City Hall of said City of Medford, for the purpose of considering a vacation of and adoption of an ordinance vacating said part of said alley as hereinbefore described, and for the further purpose of considering any objection or remonstrance thereon, which may be made in writing and filed with the Recorder of the City of Medford prior to the date of such hearing.

By order of the Council of the City of Medford.
J. R. WOODFORD,
Recorder.

Phone 2119

for Towing or Wrecker Service

Anywhere—Anytime

Lewis Super Service