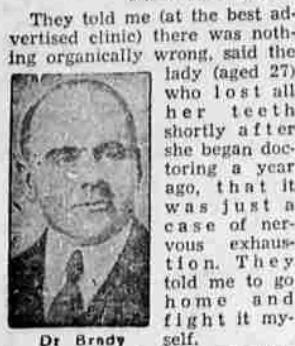


Your Health and Its Care

BY DR. WILLIAM BRADY M. D.
Readers should address inquiries to: Dr. William Brady
285 El Camino Beverly Hills Calif.

NERVOUS EXHAUSTION MY EYE



Dr. Brady

They told me (at the best advertised clinic) there was nothing organically wrong, said the lady (aged 27) who lost all her teeth shortly after she began doctoring a year ago, that it was just a case of nervous exhaustion. They told me to go home and fight it myself.

Maybe my teeth are more valuable than other people's teeth, but I'd want not only a good physical or two but plenty of other special tests and opinions (including, of course, the opinions of competent dentists) before I'd submit to extraction of one or more of my teeth in any circumstance. I think that any physician who orders or permits extraction of all the teeth regardless of the possibility that proper treatment by the dentist might save one or more of the teeth, is a sorry representative of the medical profession.

And furthermore I think—that any physician who dismisses a patient with the suggestion that the trouble is "just a case of nervous exhaustion" and the advice to "go home and fight it yourself" is incompetent and unfit.

This unhappy young lady, I assume—had some decayed teeth, perhaps infected teeth, and the doctor deemed it wise to remove all the teeth at once. Any one who goes for months or years with one or more decayed or infected teeth or with one or more teeth missing, must inevitably suffer at least some impairment of digestion in consequence of insufficient chewing

of food and hence impaired digestion (for digestion of food by the digestive ferments in the saliva continues for half an hour or more after the food has entered the stomach, in a healthy person). This impaired digestion is bound to lead to nutritional deficiency, poor assimilation of vitamins in minerals particularly, even if the diet supplies all the vitamins and minerals required for good nutrition. Of course the average modern refined diet does not supply all the vitamins and minerals the body requires, especially in childhood, youth and young adult life. So it seems safe to infer that this young woman had some nutritional deficiency when she first sought medical advice. Such nutritional deficiency is too commonly ignored or overlooked by physicians who harbor and inoculate patients with the "nervous exhaustion" obsession.

QUESTIONS & ANSWERS
Bleeding for High Blood Pressure. I know several people with high blood pressure who want to give blood for the Red Cross because they think it will benefit them. (Mrs. D. J. M.)

Answer—It has little effect on blood pressure, although it will do no harm. If the blood pressure is too high the applicant is not accepted for a blood donation anyway. Dry Rot in the Community. Son, 11, has cigarette habit. He tries to smoke on the fly, but we have caught him several times. If we give him any spending money for ice cream, candy or fruit he buys cigarettes instead. (Mrs. G. R.)

Answer—Maybe it is foolish and old-fashioned, but I still believe the parent who does his or her duty will try to get every child to give a solemn pledge not to use tobacco or alcohol in any form before the child is old enough to vote. Evidently the age of six or seven years is not too early to have the child take this pledge, solemnly, either on some religious occasion (if the spiritual adviser is not ducking the duty, too) or on the child's birthday anniversary, and a renewal of the pledge on each succeeding anniversary.

Vitamin A
Any harm in taking too much vitamin A? Troubled with sinus, and a friend told me I should take vitamin A—I've been taking three 25,000 unit capsules daily and have (trivial of many symptoms). (Mrs. B. R.)

Answer—No. Better read chapter on sinusitis in "Call It Crip"—copy for 25c. If you prefer stamped envelope bearing your address. (Copyright, 1944, John F. Dille Co.)

Ann Corio In Gay Rialto Show



Ann Corio is a harem beauty in "The Sultan's Daughter," a harem-scene comedy-romance, with Charles Butterworth and Tim Ryan. Along with "Sultan's

Daughter" which comes to the Rialto Sunday for a three-day performance, is "Swing Fever," with Kay Kayser, Lena Horne and William Gargan.

"A Guy Named Joe" Sunday Hit



Opening Sunday for a three-day run at the Craterian is "A

Guy Named Joe," co-starring Spencer Tracy and Irene Dunne with Van Johnson, Lionel Barrymore and Ward Bond.

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American Bombers Down Among Swiss

Zurich, Switzerland, June 14—Three American bombers landed at points in Switzerland today, it was announced officially. Authorities interned 28 crew members, it was announced.

PIN-WORMS GO! New Treatment Gets Real Results

Anyone who has ever had Pin-Worms knows how humiliating and embarrassing this affliction can be, and how hard it is to eliminate the tiny crawling creatures once they get a foothold inside the body. Millions of people—rich and poor, children and grown-ups—have suffered in silence with the misery of Pin-Worms, and doctors have tried for years to find a way to deal with this pest. Old-fashioned worm "cures" usually don't work on Pin-Worms. Today, thanks to an important scientific discovery (a remarkable drug known as gentian violet), a new and highly effective treatment has been hailed by doctors. This drug is the vital element in P-W, the new Pin-Worm tablet developed by the laboratories of Dr. D. J. Jayne & Son, America's leading specialists in worm medicines. P-W makes it easy to deal with Pin-Worms. The small, convenient P-W tablets act in a special way to destroy the creatures. Don't take chances with Pin-Worms! Just ask your doctor for P-W, and be sure to follow the directions. P-W means Pin-Worms relief!

On the Radio Chains

STATIONS:
Chain affiliation and where they are on the dial:
KALE (MBS) 1330, Portland.
KXN (NBC-Blue) 1190, Portland.
KXIA (NBC-Blue & MBS) 1510, Spokane.
KGO (NBC-Blue) 810, San Francisco.
KGW (NBC-Red) 810, San Francisco.
KJH (NBC-Blue) 620, Portland.
KJH (NBC-Blue) 620, Seattle.
KNA (CBS) 1070, Los Angeles.
KOA (NBC-Red) 850, Denver.
KUNN (CBS) 970, Portland.
KOMO (NBC-Red) 850, Seattle.
KPNR (NBC-Red) 680, San Francisco.
KSL (CBS) 1160, Salt Lake City.

Time Shown is PWT

Wednesday
8:00 p. m.—Galen Drake, CBS; Terry and Pirates, BN; OK for Release NBC.
8:15 p. m.—Superman, MBS; Dick Tracy, BN.
8:30 p. m.—Jack Armstrong, BN; Harry Planter, news, CBS; Adventures of Tom Mix, MBS.
8:45 p. m.—Louis P. Lochner, NBC; Gordon Burke, MBS; Capt. Midnight, BN; News, CBS.
9:00 p. m.—Edie Cantor, NBC; Galen Drake, MBS; Frank Sinatra, BN.
9:15 p. m.—Talk, Chester Bowles, BN.
9:30 p. m.—Mr. District Attorney NBC; Jack Carson, CBS; First Nighter MBS; Spotlight Bands, BN.
9:45 p. m.—Ray Kiser's College NBC; Raymond Gram Swing, BN; Great Moments in Music, CBS.
10:00 p. m.—Lowell Thomas, MBS; Top of the Evening, BN.
10:15 p. m.—Lone Ranger, MBS; Soldiers With Wings, BN.
10:30 p. m.—Mercer's Music Shop, NBC; Paul Nelson, news, BN; I Love a Mystery, CBS; Main Line, MBS.
10:45 p. m.—First World War commentator, NBC; Lum and Abner, BN; Evening Parade, CBS.
11:00 p. m.—Beat the Band, NBC; My Best Girl, BN; Dr. Christian, CBS; Building Drums, MBS.
11:15 p. m.—Mi and Mrs. North NBC; Allan Jones with Frankie Carle's Orchestra, CBS; News, MBS; Dunninger MBS.
11:30 p. m.—Scramby Amby, NBC; Milton Lewis, Jr. MBS.
11:45 p. m.—Art Baker, BN.
12:00 p. m.—News, NBC; Bal Tabarin Cafe Orch., BN; Dr. Polyzoides, MBS.
12:15 p. m.—Chuck Foster Orch., MBS.
12:30 p. m.—Report to Nation, CBS; Thomas Peluso Orch., NBC.
12:45 p. m.—Voice of a Nation, NBC; Ambassador Hotel Orch., BN.
1:00 p. m.—Blissmore Hotel Orch., NBC; Gus Arnheim Orch., CBS.

Thursday
8:00 p. m.—Terry and Pirates, BN; Galen Drake, CBS; OK for Release NBC.
8:15 p. m.—Dick Tracy, BN; Superman, MBS; Tunes at Sundown, NBC.
8:30 p. m.—Jack Armstrong, BN; Harry Planter, news, CBS.
8:45 p. m.—Louis P. Lochner, NBC; Capt. Midnight, BN; Gordon Burke MBS; news, CBS; Adventures of Tom

Mix, MBS.
8:00 p. m.—Music Hall, JBC; Major draws, CBS; Gabriel Heatter MBS.
8:15 p. m.—Return of Nick Carter, MBS.
8:30 p. m.—Bob Burns, NBC; Spotlight Bands, BN; Dinah Shore, CBS; Hour of Song, MBS.
8:45 p. m.—Abbott and Costello NBC; Raymond Gram Swing, BN; The First Line, CBS; Henry Gladstone MBS.
9:00 p. m.—Lowell Thomas, MBS.
9:15 p. m.—March of Time, NBC; Red Ryder, BN; Here's to Romance, CBS.
9:30 p. m.—Mercer's Music Shop, NBC; I Love a Mystery, CBS; Paul Nelson, news, BN; Pick and Pat Time, MBS.
9:45 p. m.—Night Editor, NBC; Lum and Abner, BN; Evening Parade, CBS.
10:00 p. m.—Coffee Time, NBC; Death Valley Days, CBS.
10:15 p. m.—The Aldrich Family, NBC; News, MBS.
10:30 p. m.—Rex Miller, MBS.
10:45 p. m.—Elery Queen Mysteries, NBC; Orson Welles, CBS; Fulton Lewis, Jr. MBS.
11:00 p. m.—News Flashes, NBC; Town Meeting, BN.
11:15 p. m.—Strings for Meditation, NBC.
11:30 p. m.—Jan Garber Orch., CBS.
11:45 p. m.—Hotel Biltmore Orch., NBC; Carlos Molinos Orch., CBS.

SOUVENIR HAUL
Falls City, Neb.—(U.P.)—Souvenir from the South Pacific now occupy a prominent place in the R. A. Hanika home. The Japanese articles sent by his son, Cpl. Roy Hanika, include: a rifle and bayonet, a two-handed saber, a battle flag autographed by the former owner's family and friends, a watch, a package of cigarettes, a medal, currency and coins.

Use Mail Tribune Want Ads.

EARLY NEWS BY LOWELL THOMAS
7:15 P. M.
DON LEE-MUTUAL
Standard of California

THREE COUNTIES SEEK CONVENTION OF STATE GRANGE

Grants Pass, June 14.—Tentative invitations depending on war conditions were issued for the 1945 Oregon State Grange session by Hood River, Multnomah and Baker counties at the session here Tuesday. The executive committee will choose the next meeting place.

Joe Booth of the Citizen's bank, Corvallis, discussed the double liability constitutional amendment, and Ammon Grice, president of the Farmers' Union spoke on general farm conditions.

A public installation of officers of the new Juvenile Grange at Central Point was held during the morning at the old high school building, under direction of the state Juvenile Grange leaders.

The evening session will be concerned with reports of committees.

An interesting discussion on "Farm Chemistry" was presented at the 8 a. m. masters' and deputies' conference by George Penrose, agricultural agent for the Union Pacific. Penrose spoke in the place of Prof. E. H. Wiegard of Oregon State college.

Penrose reported on the national farm chemistry meeting held in March at St. Louis. He told of new and lethal insecticides; fibre similar to wool that is made from soy beans; plastics made from waste potato dehydrator, from casein in milk and from wood wastes. Penrose predicted that all these new products will find a place in the nation's economy.

Ralph Laird, Pomona master, Lane county, presided.

Additional justification for the raises in rank.

Sen. Mon C. Wallgren, D., Wash., told reporters the subcommittee felt the promotions were coming "too fast."

DIES AGED 115

Madison, Wis., June 14.—(U.P.) Mrs. Hettie Pierce, born of slave parents near Rochester, N. C., in 1829, died today at the age of 115—disappointed in her one hope that she might live to see the allies victorious in World War II.

Too Many Generals Committee Believes

Washington, June 14.—(U.P.) The senate military affairs subcommittee on army promotions today deferred action on a list of approximately 60 temporary appointments of generals pending "further information" and

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(Officers & Clubmen) Dine—Dance—Refreshments Closed Mondays Reservations Thursday Private Parties Only. No Tax. No Cover Charge. Phone Gold Hill 474

STRANGE AS IT SEEMS by JOHN HIX

PEACEFUL GUN! INVENTED BY E. KEITH OF WEST PALM BEACH, FLA. IT SHOTS CILINDRICAL BULLETS. THEIR CILINDRICAL BULLETS. ALLOWING HIM TO BE SEATED IN HIS AUTOMOBILE!

WEE WALNUTS! DWARF WALNUT TREES ONLY AS TALL AS GOOSEBERRY BUSHES! PRODUCED BY LUTHER BURBANK!

FORCED TO LAND HIS BURNING P-51, LT. JAMES D. ORNE THROUGHT IT DOWN WITH WHEELS RETRACTED. DIRECTLY ON TOP OF TWO 500LB. BOMBS! ONE BROKE AWAY, THE OTHER EXPLODED THROWING THE ENGINE 200 YARDS. LT. ORNE, STILL IN THE PLANE, SUFFERED ONLY MINOR BURNS!

BARNEY GOOGLE and SNUFFY SMITH

I WISH SOME VARMINT WOULD GET ME OUT'N THIS !!@# JAP CHICKEN COOP!!

GO BACK, MR. SAWYER! GO BACK! I'M ALLRIGHT. I'M JUST PRETENDING I'M HURT.

THEN WHAT'S THAT RED STUFF? CATSUP?

YOU'LL BE KILLED, BUZ! GO BACK!

NOT WITHOUT YOU, OLD TIMER. WE'RE A TEAM. WE STICK TOGETHER.

BUZ SAWYER

WHY'D YOU SAY THAT? A BOX OF DE-RUMBLE- (ZIN) PILLS GUARANTEED TO TAKE TH' RUMBLE! CLEAN OUTTA HANK OR DEAST, S'CO. WHITEVAH IN CREATION Y'D IS, IT WILL NOT FAIL!!

TH' PILL'S A-WORKIN'! OH, HOW IT DONE SOFTENED TH' TONE!!

IT SOUNDS LIKE A CHOPIN NOCTURNE!!

ANY' NOW—Y'D IS AS QUIET AS A GRAVE-YARD!! HAIN'T THEY WONDERFUL?

THEY ARE, INDEED!! YOU SAVED ME FROM UNSPEAKABLE HUMILIATION!! PLEASE STAY AND BE MY GUEST FOR THE WEDDING!!

NO, THANKS—I'LL RECKON AH'LL GASHAWAY ALONG!!

TOO BAD, YOU WON'T STAY.

THE NEBBES

WHAT AN APPETITE THIS IS THE FIFTH BITE I'VE BEEN IN TODAY

MY DEAR MISS GRUNTLY, THE FOOD IS NOT THE MAIN ATTRACTION!

COME SIT WITH ME AND GIVE THESE TIRED OLD EYES A TREAT

THIS JOB AIN'T EASY ON MY ARCHES, SITTING AROUND HERE TREATING THEM TOO

I'VE TRAVELED FAR AND WIDE BUT NEVER GOT A LINE LIKE A MORE GORGEOUS CREATURE!

YEAH, I GUESS YOU'VE BEEN AROUND YOU GOT A LINE LIKE A TRAVELING SALESMAN!

REMEMBER THE MOVIES AT EIGHT? AH ME, 'THE HOUR OF WAITING' WILL BE ENDLESS

THEY'LL BE ENDLESS! IF WE HADTA SIT THROUGH A DOUBLE FEATURE

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

ACROSS

1—Threw
2—Est
3—15th of March
4—Court minutes
5—Long-tailed ape
6—Hiking
7—Impulse
8—Tan
9—Railroad car
10—Penpoint
11—Charged particle
12—Egg
13—Rapid dance
14—Latin city
15—Pouch

DOWN

1—Peltres
2—Land measure
3—Pace
4—Tibetan goat
5—Boat glider
6—Vases
7—An opera by Leoncavallo
8—Institution Village (D.)
9—Merlin
10—Wise man
11—Arab's dream of life
12—Period of time
13—Board about wall
14—Mineral earth
15—Vigor
16—Mature
17—Hurried
18—Oriental ash
19—Allow
20—Examine
21—Passageway
22—Gossip
23—Comb. form: within
24—Feeler
25—Operative sole
26—Cleft
27—Close
28—Moose
29—Endure
30—Ends of Saturn's rings
31—Yours

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