

Your Health and Its Care

BY DR. WILLIAM BRADY, M. D.
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DENTISTS SHOULD MAKE UP THEIR MIND ABOUT IT

One dentist tells the world "old Doc Brady is doing the American people a great disservice when he suggests, as he recently did, that toothbrushing is nonsense and a waste of time," and opined that "speaking for a great many dentists and physicians, men of some influence in the community, I can say that I believe your paper would be better received if you'd put Brady out to pasture."

Another dentist in the same city tells the same confused world, "Regarding Dr. Brady's comments on toothbrushing, he is absolutely right. If a toothbrush were the answer to the dental decay problem, there would be no research now going on into the cause of decay. Unfortunately, decay occurs in the most carefully cleaned and brushed teeth."

The first dentist argued "No one will contend that toothbrushing will prevent tooth decay any more than washing the hands will prevent eczema or washing the face will prevent leprosy. But people who do not brush their teeth present malodorous mouths which are certainly antisocial."

That if I may horn in here, is pure malarkey, and unless the dentist who uttered it is incredibly naive he knows it is malarkey.

Tony the Welsh Terrier never brushed his teeth and his breath was always free from bad odor. If neglect of toothbrushing were responsible for malodorous mouth or breath, Tony and I must have neutralized each other in that respect. To the saying "as clean as a sound's tooth" we may now add, and with a good deal of scientific authority to back us, that "a sound is kept clean by nature"—if the diet and the individual habits are not wrong.

In order to clear up any misunderstanding I repeat here what I have said many times, that if you enjoy brushing your teeth with any of the popular dentifrices or with plain soap or

QUESTIONS & ANSWERS

Will a balanced diet, eat a balanced diet, is Italian red wine good for the human body?

Answer—You do not mention your weight, but I take it you are overweight. If so, wine, any kind, is just so much excess calories, not a treatment for overweight, which body may use, thus sparing food, which goes into fat. I say no kind of alcoholic beverage or liquor is good for the human body.

In fact, I'm ashamed of it. Here is a nice, clean, shiny dime—no plaster, glue, paste, rubber cement, etc., on it. If it meets with your flimsy requirements, I'd like to receive a copy of the booklet "So You Have Indigestion" or "Which you are proud." (S. W.)

Answer—In fact, sir, I'm a little ashamed of the booklet for what it fails to say, I hope to make it better at next revision. Your sarcasm is malapropos. Would you offer a newsworthy, street conductor or a merchant steamer stuck up with Scotch tape or sealed in a mesh of Scotch tape or sewed up in a bag or secured in a cardboard container with wire staples?

Answer—Right. Good idea for everyone when exposed to extreme heat, at work or play, to take a good big pinch of table salt with every drink of water—this restores the salt lost through excessive sweating, prevents heat exhaustion, sunstroke, heat cramps. Water or other beverage is more refreshing if salt is taken with it, too.

Vitamin B Complex and Excessive Eating. I am 32 and had been feeling like a kid. Always consumed excessive quantities of starches and sugars, had a kind of craving and felt panicky if I didn't indulge the craving. But since I began taking the B Complex you recommended I find I demand about one-third of the food I used to eat and now feel fit as the proverbial fiddle. Believe me, I am grateful. (Mrs. P. J.)

Answer—What did I tell you? A lot of overindulgence in the delectable carbohydrates is due to vitamin deficiency. (Copyright, 1944, John F. Dille Co.)

LEGAL NOTICES

NOTICE
In the County Court of the State of Oregon, for Jackson County.

In the Matter of the Estate of RICHARD IRWIN STUART, deceased, and the partnership estate of R. I. STUART, Deceased, & Sons.

Notice is hereby given that the undersigned, executrix of the estate of Richard Irwin Stuart, deceased, and administratrix of R. I. Stuart, deceased, and administratrix of the partnership estate of R. I. Stuart, deceased, & Sons, has filed herein her final report and account and that Monday, July 31, 1944, at 10 o'clock A. M. at the courthouse in the city of Medford, in said county, has been fixed by the above named court as the time and place for hearing objections to said final account and for the examination and allowance thereof.

Dated: June 8, 1944.
ISOBEL STUART,
Executrix of estate of Richard Irwin Stuart, deceased, and administratrix of R. I. Stuart, deceased, & Sons.

SUMMONS
IN THE CIRCUIT COURT OF THE STATE OF OREGON, FOR JACKSON COUNTY.
J. F. BROWN, Plaintiff, vs. MOUNTAINVIEW LAND CO., an Oregon corporation, S. VILAS BECKWITH, CLAUDE MILES, JOHN R. ALLEN, unknown heirs of John R. Allen, deceased, HAZEL LOWD, heir of J. E. Enyart, deceased, unknown heirs of J. E. Enyart, deceased; also all other persons or parties unknown claiming any right, title, estate, lien or interest in the real estate described in the complaint herein, Defendants.

To the above named defendants: In the NAME OF THE STATE OF OREGON, you are hereby summoned and required to appear in the above entitled court and cause and answer the complaint of the plaintiff on file herein within four weeks from the date

Tender Aching Perspiring Feet

Amazing Relief in 5 Minutes or Your Money Back
Get a bottle of Moone's Emerald Oil with the understanding that if it does not put an end to the pain and soreness and do away with all offensive odors your money will be promptly returned.
Don't worry about how long you've been troubled or how many other preparations you have tried. This powerful penetrating oil is one preparation that will help to make your painful, aching feet so comfortable and keep free from corn and callous troubles that you'll be able to go anywhere and do most anything in absolute comfort.
So marvelously powerful is Moone's Emerald Oil that thousands of bottles are sold annually to sufferers from sore, tender, inflamed feet. Western Thrift Store is selling lots of it.

ZERO CLUB

Out of bounds, civilians only
Delicious chicken and steak dinners, 7:00 p. m. to 3 a. m., except Sunday. Phone daytime 5300; night 9101.

Interest in the real estate described in the complaint herein, Defendants.
To the Defendants above named and included and each of them:

In the name of the State of Oregon; you and each of you are hereby required to appear and answer the complaint filed against you in the above entitled court and cause within four weeks from the date of first publication of this summons, which date of first publication is May 19, 1944, and if you fail to so appear and answer, plaintiff will apply to the above entitled court for the relief prayed for in the plaintiff's complaint on file herein, to-wit: For a decree of said court quieting plaintiff's fee simple title in and to the following described real property, and all thereof situated in Jackson County, Oregon, as against each and every of said Defendants, to-wit:

The N½SE¼ of Section 16, Township 35 South of Range One West of the Willamette Meridian; and the NW¼SW¼ of Section 15, Township 35 South of Range One West of the Willamette Meridian, in Jackson County, Oregon.

and quieting plaintiff's said title as against all persons who may claim any right, title, estate, lien, or interest in or to said real property adverse to plaintiff's said title and estate, and decreeing plaintiff to be the owner in fee simple of said real property and all thereof, and forever barring, estopping and precluding the said defendants and each and every of said defendants from hereafter asserting, claiming, or maintaining in any way any right, title, estate, lien, or interest in or to said real property, or any part thereof adversely to Plaintiff or adverse to plaintiff's fee simple title and estate therein and thereto; and decreeing plaintiff such other and further relief as may be equitable. This summons is published once each week for four successive weeks by order of Hon. H. K. Hanna, Judge of the above court, dated May 17, 1944, ordering publication hereof once each week for four successive weeks.

Date of first publication hereof May 19, 1944.
JAMES T. CHINNOK,
Attorney for Plaintiff.
Post office address: First National Bank Building, Grants, Pass, Oregon.

SUMMONS for Publication IN THE CIRCUIT COURT OF THE STATE OF OREGON, FOR JACKSON COUNTY.
MARGARET WILSON, Plaintiff, vs. CARROL WILSON, Defendant.

In the name of the State of Oregon, you are hereby summoned and required to appear in the above entitled Court and cause and answer the Complaint of Plaintiff therein, or before four weeks from and after the date of the first publication of this Summons, which date is June 2, 1944, and if you fail to so appear and answer within the time required the plaintiff will apply to the Court for the relief prayed for in his Complaint, namely, for a Decree of Divorce from you. The date of the Order for service by publication is June 2nd, 1944.

DON R. NEWBURY,
Attorney for Plaintiff.

Roosevelt Better Than Average Man
Washington, June 9—(U.P.)—Vice-Admiral Ross T. McIntire reported today on the basis of a series of physical checkups that President Roosevelt is in "better physical condition than the average man of his age."

McIntire, the President's physician and surgeon-general of the navy, described Mr. Roosevelt's general physical condition as "excellent, and I can say that unqualifiedly in all respects."

CHALKER'S MOTEL and LODGE OFFICERS' CLUB
(Officers and Civilians)
Dine - Dance - Refreshments
The Most Unique Spot in Southern Oregon. Home Cooked Chicken Dinners Our Specialty. 3 Miles North Gold Hill on Pacific Highway. Overlooking the Rogue River. Closed Mondays. Thursdays. Private Parties Only. No Tax. No Cover Charge. Reservations: Phone Gold Hill 474.

FAMILY PHONE CALL
By CLYDE WILLIAMS
6-2-44

SHOUTS TO JUNIOR TO TURN DOWN RADIO AS HE CAN'T HEAR QUESTIONS THAT SHE DIDN'T SAY ANYTHING
SHOUTS UP WHAT? BY JUNIOR, AND SHOUTS FROM MATHER, UP THERE THAT SHE DIDN'T SAY ANYTHING
SHOUTS REQUEST MORE EMPHATICALLY
PUTS FINGER IN EAR TO KEEP OUT SOUNDS OF OTHER SHOUTING TO JUNIOR WHAT DOES DADDY WANT?
GETS UP HIMSELF AND TURNS OFF RADIO AND RETURNS TO PHONE. RELIEVED THAT HE CAN HEAR.
JUNIOR JOINS HIM WHISPERING LOUDLY THAT HE IS SORRY HE DIDN'T HEAR HIM TELL HIM TO TURN OFF THE RADIO, ETC.

On the Radio Chains

STATIONS:
Chain affiliation and where they are on the dial:
KALE (MBS) 1330, Portland; KEX (NBC-Blue) 1190, Portland; KJIA (NBC-Blue & MBS) 1310, Spokane; KGO (NBC-Blue) 810, San Francisco; KJW (NBC-Red) 650, Portland; KJH (NBC-Blue) 1000, Seattle; KJN (MBS) 1970, Los Angeles; KOA (NBC-Red) 850, Denver; KOIN (CBS) 970, Portland; KOMO (NBC-Red) 930, Seattle; KPO (NBC-Red) 880, San Francisco; KSL (CBS) 1160, Salt Lake City.
Time shown is PWT

Friday
5:00 p. m.—Terry and Pirates, BN; Gale Drake, CBS; OK for Release, NBC.
5:15 p. m.—Dick Tracy, BN; Superman, MBS.
5:30 p. m.—Jack Armstrong, BN; Harry W. Plannery, news, CBS; Adventures of Tom Mix, MBS.
5:45 p. m.—Louis P. Lochner, NBC; Capt. Midnight, BN; Gordon Burke, MBS; News, CBS.
6:00 p. m.—Waltz Time, NBC; Gabriel Heister, MBS; Hollywood Showcases, CBS.
6:15 p. m.—Nick Carter, MBS.
6:30 p. m.—People Are Funny, NBC; Spotlight Bands, BN; That Brewster Boy, CBS; Double or Nothing, MBS.
7:00 p. m.—Amos 'n' Andy, NBC; Durand and Moore, CBS; Dale Carnegie, MBS.
7:15 p. m.—People's Reporter, MBS; Top of the Evening, BN.
7:30 p. m.—Bill Stern Sports News, NBC; Stage, BN; Canteen, CBS; Lone Ranger, MBS; Nero Wolfe, BN.
8:00 p. m.—Fred Waring, NBC; I Love a Mystery, CBS; Paul Nelson, MBS.
8:15 p. m.—Fleetwood Lawton, commentator, NBC; The Parker Family, BN; Press Club, CBS.
8:30 p. m.—All-Time Hit Parade, NBC; Gang Busters, BN; It Pays to Be Ignorant, CBS; Name That Song, MBS.
9:00 p. m.—Purloined Fun, NBC; Meet Your Navy, BN; Kate Smith Hour, CBS; News, MBS.
9:30 p. m.—Fulton Lewis, Jr., MBS; Three Suns Trio, NBC.
9:45 p. m.—Lee Sims, pianist, NBC.
10:00 p. m.—News, NBC; Sinfonietta, MBS.
10:15 p. m.—Sinfonietta, MBS.
10:30 p. m.—Thomas Peluso Orch., NBC; Jan Garber Orch., CBS.
10:45 p. m.—Paul Page, singer, NBC; Ambassador Hotel, MBS.
11:00 p. m.—Hotel Biltmore Orch., NBC; This Moving World, BN; Gus Arnheim Orch., CBS.

Saturday
5:00 p. m.—Pei so Orch., NBC; Youth On Parade, CBS; This Is Halcyon, MBS; Ambassador Hotel Orch., BN.
5:15 p. m.—Edw. Tomlinson, commentator, BN.
5:30 p. m.—Dorothy Desmond, NBC; Boston Pop Concert, BN; music, MBS.
5:45 p. m.—Louis P. Lochner, NBC; Gordon Burke, MBS; News, CBS.
6:00 p. m.—National Barn Dance, NBC; Theater of the Air, MBS.
6:30 p. m.—Can You Top This, NBC; Spotlight Bands, BN; Beauty Talk, MBS.
6:45 p. m.—Saturday Serenade, CBS.
7:00 p. m.—Barry Wood Party, NBC; Musical Autographs, BN; Royal Arch Grander, MBS.
7:15 p. m.—Remember, BN; Mayor of the Town, CBS.
7:30 p. m.—Grand Op'ry, NBC; Red Ryder, BN.
8:00 p. m.—Truth or Consequences, NBC; Thanks to the Yanks, CBS; Kewbeet Derby, MBS; Early American Music, BN.
8:15 p. m.—Edw. Jorgenson, commentator, BN.
8:30 p. m.—Able's Irish Rose, NBC; Inner Sanctum, CBS; Hoosier Hop, BN.
9:00 p. m.—Cowboy Hit Review, BN; Hit Parade, CBS; news, MBS.
9:15 p. m.—Leo Diamond and His Harmonica, MBS; Thomas Peluso Orch., NBC.
9:30 p. m.—Three Suns Trio, NBC.

9:45 p. m.—Don't You Believe It, CBS; Art Kessel Orch., MBS; Lee Sims, pianist, NBC.
10:00 p. m.—News, NBC; Army Service Forces Present, BN; Dr. Poly-sold, MBS.
10:15 p. m.—Henry King Orch., MBS; Musical Americana, NBC; Wismer's Sports Album, BN.
10:30 p. m.—Hotel St. Francis Orch., NBC; Barn Dance, CBS.
11:00 p. m.—Hotel Biltmore Orch., NBC; Gus Arnheim Orch., CBS; Tals Arnheim Orch., CBS.

METHODIST BISHOP
Ocean City, N. J., June 9—(U.P.)—Dr. Fred Pierce Corson, president of Dickinson college, Carlisle, Pa., today was elected a bishop of the Methodist church on the second ballot taken at the northeast jurisdictional conference of the church.

In early San Francisco days, an Irish bartender saved \$250,000 in tips in five years.

World's Largest Wind Tunnel Is Given Test Run

Moffett Field, Cal., June 9—(U.P.)—The world's largest wind tunnel for testing aircraft engines was operated for the first time today at the dedication of the Ames Aeronautical Laboratory.

Dr. J. C. Hunsaker, chairman of the National Advisory committee for aeronautics turned on the controls of the new 40 by 80 foot wind tunnel while a group of army, navy, and aircraft industry representatives inspected the operation.

The aeronautical laboratory was named in honor of Dr. Joseph S. Ames, former chairman of the NACA, who convinced

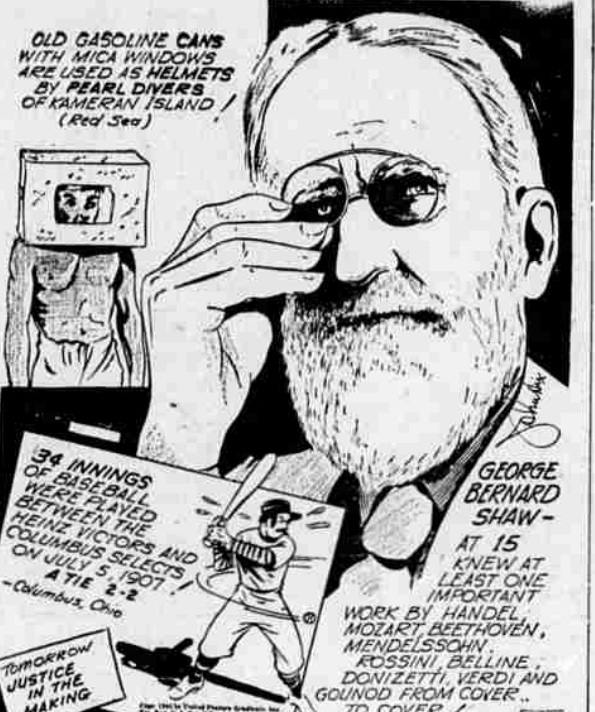
Congress of the need for the \$18,000,000 research station in 1939.

In Denmark it is estimated that the quantity of meat available to the public in 1943 was 40 per cent below the 1942 level because of the Germans' demand that export requirements receive priority.

DINE and DANCE at FOSTER'S at GRANTS PASS

Featuring Chicken Steaks and French Fried Shrimp Dinners
EVERY FRIDAY—SATURDAY—SUNDAY
7 'Til 12 P. M. Phone Grants Pass 718 for Reservations
ONE MILE OUT REDWOOD HIGHWAY

STRANGE AS IT SEEMS by JOHN HIX



Crossword Puzzle



BARNEY GOOGLE AND SNUFFY SMITH



BLONDIE



BUZ SAWYER



L'L ABNER



THE NEBBES

