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Ye Smudge Pot

By Arthur Perry

The weather was more Squaw Winter than Indian Summer last week. Rain made fallen leaves on the sidewaiks as treacherous as a banana peeling. Nevertheless all members of the fair sex in high-heeled shoes, maintained their equilibrum. They have taken to wearing wool bandanas, like the toil worn peasant women of the Ukraine.

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The Morris Leonard boy Morris, who is in the Navy, is coming home this week on leave, to visit and eat the fried and fatted chicken. The G. Nielson boy Don, an army 1st lieut. is also here on a furlough from the Pacific theater, on the same mission.

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A shortage of can-openers now prevails in this man's burg. There are still plenty of things to use them on, if the ration cards hold out.

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J. Jerome of the airways was editorially spanked by the K. Falls paper for his broadcast of the B. Tornado's fourth football loss in 29 years, at the hands of the sister city squad. The broadcasting was called "Highly partisan and bitterly prejudiced." It didn't sound that way here. What happened to the Pelicans when they ran into the Vancouver Trappers last season was not mentioned.

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Upland bird hunters got the limit last week. When several came home with the limit, they got it again, when they tried to dress the fruits of their marksmanship in the kitchen-sink.

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The University of Wisconsin has unearthed a substitute for butter that looks and tastes like the real thing. It is called Dyne and conains 26 per cent butter fat and 17 per cent milk solids, with vitamins A and D added. With the pancake and waffle eating season at hand, this sounds like something. Dairy experts hold however, the best substitute for butter is the butter surplus in the storage warehouses.

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European authorities claim A. Hitler, the war criminal, will take his own life and get blood on the rug, he chews when mad, before facing a trial before an Allied court. People are still warned not to be too optimistic about the war situation.

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"Chicago, Oct. 9—(U.P.)—Corn belt farmers are preparing to market the biggest hog crop in history, but the nation still is heading for a severe meat shortage next year."—(Press Dispatch)—Don't ask: How come?

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The Judge Bill Coleman mustache is growing like his grandson John. He has received many compliments on the facial adornment, causing the jurist to bite his upper lip—mustache and all.

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Snow now adorns the high hill. Owing to gas restrictions skiiers will have to walk to Union Crk. to walk up a mt. and slide down with the speed of the wind.

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Several street-signs have been rendered askew by intrepid autoists. All claim they knocked more paint off the offender's fender than was knocked off them.

• • •

The Older Girls are getting ready for Hallowe'en blitz the coming week-end. They hope the havoc will be less than if an enemy demolition squad had gone down their street. Juveniles armed with excavated and illuminated pumpkins have been prowling around residential areas, scaring folks for several nights.

Use Mail Tribune Want Ads.

Our Greatest War Need

Nurses,—good nurses,—represent today the outstanding war need, of this country.

We have the men, we have the ships and guns, we have the planes,—but we haven't the nurses,—not enough of them.

And not only for the men at the front. But those behind it. Not only for health and, therefore, the effectiveness of our armed forces. But the health and effectiveness of the people of this country, who must sustain them.

So we MUST have more nurses. We must have them to win this war in the shortest possible time, and at the minimum rather than the maximum cost.

This isn't sales talk.

It happens to be the cold, hard fact. There are still a few bottlenecks left in this war program, and the most serious one of all, is today the scarcity of nurses.

Realizing this the Red Cross has launched a drive in this community and the state for more nurses.

It is estimated in the nation at large 2500 nurses a month will be needed,—2000 for the army, 500 for the navy.

To release one graduate nurse for the armed forces and still maintain adequate health protection at home,

Two student nurses must be enrolled.
Three nurses aides trained.
Five women instructed in the technique of home nursing.

In other words, to get ONE trained nurse for the front, ten must volunteer at home for the supplementary nursing services.

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THAT is why, not only the recruiting of graduate nurses for war service is now so important; but securing nurses aides and extending home. nurse training also. For the more these nursing departments are developed, the less local demand there will be for trained nurses and the more therefore can be sent to the front, where the immediate need is the greatest.

Yes at the front more nurses mean move lives saved, suffering lessened, rehabilitation hastened,—in the final analysis they mean the difference between an effective and ineffective army, an army of robust health and high morale and an army that is slipping and on its way out,—yes even defeat or victory.

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SO in all seriousness could there be anything more important, than this matter of securing nurses that are so vitally needed, both at the front and behind it?

Could there be any more satisfying patriotic service for the women of this country, young and old, than this saving of lives, promoting health, fighting disease in this war,—the greatest single ally the enemy,—particularly in the South Pacific area,—has? We certainly can think of none!

All are not qualified of course to be TRAINED nurses. But few could not qualify as nurses aides, and practically none, as first aid nurses in their own homes—the latter not only invaluable in disease prevention and in care of their own who are ill, but who contribute immeasurably to the health of a community and,—as before stated,—reduce the need for trained nurses, and therefore release more and more for service in this war.

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FINALLY, while Oregon has ranked high in all other important war efforts,—it ranks last among the western states in the matter of volunteer nurses.

Just why this should be true we do not know. But knowing Medford and Jackson County as we do, we feel sure, when the true facts are known, the women of this community, will see that this condition is corrected, as far as this section of the state is concerned, and without any undue delay.

And the time to start on this correction is NOW!

Foolish

Counting over articles in recent magazines, we find fifteen of them dealing with post-war blue-prints,—just what should be, and what should not, be done to establish a peaceful and stable world.

At least 90% of them advocate continued close and brotherly relations with Soviet Russia and England,—a sort of extension of the present triple alliance which has been so successful in eliminating the Axis menace.

That is natural of course. But it isn't sensible. And it is,—at least as we see it,—a complete waste of time, and effort.

For this blue printing amounts to cutting a garment to fit a world, the proportions and contours of which are not now known,—and CAN'T BE.

Far better as we see it, to admit some garment will be needed, research and speculate thoroughly on what materials will be available, but not waste time, cutting out any definite patterns, or purchasing any certain cloths.

Let the consideration in other words be in general not in specific terms. For to be specific about what can't be known is to be wasteful and to be foolish,—delay the most desirable solution, rather than hasten it.

What's Doing at U. S. O.'s

Riverside USO

Plans are being made for a meeting of information desk and checking hostesses Wednesday evening in the music room at Riverside USO. Invitations are included in this week's copy of "Peep," the women's weekly newspaper.

Mrs. Cole Holmes and Mrs. Elton Waldron believe there are many questions in regard to the distribution of duties of hostesses that should be clarified.

UNIQUE APOLOGY

Marlborough, N. H. —(U.P.)— Don Tuttle of Marlborough recently found a unique apology among the town's dusty records. It seems four youths snowballed one Theodore Mann and he demanded and received the following written apology: "We, the undersigned, do acknowledge that on town meeting night we snowballed and otherwise abused Mr. Theodore Mann; but we did not kill him and we are sorry for it."

Use Mail Tribune Want Ads.

Personal Health Service

By William Brady, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

PREVENTION AND CORRECTION OF BOWLEG

Bowleg is the opposite deformity to knock-knee. the knee being outward away from its fellow, by bending of the femur (thigh bone) or the tibia (shin bone) or both, and in some cases there is also some twisting of the tibia inward which turns the toes in (pigeon toes).

Dr. Brady

Rarely bowleg is caused by injury or by paralysis affecting the ligaments of the knee joint, but practically the cause in most cases is rickets.

Rickets, altho most frequent and most pronounced in infants from six to eighteen months of age, is by no means limited to babies. A great many children from two to eight years of age have rickets and some youths and even a few adults have it —rickets in adults is called osteomalacia, (which means softening of bone) — osteomalacia being usually seen in prospective or nursing mothers.

Cause of rickets is deficiency in intake, assimilation, utilization and retention of calcium and phosphorus, and deficiency of intake or assimilation of vitamin D, which regulates or controls calcium and phosphorus metabolism or nutrition.

It is a mistake to regard rickets as a bone disease, however. In most cases of rickets there is no evident bony deformity. Rickets is as much a nerve, muscle, ligament, tooth or gland disease as it is a bone disease. It is constitutional, nutritional, affects the blood, growth, development.

Aside from seeing to it that the infant or young child gets adequate daily rations of foods that supply calcium and phosphorus (details in the "Brady Baby Book"—for copy send ten cents and three-cent-stamped envelope bearing your address) and vitamin D, good preventive measures against bowleg and other weaknesses or deformities of rickets are the following:

All the active exercise the baby or child wants, whether in creeping about, walking, running or any kind of play.

Within reason mother or father or both should plan to have a few minutes playtime with the baby twice a day—while the baby rolls, squirms and kicks about on a blanket, perhaps, after the regular morning and evening bath.

Better avoid putting any kind of shoes on the baby when the baby is beginning to walk. Socks if necessary for warmth, but otherwise keep the baby's feet and legs bare until the baby is at least 18 months old.

Short of sunburn, give the young baby or child all the sunshine or skyshine (daylight) the child's naked skin will comfortably stand at all seasons of the year. As long as the child seems to enjoy the "exposure," as long as the child's feet or hands feel warm to your touch, you may be sure the "exposure" is fine for the child's health and development. Whether there is direct sunshine or only diffuse daylight, there is more or less ultraviolet in the light, and this generates vitamin D in the child's body.

All infants today receive or should receive a daily ration of vitamin D in one form or another to supplement the diet. It is no longer necessary to feed fish liver oil or extracts or concentrates of such fish oils to infants or children; vitamin D is vitamin D, no matter what the source, and tasteless or at least not unpleasant reparations of vitamin D are now available to people who are not hypnotized by the quaint superstitions of the old-timers.

As soon as a child is capable of playing with a pushmobile, a tricycle or velocipede, a scooter, a bicycle, by all means give the child one. Such exercise of the legs (and whole body) is fine to promote good development and prevent weaknesses and deformities.

It is questionable whether massage or rubbing of bowed legs in childhood does any good. It is harmless, if the parent wants to try it.

Moderate bowing of the legs in a child two or three years of age needs no other treatment than the general antirachitic measures already described. If the bowing is more marked, it may be advisable that special splints or braces be applied (of course only by the physician), to be worn under the physician's regular supervision and as adjusted by the physician from time to time.

Bowing in children over five years of age may be corrected only by corrective operation—the bent bones must be fractured (green strick fracture) or partly broken under general anesthesia and reset in corrected position, and so retained by suitable plaster cast splint or similar means for about six weeks. This treatment is of course the only means of correcting bowleg in youth or adult.

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Ed. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.

Flight o' Time

Medford and Jackson Co. History from the files of the Mail Tribune 10 and 20 years ago

TEN YEARS AGO TODAY
October 24, 1933
(It was Wednesday)

Building wage control under NRA hits snag.

Deer hunter shot by mistake near Cascade Gorge has chance for life.

Residents of Los Angeles district roused from sleep by earthquake and flee to open in night clothes.

Fair and cooler. High 66, low 51 degrees.

State Board of Health assures early action of Medford sewage disposal plant.

Wood wagons in city will be concentrated on vacant lot opposite fire hall, instead of parking on streets.

Medford to play Klamath Falls Friday at that city and Black Tornado goes through long drill.

Five forest fires in Applegate district set by firebug under control.

TWENTY YEARS AGO TODAY
October 24, 1923
(It was Thursday)

Siskiyou tunnel bandits reported in hiding near Yreka, and posses organized for hunt.

Fair and cool. High 68, low 33 degrees.

Blanket of snow covers midwest and Rocky Mountain states.

Communists attempt to capture Berlin and night of disorder and bloodshed follows.

In non-stop flight from Canadian to Mexican border, planes refuel over Eugene.

Mrs. Louis Dodge of Ashland elected vice president of state P.-T.A.

Eugene Thomas is fined $5 for leaving his car parked on the street after 1 o'clock.

ICE ARENA OPENS THURSDAY NIGHT FOR SEASON RUN

Medford Ice Arena, located on S. Grape street, will be reopened next Thursday night following closure since August 1, according to an announcement Saturday by Denny Edge, manager. Skating session on the opening night will be from 7:30 p. m. to 11 p. m., and the Arena will be open regularly every night after Thursday.

Mr. Edge stated that in the two years since opening of the Arena, skaters from Medford and vicinity have enjoyed the facilities of one of the largest and finest ice arenas on the Pacific coast, boasting one of the smoothest ice surfeces.

Plans have been made to again organize a junior figure skating club composed of young Medford skaters. Mr. Edge believes that Medford has more potential junior figure skaters than most larger cities.

Hockey teams will also be organized and a league formed.

Mr. Edge plans to have exhibitions this year, and will present the first show later when talented skaters are available.

GRANDFATHER 1-A

Providence, R. I. —(U.P.)— As if it wasn't enough to become a grandfather for the first time, David Cashman, 37, was reclassified 1-A in the draft on the same day.

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SOCIETY and Clubs

Officer And Wife Entertain Tuesday At Dinner-Dance

Col. and Mrs. F. C. Norbury entertained at a dinner dance at the Officers' Outpost Tuesday evening. Guests were the officers of the Eighty-Third General Hospital unit at Camp White, of which the colonel is commander, and their wives. Additional guests were Col. F. T. Chamberlin, medical director of Camp White ,and Mrs. Chamberlin, and Mr. and Mrs. I. E. Schuler.

Thirty-six were present for the enjoyable affair.

Gold Hill Party Honors Baileys

Gold Hill—Friends and neighbors of Mr. and Mrs. William Bailey surprised the couple on Oct. 14, when they gathered at the Bailey home to present them with a miscellaneous shower. The Baileys were married in Medford a short time ago. After opening the gift packages, refreshments were served.

Present were I. G. Neevil, Mr. and Mrs. Wilmer Bailey, Mr. and Mrs. Norman Bailey, Mrs. Laura Pankey, Mr. and Mrs. Hugh Hayes, Mr. and Mrs. Alva Walker, Seymour Bailey, Mrs. Fred Baker. Mr. and Mrs. Jim Abel and daughter, Mr. and Mrs. Tom Cook and son, Mr. and Mrs. Robert Cook, Floyd Lance, Mrs. Harry Robacki, Mrs. Ted Robacki, Mrs. Pat Smalley, Mrs. Mildred Wright, Mrs. Carl Lentz, Mrs. Wm. Wright, Mrs. Fannie Kles, Mrs. John Cook, Mrs. Alta Clement, Mr. and Mrs. Ed Shoemaker, Mrs. Frances McCurdy and two children and Mr. and Mrs. William Bailey.

Former Resident Is Visitor Here

A visitor in the city is Mrs. C. H. Andrews, who arrived several days ago from Broken Bow, Neb. Mr. and Mrs. Andrews resided here until recently and Mrs. Andrews has returned to dispose of their former home on the Old Stage road. The Andrews plan to return to the valley at the close of the war.

Wednesday afternoon Mrs. Andrews was honored at a small luncheon and bridge party at which Mrs. Eugene Thorndike was hostess at her home, 55 South Berkeley Way. Ten guests were present.

Mrs. Andrews, who is a guest of Mrs. H. B. Murphy, 1315 Queen Anne Ave., plans to be in Medford for several days longer.

Chapter Officer To Visit Medford

Mrs. Helen Kaser, Grants Pass, first vice president of the Oregon State chapter, P.E.O., will be the guest of Medford chapter AA at a meeting to be held Saturday afternoon, October 30, at the home of Mrs. C. I. Drummond, 1336 Queen Anne avenue. This will be Mrs. Kaser's official visit to chapter AA. Members are asked to be at the Drummond home promptly at 2 o'clock.

Medford Woman Returns After California Trip

Mrs. J. C. S. Weills of 30 Keene Way Drive, has returned to Medford from California where she visited her son, Lt. Spencer B. Weills at Mojave Field. Lt. Weills is a fighter pilot with the marine corps. The young officer expected to leave soon for overseas duty. Enroute home Mrs. Weills visited in Los Angeles with Mr. and Mrs. Ben Sheldon, who formerly made their home here for many years. The Sheldon's son, David, is now in Africa with the air transport command.

Christening Rite Held For Infant

Christening services were held last Sunday at the First Presbyterian church here for Barbara Evelyn Gysin, six-month-old daughter of Mr. and Mrs. Oscar Gysin of Phoenix. Godparents for the infant were Mr. and Mrs. Peter Auer.

Following the service, performed by the Rev. Harry W. Hansen, pastor of the church, the two families had dinner at the Gysin home on the South Pacific highway.

P.-T. A. Activities

Jacksonville P.-T. A.

Jacksonville—Officers of the Jacksonville Parent-Teachers association met Wednesday evening and completed plans for the annual bazaar, which is to be held Friday, December 3. Funds received from the bazaar will be used for the hot lunch program of the Jacksonville schools and officers of the association state that all residents of the district will be asked to contribute to the affair o insure its success.

Mrs. F. W. Blum of Portland, state president of the Parent-Teachers association, and Mrs. H. H. George of Portland, vice-president, will be at the Jackson school in Medford Oct. 29 to conduce a P-T. A school of instruction. Commencing at 10 a. m., the meeting will continue until 3 p. m. with lunch at 12:30 p. m. Lunch will be furnished by members of the Ashland city council.

The school will be conducted primarily for the benefit of unit presidents and officers and the county chairmen, but all members interested are invited to attend.

A contest for attendance will be held, the winning unit to be that with the largest percentage of members present as based on the Oct. 1 membership. Prize for the contest will be a one-year subscription to the National Parent-Teachers magazine.

Each unit president in the county is expected to attend, and is urged to bring as many officers and members as possible.

Junior High P.-T. A.

"Juvenile Recreation, program theme to be carried out this year by the Junior High P.-T.A., was explained at the meeting of the group held last Thursday. Mrs. Dee Newton, president, presided.

Mrs. Ethel Thompson spoke briefly on what the teachers expect of the P.-T. A. in this respect. Mrs. Maybelle Klemm introduced the teachers present, after which a social hour was enjoyed.

Peggy Bray, accompanied by Vera Smith, two junior high students, entertained with a vocal selection.

According to Mrs. Newton, there are 69 members to date, and it is expected that more will join in the near future. The next meeting will be held in November.

CALENDAR

Sunday

2:00 p. m.—Rogue Valley chapter No. 147 and auxiliary, the Military Order of the Purple Heart, armory. Installation of chapter and unit.

Monday

12 noon—Zonta club, Girls' Community club. Hostesses, Mrs. Grace Holmes and Mrs. Edith Gifford.

7:30 p. m.—Officers of Degree of Honor lodge, inspection practice at Lincoln school gymnasium.

Tuesday

10:30 a. m.—Women's Society of Christian Service in Methodist church parlors. Special service observing "Week of Prayer." Paper sack luncheon at noon, executive meeting at 1 p. m., and homecoming at 2 p. m. Mrs. Perry Hanson, missionary from China, will be guest speaker.

1:00 p. m.—Kiwanis Dames, Holland hotel. President, Mrs. J. E. Earley.

2:00 p. m.—Ladies' auxiliary of First Baptist church, missionary meeting at church parlors. Hostesses, Mesdames Wilder, E. Bryant and Landers.

2:30 p. m.—Wednesday Study club tea honoring Mrs. T. W. Miles, at Girls' Community club.

Wednesday

1:00 p. m.—Royal Neighbors Mistletoe club, Girls' Community club, paper sack luncheon.

1:30 p. m.—Oak Grove Neighborhood club, home of Mrs. Mary Gustafson, 907 North Riverside avenue, dessert luncheon.

7:30 p. m.—Daughters of Job, Masonic temple.

Thursday

1:00 p. m.—Medford Sojourners club, Girls' Community club, dessert luncheon. For reservations, call Mrs. Charles Bottjer, 3891.

1:30 p. m.—Past Chiefs club of Pythian Sisters, covered dish luncheon, home of Mrs. Elsie Casebeer, Central Point.

8:00 p. m.—Odd Fellow and Rebekah Hallowe'en party, I. O. O. F. hall, for members, wives, husbands and guests.

Friday

1:00 p. m.—Electa Social club, Girls' Community club, covered dish luncheon.

1:30 p. m.—Jolly Stitchers club, home of Mrs. Don Miller, 542 North Bartlett street.

Saturday

2:00 p. m.—Chapter AA, P.E.O., special meeting, home of Mrs. C. I. Drummond, 1336 Queen Anne, to entertain state vice president.

Miss Hayes Appointed To University Faculty

Miss Mary C. Hayes has accepted an appointment to the faculty of Washington university at St. Louis, Mo. Miss Hayes is to be an instructor and supervisor of medical social students. The young woman is a graduate of St. Mary's academy of Medford and the University of Oregon. Later she took graduate work at the University of Washington, Seattle, and recently at Washington university. Miss Hayes is a daughter of Dr. and Mrs. James C. Hayes, 835 East Main street.

Fort Jackson, S. C. —(U.P.)— Ed Parkinson of Utica, N. Y., never wore a pair of boxing gloves before he entered the army a little over a year ago. Now, he is heavyweight champion of the 106th infantry division. Parkinson, who tips the scales at 198 pounds, won three fights for the title. He is a member of the 806th Ordnance Company.

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