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Ye Smudge Pot

By Arthur Perry

Lucky hunters home from the Fremont forest front report desultory firing continues unabated. A buckskin colored jacket left to dry on a bush, was shot 18 times for a deer before rescued by its owner at great peril.

The federal tax situation continues muddled in congress. The general opinion holds there is plenty of tax money but too many bureaucrats to spend it.

The more tenderhearted commentators have started to fret about how Germany will be governed after defeat. If the hate of the world continues to mount at its current rate, at the vandalism of the Teuton, there will be no Germany to govern.

JOURNALISTIC MEENESS!

(Slakiyou News)

"The most significant tip-off we can give you is that your correspondent has not been fishing in over a year, has been hunting for a few hours only twice in that time, and does not even answer insulting letters promptly any more."

The mud is reported as thick on the Russian front as in a Jackson county political campaign fight with everybody mad at everybody else.

The scarcity of ammunition for bird shooting, scheduled to open October 16, has caused a decline in the use of No Hunting signs as targets. Farmers can stoop over in their barnyards with impunity.

"Washington absentmindedly lets it drop that our navy has grown from 1,076 vessels to 14,072 in three years. It is not believed, though, that this will either aid or comfort the foe."—(Oregonian.)—Or, grounds for gloom by Secretary of the Navy Knox.

The nation, which is never without its alleged shortage, is now running out of cigarettes, and by next year there will be a famine in all the leading brands. This will cause a demand for pipes, the smokers of which are already short of cleaners. This will force tobacco addicts back to the "Missouri meerschaum," or corn-cob variety, or the grim necessity of rolling their own, a trick now seldom seen outside a cowboy movie.

Deputy Sheriff B. Grenbemer has rounded up a picture of the Main Stem, taken in 1890. The Allen, nee Nash hotel, with a first story porch, from which sheets are being aired, looms up prominently. So does the north flank of Roxy Ann which has not changed a bit, though the hotel has. Two white horses, remembered by County Judge Blin Coleman, attached to a low-rakish dray, are making a turn, while a boy on a bicycle where the city watering trough now stands looks on. At Main and Central there is Saturday p.m. congestion of horse-drawn vehicles. There is not a soldier or auto in sight.

SOCIETY EDITOR ILLI

"A woman giving the name of J. C. Jones, who is reported to be one of the social leaders of the city and claims to reside at 1749 Capital Hill avenue, is said to have given what purported to be a reception yesterday afternoon. It is understood that a considerable number of so-called guests, reported to be ladies notorious in society circles, were present, and some of them are quoted as saying they had enjoyed the occasion. It is charged that Bower furnished the alleged refreshments and Stringham the purported music. The hostess is said to have worn a necklace of alleged pearls which she declares was given to her by her reputed husband."—(Exchange.)—And, a courthouse reporter takes over.

U. S.—Russian Relations

It is hardly an exaggeration to state that but for Russia, Great Britain and the United States would today be defeated nations.

This is certainly true of Great Britain. Had Hitler in June 1941 turned all his power against England and North Africa, instead of against Soviet Russia, Great Britain with all her fortitude and courage could hardly have stood up against it.

And while the defeat of England might not have resulted also in the defeat of the United States, because of our great distance from Germany and our unlimited resources,—this much is reasonably certain:

GERMANY COULD THEN NEVER HAVE BEEN BEATEN!

Yes without England as a U. S. base, and without the aid of the British fleet, we would have been powerless to strike Nazi Germany effectively anywhere in Europe, and then, of course, with the Anglo-American forces practically out of it, Hitler could have concentrated upon the U.S.S.R., and only some miracle, not readily imaginable at this time, could have saved Europe from complete domination by the Axis.

UNDER such circumstances England and the United States would be ingrates indeed, if they did not feel the deepest gratitude toward Russia and wish to do everything within their power to repay the debt on one hand, and cooperate in every conceivable way with Russia, in the common purpose of making the defeat of Germany COMPLETE, on the other.

And this undoubtedly IS the feeling in both England and the United States.

From one of the most UNpopular countries in English-speaking lands, Soviet Russia, since she resisted invasion so gallantly, has become one of the most POPULAR,—this popularity extending into all walks of life, and as is usual in such matters, in some quarters, the feeling has gone to needless extremes.

HOWEVER in this COUNTRY AS A WHOLE, a pretty sane emotional balance has been maintained.

Uncle Sam is EXTREMELY grateful,—he could hardly be otherwise. He wishes to bring this terrible war to as immediate and complete a termination as possible, and he realizes that without the fullest and most whole-hearted cooperation with Soviet Russia this will be impossible. That he wishes to give.

AT the same time, "Uncle's" definition of cooperation is one of MUTUAL service, as well as mutual obligation,—not a one-sided arrangement for either party.

And while his gratitude is boundless, and his desire to aid Russia, practically limitless, this does not mean he wishes to JOIN the communist party, necessarily; become a "yes man" to any and every Kremlin dictum; or insist that a silver-plated halo be fitted immediately to Comrade Stalin's head.

The United States wishes to fight with Russia "to the death", as she fights with Great Britain and all the other United Nations allies; not yielding an inch until complete victory has been won. But this does NOT mean, that if Soviet Russia advocates something the American people or their leaders believe is wrong, or stands for something they can't consistently endorse, or proposes some action they believe would jeopardize the allied cause, that they can't criticize and oppose the same as vigorously and uncompromisingly as they would, if the proposal came from any other source,—and above all without being accused of siding with the classes against the masses, or giving aid and comfort to the unholy Fascist cause!

YET that is the Browder line in this country and that of his fellow communists, as those who have seen the texts of the recent Browder speeches will agree.

It's a great mistake as we see it!

And one, if persisted in might well lead to the very misfortune it is presumably designed to prevent, i.e.: An impairment of that complete and mutual confidence and good will and cooperation which has existed between the United States and Russia in this war, and should continue uninterrupted and unimpaired until the complete and final victory has been won!

Promoters of Irascibility

Senator Buck of Delaware has introduced a "money" bill in the Senate which will receive widespread popular support. It would require the withdrawal of all pennies minted since December 23 and prohibit further coinage of pieces "not rapidly distinguishable from coins of other denominations."

The new "coppers" which look like a dime with which the country is now being flooded are breeders of irascibility and it will be difficult to convince the public that any metal shortage can be so acute as to make this nuisance necessary.

Every time a citizen finds one of these coins in his pocket, he instinctively wonders whether he has been gyped out of nine cents, and then he wants a bucket of tar and feathers for the individual who invented them.

GEN. SOMERVELL REACHES DELHI

New Delhi, Oct. 8.—(U.P.)—Lieut. Gen. Brehon B. Somervell, commander of the U. S. army service forces, arrived to-

day from Washington by way of Australia.

Lt. Gen. Joseph W. Stillwell, commander of American forces in the China-Burma-India theater, was with Somervell. Stillwell came from his Chungking headquarters.

Both Somervell and Stillwell were expected to confer with Admiral Lord Louis Mountbatten, who has just arrived to take over his southeast Asia command.

Personal Health Service

By William Brady, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

OVEREATING AND MALNUTRITION

Millions of infants, children, youths and adults of the middle or well-to-do classes as well as the poor in America suffer from malnutrition although they are not deprived of food at all, in fact most of them overeat.

Malnutrition does not mean wasting, emaciation, underweight or undersize necessarily. Most persons with malnutrition are of normal average size and weight or overweight, and for that reason the manifestations of their malnutrition are often attributed to sheer laziness, carelessness or stupidity.

In the medical, physiological or health sense of the word, nutrition is "the sum of the processes by which an animal or plant takes in and utilizes food substances". The processes concerned in building up cells and tissues or the protoplasm of which they are composed, and its destruction incidental to life, liberty and the pursuit—I mean the chemical changes in the cells and tissues by which energy is provided for the vital functions and for the performance of muscular work and new material is supplied for repair of wear and tear, is technically termed metabolism.

Now it should be obvious that when doctors speak of malnutrition they do not mean that the poor child doesn't get enough to eat nor that the condition can be prevented or corrected by providing milk or other food for children in school.

Many individuals who have little appetite are overweight or obese, and many who have a good appetite and consume more than the average amount of food are underweight. Moreover, we know from every day observation that many individuals who are overweight or obese and frequently indulge in "gorges" on candy, sweets, sugar, nevertheless do not quite satisfy the hunger they feel, the constant hunger that drives them to such excesses even though they know effect is only aggravation of their condition.

Describing mild vitamin B deficiency Drs. Vorhaus, Williams and Waterman (Jour. A.M.A., 11, 16, '35) said:

Mild deficiency of vitamin B1 usually goes unrecognized. There are vague pains, usually elicited only by pressure over the nerve roots, general malaise, anorexia (lack of appetite) and constipation. Small amounts of sugar may be present in the urine, without hyperglycemia (too much sugar in the blood). There is usually a large carbohydrate (sugar and starch) intake, often associated with a tendency to obesity. These cases are frequently classified as potential obesity.

More about fudge gorges later.

QUESTIONS & ANSWERS

Brown or Red Better Than Green

I believe you have stated that iron and ammonium citrate you recommended for the home made tonic comes in "garnet red scales or granules" and makes a reddish or brown clear solution in water. Our druggist says green scales or granules of iron and ammonium citrate, making a green solution in water, is the same thing. (S.C.P.)

Answer—Well, your druggist is virtually, not absolutely, correct. The garnet-red scales or granules of iron and ammonium citrate contain a little more iron than the green scales or granules of green iron and ammonium citrates. The green kind is sometimes preferred for administration by injection, although "shots" of any iron preparation are generally too irritating to warrant such injections except in cases where iron is not assimilated in the ordinary way. Directions for preparing and using the home made iron tonic given in booklet "Blood and Health"—for copy send stamped envelope bearing your address, inclose ten cents, but do not send a clipping in lieu of written request.

Oleomargarine

You may oleomargarine is wholesome to use when butter is not available. A book by the chief chemist and assistant chief chemist of John Hopkins university tells how blindness, especially in children in Denmark during the first World War was caused by consuming oleomargarine instead of butter. (C.F.)

Answer—If it does it misrepresents the facts. Any nutritional deficiency that may have occurred from the use of oleomargarine in place of butter

was due to lack of vitamin A (and perhaps also to lack of vitamin D) in the oleomargarine in Denmark. The oleomargarine sold in America today must have pro-vitamin A (carotene) added, to comply with federal regulation. Moreover, there is no such shortage of various food sources of the essential vitamins in America as there was in Denmark then. (Copyright 1943, John F. Dille Co.)

Ed. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.

Flight o' Time

Medford and Jackson Co. History from the files of the Mail Tribune 10 and 20 years ago

TEN YEARS AGO TODAY
October 8, 1933
(It was Sunday)

Liquor sales in state to be through state liquor stores. Whiskey output of nation increases.

Steel industry heads agree to end strike.

Medford defeats Roseburg 14 to 13, in close game there. Gonzaga plays Oregon State to a scoreless tie.

J. C. Barnes, in letter to editor says inflation will stabilize dollar and increase employment.

Medford brewery to start its first batch of beer the coming week.

Fair and moderately warm. High 81, low 37 degrees.

Wife of "Machine Gun" Kelly slaps guard as trial opens at Oklahoma City.

TWENTY YEARS AGO TODAY
October 8, 1923
(It was Monday)

Hawley paper mill at Oregon City destroyed by fire with loss of a million.

President Coolidge opposes "economic" conference, with the state of mind in Europe what it is. Reports present condition of American business good and in no need of regulatory measures.

Fair. High 60, low 43 degrees.

Herr Stinnes now head of German government.

Wave of petty stealing sweeps over county.

Public health program for Jackson county outlined.

First game of the World Series between New York Giants and New York Yankees to open in New York tomorrow.

COUNTY PAYS OFF
OLD HIGHWAY DEBT

The balance due November 1 on Pacific Highway bonds of Jackson county, amounting to \$50,225.00, including interest of \$1,125, was paid today with a check for the amount, County Treasurer Ralph E. Swenney reported. The check was forwarded to the National City Bank of New York, fiscal agent of the state of Oregon. This is the final payment on the Pacific Highway bond issue. The first stretch of

APPLES FOR SALE

RED DELICIOUS and WINTER BANANAS

"C" Grade—Bring your own containers

\$2.00 and \$2.50 Box

WING Orchards
Old Stage Road

War-time meals need lots of flavor...

MORTON'S SALT
When it rains it pours



the Pacific Highway in this state was built by Jackson county.

The only highway bonds now outstanding for this county represent the balance of the Crater Lake highway issue amounting to \$8,000. Of this amount \$4,000 is due May 1, 1946, and \$4,000 due January 1, 1952. Funds are on hand for the payments, all invested in government bonds.

Closing time for Sunday Too Late to Classify. 5:30 Saturday afternoon—Please remember.

VALLEY'S TURKEYS IN FINE CONDITION

The turkey crop of the valley is coming along fine at present, according to County Agent Robert G. Fowler, but with raisers experiencing some difficulty in

procuring feed. Mash is rationed, the county agent said.

Supplies of government wheat are saving the day, but due to transportation difficulties, delay is experienced in delivery.

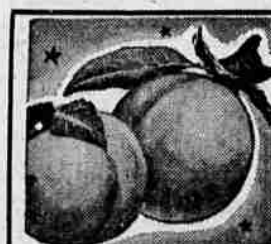
The turkey production is estimated at between 40,000 and 45,000 birds. No definite ceiling price has been fixed, but the county agent surmised the top price would be around 42 cents to the growers, and 48 cents per pound to the consumer.

ANDERSON'S Thrift Market

Medford's Popular 2-Front Store

—offers SO MANY advantages to thrifty busy shoppers. EVERYTHING that is needed for the pantry and medicine chest may be selected from our large stocks,—and it is so convenient to shop in the evenings—especially so for busy wartime housewives who are working at the USO, RED CROSS or in other war work during the daytime. We are OPEN UNTIL MIDNIGHT—SEVEN DAYS A WEEK!

Prices Effective SATURDAY, SUNDAY, MONDAY



PEACHES

FOR CANNING
Lots of Jars Now!

box \$1.98

LOCAL CRISP

LETTUCE

2 for 19c

COOKING

APPLES

5 lbs. 25c



U. S. NO. 2 KLAMATH

POTATOES

50 lbs. 65c

SWELL BAKED!

BANANA SQUASH

Lb. 4c

LARGE WARTED

HUBBARD SQUASH

Lb. 3 1/2c



MEAT DEPT.

FRESH COUNTRY

FRYERS

Lb. 45c

FRESH GROUND

BEEF

Better Than the Best Hamburger

2 lbs. 55c

LUNCH MEATS

Swift's Vintage

CHEESE

2 lb 84c

BREAKFAST OF CHAMPIONS

WHEATIES

2 pkgs 21c

FRESH SHIPMENT CHEERIOATS

2 pkgs. 25c

SPERRY WHEAT HEARTS

Large Pkg. 25c

PANCAKE FLOUR SPERRY 4 LBS. 29c

PAPER TOWELS 2 ROLLS 25c

SCOT TISSUE 3 ROLLS 23c

WASH BOARDS (GLASS) 98c

MOUSE TRAPS 4 FOR 17c

OXYDOL LARGE PACKAGE 23c

IVORY SOAP LARGE BARS 3 FOR 20c

P & G SOAP LARGE BARS 6 FOR 29c

THRIFT SPECIALS

Pint COD LIVER OIL \$1.29

60c BROMO SELTZER 49c

2 oz. CAMPHONATED OIL 19c

25c EX LAX19c

Pint MINERAL OIL29c

Genuine Gem Blades, 5 for 23c

35c PONDS CREAMS ...29c

4 oz. Flavored SODIUM

PERBORATE39c

12's Reg. MODESS, 2 bxs. 45c

35c HEXOL Antiseptic..29c

CRISCO NEW GLASS JARS 3 LBS. 69c

LOCAL HONEY 5 lbs. \$1.19

MACAMIX 5 pkg. 23c

MAKE YOUR OWN MAPLE SYRUP

MOLASSES FULL QUART 45c

ANDERSON'S Thrift Market

Ask for Your Green Trading Stamps

7 Blocks From Main On S. Central

—Large Parking Lot