

ARMY PHYSICIANS BATTLE DISEASES IN TROPIC INDIA

Task of Keeping American
Soldiers Fit is Hard One
Problems Conquered.

By Walter Briggs
United Press Correspondent
United States Air Base in
Northern India—(Delayed)—(U.P.)—
United States Army physi-
cians are working hard in this
area combating tropical dis-
eases among men engaged in
keeping supplies flowing by air
to China and in sweeping Jap-
anese bases in northwestern
Burma.

A few months ago the same
physicians were curing the sick
in Gallipoli, N. M.; Andarook, La.,
and Philadelphia, and had never
been closer to a tropical jungle
than the Tarzan movies. They
are finding the task of keeping
Americans fit in this climate "a
helluva hard one," smashing
many illusions of the glamor of
the Orient, but to a man they
are surprised and gratified at
the way the personnel is stand-
ing up to the changed environ-
ment.

These doctors are discovering
that rudimentary sanitation is of
paramount importance here,
taking precedence over the more
interesting application of sur-
gery and medicine.

Meanwhile, in anticipation of
injuries during Japanese air
raids, the medics have pre-
pared numerous first-aid stations
equipped with shock treatment
medicines, blood plasma, mor-
phine and splints.

Hospital Well Equipped
The medical chief at this base,
Maj. John B. Miles, of Purcell,
Okla., stepped out of a job as
chief surgeon at Andarook, La.,
Municipal hospital for active
duty and a year-and-a-half later
found himself establishing the
modern-equipped army hospital
now rubbing shoulders with na-
tive mud huts here.

Maj. John B. Wolfe, of New
Haven, Conn., the Ferry Com-
mand surgeon in this area, has
a cosmopolitan background not
typical of his medical colleagues.
Major Wolfe taught four years
in Peiping, China, was surgeon
in a Bombay hospital for two
years, and served for two more
years as Maharaja of a native
state in India. The major volun-
teered only three months ago.
He described army work in this
fashion:

"To protect our boys against
many special tropical diseases
never seen in the West requires
constant vigilance. Many dis-
eases become irksome, such as
sleeping under mosquito nets,
prohibition from swimming
pools, the purchase of fruit, food
and tobacco from native ven-
dors. The health officer and
squadron surgeon must raise
hell continually to make the
boys do what is good for them.
It's a far cry from a peacetime
job, but it has to be done."

Capt. Robert D. Bickel, of
Gallup, N. M., is another doctor
who is learning tropical dis-
eases first hand. "This is sterling
medical experience," he told
the United Press. "It surprises
us that American troops in this
area have a relatively low mor-
bidity—much lower than antici-
pated. This is due primarily to
close medical supervision and
rigorous sanitation control."

Conquer Many Problems
Flight Surgeon Capt. Albert J.
Kaplan, Philadelphia doctor
who has been with the Ameri-
cans in this area from the first,
is keeping tabs on pilots who
fly the "Hump" to China and
back.

"The Himalayas," the captain
said, "is only one of the many
hazards the Army Air Forces has
to get over. The acclimatization
to the Indian summer, with di-
arrhea, skin infections, malaria
and the oppressive heat, were
all overcome. One of the major
problems is the lack of diver-
sion for the troops. The answer
to this is to finish the job in a
hurry and get the boys back to
their folks and girl friends as
quickly as possible."

Among other army physicians
in this area are Capt. Edward
D. Riley, of Lytle, Tex., and Lt.
William E. Jones, of Dallas.

Dentists also have their hands
full in this area. With hundreds
of men pouring in, American
Army dentists are treating from
10 to 15 daily, working with
limited supplies and no mechan-
ical instruments.

The chief dentist here is Capt.
Alvin A. Jaeke, of Shelton,
Neb.

The Americans here are get-
ting the best medical and dental
treatment available from the
United States, with mor-
supplies coming in—and from the
same doctors and dentists who
cared for them in their own
home towns.

Belmont, Mass., Jan. 5—(U.P.)—
John B. Smith, 80, who was
credited with designing and
building the first nine-hole golf
course in America, died yester-
day.

Ill in Los Angeles May Buy Food Through Physician's Prescription

Los Angeles, Jan. 5—(U.P.)—
Scarce or rationed foods will be
sold for the sick on physicians'
prescriptions starting January
11, city and county health au-
thorities said today.

To meet special diets of con-
valescents or persons suffering
from nutritional deficiencies,
physicians will write prescrip-
tions for the required foods.
Grocers, butchers, poultrymen
and dairymen will honor them.
The procedure was outlined
to representatives of the food
trades yesterday by H. F. Whit-
tle, director of the Citizens Ser-
vice corps. The County Medical
association supported the plan.
Dr. George M. Uhl, city health
officer, and Dr. H. O. Swartout
of the county health department
explained the need for the pre-
scription scheme.

Heavy cream already is being
sold on prescription only. But-
ter, eggs and meat, all scarce
foods, were expected to be the
most commonly prescribed items.

Prescriptions will be honored
by merchants without regard to
usual limitations on sales. Most
stores in the area now restrict
sales of scarce items when they
are available.

Butter, for example, is limited

to a quarter of a pound per cus-
tomer, bacon to a half pound,
hamburger and some other red
meats to a pound, eggs to a
quarter or half-dozen, and
canned goods to one can of an
item.

TRU-MIX GIVEN ROAD CONTRACT

Salem, Ore., Jan. 5—(U.P.)—
The state highway department
today announced the award of a
contract for 8.3 miles of grad-
ing and surfacing of the Evans
Creek-Sams Valley access road

project to the Tru-Mix Concrete
Co. of Medford, low bidder. The
bid was \$113,416.20.

Both F. L. Somers and Miles
Stuart of the Tru-Mix company
are in Portland on business but
it was stated at the company's
office that work on the project
would probably start in the near
future. This firm was recently
awarded a contract for work on
the Tolo-Camp White access road
and plans to carry out the two
construction jobs simultaneously.

KLAMATH TIMBER CROP RUNS HEAVY

Klamath Falls, Ore., Jan. 5—
(U.P.)—Despite priority difficul-
ties, a manpower shortage and
a late spring, some 800,000,000
board feet of timber were cut
in the Klamath area during

1942, it was estimated today by
lumbermen.

It was estimated that the cut
for all of Southern Oregon and
Northern California approxi-
mated a billion board feet.

URGE LAUNDRY WORKERS OF PORTLAND TO STICK

Portland, Jan. 5—(U.P.)—Army,
navy, maritime and war man-
power officials toured Portland
laundries and dry cleaning
plants today to emphasize to

workers the importance of the
staying on their present jobs.
L. C. Stoll, local director of
the war manpower commission,
keynoted the workers' contribu-
tion to public health and morale
yesterday when he announced
that laundry and dry cleaning
workers henceforth would be
classified as vital to the war ef-
fort.

S. F. DAIRY PRICES
San Francisco, Jan. 5—(U.P.)—
Dairy market: Butter, cheese,
eggs unchanged.

SAFEWAY Homemakers' Guide



Meal Planning in Wartime

We're making readjustments every-
where these days. Even our menus
come in for drastic changes now that
so many of our taken-for-granted
foods are being drafted for service on
other fronts. Meals are likely to be
a bit topsy-turvy with eggs, for ex-
ample, going over to the dinner
menu, and being replaced at break-
fast with whole grain cereals. But
even if foods have to be shifted
around, our meals shouldn't . . .
mustn't be lopsided or out of balance.

Nutrition's the Thing

The pace we set for ourselves on
the home front makes it doubly im-
portant that we get our full quota of
health and energy-giving vitamins,
minerals, proteins and other food
essentials. That's where a working
knowledge of nutrition pays divi-
dends. If you have more than a
flavor acquaintance with foods . . .
if you know what each contributes
to the well being of the family, then
it is a simple matter of nutritional
calculation to know what replace-
ments to make on the menu.

For instance, if you've used your
quota of meat for the time, then you
can build your menu around other
protein-rich foods such as eggs,
cheese, dried beans and peas, fish
or fowl.

Avoid Monotony

As the variety of foods grows less,
meals are likely to become a trifle on
the tiresome side. Get out of the cook-
ing rut by serving those day-in-and-
day-out foods a little different each
time.

Wartime Homemaker's Guide

Be sure to get your copy of THE
FAMILY CIRCLE MAGAZINE
every Tuesday. In it, you'll find
Julia Lee Wright's articles in a new
wartime uniform and chocked full of
ideas, menus, recipes and helpful
hints to see you through this culinary
upheaval.

**Safeway
Homemakers' Bureau**
JULIA LEE WRIGHT, Director



Shop early in the week...avoid crowds...and save money, too!

WIFE GETS SMART, MAKES HUSBAND HAPPY



HOW'S YOUR COFFEE SUPPLY?

Next time you redeem coffee ration stamps bring
'em to Safeway—and try Edward's or Nob Hill
Coffee—and SAVE!

Edward's Coffee 26c

Whole Roast in the New
Victory Bag **1 lb. bag**

Nob Hill Coffee lb. 25c

Rich and Strengthful

- Idaho Red Beans.....5-lb. pkg. 43c
- 2-lb. pkg. 17c
- Walnuts, Large Franquette.....lb. 33c
- Flour, Harvest Blossom, 24 1/2-lb. sack 83c
- 49-lb. sack\$1.57
- Salt, Morton's.....10-lb. bag 27c
- Bisquick, Sperry's.....40-oz. pkg. 35c
- Carnation Wheat Flakes....lg. pkg. 25c
- Shredded Ralston.....12-oz. pkg. 13c
- Wheaties, Gold Medal....8-oz. pkg. 12c
- Ovaltine, plain or chocolate...lrg. can 63c
- Pepsi-Cola, 12-oz. bottles.....6 for 25c
- Plus bottle deposit
- Canada Dry Sparkling Water.....qts. 15c
- Plus bottle deposit
- Cider Vinegar, Heinz.....pint bottle 11c
- Planter's Salted Peanuts, cello. 5c
- N. B. C. Shreddies.....pkg. 13c
- Dog Food, Pard, 8-oz. ctn.2 for 25c
- Woodbury's Facial Soap,
reg. bars3 for 25c
- Toilet Soap, Jergens.....4 for 25c
- Sunbrite Cleanser.....2 cans 9c
- Old Dutch Cleanser.....2 tins 15c
- Oxydol.....giant pkg. 63c
- Drano.....12-oz. can 21c
- G. E. Light Globes,
30 and 60 watteach 10c
- Shinola, black or brown.....10c tin 9c

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ONE POUND OF
SALVAGED HOUSEHOLD
FAT WILL MAKE ENOUGH
GLYCERINE
TO FIRE 4
ANTI-AIRCRAFT SHELLS

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Safeway experts select produce right in the fields, in the best pro-
ducing areas of the nation; it is shipped direct to Safeway to reach
you when it's at its very best—sold by the pound to save you money.

- POTATOES, U. S. No. 1 Klamath Gems.....5 lbs. 17c
- ONIONS, No. 1 Sweet Spanish.....3 lbs. 11c
- CABBAGE, small solid heads.....lb. 8c
- CAULIFLOWER, snowy white heads, lb. 15c
- Lowest Market Price on 50 Lbs. U. S. No. 2
POTATOES

Oranges and Grapefruit to the front

Oranges and grapefruit are right up in
the front lines, nutritionally speaking,
with their richness in vitamin C and
valuable minerals. As for versatility
they'd win a medal any time!

- Oranges Lb. 10c
- Grapefruit Lb. 9c



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best from your produce money?

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your money—all produce sold at Safe-
way is guaranteed to be farm-fresh.

SAFEWAY

Prices Effective in Medford and
Ashland Stores