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Ye Smudge Pot

By Arthur Perry

An upstate youth stole \$1,100 last Wednesday and last Monday when his conscience got the better of him he surrendered to the law and had only a penny left. In governmental circles money has been cast to the winds in larger amounts but no faster.

The war news is now dispensed at the rate of a grain of fact, to an arm's length of propaganda. Like the Commandos, it must be painted black.

Col. Frederick Palmer, a writing military expert, in his syndicated article today, likens the Japanese to ants, without specifying the species.

In primary elections held Tuesday there was considerable slapping back and pinning down of New Deal ears. Even Rep. Ham Fish of New York was renominated, though such a thing was opposed by Wendell Willkie, late GOP presidential nominee, who, in the face of the returns still demands his "elimination." Rep. Fish emerges victorious, though painted from Maine to California as one of the vilest political sinners, whose downright cussedness in playing New Deal notions, made Oregon democrats mad.

ADD WAR HORRORS
(Astoria Astorian-Budget)
"As an evidence of what the American boys think of a diet of Australian mutton, one of the Astoria boys now serving in Australia writes his mother that, when he comes home, the first thing he wants her to do is to cook a mutton stew so he can throw it out the window."

A Salem worker has returned to his native heath after toiling on the cantonment all summer, and finding out what it was like to have dry feet four days in a row.

California has banned deer hunting. This thwarts local nimrods who planned to cross the state line and take a chance on being shot for one.

"After that time," he said, "I suggest that we pile up the money it would take to build more battleships, break a bottle of champagne over it, and push it into the sea."—(Press Dispatch.)—Then, officially deplore the lack of deep sea divers to take it away from Neptune.

Autumn approaches speedily, the upstate press opines. Farmers report the bristles on the front hams of hogs point towards the north, indicating a long, hard winter.

"AIR ENABLES MINERS TO SURVIVE"—(Siskiyou News Herald.)—It also comes in handy with the rest of us in cheating the Grim Reaper.

Owing to the metal shortage, cuspidors will be made of a textile substance and be of pastel shades, "to harmonize" with the living room. This will start even Grandma trying to spit between her teeth.

The esteemed Astoria Astorian-Budget editorially smelted something "fishy" about \$415 per ton for tuna, before it is canned. It also assails the nostrils of others.

COLLECTS TIMETABLES
Auburn, N. H. A.P.—Charles Keniston, retired Boston and Maine section hand, has a collection of timetables dating back to 1873. Many of them were handed down to him by his father, for 51 years a railroad employee.

"Ham" Wins Again

Wendell Willkie is certainly a glutton for punishment. Every political expert in the country advised him to keep out of the "HAM" Fish primary fight in Dutchess county, New York.

But not Wendell. Believing "HAM" well named in every sense of the term and an American "Fascist" of the worst type to boot, the titular head of the Republican party, took off his coat and hat, and characteristically smashed head on into the Hudson river neighborhood fracas, letting the rest of his political apparel fall where it might!

AS all the wise boys predicted, "Ham" won the nomination by a three-to-one vote. This was not because of his own political eminence, but because of the flatness of the surrounding country; his opposition being divided among three colorless candidates without previous political experience or conspicuous capabilities of any sort.

As a result Mr. Willkie is advertised throughout the nation again as a poor picker, a party recalcitrant and an all-around political Don Quixote.

But will this bother W. W.? Not for a minute. He has less regard for the torpedoes and more concern for doing as he darn pleases than any prominent figure in American public life, for a couple of decades at least.

And he is right this time, as he has been before,—at least as the skipper of this department views it.

WHICH reminds us of a story venerable but applicable in the present instance.

As we recall, it was the late Senator Spooner who once repeated to Tom Reed, then Speaker of the House, the well known remark of Henry Clay, that he would rather be right than be President.

To which Speaker Reed replied with characteristic acidity and finality:

"Don't worry, Senator, you will never be either!"

We don't mean the application is literal,—but from the standpoint of what is politically right in the sense of being politically SMART, we fear the anecdote fits rather too snugly the Republican candidate for the Presidency in 1940.

Are Republicans Anti-War?

From a national and Republican party standpoint just how much significance is there in the renomination of Ham Fish?

Does it mean the Republican party as a whole, or even the party in President Roosevelt's home district, is anti-war, pro-Axis, or incorrigibly isolationist?

Not for a minute. In fact, as we view it, the defeat of the anti-Fish Republicans in this congressional district, has little, if any, significance from a party or national standpoint.

HAM Fish, in sharp contrast with the "Squire of Hyde Park" (also known as the 32nd President of the United States) has always been personally popular with the "home folks" up the river. While his national pre-Pearl Harbor record is bad, he has been an accommodating and ingratiating congressman, democratic, genial, and in the little things which are so important back home politically,—meticulous.

Moreover Ham, ex-Harvard football star, veteran of the world war, scion of one of New York's "oldest" families, has always had a "way with him". Even the people who don't agree with him, have generally liked him.

As a result, in the Republican party primary, there was little chance of beating him. And when the opposition was not only hopelessly divided, but engineered by the rankest amateurs, there was practically speaking no chance at all.

ON any clear-cut issue, however, between supporting the war and not supporting it, between isolationism or the reverse, whether in Upper New York or anywhere else, there is little doubt how the members of the Republican party as a whole would vote. The present government on this broad and crucial issue would receive loyal and hearty Republican support.

But that was NOT the real issue in Dutchess county, New York. And it was not the real issue in many other primary districts yesterday where former isolationists were renominated for seats in congress.

The issue was not a pre-war or anti-war, it was a personal issue, as to which candidate the Republicans preferred to represent them, in November against the Democrats.

On that issue some former isolationists won, and others lost, as a DETERMINING factor the war had little if anything to do with it.

\$100,000 a Minute!

For war purposes alone Uncle Sam last month spent the tax payers' money at the rate of over \$100,000 a minute!

That is, in theory it was the taxpayers' money. But actually and until the budget is balanced, the expenditures don't represent money but merely money AND federal credit.

This is a new world's record for dishing out cash. But money-conscious, as we the American people are supposed to be, to date no complaints have been heard and we doubt if any will be.

For after all what REAL good would money be to any of us in an Axis-controlled world? And in what better way could we spend our money, and use our credit, than to prevent such a tragic fate for ourselves and those who may come after us.

Instead of regretting the expenditure of such amounts, we should join in singing hymns of thankfulness that we have such amounts to spend!

Personal Health Service

By William Brady, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

QUININE AND THE EXPECTANT MOTHER

In the British Medical Journal a physician practicing in southern Rhodesia stated that expectant mothers he had treated with quinine as a prophylactic against malaria, had remarkably easy and quick confinements.



In a review of colonial medicine published in Paris in 1937 Dr. Joyeux and Sice assert that pregnancy is not a contra-indication to treatment with quinine.

Many other medical authorities report from their experience that quinine, far from being an abortifacient, as it has been popularly regarded, is not capable of causing onset of labor, but that it does strengthen uterine contractions and make them more frequent once they have begun.

In recent years many medical men have regularly prescribed small "tonic" doses of quinine in the last few weeks of pregnancy. They believe it facilitates the process of labor and shortens the duration of labor, and by so doing it reduces the danger of hemorrhage and infection, all without risk to the child.

Dr. Ganner of University of Birmingham reported in the British Medical Journal that such use of quinine accelerates the first and second stages of labor without damage to mother or child, and that the chance of premature labor was not increased.

Dr. Linton Smith described in the Jour. Med. Association of Georgia, results observed from such use of quinine in 60 normal pregnant women as compared with results in an equal number who received no quinine. He concluded that duration of labor was definitely shorter and that the first stage was less painful when the woman has had the quinine treatment in the last weeks of pregnancy.

The usual daily dose of quinine is 4½ grains, in three doses of 1½ grains each, or some

physicians believe only one grain three times a day, for the last three or four weeks of pregnancy, is sufficient. One British physician, Gordon Luker, considers it advisable in most cases to combine quinine treatment with calcium. A great many expectant mothers, at least in this country, now supplement their diet with additional calcium anyway.

QUESTIONS AND ANSWERS

Pellagra

As I understand, pellagra is a disease caused by eating damaged maize, in which some poisonous product causes a disturbance in the digestive and nervous systems. (Mrs. W. W.)

Answer—Pellagra is a nutritional deficiency disease, not a condition due to any kind of poisoning by spoiled food. The chief factor is lack of enough niacin (formerly called nicotinic acid), one of the

essential of the vitamin B complex in which such foods as plain wheat, wheat germ, fresh vegetables, fresh meat, peas, beans, greens and milk or milk products are rich.

Poisonous Spray Residue On Food. Can you recommend any effective way to remove arsenate of lead from such foods as cabbage, greens, fruit, etc., when dry residues left by spraying may be present? (E. B.)

Answer—Ordinary rinsing in water will not remove all the lead arsenate. Rinsing in 1% solution of hydrochloric acid in water removes it. A pint of the standard medicinal Dilute Hydrochloric Acid (which is 10 percent strength) diluted in nine pints (a gallon and a pint) of water, makes such a 1% hydrochloric acid solution. After rinsing the greens or fruit in plain water, rinse well in the 1% HCl solution, then rinse well again in plain water to remove traces of the acid.

The Grass Yarn. Read in magazine that ordinary grass has been found to be the richest known source of all the vitamins, and that a little powdered dried grass will provide all the vitamins any one needs at very low cost. (H. W. B.)

Answer—Probably fresh green grass contains considerable vitamin C, as well as B complex. Dried powdered grass may still contain some B complex, but little if any C. Grass contains practically no vitamin D.

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Ed. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.

get just as much revenue as possible out of business without killing it.

THE tax program must be adjusted to a non-political hairline, which will just barely maintain business incentive for efficient operation, and keep our production going at the wartime capacity required.

The question no longer is "soaking the rich" who are already thoroughly soaked, but to keep business production going, especially small debt-ridden business.

The coing senate changes in the bill, of course, will prevent their treasury from getting as much revenue as it wants. But there is little likelihood that treasury needs can be fully satisfied in any event, because the only known way to supply the deficiency would be a general sales tax—and not even the treasury wants that. Apparently it would rather be deficient than have such a tax.

SENATOR Mead told friends in the senate barber shop (and according to tradition a senator is always supposed to tell the truth in the barber shop) he expected to win a very narrow majority of delegates in today's gubernatorial primary. However most authorities expect that both Jim Farley and Mead will claim a majority and no one may be sure of the outcome until the state convention, August 19th.

The New York state system permits delegates to be elected without officially pledging themselves to any candidate, a condition which might possibly favor the administration if the back stage bidding for these delegates runs high near convention time.

On one point both sides were agreed. The immediate question of whether the White House candidate (Mead) or Farley's (Benett) should run for governor became secondary in the scramble to control the New York organization.

In simpler words, if Farley wins, Mr. Roosevelt will not have the backing of his home state for himself or a designee in 1944.

Kelly's Comment

From Washington, D. C.

Say Japs Holding St. Lawrence Isle

Little Said About Jap Subs on Coast

British Columbia Aware of Danger

By John W. Kelly

Washington, D. C., Aug. 12—

Japanese are now on St. Lawrence island, 100 miles from Nome, and Nome has been evacuated of all but troops and male civilians. That the enemy is on St. Lawrence island is in the "it is reported" class, but evacuation of Nome is a fact. The evacuation took place about three weeks ago and was accomplished by 60-odd transport planes, requiring many trips and several days to fly the women, children and old men to a less exposed place.

Guess of observers in Alaska is that the Japanese are using Attu, Agattu and Kiska island in the Aleutians as a shield or protective wing for their main objective, striking across Alaska, the Yukon and the western provinces of Canada toward the Twin Cities, Chicago or Detroit. Most of the country on such route is similar to the territory east of the Cascades in Washington and Oregon, not difficult to traverse on foot and no obstacles to flying. While this may sound far-fetched, these Alaskan visitors will take a map and a lead pencil and demonstrate the possible course of the Japanese into the North American continent. At the same time the route which American relief in Siberia would use is being bottled.

St. Lawrence island is a wind swept mass of rocks in Bering Strait, with a few native huts, and 160 miles from that narrow gap of water which separates Asia (East cape) from North America (cape Prince of Wales) by about 50 miles. According to unofficial reports—there are almost no official communiques on the Alaska situation—the Japanese have invested this rather large island which would permit the enemy to strike either toward Nome, to the northeast, or the Yukon river to the southeast.

Nome being in an exposed position, orders were given to evacuate the civilians. Three score of the big transport planes, such as were operated by commercial companies before the war department took them over, were assigned to the task and the women and children were whisked through the air to the south. For every trip with the evacuees the transports took a load of soldiers north. Before evacuation there was one anti-aircraft gun in Nome; today that far northern outpost bristles with these weapons. Jap observation planes have flown over Nome taking pictures.

LITTLE has been said about the Japanese submarines lurking along the Aleutians, Alaska, British Columbia and the coasts

of Washington and Oregon. One communique did touch upon the Japanese submarines lightly, but passenger steamers have encountered them, according to one version. Two submarines surfaced and blazed away but the merchant ship maneuvered to safety, then the gun crew of the passenger boat fired and blew the top off the superstructure of one and the second sub made a crash dive, leaving the deck crew to drown.

Japanese submarines have been roaming from the Aleutians to almost the California line (possibly off the California coast as well). Their operations have not been limited to shooting at Fort Stevens or Estevan point on Vancouver island, a few miles from Victoria, nor to the sinking of three or four merchant vessels somewhere between the entrance to the strait of Juan de Fuca and Coos bay. The full extent of the damage caused by these submarines has yet to be announced in a communique, or what happened to the subs (if anything). The policy of dealing with sinkings on the Atlantic and the gulf appears to differ from the policy on the west coast.

But, priceless American blood has been spilled and millions of dollars in navy PBV Catalina boats have been destroyed with almost complete silence on these subjects in the very few communiques issued on Alaska. There are troops in every part of Alaska, but ousting the Japanese from their hold on the Aleutian islands is a job for the navy, with bombers cooperating.

ASHLAND SCHOOLS CUT CHRISTMAS HOLIDAYS
Ashland, Aug. 12.—(Spl.)—The local school officials have said news for the boys and girls attending the public schools, for under a delayed opening of schools on September 21, the usual two-weeks vacation at Christmas will be reduced to a period from Wednesday before Christmas until the following Monday.

BRITISH Columbia, sandwiched in between Alaska and Washington, is keenly aware of the Japanese menace. In addition to potshots being taken at a radio and weather station on Vancouver island, a Canadian freighter limped into Victoria with

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