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Ye Smudge Pot

By Arthur Perry

Nobody has yet suggested America be 100 per cent rubber and send the Nazi spies, captured by the FBI back to Germany, where the penalty for failure on a sabotage mission is death before a firing squad without waiting for the sunrise.

Two millionaire playboys engaged in a fist fight in a Hollywood cafe recently. It was a poor fight and all accounts agree somebody else licked poverty for them in the first place.

A citizen returned from the north reports natives of the Willamette valley keep cool by stating: "It's hotter in Medford!" He invited the traders of the local climate to come down some time and cross the equator.

The British in Libya lacked not guns, planes or tanks, but what is more vital in war, there was something lacking under the gold braided caps of the generals, it doth appear. The United Nations need today the brains of a General MacArthur and a General Timoshenko to do their military thinking from now on to victory. The muddling and the retreating is becoming old stuff to the people footing the bills. Their prayers today are for a first World war genius like Marshal Foch, in supreme command, and no questioning of his orders.

A California ranch hand avers he failed to register for the draft because he did not know America was at war. The nation spends 28 billion dollars annually for education.

AND, ONLY SKIN DEEP!

(Philosophical Mag.)

"Now beauty as a property of the form of the forms is not a simple quality for the reason that it is a property of organization and is the result of the integration of the forms. Hence it is definable and descriptive; its characteristics are simplicity in harmony or asymmetrical unity in multiplicity."

"CROSS ROAD—Better Hum or It." (New Jersey Road Sign.)—Advice to speed idiots.

The weather is apparently doing nothing to the pears but make big ones out of little ones. Potatoes are suffering the same fate.

"If U-boats are doing their stuff in sight of our beaches, the least we could do is send water spaniels out to bark at them."—(Oregonian).—It would be nice work for a German police dog.

WHEN MEN WERE MEN

(Del Norte (Calif) Triplicate)

"You member those grand old rugged fellows, insured to hard and sustained work, living plainly and frugally, facing each day without benefit of synthetic exercises, pre-digested food or citrus juices."

A new ruling prohibits citizens from strolling into the timber with .22 rifles to pick blackberries.

Seven initiative measures will appear on the November ballot in this state. Soon editors will show some originality and advise voters if in doubt to vote "no" on all of them. None of the measures have anything to do with pestering the "power trust," or striking the shackles from Rogue river fish.

Approximately 80 per cent of the fluid market milk in the United States is pasteurized.

"What a Man!"

How COULD the British parliament refuse to uphold a leader as honest and direct and fearless as Winston Churchill?

Certainly in all the war-world no "chief" like "Winnie".

Once more he stands on his two feet in parliament, faces his accusers and the world, and admitting another grave disaster, places on his own drooping, but stalwart shoulders, the entire responsibility.

Again it is only "blood, sweat and tears." But with courage unabated, determination only greater, Churchill asks to retain the reins of government and the request is granted amid cheers, to the tune of a landslide vote with only 25 dissenters out of 500!

A great victory, a great man,—yes and a great country! The British ship of state may go down this time,—though we doubt it,—but the flag at the top-most peak never will!

JUST imagine any other war leader admitting damaging facts like these:

The Axis powers in the battle of Libya had 10,000 less men than Britain. They were inferior in tanks to the tune of 5 to 7, and in artillery it was 1 to 8.

Yet the British army was split in half and scattered, losing 50,000 men and tremendous war stores.

Imagine Hitler, Mussolini, Hirohito, Stalin—yes even President Roosevelt—taking the rap in that fashion, and with "head bloody but unbowed" coming up for more!

It just isn't done in any other war circles and couldn't be, by any other leader. In all the world no man like this.

If Rudyard Kipling were alive,—WHAT an epic he would write about Winston Churchill, Prime Minister of Great Britain in World War No. 2!

It Isn't the "Last Battle"

Well the war situation doesn't look so good today. But as far as England is concerned, there is one point that should not be forgotten,—two in fact.

No. 1. In the world war Germany broke the British lines in France and it looked like curtains for J. Bull. But that famous "backs-to-the-wall-do-or-die" manifesto issued by Marshal Haig, stemmed the tide. Not only were the Germans turned back but only a few months later, the war was over. England's habit of winning no battles but the last one therefore might well be borne in mind.

NO. 2. When Mr. Churchill was in Washington, members of the congress were told—off the record,—that Rommel was in for the surprise of his life if he tried to get very far into Egypt. According to all reports the Congressmen were visibly cheered by the facts thus confidentially revealed.

Well we grant it isn't very LIKELY. But it may be true, that the British are falling back with a definite purpose,—not because they HAVE to, but because they have a trap all ready for the Nazi "fox."

It does no harm at least, to gain what cheer is possible in the surrounding gloom from a survey of the past and present record.

Medford's Camp for Boys

It is a refreshing diversion to turn from the war for a brief time and center attention upon the youngsters of this community and their forthcoming summer camp opening next Tuesday, July 7th.

Again, the Salvation Army will conduct a camp at scenic Lake o' the Woods and two full weeks of wholesome outdoor fun will be provided for boys and girls who otherwise might miss the joys and benefits of a vacation in the mountains.

The summer camp program was initiated last year by George A. Hunt and his associates with the cooperation of the Salvation Army and the Jackson County Public Welfare Commission. The same sponsors, elated by the widespread interest in the camp a year ago, are handling the project again on a bigger and better scale than before.

FROM the very start the boys' and girls' summer camp idea struck a responsive chord with local citizens and financial assistance was immediately forthcoming. It is more apparent than ever this year that the camp should be a COMMUNITY program. Here we have our average quota of youngsters who would otherwise be deprived of the joy of a vacation-time outing. They should have this two-weeks camping treat—and WILL have it, because of the generosity of the summer camp sponsors and public spirited local people.

Again, the opportunity for the public to have a part in this commendable program is provided. Those who wish to contribute may do so, and the theatres of this city will become receiving stations for summer camp funds.

IT should be emphasized here that this summer camp outing is planned for boys and girls UNDER 14 YEARS OF AGE, because of the urgent and immediate need for youthful workers in Rogue River Valley orchards and farms.

THROUGH the cooperation of the Rogue River National Forest organization here, the spacious forestry camp at Lake o' the Woods has been placed at the disposal of the Salvation Army, supervisors of the summer outing. This camp, formerly occupied by CCC boys, provides dormitories, assembly and mess halls, and other typical camp accommodations. Local organizations and individuals have generously seen that needed equipment and boats are in readiness for the first contingent of youngsters next Tuesday.

UNDER the kindly and understanding guidance of experienced Salvation Army folk there will be

swimming, boating, hiking and general camp activities in the fresh and invigorating atmosphere of this delightful summer camp. In addition to recreational features there will be well-planned educational, patriotic and devotional activities—and they all add up to a grand vacation for these young "campers".

THERE have been many demands upon the family budget these days, but certainly it is not too much to ask of those who plan a vacation this summer to share some of the fun with these less fortunate but thoroughly deserving youngsters.

A word to the generous should be sufficient. The more contributions received, the greater will be the number of boys and girls at the Lake o' the Woods camp this summer.—H.G.

Revival of Walking

Week-end experience of the Atlantic coast population with gasoline rationing offers a vivid illustration of how finely the motor car is woven into the fabric of national custom. Millions of citizens have seen the automobile disappear from their daily lives except for occasional short trips.

Any general attempt to return to the horse and buggy does not even suggest itself as a satisfactory substitute. Instead, the citizen whose gasoline has been curtailed is walking.

The horse and buggy habit had behind it an elaborate economic equipment, including stable, boxstall, hay mow, feed box and harness. Buggies had to be washed, their spindles oiled and bolts tightened. Harness had to be cleaned, oiled and adjusted. Horses had to be shod, fed, watered, curried and bedded down. There are millions of men today who can not put a harness on a horse and attach the critter to the shafts. Presented with a nag, they would not know how to drive him.

To them the operation of an automobile has become all but automatic. The operation of a horse and buggy would disorder their nervous system. So easterners have reduced the number of their trips, shortened the trips and are walking. And what easterners are doing now people in all parts of the country may soon be doing,—including those who prefer bikes.—R.S.

Personal Health Service

By William Brady, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

SAFE AND SOUND REDUCING

VI.

It Must Be Burned Off

Burn, fat, burn. That's the way you have to get rid of superfluous flesh, whether you reduce by dieting, medicine, ductless gland feeding, exercise walking to work, doing your own housework, climbing trees, playing tennis, spading garden, dancing, flax or by "going into the clinic" (that is fanning the latent spark of tuberculosis which is in most of us into active disease. No matter how the reduction is brought about the superfluous fat must be consumed by burning.

We may regard all obesity or accumulation of superfluous flesh, whether it be hypothyroid, or everyday nutritional obesity, as a condition directly due to poor combustion, slow oxidation rate lowered metabolism, increased absorption or utilization of oxygen. The vital fire doesn't burn as briskly as it should.

Deficiency of iodine in food and water, in many regions is one reason why the vital fire tends to smoulder.

Another reason why the oxidation process tends to slow down is ultra-refinement of the modern diet which removes from natural food most of the vitamins. Universal shortage of vitamins manifest itself in poor metabolism. This applies especially to the combustion of carbohydrate material, starches and sugars in the refined or purified state—such food is the source of most of the daily calories in the modern diet. Since refinement processes remove most of the vitamins which the body requires for complete utilization or oxidation of carbohydrate, the unburned portion is stored as fat.

For scientific information on the role of vitamin B (thiamin) in carbohydrate metabolism I refer the lay or medical reader to Williams and Spies' Vitamin B, and its Use in Medicine" (The Macmillan Co., '38). Perhaps the Public Library has it. Incidentally, every diabetes patient and his or her physician should keep ever in mind the importance of an optimal daily ration of vitamin B complex in the restricted diet or as a supplement to such diet. It enables many diabetes patients to get along with less insulin—vitamin B is properly called "poor man's insulin." Incidentally, again, I may quote this significant statement from "Training for Diabetes" (for copy send ten cents

and stamped envelope bearing your address):

"People who are training for diabetes generally take on superfluous flesh and carry this excess weight for ten years or more before they finally achieve diabetes. . . . It is the direct route to diabetes if you have inherited the potentiality."

QUESTIONS & ANSWERS

Gray Hair

Druggist didn't seem to know anything about para-aminobenzoic acid. Please state what can be done to keep the hair from turning gray prematurely. (Mrs. E. B.)

Answer—Send stamped envelope bearing your address, for pamphlet "Care of the Hair." Para-aminobenzoic acid and pantothenic acid are both entities in the natural vitamin B complex, and both may be essential to prevent premature graying of hair. Likewise a suitable iodine ration, according to the testimony of many of our readers, prevents premature graying and even restores some of the natural color in some cases.

Where to Get Respirators

Can you tell me the nearest hospital or other place where they have a respirator for emergency use in treating infantile paralysis victims?—(P. C. M.D.)

Answer—Comprehensive list of places where cabinet type respirators are available may be obtained from The National Foundation for Infantile Paralysis, Inc., 120 Broadway, New York, N. Y.

No Quinine

Have been unable to get quinine—several druggists tell me it is impossible to get it now. Can you suggest any substitute to use as you advised quinine for prevention of stage fright and examination jitters?—(Mrs. M. C.)

Answer—I'm sorry I know of no substitute. On request accompanied with stamped envelope bearing your address I'll send the pamphlet, "Quinine in Modern Medicine," which includes instructions for use of quinine against stagefright and examination jitters. If your druggist cannot supply quinine perhaps another druggist can.

Digitalis

Please tell me why you don't believe digitalis is good for the heart, or refer me to a medical book about it by a doctor who agrees with you about it. Member of my family is taking digitalis for heart trouble and is getting worse.—(K. W.)

Answer—I just don't carry the physics or physiology on which use of digitalis is based. I don't know of a medical work or a physician who necessarily agrees with this view. I do believe an optimal ration of vitamin B complex or even just synthetic B1 (thiamin) alone, actually does what digitalis theoretically should do in many cases of chronic insufficiency of heart, loss of compensation, dilation, "weakness." (Copyright, 1942, John P. Dille Co.)

Ed. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.

A general store in the town of San Luis, Col., an old Spanish community, has been operating continuously since 1864.

News Behind The News

By Paul Mallon

(Continued From Page One)

cars would have to be abandoned—only about 3,000,000 a year.

To support such a program, the United States would have to provide 5,000 tons of crude rubber annually and collect 48,000 tons of scrap this year; 71,200 in 1943; 67,600 in 1944; 55,000 in 1945.

While the current drive is officially being called deficient, it shows enough scrap rubber is being obtained to run practically that whole period if the crude rubber could be spared.

POLITICAL potentialities of gas rationing are not being overlooked.

Republican Representative Stevenson of Wisconsin wrote Rationer Leon Henderson asking that gas allowances be made for rural voters to go to the polls in the east on election day. He got a letter back promising only that if Mr. Roosevelt decides on national gas rationing, provision would be made.

No allowances will be made for primaries.

The rural sections of the east are generally republican, the cities generally democratic. A close election could be decided if gas rationing or any other cause kept farmers from the polls in considerable numbers.

SKITTISH citizens have been wondering why Messrs. Roosevelt and Churchill have been telling Hitler they will start a second front, if they really intended to do it. The element of surprise has been lost, they fear.

Not at all. Hitler has been able to observe the preparations in Britain, just as Holland, Belgium and France were able to observe his preparations for the invasion that struck them as a surprise when it fell.

Some things cannot be kept secret in war. Collection of hundreds of thousands of troops is one.

But Hitler, you will recall, staged fake alarms and otherwise confused his foes by crisscrossing rumors to such an extent, they hardly believed the final alarm when it came.

The current confusion as to whether or not there will be a second front this year is already serving a similar purpose for us.

Most Washingtonians are even now betting there will not be a second front this year. To them,

certainly it will come as a surprise.

THE front row of officialdom here had been expecting bad news from Russia, but was wholly unprepared for the extent of what came from Egypt. Even after the British were put into retreat, everyone agreed they enjoyed not only superiority but supremacy in the air so no one could figure that the retreat would be disastrous or even very harmful.

Flight o' Time

Medford and Jackson County history from the files of the Mail Tribune 10 and 20 years ago.

TEN YEARS AGO TODAY

July 2, 1932

(It was Saturday)

Gov. Franklin D. Roosevelt of New York nominated for president and John N. Garner of Texas for vice president by democratic convention. Deadlock broken when Garner releases delegates.

Heaviest traffic and largest crowd in month on Main street today. Hundreds leave for coast and hills for double holiday.

Fair, no change in temperature. High 89, low 56 degrees.

Cattle endanger travel on highways, many report.

Gold Hill cement plant resumes operations.

Army worms invade orchards of valley.

TWENTY YEARS AGO TODAY

July 2, 1922

(It was Sunday)

With the mercury near the

100 mark many start for seashore and hills for July 4 vacation.

Heavy fighting continues in Dublin streets.

Every county in state of Washington has a forest fire.

Fair and warmer. High 100, low 60 degrees.

Six railroad unions outlawed by federal labor board.

President Harding off for short stay at home in Marion, Ohio.

General hegra of citizens to resorts and camps for Fourth of July leaves city deserted.

Rev. Mitchelmore to Pastor Jacksonville and Phoenix Churches

Jacksonville, July 2.—(Spl.)—Rev. Lawrence Mitchelmore, formerly pastor of the Merrill Presbyterian church has now moved into the manse at Jacksonville. He is to act as pastor of both the Jacksonville and Phoenix churches. He will be joined about the middle of the month by Mrs. Mitchelmore who is visiting her parents in Spokane, Wash.

Due to the fact that Rev. Mitchelmore is supplying two churches one church will have a morning service and the other an evening one for a month at a time. For the month of July Jacksonville will have no morning service but will have its regular service in the evening beginning at 8 o'clock. Church school will be in the morning as usual.

TOMORROW Last Day of

\$1.00 DAY SALE

AT THE

BAND BOX

223 East Sixth

Phone 3686

NOTICE

At a joint meeting held Wednesday morning, July 1st, between the representatives of organized labor and the Contractors Medford Cantonment, a resolution was adopted that, for the good of the cause, Independence Day has been declared a regular work day the same as any other Saturday. All parties concerned will put on a special drive for the sale of U. S. Defense Bonds on July 4th.

The men on the work will be circularized with the following "Special Authority" card:

"SPECIAL AUTHORIZATION FOR PURCHASE OF UNITED STATES DEFENSE BONDS"

I hereby authorize you to deduct from my earnings for July 4,

1942 \$..... which is to apply on the purchase price of a United States Defense Bond with maturity value of \$.....

Additional payments, if required, will be deducted from my earnings for week ending July 11, 1942. It is understood that the Contractors Medford Cantonment will apply an amount equal to the deduction made on July 4th for the purchase of Defense Bonds.

Date.....

Employee's Signature

Division..... Badge No..... (This authorization is to be given to your Division Timekeeper on or before July 6th, 1942)"

The Contractors Medford Cantonment have agreed to match dollar for dollar and will purchase bonds to the total of all employees' authorized deductions from earnings of July 4th. This will be the Contractors' subscription to this "Special Fund".

All deductions authorized by the workmen will be on a voluntary basis and nothing is being or will be done to compel any one to subscribe who does not desire to do so.

The above action taken is subscribed to jointly by the Construction and Building Trades Council, the Contractors Medford Cantonment and the Area Engineer.

Let's all join in and give Uncle Sam's pocket book a big boost, help meet Jackson County's July quota of bond sales and do a good deed on Independence Day.

Medford and Vicinity Building & Construction Trades Council
W. L. Coombs, Pres.
J. C. Creech, Sec.

U. S. Engineer Dept.
Major Theron Bean
Area Engineer

Contractors Medford Cantonment
L. B. deWitt
Project Manager