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Ye Smudge Pot

By Arthur Peery

Adjournment of politics for the duration of the war is advocated by the White House. In the rush to adjourn no politician has been trampled to death. It was a master stroke to adjourn politics and keep right on with the lesser evil.

Spring around here, is also 'too late and too little,' an Anxious Subscriber sends word.

"HIGH SCHOOL FACULTY MARRIES LIEUTENANT" (Long Beach (Wash.) Observer)—No chance to withdraw to a more favorable position, and reform.

The Tokyo press can blow up its victory bluffs bigger and better than Rome, once the fountain head and center for colossal lying. The Nipponese will hold a grand naval review off New York, on the same day. Gen. Yamashita marches into London. The next day the Mikado will skin the cat, from a lower limb of a Japanese cherry tree on the banks of the Potomac near Washington, D. C.

EXCUSE IT!
(Corvallis Gazette-Times)
The Oregonian says "Dr. Raver and more than a thousand employees of Bonneville should be electrified by the fact that Donald M. Nelson has designated them as a basic production agency." Typographical errors will occur. The word should be "electrocuted."

No 'two-listed candidates'—the kind, that repulses the foe with one hand, while cutting taxes in two with the other—have as yet appeared on the horizon.

The Black Tornado, Bengals, Peapickers, or Tigers quint returned from the state tournament yes, where they wound up in sixth place. They were supposed to be home late last Wed. in the cellar.

"A Methodist conference-wide youth session will be held February 13 to 15 in Centenary Wilbur Methodist church, Lolo, Lapalooza." (Portland Journal)—Amen and whoopee!

Joe DiMaggio, baseball star agrees to accept \$42,000 for performing in the outfield for the New York Yankees all next summer. It was nice of Joe to do this. By the time he pungsles up for all the taxes, or sprains his big toe chasing a line drive, he will still be getting more than \$21. per month—a soldier's pay.

GLAMOUR OF GREATNESS
"The first and next to last Governor we ever met was 'Sunny Jim' Rolph. We were young and impressionable then and hadn't realized the truism that big shots are human too, and put on their pants one leg at a time, just like all the rest of us. So we fumbled and mumbled with Governor Rolph, despite the fact he was easier to get acquainted with than a blonde in a blackout." (Siskiyou News)

GRID HERO IN NAVY
San Diego, March 16.—(AP)—Ray Frankowski, University of Washington's all-coast football guard in 1940 and 1941, today completed indoctrination at the naval training station and was appointed to the navy aviation machinist mate's school at Chicago.

Closing time for Classified Ads 3 p. m.—Too late to classify 12:30 p. m.

"Wake Up America!"

Now and then we run into an editorial which we wish we might have written ourselves. Not so often, for newspapers like individuals, like to express their beliefs in their own particular way, and seldom are such beliefs identical.

But now and then such a "natural" comes along, and when this happens we are glad to give over and let our journalistic "Gunga Din" occupy the pulpit. We are indebted to E. W. Carlton of Table Rock for sending us such an editorial, printed in the New York World Telegram of March 5th.

Not only does it stress a point, we have been hammering on ever since we entered the war, but it expresses it so much MORE fully and effectively than we have been able to do, that we are glad to reprint it IN FULL as follows:

"The nation needs to awaken to the full gravity of the peril that confronts it.

It needs to appreciate how badly we have been defeated in three months of war.

It needs to understand that it is possible for the United Nations and the United States to lose this war and suffer the fate of France—and that this possibility may become a probability if the present tide does not change.

It needs to realize that there is grave chance of the Japanese pushing through India and the Germans driving through the Near East, to join their armies and resources in an almost unbeatable combination.

It needs to get away, once and for all, from the comforting feeling that while we may lose at the start we are bound to win in the end.

PRODUCTION Director Donald Nelson appeals for vastly increased industrial output on a 24-hour, seven-day basis—168 hours a week. Maximum production, in short.

Can we get it?

Not on the present basis—not under the psychology of recent years.

Not until we quit thinking in terms of less work for more money.

Not while there is greater concern about overtime pay than overtime production.

Not while farmer-politicians are more interested in higher prices than raising more essentials.

Not while government bureaus—created to meet a depression emergency that is ended—continue to grab for themselves money needed for armaments.

Not while an army of federal press agents clamors to promote and perpetuate activities that have no present need or value.

Not while Congressmen try to put over useless canals and river schemes and take up the time of defense officials clamoring for factories and contracts as if war were a great gravy train.

Not while WPA, despite a shortage of labor, seeks to carry on projects which it doesn't have the men to perform or the need for performing.

Not while CCC and NYA stretch greedy hands for funds to pamper young men who ought to be in the armed forces or the war plants.

Not while strikes hamper war production, despite a solemn promise that they would stop.

Not while the life-and-death need for uninterrupted production is used as a weapon to put over the closed shop.

Not while double time is demanded for Sunday work which is only part of a 40-hour week.

Not while a man can't be employed on an army project or in a war plant until he pays \$20 to \$50 or more to a labor racketeer.

Not while criminal gangs control employment and allocation of men to work on the Normandie and the other ships along New York's vast waterfront.

Not while fifth columnists are pampered and enemy aliens move freely in defense areas.

Not while the grim job of preparing our home communities against air raids and sabotage is gummed up with a lot of highfalutin, boondoggling, social service activity.

Not while pressure blocs clamor for higher benefits, bounties and pensions.

WE will not get maximum production, in short, unless, first, we fully realize our awful peril; and, second, get over the gimmes of recent years.

Gimme shorter hours, gimme higher wages, gimme bigger profits, gimme more overtime, gimme less work, gimme more pensions, gimme greater crop benefits, gimme more appropriations and patronage, gimme plants for my congressional district, gimme fees and dues to work for Uncle Sam, gimme ham'n eggs, gimme share-the-wealth, gimme \$30 every Thursday.

France had the gimmes, too—had them till the Germans were close to Paris. Then everybody went frantically to work—"TOO LATE!"

France has no gimmes today—except gimme food for my baby, gimme a place to lay my head, gimme death!

SPORTSMEN

Klamath Falls, March 16.—(AP)—The Klamath Sportsmen association waived their host of hunting and fishing last night and, in effect, told Uncle Sam that if forest protection calls for suspension of seasons it will be all right with them.

The first paper mill in the United States was built in 1690 at Germantown, Pa.

FOR SODA POP

Camp Edwards, Mass. (AP)—Whether it's hot or cold, soda pop is a favorite drink of soldiers at this Cape Cod army post. On one of the coldest days of the winter, the men gulped down 17,300 bottles of soft drinks.

General Yamashita, of Japan, conqueror of Singapore, studied military tactics in Germany.

Personal Health Service

By William Brady M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis, or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

THE MODEL HEALTH DIET

The rejuvenation diet referred to here recently is simply an outline or pattern, a model health diet on which to base your own everyday diet to suit your individual requirements. As it stands it would be a reducing diet for the average adult, a maintenance diet for the adult who sits or remains abed all the time, gets no exercise, does no muscular or physical work. It yields only about 2,100 calories. Average daily caloric requirement of adults doing light work or playing a little every day is 2,500 to 2,800 calories. A normal woman doing all her own housework may need 3,000 to 3,300 calories just to keep her trim and fit, at normal weight. Incidentally, if the experience of many of our correspondents in the past 20 years means anything, the most effective course a woman can follow to keep trim and fit is just that—doing all her own housework.

Reasons why it is a health diet, rejuvenation diet, regeneration diet, corrective protective diet are, first, because it is well balanced, that is, supplies the normal proportions of fat, protein and carbohydrate. The usual everyday diet of most people is unbalanced because it supplies an excessive proportion of carbohydrate (sugar and starch). Second, the model diet supplies nearly if not quite all the vitamins one requires as long as one follows such a diet. It does not supply enough vitamins if the diet is supplemented with additional items made of refined sugars or flours. Third, it supplies probably an adequate amount of the essential minerals, as long as one follows the diet. Third, the diet supplies a fair proportion of the essential minerals.

In recent years certain foods have been generally called "protective" foods, because they are rich in the essential minerals and vitamins. These foods are milk and dairy products, eggs, fresh fruits, fresh vegetables, salad or greens. Other foods which deserve to be included in the group but for some obscure reason usually are not mentioned, are nuts (including

peanuts) and plain wheat, oats or other cereal not "purified" or "refined" by artificial means. Have another look at the corrective, protective, rejuvenation, regeneration diet, or call it **THE MODEL HEALTH DIET**

Breakfast
Glass of orange juice...100 calories
Two eggs...106
Fresh fruit...80
Glass of milk...160

Lunch
One-third head of lettuce...16 calories
Tablespoonful of oil...93
Two fresh vegetables...80
Pat of butter...95
Two glasses of milk...320
Fresh fruit...80

Dinner
Meat...190 calories
One-third head of lettuce...16
French dressing or mayonnaise...93
Two fresh vegetables...80
Pat of butter...95
Glass of milk...160
Fresh fruit...80
Handful of nuts...140
Cheese...90
Note: It includes meat but not dessert.

At first I was downhearted about the desert myself, for I'd sell out any time for a two-hand slab of hot mince or lemon chiffon pie. But we'll explain about that later.

QUESTIONS AND ANSWERS

Fertility
Recent survey showed Oregon and Washington are the very lowest of all the states in fertility, number of babies born yearly in proportion to population. Might low iodine content of soil, water and food in those sections account for the low fertility?

I understand low fertility is characteristic of live stock in that area too. Would increased use of what germ (for vitamin E) improve fertility? (W. C. R.)

Answer—In my opinion both of your suggestions would be worth trying, for human or animal infertility.

Sun Lamp
Do you approve of the use of sun lamp? I have in mind buying a sun lamp for \$30. (V. H.)

Answer—Harmless enough. Next best thing to exposure to sunlight itself.

Electrocoagulation
I am thinking of having my tonsils removed by electrocoagulation. Is this method positive and permanent? Would removal by this method eliminate the tonsils as a source of poisons which may damage other organs in the body? (J. J. F.)

Answer—In competent hands it is as effective as ordinary surgery. Safer. Does not require hospitalization. (Copyright 1942, John F. Dille Co.)

E. L. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.

Urals are increasing production. They are getting equipment.

Consequently, the prevailing authoritative impression is their army is at least likely to survive destruction. It may have to give ground, but it should not be annihilated.

Of course, if the rumored attack south of Kharkov is successful, if they can edge up to the Crimean peninsula and cut it off, if Dnepropetrovsk is recaptured and a blow straight south to the Black sea develops, their visible chances will improve immeasurably. Their morale-building victories in the north have relieved Leningrad and Moscow, but the supposition here is that Hitler will not strike again along that line to capture two empty cities.

All eyes here are on the south of Russia and will remain fixed there.

Fern Valley

Fern Valley, March 16.—(Spl.) Mr. and Mrs. Charles Swingle were pleasantly surprised with a house warming March 6 in their new house. They were presented a lineoleum rug. Chinese checkers, cards and various contests made up the evening's entertainment. Refreshments were served by Mrs. Wm. Ferns and Mrs. Archie Ferns who were hostesses.

The school children and teacher enjoyed a hike and winter roast Friday. They went up on the Payne Cliffs.

An epidemic of mumps has started in the community. Those afflicted are Twila and Leonard Ferns, Josephine Kantor and Phyllis Wheeler. Others that have been ill the past week are Marion Ferns, Patricia and Joyce Marshall. Mrs. L. H. Hughes is recovering from quite a serious cut on her hand.

Among those leaving to serve their country Sunday were John Kantor and Elmer Barnes. It was not known by this correspondent until just recently so perhaps others do not know that Louis Marshall is with McArthur's forces in the Philippines. Louis was a former resident of our community and his parents now reside at Phoenix.

There will be a 4-H meeting and a community gathering and program March 20.

Harry Weagant of Valley View was in the community on business Monday.

George Hauber of Salt Lake City, is a guest at the E. E. Marshall home.

Use Mail Tribune want ads.

Kelly's Comment

From Washington, D. C.

Canada Reluctant On Alaska Road

Signs of Nickel In Jackson County

Northwest Aliens May Form Army

By John W. Kelly

Washington, D. C., March 16.—Notwithstanding that American troops are defending British Columbia, that the bars have been let down by the United States to permit free passage of goods which ordinarily would have to pay duty, and that Uncle Sam is a full brother in arms with Canada in this war, the Canadians have finally and reluctantly granted permission for this country to build a military highway to Alaska across British Columbia province. The Canadian war council has agreed to this road as a military necessity, but there is still disagreement as to where the highway should strike off from the United States.

Pacific northwest has always believed in and advocated a road to Alaska which would be an extension of U. S. route No. 99, the Pacific Highway. That has never met with the views of the Canadians, most of whom, apparently, want the road to start in the vicinity of Chicago and meander across the prairies of Saskatchewan, Alberta and then northward across British Columbia. If, it is argued, the United States is so anxious to build a road to Alaska then it may as well construct it through a large part of the provinces, hence the Chicago terminal.

The route Prime Minister Mackenzie King favors is one connecting the army air bases which have been constructed on Canadian soil by the United States to break the jump to Fairbanks. While this military highway is an essential to defense of British Columbia, as it is to Pacific northwest states, the Canadians will contribute nothing toward it other than the right-of-way, and there is no assurance that Canada will not insist on payment for this.

IT required a world war to put steam behind the Alaska highway. The idea has been popular in Washington and Oregon for many years, but the Canadians were not interested. Nor were the neighbors across the border willing to yield until the Japanese threat to the North American continent via the Aleutians and Alaska. Now the Canadians are willing that the road be built as rapidly as possible.

The Alaska highway is planned to get munitions into the territory, to provide a strong defense on the ground and to build up supplies for the great offensive—now being worked out by the war strategists. In the national capital it is a question whether Alaska can be prepared for defense and the burning of Tokyo before the Japanese turn attention to the northwest and strike the first blow.

THE metals division of war production board has had scientists in the northwest in the past few weeks looking for nickel. All the nickel used in this country comes from Canada and, so far as known, none has been discovered in the United States. However, the specialists have found three "signs", one near Riddle, Douglas county and a small deposit in Jackson county, Oregon; the third in an unnamed section of Washington. If these properties are reasonably good and sufficiently extensive, regardless of the cost of production, WPB will see that they are financed. The metals division is in different hands than the dollar-a-year men who served with OPM and who refused to see any new possible rivals to going concerns after the war. WPB is ready to do anything to acquire metals.

THERE are a few thousand aliens in the northwest who may find themselves in uniform and fighting for the United States before many months. The idea is now being mapped out by military authorities. The first suggestion of using this bloc of aliens came when Filipino requested permission to get up a Filipino outfit. There are probably enough Filipino boys on the Pacific coast to complete several regiments. The proposal inspired someone with the thought of launching a sort of foreign legion which many nationalities could join. There are 5,000,000 registered aliens in the United States and it is thought an army of 1,500,000 might be gathered.

A military mission is now on the coast to discuss with General DeWitt the Japanese situation, the aliens and American born. Orders evacuating these potential enemies have brought a problem in some of the orchard districts. For example, there are 98 orchards in famed Hood River valley which are owned or leased by American-born or alien Japanese. This month spring work must start in the orchards. The American orchardists wish to know when an alien property custodian will be appointed as they wish to make a recommendation. For this job the Americans say, the custodian must understand orchards as well as finance, otherwise the orchards will not be properly tended and will become a menace to other orchards.

Glamor Girl



In a city filled by pretty girls from all over the world, Bette Jane Greer (above) was chosen the "Nation's Capital Glamor Girl" by a committee of beauty and fashion experts in Washington. She'll tour the country to display war fashions.

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In The Day's News

By FRANK JENKINS

THE Japs slacken temporarily their attack on the eastern tip of the island of New Guinea, and today's (Friday's) dispatches report that considerable Japanese forces have been sighted well to the eastward, in the neighborhood of the Solomon islands.

This might mean:

1. That they are attempting a fake play, hoping to draw U. S. and Australian forces away from New Guinea and northern Australia.
2. That they are moving eastward along the line of islands dotting the South Pacific to threaten the supply line from America to Australia.

IT must be accepted from the start that Australia will be unable to defend herself without aid—and the United States is the only place effective help can come from.

If we are to help Australia, the sea lanes must be kept open.

THE Japs probably got something of a jolt in their latest New Guinea attack, finding combined American and Australian air strength tougher than they expected.

Admiral Hart, former commander of the U. S. Asiatic fleet told us bluntly the other day that we lost the first round against Japan because the Japs had complete command of the air.

Maybe we are making progress toward building air strength in Australia.

THE Japs have already spread themselves reasonably thin. If they undertake the conquest of Australia, they will spread themselves thinner still.

If, simultaneously, they TACKLE INDIA, the spreading process will be carried much further.

We know from Britain's experience what getting spread too far and too thin may mean. Because Britain was already spread too far and too thin, she was unable to do anything about Hongkong and Singapore.

If we can keep from getting spread too thin, we can soon

er or later mass our forces at ONE POINT for an effective counter-blow at Japan.

MEANWHILE, on the other side of the world, the Russians unleash a new counter-offensive, using today's dispatches tell us, from a million and a quarter to a million and a half men, with 90 armored divisions. The German line is reported to be bending under the blow.

Red Star, the Russian army newspaper, says: "The offensive this spring will be RUSSIAN—not German."

Red Star insists that the Nazi war machine is wearing out as a result of its costly fall drive and the battering it has received during the winter.

WISHFUL thinking leads us to believe this statement. CAUTION points out that there have been no reports as yet of Germans SURRENDERING in large numbers.

On the contrary, there have been repeated reports of surrounded Germans fighting stubbornly and bitterly—as the Russians fought when they were being driven back last fall.

When we get authenticated reports of Germans surrendering in large numbers we can begin to believe the Nazi war machine is wearing out.

Until then, we'd better keep our fingers crossed.

NOTE that the Russians are striking NOW—not retiring behind the barrier of mud that will be created by the melting of the winter snows.

The Germans are masters of mechanized warfare. The Russians have demonstrated their ability to use cavalry effectively—in spite of the idea that cavalry is an outmoded arm.

Cavalry can move more effectively in the mud than trucks and heavy tanks. The Russians are evidently hitting hard at the beginning of the spring thaw in order to make full use of this advantage.

They seem to be intelligent as well as tough fighters.

Flight o' Time

Medford and Jackson County history from the files of the Mail Tribune 10 and 20 years ago.

TEN YEARS AGO TODAY
March 16, 1932
(It was Wednesday)

Dick Grogan is father of baby boy born last Sunday, March 13.

Bulldozer used to crack crust of snow in Crater Lake park.

Medford defeats University high of Eugene, 30 to 26, in opening game of state meet at Salem.

Democratic candidate for U. S. senate comes out for "booze and bonus".

France lifts embargo on Pacific coast pears.

Suitcase with baby's clothing found near Canadian border is clue to Lindbergh kidnapers. Police believe it was "one-man job."

Survey ordered for regrading of Pacific highway over Siskiyou.

Moderate temperature, with rain forecast. High 57, low 44 degrees.

TWENTY YEARS AGO TODAY
March 16, 1922
(It was Wednesday)

William von der Hellen given contract for digging 18 miles of Talent ditch.

Fifteen million dollar fire rages in Chicago loop district.

Senate fight over four-power treaty continues with third amendment beaten.

Guests in best Reno hotel flee in nightgown from early morning fire.

Council takes steps to protect Medford water supply.

Ashland plays Salem Friday night in state tournament meet.

Paul's Electric store installs a radio set.

Forest service asks for bids on hotel at Diamond lake to be completed by July 1, 1923.

Still it rains. High 56, low 32 degrees. Precipitation .15 of an inch.

BOMB COLOGNE

London, March 16.—(AP)—British royal air force bombers dropped "a great weight" of high explosives on the Rhine-land city of Cologne last night in a continuation of the new pre-spring aerial offensive, the air ministry announced today.

BUILDING MATERIALS

BIG PINES LUMBER CO.

8th and FIR STS.

PHONE 3030