

FIREMEN TO HAVE LARGE NEW SHOP FOR TOY REPAIRS

Men Building Own 30 By 26
Foot Addition North Side
Of Headquarters Building

When men of the Medford fire department go to work on their Christmas toy project this year, they will have a new workshop in which to rebuild and repaint the old, discarded playthings into shiny new gifts for underprivileged children.

The new workshop is now under construction. It will form part of department headquarters on the north side next to the tower. With a concrete floor and wooden walls, the shop will be 30 feet long, 26 feet wide and one story high. It will afford more room than the men now have to work in and will be more convenient for both the firemen and the public. The shop is being built by the firemen themselves.

Shop Well Equipped
The workshop now is on the second floor adjoining the kitchen. Folding doors, which can be opened for the full width of the kitchen, separate the two rooms. The present workshop is to be made into a reception room.

With a nucleus of tools bought by the firemen themselves years ago, the workshop has been built up gradually through funds procured from the firemen's annual ball. Now the workshop is well-equipped with all sorts of tools used by the firemen in their Christmas toy project. Included are the following power-driven tools: drill press, lathe, sander, joiner, table saw, band saw and emery wheel.

America's Liberties Will Be Retained Is Assertion by Biddle

Yosemite, Cal., Sept. 19.—(AP)—Attorney General Francis Biddle said today he had no doubt the United States government would maintain "our essential (constitutional) liberties" regardless of the severity of the crisis through which the nation may have to pass.

He stated, however, it would deal "firmly yet fairly with those miserable saboteurs who make a mask of the very liberties they are seeking to destroy."

CONVICT FARM YOUTH OF SLAYING MOTHER

Goldendale, Wash., Sept. 19.—(AP)—Eric Miller, 22-year-old farm youth, was convicted of first degree murder last night by a superior court jury for the killing last May of his mother, Mrs. Annetta Miller. The jury recommended against the death penalty, making a life sentence mandatory.

DEMOCRATIC WOMEN PLAN FULL TICKETS

Portland, Sept. 19.—(AP)—If Democratic men won't file for every office on the ballot, the women will, Mrs. Emily F. Edson, national committee woman for Oregon, said yesterday.

She recalled that in past elections some Republicans have been unopposed. They'll have opposition in the future, she said, for "the women will be in there."

VEST POCKET PEP RATION FOR ARMY BEING DEVELOPED

New Condensed Food Handy
Package Intended For
Airmen, Mechanized Units

Fort Mason, Cal. (Sp)—Extensive tests are now being conducted by the quartermaster corps for a concentrated ration especially designed as emergency food for parachutists, aviators and fast-moving mechanized troops.

The new "vest pocket" ration being tested has 3,311 calories packed inside three heat-resistant fiber cartons (one for each meal). The three meals for one man have a total weight of 27.1 ounces or slightly less than two pounds. The experimental work is being conducted by the quartermaster subsistence laboratory in Chicago. First field tests were made with soldiers at Fort Snelling, Minn., in August.

Vitamins and minerals in the experimental ration are more highly condensed than in the canned field ration developed by the quartermaster corps, which have been proving successful on army field maneuvers. A vitaminized "pep" tablet, a fruit cake made of dehydrated apricots, peaches, prunes and raisins, and a cracker containing special foods that apparently will withstand every extreme in temperature without spoiling are included in three fiber containers, all of which may be slipped into one pocket of a soldier's uniform.

"Army and Navy Register" describes the "vest pocket" ration in its present experimental stage as follows:

"The breakfast in a box has a total net weight of nine ounces and contains 983 calories. This meal includes four ounces of the new Pemman biscuit (containing special vitamins), 540 calories; a 'pep' tablet made of malted milk and dextrose weighing two ounces, 215 calories; a 3-ounce veal loaf with 228 calories; two soluble coffee tablets and one slice of chewing gum.

"The packaged dinner (to be served at noon) has a total net weight of eight ounces and contains 1,012 calories. This meal includes four ounces of Pemman biscuit containing 540 calories; a 'pep' tablet made of 100 percent dextrose, weighing 1 1/4 ounces and containing 142 calories; a 3-ounce ham spread with 330 calories; a tube of bouillon and one slice of chewing gum.

"The supper carton has a total net weight of 9.6 ounces and contains 1,316 calories. This meal includes four ounces of Pemman biscuit containing 540 calories; a piece of chocolate bar or standard 'D' ration weighing four ounces and containing 240 calories; cereal (condensed meat) weighing four ounces and containing 536 calories; one package of orange powder, which the parachutist simply put into a container of cold water to make a refreshing beverage, and a slice of gum.

"The 'pep' tablets are white in color and contain special vitamins sprayed with citric acid. The taste is much like lemon candy although not quite so sweet. When the parachutist swallows a tablet he immediately has a heavy flow of saliva so that the food value of the tablet is quickly absorbed into the blood stream.

"This means more energy for the soldier for, as the food physiologists term it, 'anything that goes quickly into the blood stream in the form of glucose goes immediately through the liver and is converted at once into glycogen and becomes the basis for energy'."

"GROCETERIA GOODNESS" · ONE SHOPPING STOP FOR EVERYTHING



GENUINE
FRENCH
BREAD Now

In the Home Purity Bakery

YES, real French Bread. Not a makeshift baked from the regular bread dough, but a real French long sponge dough. 24 hours in the making—then baked on a brick hearth, installed for the sole purpose of baking French Bread and rolls.

Now you may regularly enjoy those fine crisp French Rolls and crispy crust French Bread usually found only in the finest hotels

Crusty French Rolls . . . doz. 20c
With or without sesame seed.

French Breadlb. loaf 10c

CAKES

FOR THE WEEK-END

Pecan Sundae

Three brown sugar layers, with pecans.

Southern Nut

Red Devils Food

The two most popular chocolate cakes.

Pineapple Chiffon

Three white layers, flavor enhanced with golden ripe pineapple.

Lemon Butter

Golden yellow layers with lemon butter filling.

Angel Cakes in wide variety

Choice 49c - Half Cake 25c

For Breakfast

Nothing adds so much to the enjoyment of bacon and eggs as a Cinnamon roll, Cherry bun, Butterhorn.

Home Purity Cookies .2 doz. 25c

Home Purity Vitamin Enriched Bread—

1 lb. . . . loaf 9c 1 1/2 lb. . . . 13c

GUERNSEY MILK

From the Leonard Freeman herd. You will like this finer and richer milk.

Old Fashioned Graham Crackers

Eastern type. Not too sweet.
N.B.C. Graham

2 lb. box 30c

Chinese Foods

Jan-u-wine brand

1 can "hup Luey"
1 can Chow Mein

Both 39c

"So that FREEDOM shall not perish from the earth...."



"With jobs more plentiful and wages higher, a slight sacrifice here, the omission of a few luxuries there, will help . . ."

Here are the words of the President of the United States in urging the people of this nation to invest in DEFENSE SAVINGS STAMPS and BONDS.

These Stamps and Bonds have priority on America's pocketbook . . . they provide the opportunity for all of us to take a direct part in building the defense of our country—an American way to find the billions needed for National Defense.

The United States is today, as it has always been, the BEST INVESTMENT in the world. Now, when Uncle Sam needs every dollar you can spare for ships . . . for planes . . . for tanks . . . for guns . . . for vital defense equipment, it is definitely the time to BUY A SHARE IN AMERICA . . . Help keep America strong—"so that freedom shall not perish from the earth."

DEFENSE SAVINGS STAMPS on sale at Both GROCETERIAS

FRUITS & VEGETABLES

President Plums for jams or canninglb. 5c
Frsh Home Grown Spinach3 lbs. 25c
Onions10 lbs. 15c
Carrots or Beets2 bunches 5c
Banana Squashlb. 3c
Sweet Potatoes3 lbs. 10c
Sunkist Lemons, 490's2 doz. 29c
Honey Ball Melons3 for 25c
(As sweet as their name)

Casabas—Honeydews—Persian Melons

SAVINGS in the GROCETERIAS

Cascade Soda Crackers2-lb. box 16c
Cascade Grahams2-lb. box 18c
Kellogg's Corn Flakes2 large pkgs. 19c
Glass Cereal Bowl Free.
Sacramento Fruit Cocktail, No. 1 tall can 10c
Sweetheart Soap4 bars 19c
Crater Lake Bartlett Pears, . . . No. 2 1/2 can 17c
Church's Grape Juiceqt. 25c
Kraft's Milk Caramelslb. 23c
Del Rogue Sauerkraut Juice, No. 2 cn, 3 for 25c
Del Rogue Tomato Juice, tall can, . . . 3 for 20c
Maca Yeast2 pkgs. 5c
Diamond A Diced Carrots, No. 2 can, 3 for 25c
Gold Bar Sliced Pineapple . . . No. 2 1/2 can 19c
Gold Bar Pineapple Chunklets, No. 211 can 10c
Westwood Yellow Cling Peach halves, 2 1/2s 15c
Elbow Cut Macaroni3 lb. 15c
Davis Fillet of Mackerel,lg. oval can 19c
Salt Mackerel ready to fry—No soaking.
Best for Soup OystersNo. 1 tall can 14c
Gerber's Baby Foods4 cans 25c
Swift's Prem Luncheon Meatcan 29c
Royal Gelatin Desserts4 for 23c

Royal Orange Cocoanut Tapioca
Pudding4 for 23c
Nu-Boralarge pkg. 49c
Pabulumlarge pkg. 39c
Pop Cornlarge family bag 15c
Freshly popped by us the day you buy.
Curtis Tex. Grapefruit Juice, No. 2 can, 3 for 25c
Gold Bar Coffee1 lb. 25c; 2 lbs. 49c
Drip or regular.
Z-Mor-U Coffee1 lb. 25c; 2 lbs. 49c
Why pay more. Money-back guarantee.
Flavor Vitamin Enriched Flour, 49 lbs. \$1.65
Drifted Snow, vitamin enriched flour,
49 lbs. \$1.89
Aunt Jemima Pancake Flour,lg. pkg. 20c
Triangle Pancake Flour,No. 10 bag 43c
Triangle Rolled Oats & Wheat, No. 10 bag 33c
Cream of Wheatlarge pkg. 22c
Sunshine Rippled Wheat,2 pkgs. 15c
Gold Bar Fey. Cut Green Beans, 2s, 2 for 25c
Gold Bar Pumpkin, No. 2 1/2 can 2 for 19c
Gold Bar Asparagus style Green Beans, 2s, 15c
Log Cabin Cane and Maple Syrup, small 15c
P. and G. White Laundry Soap . . . 10 bars 33c

GATES & LYDIARD

8th at Central; 8th at Grape
Savings Without Self-Denial

Super Meat Markets

The Kind of Meat You Like to Eat

Another recipe repeated by request:

Last week we repeated the recipe for Meat Balls and Spaghetti. Now we repeat the Meat Loaf recipe. We suggest that you save this one. It will save money for you and will give the family one of the best liked of all meats.

A Big Meat Service for 5c Groceteria Ham and Veal Loaf

TAKE our ground ham and veal, mixed to insure fine flavor, yet costs only 25c a pound. Fine hot or cold, yet goes farther because instead of shrinkage you should have more weight than you use meat after you cook it.

Here is a very popular recipe:

1 Pound Ham and Veal Loaf
3 Slices Home Purity Bread
1 Egg
1 Cup Milk
1/2 Grated Onion
1 Teaspoon Salt
1/2 Teaspoon Pepper
1 Cup tomato juice, or can hot sauce

Mix all ingredients together. Bake in 450 degree over 15 minutes, reduce to 400 degrees and bak 30 minutes more. Serves 6 to 8. Costs about 5c per person and you couldn't please the family more.

Ground Ham and
Veal for loaflb. 25c

Guaranteed Steer Beef:

Rolled Prime
Rib Roastlb. 29c

Blade Cut
Steer Pot Roastlb. 23c

Steer
Sirloin Steakslb. 29c

Leg of Spring
Lamblb. 27c

Spring
Lamb Steakslb. 25c

Open Kettle
Rendered Lard3 lbs. 39c

Raths Pickled Pigs Feet
14-oz. jar, 17c, 1 1/4-lb. jar 25c

Hormel's Fancy
Breakfast Baconlb. 39c

There is no finer.

Farm Style Pork Sausage

With the chilly mornings comes the hankering for good old fashioned farm style sausage. A fine and economical dinner meat, too, because no bone waste.

P is for PEPPER
appetites to entice

N is for NUTMEG
rich tropic spice

V is for pure VANILLA
that delicate flavor
Products by Schilling
win your good favor!

Schilling
27 SPICES—19 EXTRACTS

**FIBBER MCGEE and MOLLY'S
Picture SALE!**

A grand picture of Fibber McGee and Molly and Cast—FREE with any purchase below . . . while supply lasts!

Johnson's GLO-COATPINT 59c
JOHNSON'S WAX PASTE OR LIQUID 1-LB. SIZE 59c
Johnson's CARNU AUTO POLISHPINT 59c
Johnson's CREAM WAX and BLENDBOTH FOR 39c