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1941

Ye Smudge Pot

By Arthur Perry

German troops are reported

massing in Norway for an

invasion of Scotland, via the North

Sea. They will have no better

luck than Rudolf Hess, No. 3

Nazi, who tried the same thing

single-handed, by plane, and

wound up on the business end

of a two-tined pitchfork in the

hands of a grim Scotch farmer.

It is 300 wind-swept, wave-tossed

miles as a seagull flies, from

Scotland to Norway, with nine

fields galore, and British war-

ships beyond the fog-shrouded

horizon. Der Fuehrer has all

the plans mapped out on paper,

but the battle will be fought on

water, where the British do best

in war. And there must be ner-

vousness in Sweden. The hordes

of Hitler on other occasions

have aimed one way and jumped

the other.

What was thought to be a

"clearing up" rain yes, turned

out to be a starting-in-again rain.

With Civilization shivering in

its boots, word comes from Hol-

lywood, Constance Bennett, a

beauty of the movies, unflinch-

ingly approves of "a mustached

kiss." The lady figured it wasn't

much of a kiss, but better than

none at all.

NEVER BLOWED HIS NOSE

(Altamont (Mo) Times)

"Allan Heldenbrand had an

exciting time during the

windstorm Wednesday eve-

ning. The wind blew down his

smoke house, killed a

sheep, blew a haystack almost

one-quarter of a mile, lost his

hat, blew a barn door off the

hinges and upset his wagon."

London admits the aircraft

carrier "Illustrious" was nearly

sunk by German bombers Janu-

ary 10 last. The ship was at-

tacked six times, and Virginia

Gedys, the personal editor of

B. Mussolini, dropped his type-

writer on a quarterdeck fre-

quently about the same time.

The Elks old tom-cat has been

missing for a week, and must

be given up as lost, strayed, or

stolen. It is feared he wandered

off into the tall grass, and kicked

the bucket, unostentatiously. He

was last seen with a small boy,

who has not been seen since

either.

YOU TELL 'EM

"Did you work your hands to

the bone that the wronged

might have their own?

Did you speak for justice openly

—loud and clear?

What did you do for Peace when

Peace was here?

Did you toil and sweat for a plan

to better the lot of man?

Did you hold the soul above

mere goods and gear?

What did you do for Peace when

Peace was here?

Did you say to the plundering

few, "This is vile wrong

you do?"

Did you rouse the land to free

all men from fear?

What did you do for Peace when

Peace was here?

Did you mount the hustings

then—trench truths with

burning pen?

Did you softly live—or buy your

freedom dear?

What did you do for Peace when

Peace was here?

—(N.Y. Post)

Work Nehb Redeemed

Omaha, Neb. (U.P.)—Sam Katel-

man put \$2 on his work horse,

Babe, not to win, place or show,

but to get her out of hock at the

police station. Babe, hitched to

her wagon, was parked in a

down town alley. A motorcycle

officer tied a rein to his vehicle

and "towed Babe in."

A Minor Mystery

AT the present rate Oregon will be completely plastered with military establishments of one sort or another.

Portland and Pendleton have their air bases; Medford and Eugene are scheduled for their army cantonments (no one seems to know WHEN); Bend is looking forward expectantly toward an anti-aircraft cantonment, and after considerable local debate the citizens of Corvallis have sent an official emissary to Washington, by plane, to see if they can't get what Medford and Eugene have secured.

IT is all somewhat mysterious.

For if half the things said about these army camps are true, they are far from an unmixed blessing. Yet every community having a population over 500 souls in Oregon seems to want one, and is eager to spend considerable cash and more energy in a frenzied effort to secure same.

Perhaps those who can explain why a moth insists upon flying into a flame, can explain this phenomenon. For some strange reason that flame must look extremely alluring to the moth, but when he gets out of it, he doesn't look alluring to anyone else!

Then again it may not be that at all. It may be that all these reports about the dire effects of military camps are, like Mark Twain's death, greatly exaggerated,—that while there are drawbacks, of course, the benefits far exceed them.

GUESS we in Medford will just have to wait and see,—assuming, of course, that those who selected this place for a cantonment site intend to build it before the war is over!

A Major Mystery

DR. KURT VON FRITZ, university professor from Bavaria, now appearing before the Northwest Institute of International Relations at Reed college, tells Dave Hazen of the Oregonian he is certain Rudolph Hess was not sent to England by, or with the knowledge of, Hitler.

To support this statement he declares (we quote): "The third man of the Nazis was not sent to Britain by Hitler because the Nazis made too many explanations as to what had happened to Hess when he went over the hill."

Now, of course, a professor from Germany who only left that country three years ago, and has kept in close touch with friends there ever since, should know more about the Hess mystery than a small-town editor,—or any other citizen of the United States,—who has never been in Germany and bases his opinion only upon what he reads in the American press.

Nevertheless the "Herr Professor" will have to present more convincing evidence than this, before this department abandons its favorite thesis, namely,—that Hess not only flew to Scotland with Der Fuehrer's knowledge, but at his express order.

AND why should the "many explanations" of the Hess flight necessarily disprove this theory?

The one thing Hitler would try to do would be to hide the true facts,—particularly that Hess was sent by him,—therefore that the "alibi" should change to suit changed circumstances would not be surprising at all as we see it. Moreover, none of the explanations was official, but came from various and sundry authorized spokesmen, who in view of the confusion and excitement existing, might well disagree.

AT any rate, we stick to our pet theory until our error is proved, and it looks as though the real explanation of the greatest mystery World War No. 2 has produced will not be known until the war is over.

FINALLY, the recent developments along the Russian border have strengthened this department's conviction that Hess was not a fugitive from Hitler's wrath, but, as usual, loyally working for him.

For, as before stated, our hunch is this was only another Hitler squeeze play. Obviously Hitler did not wish to offer a negotiated peace to Britain himself, but he did want one offered. And he wanted it offered on this basis, to-wit:—

Germany would not only stop fighting Britain, but would turn on Russia, and destroy the threat of communism, if Britain would recognize German control of Europe. More than that Germany would allow Britain to retain her empire intact, and even support her against any threats by Russia or Japan.

ON the other hand, if Britain refused this offer, then Germany would not only launch an invasion by land, sea and air, but would join with Russia, as an ally, thus securing a backlog in man power and natural resources, which, even with maximum aid from the United States would render the defeat of Germany impossible, and the eventual destruction of England as a No. 1 power in Europe certain.

WHO better to offer this proposal than a known enemy of Russian communism like Hess, desiring to save Europe and Britain from the red threat before it was too late, willing to break with his Nazi master, if necessary, to accomplish it, and thus (as he said) "save humanity"?

And who could Hitler better trust to carry out such a dangerous mission than his loyal and self-sacrificing prison pal, his beloved Rudolph, the devoted "St. Paul" of the Nazi revolution?

MEANWHILE the same proposal, with reverse English, would be offered Stalin. Unless he came promptly through with all aid desired then Hitler WOULD make peace with Britain, and the two countries would turn on Stalin,—the one great fear that has been besetting the dreams of the Soviet despot ever since he secured mastery of the Kremlin!

Personal Health Service

By William Brady M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

THE FOOD YOU EAT

The following facts may seem self-evident to some, but a thousand queries daily indicate that they are news to the majority:



1. While the nutritive value pertains to the supply of the body's requirements of mineral elements, vitamins, building and repair or growth material (nitrogen), as well as fuel

for the body's heating and power plant, the "fattening" or "non-fattening" character of any item of food depends mainly on the number of calories yielded by the amount of the food taken.

2. The number of calories yielded by any item of food depends on the proportion of the three classes of food material composing the food—that is, protein (nitrogenous material), carbohydrate (sugars or starches) and fat. Protein, such as white of egg, lean meat, curd of cheese or milk, and the protein component of wheat, beans, peas etc., yields 4 calories per gram, or approximately 125 calories per ounce. Carbohydrate, that is, any form of sugar or starch, such as the sugar in ripe fruit, cane sugar, beet sugar, maple sugar, honey, milk sugar, or the starch in flour, potato, wheat, beans, unripe fruit, yields 4 calories per gram, the same as protein. Fat, whether animal or vegetable fat or oil, or fish oil, yields 9 calories per gram, or approximately 280 calories per ounce.

3. Any kind of fish oil or shark liver oil would yield approximately 36 calories to the teaspoonful (average teaspoonful equivalent to 4 grams) if all of it is digested. A glass of skimmed milk would yield 85 calories. Four tablespoonfuls of whole fresh sweet milk would yield 40 calories.

4. Lemon juice, which so many uninformed or misinformed laymen imagine is "reducing"

yields 12 calories to the ounce, orange juice 16, milk 20, grapefruit juice 25. So lemon juice is merely less nourishing or less "fattening" than the other items mentioned for comparison.

5. Too many people still seem to think "dieting" means only restriction of diet for the purpose of reducing. Today physicians prescribe the diet as part of the treatment for many different conditions.

6. The total of calories yielded by the food consumed and not the kind of food the individual chooses, determines whether a particular regimen or diet is fattening, a maintenance regimen (that is, suitable to maintain normal weight) or one which will increase weight.

7. And so, darn it, girls, we get right back to the d— carbohydrates—the delectable carbohydrates I mean to say. In the next talk on weight control we'll consider why so many nice girls can't take the d— carbohydrates and can't let 'em alone.

QUESTIONS AND ANSWERS

Stamped

Will you kindly explain how any one, especially any one who has severe anemia and a delicate stomach, can possibly eat or swallow raw liver, as a remedy?—W. W. P.

Answer—I have often wondered about that myself. In fact I have been intending to try a raw liver cocktail some time, but I never seem to think of it at the right time. Liver extract may be administered by intramuscular or hypodermic injection or taken by mouth in various disguises. Send ten cents coin and stamped envelope bearing your address, for latest edition of "Blood and Health," which includes a suggestion for a pleasant way to take liver, iron and vitamin B.

Fistula

Is there a way to remove or cure fistula other than operation?—W. N. Answer—I know of none. A physician skilled in ambulant treatment may successfully treat fistula painlessly in his office, even though the treatment is surgical, as a rule.

(Protected by John F. Dille Co.)

Ed. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.



(Continued From Page One)

Spokane or on government property at Grand Coulee. Administrator Raver is said to favor Spokane. The reason why OPM favors a plant near the power site is that a transmission line from Grand Coulee to Bonneville, or any other site, would require almost as much aluminum as the plant could make in a year. The best lines (and the government wants the best) are of aluminum. A line, also, would require about a year to construct. Considering these factors, OPM—and perhaps a couple of railroads serving Spokane—want the federal plant as near to the Grand Coulee busbars as possible.

No hint has been given by Ickes as to his preference, but it is a good bet that he is considering Cascade Locks.

WHEN the government built powder plants, etc., it engaged the Duponts to operate them. The government-owned aluminum plant will have to be conducted by experts, and there are very few in the United States. Reynolds Metals Co. has hired away only one of the Alcoa experts and has engaged a refugee from France as a consultant. The Bohn Aluminum & Brass Co. has specialized in scrap aluminum, buying a little virgin ingots to sweeten up the scrap. These are the three outfits working with aluminum and one of the three (OPM says it should be Alcoa) will be contracted to operate the government plant. If Ickes has his way it will not be Alcoa. There are no government employees familiar with the process and should Ickes maneuver for the government itself to operate the government would have to bid for some of the Alcoa experts, and the government does not pay as much for skilled talent as a private company.

A few days ago Mr. Bohn was in Portland this fabricating plants were in the midst of a strike at the time viewing the situation. If he brings an operation into the Columbia area he may pick Portland. It was Bohn who inflamed the free-power-for-nothing group when

Bonneville was building by saying he was willing to take its capacity for an aluminum plant. (Capacity then in sight about 70,000 kw.) An outcry immediately arose that industry was trying to rob the people of the Bonneville cheap power. The waffle-iron crowd now realize that the government's power is going to industries instead of electric toasters.

SENATOR HOLMAN offered an amendment to the strike legislation in the senate which was rejected because the country is not yet at war. Under the Holman proposal strikers at a plant filling war orders would be sent to the army or navy (depending on which orders the plant was working) if of draft age and then perform whatever duties of a military or non-military character the secretary of war or secretary of the navy directed. This would permit the secretary to assign the striker to the plant and to the very machine he was working when he struck, and pay the army wage of \$21 a month, and not \$10 a day. The Oregon senator thinks this is a good solution to end the strikes and provide necessary man power when a plant is commandeered by the government. The draft-age strikers would be about 80 percent.

THE STRIKE SITUATION was brought up again and again at our last press conference. Mrs. Roosevelt did not discuss it at length, merely insisted that it was too bad and very sad to find one element jeopardizing the work and welfare of an entire group of the population.

Replying to questions concerning efforts to purge radical elements in various groups, she felt that every organization should constantly endeavor to build up and improve its membership and to progress. Upon direct reference to deposing communists in the C.I.O., and her help as a member, Mrs. Roosevelt explained that she, of course, was only one member of one group of the C.I.O.—The Newspaper Guild.

Communications

Wait Until They're Ripe

To the Editor:

I have wondered many times why grocery stores and fruit stands sell green cherries. This is especially true of Bing cherries, which are ordinarily on sale when they turn red. If left on the tree until they mature, they are of a very dark chocolate color, nearly black, and twice as large as when they first turn red. Nor are they really good to eat until thoroughly ripe.

The Bing is the best keeping variety, and will be excellent two weeks or more after royal Ann's are gone.

The writer of this squib was awarded a gold medal by the Panama-Pacific exposition in 1915, for Bing cherries grown in Jackson county. They were well ripe when picked and shipped, and one box was kept for a month in the Horticultural building at San Francisco, testing their keeping qualities, before the judges awarded the medal.

ONE WHO KNOWS HIS CHERRIES. (Name on file.)

Closing time for TWO Late to Classify Ads is 1:30 p. m.

The Mail Tribune wants ads.

To You—
From
Washington
by
Ethelyn Evans

Washington, D. C.—(Special Correspondence.) This national capital city, quite properly, is the first to lead off with an "all out" registration of citizens for volunteer patriotic work of all kinds. Our local defense council is urging every man, woman and child in Washington to fill out a card stating exactly what work each can do and how many hours or days per week each can give, listing a first, second and third choice of work. These statistics will be tabulated and volunteer work assigned accordingly, when need develops.

Including Mrs. Roosevelt, thousands from every stratum of the population—trained and untrained—are flocking to our registration booths. The First Lady hadn't heard about it until we told her at the recent press conference. She admitted then that she really belonged to Dutchess county, N. Y., her "permanent" home, when and if they started such a registration. But in the meantime she has registered here at the Y.W.C.A. for work in "public relations." It was unnecessary, however, for her to state how much spare time she would have to devote to the work, since all of her activities in the capital would come under that category.

Much of the information obtained through this registration will be a duplication of other group surveys already going on. To mention only the women's organizations, the D.A.R. months ago began a survey of its membership to ascertain what work each could do. In fact, the Daughters already are busy on many defense projects. Likewise the B.P.W., and all other service clubs, are doing the selfsame thing. The new president of the General Federation of Women's Clubs has called a meeting of delegates from all women's clubs and organizations for the purpose of coordinating defense work by women. Defense work, by the way, now includes tasks similar to every chore of our daily lives. All of these group efforts also have a definite tie-up with the recent nutrition conference of government officials, educators and social welfare heads; and to the big defense housing conference now in progress at a local hotel.

At present, the welter of overlapping defense surveys and the many organizations, committees and commissions present a picture of the utmost confusion and inefficiency. But, when the supreme civilian defense commission, under Mayor La Guardia, starts operating on a nation-wide basis, this mass of information and these thousands of organized groups who are willing and anxious to serve should coalesce into an effective machine for carrying out some comprehensive plan to meet any present or future emergency.

REPLYING to questions concerning efforts to purge radical elements in various groups, she felt that every organization should constantly endeavor to build up and improve its membership and to progress. Upon direct reference to deposing communists in the C.I.O., and her help as a member, Mrs. Roosevelt explained that she, of course, was only one member of one group of the C.I.O.—The Newspaper Guild.