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Ye Smudge Pot

By Arthur Perry.

A "United States of Europe" is proposed by Herr Hitler. It's a good bet he don't appoint a woman secretary of labor, if and when organized.

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The cheery canning season is well underway and many of the Older Girls are up to the old pioneer trick of removing the seeds with a hair-pin.

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"Space and Time are not independent, but form together a four dimensional continuum, heterogeneous, relative and possibly finite."—(Science News)—So what?

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Hailstones as big as goose-eggs reportedly fell in Prospect Wed. eve. Dewey Hill the hired man, after the storm, found a goose-egg as big as a hailstone.

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According to valley linguists, and their learned pronunciation, the last war was fought, and millions of soldiers and sailors lived in them without knowing how to pronounce cantonment.

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"What is so rare this year as a recently warm day in June—Eugene Register-Guard."—If the sin, often called Old Sal, doesn't get too hot.

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A CASE OF SOURDOUGH
(Baker Democrat-Herald)

"And our mothers didn't feed us bread that was shipped in from San Francisco or Podunk or any other place. When we ate our toast before a game or a track meet or a contest, it was bread made right here in Baker!"

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A number of valley residents have recently been re-autoed. A few of the drivers are feeling their oats, rye, barley and corn.

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The weather, which jumped the middle of the week from red flannels to ice-cream suits, has jumped halfway back again.

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Rural residents are bending backs and pitchfork handles getting in the hay with great gusto.

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"The Heppner pool is to be repainted with white sides and bottom blue, a la ocean."—(Heppner News)—Also, Aux Wette en toast.

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The eternal battle between Right and Wrong and Dandelions and Grass is raging on all lawns hereabouts.

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WILL HISTORY REPEAT?

"The most comic part of the affair was the attitude toward America. We dared not insult America, for we were naturally as keen on getting American help as is a drowning man on catching a deck chair. In their ignorance, many people came to believe that it was the duty of the Americans to come over and help, and what was more astonishing still, it was represented to them as a matter of life and death, not to us but to themselves. The Americans were told—heaven knows whether any of them believed it—that if the Germans, Austrians, Bulgarians Turks, and others won in their push against the English, French, and Italians, that after the half-baked won against the baked, the next thing would be a sailing of the conquerors over the sea for the rude domination of Scranton, Pa. Fiddlesticks! But people would really talk like that. They shook their fingers at the United States and said, 'It will be your turn next'."—(Hillaire Billoc famous British writer) in 1925).

Road brigades of the Bolivian army will construct and maintain national roads in that country due to a current labor shortage, the commerce department reports.

Eugene and the Cantonment

From the (Eugene) Register-Guard

Of course, Eugene wants an army cantonment—and an air base! There should be no false modesty on this score. Of course, adopting some 35,000 new people into the community is going to create some problems, but those problems are not going to be nearly so difficult as many suppose. Let's take a look at the situation at Fort Ord, a camp very much like the one proposed for Eugene.

Fort Ord sits about half way between Monterey and Salinas on the edge of Monterey Bay; about five miles from Monterey and seven from Salinas; each city has around 11,000 population.

Are these cities "swamped" with soldiers? Not so you can notice, except possibly on weekends. Most of the time the 35,000 men at Fort Ord are VERY BUSY. Only a few supply trucks and special details go into the towns.

Is there a housing problem? Nothing serious! During the construction period some 5,000 to 10,000 workmen were housed in a remodelled WPA camp and trailer camps and normal room and cabin accommodations. Now that the soldiers have arrived, most of the men and officers live in barracks. Officers' families have been absorbed in the nearby towns, Salinas, Monterey, Carmel. Families of enlisted men are being housed in a special government project. RENTS AND PRICES ARE NORMAL!

Is there a "morals problem?" Sure! Just like the one we have always had in Eugene and every other town and only in normal proportion to the number of human beings. However, the army has its own efficient Military Police. Recently the army closed the "red light" which had always flourished at Salinas, "an open town;" the army is really much more particular than local authorities.

What recreation must be provided? Every "army city" is soon to have certain club facilities for soldiers when they come to town. In San Francisco a $40,000 structure is nearing completion. However, each camp has an extensive program of athletics, theaters, amusements of all kinds. On extended holidays soldiers scatter over hundreds of miles.

What does a town "get out of it?" Just about $1,000,000 per month of additional cash spending. Even though main items of food and clothing are purchased through the big army depots, a cantonment will still spend $136,000 a month locally on upkeep; enlisted men will spend an average of $10 a month apiece locally; officers perhaps $100 a month, and civilian employes (about 1500 of them) at least $50 a month apiece.

That's what they'll tell you at Salinas or Monterey. Sure, the presence of an army cantonment adds to every problem of city and school district economy, but the army is a mighty good neighbor and pays its way. You hear a little rumbling in army towns; you'd hear a terrible yell if you tried to take a cantonment away.

Won't there be a terrible letdown when it's all over? Bound to be some letdown, but in Salinas and Monterey they have done a pretty good job of shutting out speculative business development and taking care of the increased business through normal business channels. Furthermore, there is the certainty that some camps will be retained in the permanent army structure, and those will be the towns which do the best job meeting the army's needs.

THE CAPITAL PARADE

By JOSEPH ALSOP and ROBERT KINTNER

(Continued From Page One)

ing side by side, can defeat Germany.

• • •

THE reasons why these things are believed by the president and the men around him are only obscure to the average American because ignorant, or ambitious, or partisan men have been carrying on a purposeful campaign to make them obscure. The first and most obvious reason for self-confidence is the American navy.

Sea power, allied with air power, is still the decisive factor. The American navy is a magnificent instrument of sea power, strong, fully ready, finely organized and finely commanded. Its air arm is indisputably the best in the world. Its blue water fighting ships are the equal of Britain's, and far better than those of any other power. The naval war plans have been prepared.

If they are brought down from the shelf, part of the fleet will hold the Pacific, while the rest goes into action in the Atlantic. There is no doubt in the mind of the competent officers that our navy, in partnership with Britain's, is strong enough to dissuade the Japanese from any direct attack upon us in the Pacific, while winning the crucial battle of the Atlantic. Indeed, it is estimated that the battle of the Atlantic can be won in less than a month's time. Once it is won, both American and British naval power will be available for use in other vital areas of the war.

• • •

THE second reason for self-confidence is American production. In the past, poor organization and a weak labor policy threatened to nullify this country's vast productive resources, which are 50 percent of the productive resources of industrial capitalism in the entire civilized world. Now, however, the president has at last made his labor policy strong, and while the organization of production is still far from ideal, it has been improved.

All along the line, the psychology of business as usual is weakening. Everywhere, in ordnance, in ammunition, in tanks, in chemicals and in airplanes, production is being stepped up. The airplane program, most important of all, has just been re-arranged and broadened to give a gigantic striking force in 12 months, and an all but overwhelming one in 18. The goods are beginning to pour off the assembly lines. By next spring our output will be a flood of war materials, sufficient to change the course of the war if they can still be used.

The third reason for self-confidence is the great improvement now in progress in our air force and army. Both were starved and kicked around for many years. Both inevitably still suffer from such treatment. But the able chief officers and civilian officials of the war department are bringing both air force and army up to the needed strength at astonishing speed. The air corps has already been radically re-organized, given a new place in the sun, and made into a fighting weapon which, while not as powerful as it will be soon, is at least very useful. And the army has already been greatly expanded, and is expanding further every month.

Finally, the fourth reason for self-confidence is the strategic position of this country in the world. While we constantly under-estimate our strength, every other nation tends to over-estimate it. American action will therefore affect war time morale everywhere more quickly and more fundamentally than a bombing raid affects a city. In Britain, the leaders and people will renew their determination to fight on to the end. In the neutral powers like Spain, where psychology is so significant, the will-to-resist nazi pressure will be incalculably reinforced. And in Germany itself, no propaganda will be able to weaken or turn aside the immense force of the blow.

• • •

SUCH are the reasons for self-confidence. Those who do not accept them as good reasons must assume that the president, the members of his cabinet, the chief of staff, the chief of naval operations and all other important members of the administration are either blind fools or frivolous adventurers. For if they did not have confidence in their country, only folly or evil motives could excuse the policy they have followed.

Just a little less than three years ago, writing of the strange impotence of this country during the Munich crisis, your correspondents recalled "The Hollow Men," which is perhaps the finest poem of the finest living American poet, T. S. Eliot. They quoted from it Eliot's invocation of the people of his time:

"We are the hollow men.
"We are the stuffed men.
"Leaning together,
"Headpieces filled with straw.
"Alas! our dead voices."

If this country does not soon regain the the self-confidence it has so strangely lost, it will be time to quote also the poem's terrible last line: "This is the way the world ends!" This is the way the world ends! Not with a bang but with a whimper.

Personal Health Service

By William Brady M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

LET'S LOOK AT MILK

The minerals in milk—calcium, magnesium, potassium, sodium, phosphorus, chlorine, sulphur, iron, iodine, copper, manganese help to offset the lack of minerals in most of the fats, sugars and refined cereal products which make up the everyday diet of most of us. Especially calcium, which is the element in which the modern refined diet is most commonly deficient. One function of calcium in physiology is to regulate excitability of nerves—if there is calcium deficiency the nervous system is more irritable or less calm or steady under excitement.

Evaporated milk is pure cows' milk minus half of its water. It is convenient and economical when fresh milk is not available. The evaporation process has little effect on the vitamin A and vitamin D in the milk, but reduces B one-fifth and destroys most of the vitamin C.

Condensed milk differs from evaporated milk in that it is sweetened by sugar, which is added to preserve it. Condensed milk is evaporated by a less drastic heating than that used for evaporated milk. Both are evaporated in vacuum pans, but the temperature is not higher than 160 to 180 degrees F. (below boiling point) in the process for condensed milk, whereas evaporated milk is preserved by sterilization at from 230 to 240 degrees F. (well above boiling point) for from half an hour to an hour. Sweetened condensed milk contains not less than 28 per cent of milk solids and not less than 8 per cent of milk fat. Evaporated milk contains not less than 25.5% of milk solids and not less than 7.8 per cent of milk fat.

Probably condensed sweetened milk, unlike evaporated milk, retains some of its vitamin C. During the first World war scurvy in children was both prevented and cured by feeding 8 ounces of sweetened condensed milk per day per child. In any circumstance it would be well to give some fresh fruit juice, fresh vegetable juice, factory canned tomato juice, or a tablet of pure vitamin C (ascorbic acid, cevitamic acid, cevitabs) daily to child or adult depending largely on evaporated or condensed milk.

Dried powdered milk has the same food value as ordinary milk, except that it contains practically no vitamin C. If the use of dried powdered milk is convenient there is no reason why it should not be used, so far as human nutrition is concerned.

Skimmed milk (skimmed of cream by hand, or separator) or buttermilk has approximately one-half the nutritive value of whole fresh milk, the difference being mainly in the amount of fat—about 4 per cent in fresh whole milk, one-half of one per cent in skimmed milk or buttermilk.

Buttermilk, sour milk and various types of cultured or fermented milk, such as Bulgarian, Acidophilus, Kumiss and Kefir, are all wholesome and healthful enough for any one who likes them, but in my opinion ordinary buttermilk or sour milk is as effective as any of them as a remedy for whatever you imagine ails you. Or for that matter if you consume your quota of plain milk daily your colon and other machinery will probably function as well as though you ingested some kind of fancy lacto-bacillus concoction.

QUESTIONS AND ANSWERS
Ultraviolet

If the ultraviolet from electric welding causes cataract does the ultraviolet in sunshine have a similar effect on the unprotected eyes? (Mrs. H. H. W.)

Answer—It is not occasional or casual exposure to intense ultraviolet light but frequent or constant exposure as in occupations involving use of electric welding. Ordinary exposure to bright sunshine is harmless, though frequent or constant exposure of the eyes might be harmful. Welders and others working with or near the electric arc should have the protection of special masks or goggles. In sun bathing wear black bandage or smoked glass goggles. On the sand or water or snow protect the eyes from glare with smoked glass or dark tinted glass spectacles or goggles. It is not advisable to wear tinted or smoked glass eyeglasses constantly—it does not prevent eyestrain, as many imagine. It is not advisable to wear any kind of glasses, goggles or eye-shades if you can get along comfortably without.

Hemorrhoids

Have you any pamphlet on hemorrhoids or piles? (C. M.)

Answer—Yes, send stamped envelope bearing your address, for monograph "It is Stupid to Suffer From Piles."

(Protected by John F. Dille Co.)

Ed Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.

Flight O' Time

Medford and Jackson County History from the files of the Mail Tribune 10 and 20 years ago.

TEN YEARS AGO TODAY
January 13, 1931
(It was Saturday)

Grange convention adopts resolutions favoring cut in state employees pay and holds enough irrigation in state.

E. H. Hedrick, superintendent Medford schools, named on state text book commission.

Henry Ford plans a Diesel engine 8 at low cost.

Henry Fluhrer to race in Rose Festival outboard events at Portland.

President Hoover to visit Middle West this week and is regarded as first gun of 1932 campaign.

State bankers name Ben E. Harder treasurer at state convention.

TWENTY YEARS AGO TODAY
January 13, 1921
(It was Tuesday)

Force of 12 men clearing road to Crater lake rim of snow, and using dynamite, in order to have road open by July 1.

Posse reports a man believed to be Roy Gardner, escaped mail bandit, is surrounded in timber near Castle Rock.

Labor unions take stand against having any part in Ireland situation.

Protest filed by shoe makers of California against agitation against high heels.

Member of French senate demands to know what action allies will take to bring the kaiser to trial for his "crimes against humanity."

Editorial Comment

The Air Corps Looks Us Over
(Salem Capital Journal)

Adding confirmation to reports that the army air corps is actively seeking suitable strategic locations for secondary air posts up and down the Pacific coast, and that Salem is being seriously considered for one such post, a representative of the army engineering corps was here yesterday investigating facilities available at the local airport. His inquiries included the availability of:

1. A plentiful supply of pure water at a reasonable depth.
2. A convenient railroad siding for the loading and unloading of supplies.
3. Nearest CCC camp or other accommodations available temporary quarters for a squadron of fliers and mechanics.
4. Adequate ground immediately adjoining the airport for construction of a suitable parking area for 20 bombers and similar army planes.
5. Additional ground to extend the north-south runway (now being paved by the CAA) from 4200 to 6200 feet.

For Salem the fulfillment of all of these requirements is absurdly simple. Test borings have already established the presence of plenty of pure water—if city water is not suitable—at comparatively shallow depths; the Southern Pacific mainline tracks run within a few hundred feet of the airport boundaries and adequate cheap land for the plane parking field is available between the present airport and the railroad; state headquarters barracks and shops of the CCC are located only a half a mile away adjacent to the state highway shops, and there is ample land to be had at the south end of the north-south runway to extend it the required 2,000 feet.

The prospect of securing an air corps base here is but another argument for acquisition by the city at this time of all of the adjacent land needed for maximum development for the airport, both for military and commercial purposes. Such a program would enable the community to cooperate fully with the government and any other interests that may be legitimately interested in the establishment of flying service and facilities here.

An electric eye has been developed for determining the protein content of wheat.

The International Woodworkers of America
WILL HOLD A
SPECIAL MEETING
ON JUNE 14, SATURDAY, AT 2 P. M.
FOR THE WORKERS OF THE MEDFORD CORPORATION AND THE TIMBER PRODUCTS COMPANY
AT THE K. P. HALL

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1 P. M.
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SPECIALS for JUNE 14th and 16th

COFFEE
Coffee Schilling Lb. tin 29c
2-lb. tin 57c
Corn, Peas or String Beans standard 303 size, 3 cans 25c
Wesson Oil, ½-gallon cans 77c
Old-fashion Ginger Snaps, N. B. C. Co., lb. box 20c
Outdoor Time is FLAPJACK TIME Pkg. 21c
Cereal Bowl Free with each package.

FLOUR
Flagstaff 49-lb. bags $1.39
Kitchen Queen 49-lb. bags $1.49
Drifted Snow 49-lb. bags $1.83
Grapefruit, fancy, No. 2 tins, 2 for 25c
Campbell's Soups, all kinds, 3 for 25c
Except Chicken and Mushroom
Chicken or Mushroom, 3 cans for 29c
Lux Toilet Soap, 3 bars 19c
Mildex for bleaching, qt. 12c
½ gallon 21c
Nubora Soap, family size 29c
Giant size 49c
Pork and Beans, Van Camp's, 1 lb. 4 oz. cans, 3 for 25c
Knight's Tomato Juice, No. 2½, 2 for 23c

Kix, pkg. 11c
Wheaties, pkg. 11c
Kellogg's Corn Flakes, 8-oz. pkg., 2 for 11c
Sure Jell, 3 pkgs. 27c
Certo, 3 bottles 48c
Dinner Bell Salad Dressing, qts. 33c
Shaker Salt, 2 pkgs. 15c
Beef Sandwich Spread, 7½-oz. cans, 3 for 25c
Deviled Meats, Kingans, 3¼-oz. 3 for 10c
EVERSHARP SCISSORS 25¢
AND 3 WRAPPERS FROM P AND G WHITE NAPHTHA SOAP
3 Bars 10c
PAY CASH AND SAVE

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WARDROBE

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