

FIVE-DAY WEEK FOR BUSINESSMAN DOCTOR'S ADVICE

Morning in Bed Once a Week
Would Help — Ambition
Shortens Expected Span

By Harold C. McKinn

Cleveland, June 6.—(AP)—The world would be better off if man had the habit of lying in bed one morning each week. That's the comforting concept of a noted physician who today told the American Medical Association that ambition is shortening the business tycoon's life span.

Ambition and "the strenuous life" are just as hazardous to the executive's health as his obesity and excessive use of tobacco and alcohol, declared Dr. Edgar V. Allen, chief of the medicine division at Mayo clinic.

Lacks Long View

He proposed a five-day week, eight-hour day program for business men.

"The business man fails to take the long view of life," Dr. Allen asserted. "He plans his life, aside from his annuities and insurance, as if he were to live forever. So he works hard to accumulate funds with which to play tomorrow."

"All too frequently he lies mumbled and muttering in a hospital bed, panting his life away as a result of high blood pressure and hardening of the arteries, or he stumbles and falls from apoplexy, or after a shudderingly severe episode of cardiac pain he is hurried off into the sleep from which there is no awakening."

"Could man see how small, how insignificant, how unimportant his individual life is, he might shape it so that he would achieve more of happiness and content and less of material success and perhaps ill health."

PILOT'S RESCUERS GET FLYING CROSS

Washington, June 6.—(AP)—The distinguished flying cross, one of the navy's most coveted decorations, was presented by Secretary Knox today to Lieutenant William W. Lowrey and Aviation Chief Machinists Mate John R. McCants, test pilots at the San Diego naval air station.

In the secretary's office, surrounded by navy and marine corps officials, Lowrey and McCants fidgeted self consciously as Knox read to each in turn the long citation for extraordinary heroism.

It recounted the details of their aerial rescue of Lieutenant Walter S. Osipoff, a marine corps officer whose partly opened parachute became entangled in the plane from which he jumped and left him dangling in the air.

ARMY TO LIBERATE NEEDED WORKMEN

Washington, June 6.—(AP)—The war department announced today that soldiers needed because of their special skills to fill key positions in defense industries hereafter may be released from military service to return to civilian employment. This constituted an entirely new policy for the military establishment, and apparently was designed to meet the complaints of many industrialists that even though a labor short-

age was developing in many categories of skilled workers men qualified in those skills were being drafted into the army.

The release policy applies to enlisted men of the regular army, to selective service trainees and to national guard members in federal service.

Requests for releases must come from former employers.

REV. WESTON TO SPEAK AT EAGLE POINT SUNDAY

Eagle Point, June 5.—(Spl.)—Rev. Luther G. Weston of Medford will be guest speaker at the highway tabernacle here Sunday at 8 p. m. At 11 a. m. Rev. M. R. Brunswick, the pastor, will speak on "Not Far From the Kingdom." Special vocal selections at both services. Special orchestra selections in the evening. Sunday school, 9:45 a. m., classes for all ages. Children and young people's church, 7 a. m. The public is cordially invited.

Rains Help

Pendleton, Ore., June 6.—(AP)—Umatilla county water prospects were changed from poor to excellent by heavy May rains which prevented the usual heavy drop in the level of McKay reservoir.

LOOKOUT POSTS IN AIR DEFENSE TO BE SET UP

Selection and Training of
Volunteer Force Begins
On Two Coasts June 15

Washington.—(UP)—An "aircraft warning system" will be inaugurated June 15 by the army air corps along the Atlantic and Pacific coasts, with civilian volunteers as "spotters" of "enemy warplanes" and charting their flights for counter-attack by American ships.

The system will be extended to other areas shortly thereafter. Director Frank Bane of the office of emergency management's division of state and local cooperation called on officials of 45 state defense councils in the east and west coast areas to enroll volunteers.

They will receive training as "spotters" at strategically located observation posts and for jobs at filter centers, where non-

essential information from "spotters" will be discarded, and at information centers, where the flights of "enemy formations" will be charted.

Must Be Citizen

Bane issued the first in a series of "warning system" booklets which said that all volunteers will be subject to investigation and confirmation by military authorities.

"It is the responsibility of the local defense council to see that all persons referred are loyal American citizens, as work which will be done at filter stations and information centers will form a basis for operations of the air force," it said.

Observation posts necessarily would be manned 24 hours a day and approximately 12 or 16 observers—all men—would be required at each station, the booklet said.

Young Women Wanted

The "inside work" at filter and observation stations is of a type "for which women are particularly adapted," it said. It is "not desirable to have a general registration of citizens" for this work, it added, suggesting that persons qualified as telephone technicians, typists, stenographers, chauffeurs and draftsmen were particularly needed.

"In view of the fact that volunteers to be trained for this inside work may be enlisted for

full time operation in the event of an emergency," it said, "the war department particularly requests that women selected for this training and operation be healthy and alert, preferably about 25 years of age, and comparatively free of family obligations."

WREATH FROM HITLER TO HONOR EX-KAISER

Doorn, Occupied Netherlands, June 6.—(AP)—In Germany's official participation in funeral ceremonies Monday for ex-Kaiser Wilhelm II, German Air Force General Friedrich Christensen, military commander of The Netherlands, will lay a wreath on the grave on behalf of Adolf Hitler.

Arthur Seyss-Inquart, German head of the civilian administration of the occupied Netherlands, also will attend the services.

No Stampede

Bend, Ore., June 6.—(AP)—Directors said Bend's Mirror Pond pageant and stampede, usual July 4 event, would not be held this year because of lack of interest. They hope to resume next year.

RED SHIP LEAVES WITH MACHINERY

Portland, Ore., June 6.—(AP)—The Russian merchantman Shaturski put to sea today with the fifth cargo of American-made machinery destined for Russia this year.

Two other cargoes for Russia are being assembled and will be loaded aboard the freighters Orochon and Bolshoy Shantar, now in drydock here.

One of the five cargoes was aboard the Vazlav Vorovsky which was wrecked at the mouth of the Columbia river. It is being salvaged.

Closing time for Too Late to classify Ads is 1:30 p. m.



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