

MEDFORD MAIL TRIBUNE

Published by MEDFORD MAIL TRIBUNE CO. 23-27-29 North St. Phone 2141

Entered as second-class matter at Medford, Oregon, under Act of March 3, 1879.

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Ye Smudge Pot

The "Ever-Normal Granary," a farm vote molasses of the 1936 mandate is recommended by New Deal advisers for the current campaign.

One of the valley's outstanding speeders missed a horse, and hit a phone pole late evening, and now has a dead phone pole to pay for.

Henry Ford, following a visit with GOP Nominee Willkie, left a \$46 tip for a Port Wayne, Ind., waitress.

SLEEPY TOWN (Adrian Mich.) News

It takes upstate letter writers to the Portland editors to think up stemwinding logic in defense of a Third Term for the "Indispensable One."

The Elks' tom-cat now in the hospital with a broken jaw, sustained in a mysterious manner, is coming along fine, under the expert care of Dr. Phillips.

Peoria Bill Gates is now in Detroit, and writes there is a soap-box orator on every corner, going full blast and yelling for Humanity.

Berlin reports "even though nations war, fashions must go on," and then sends radio-photos of what the girls are wearing in Naziland this fall.

The Young Democrats of Clackamas county will hold a picnic next Sunday, even though there is no excuse to stop eating fried chicken to cheer for four more years of the more Abundant Picnic.

Word from Rumania reveals the departed King Carol, while on the royal roost was strong for romance and rackets, and left for exile with a red-headed Jewess, and many millions.

Storm Sets Fires

Port Angeles, Wash., Sept. 12 (AP)—National park, forest service and state forestry crews this morning were extinguishing at least a score of known small fires and seeking possibly dozens of others in the Olympic mountains and wooded foothills after a spectacular four-hour electrical storm last night.

Clothing time for 100 Late to Classify Ads is 1:30 p. m.

It Isn't True

OF course, if the implications of President Roosevelt's appeal in Washington last night, to give him a third term are TRUE, or,—

If the American people, as a whole, BELIEVE them to be true then,—

A great deal of time, money and energy could be saved by abandoning the election on November 6th, and handing over the White House to Franklin D. Roosevelt right now by acclamation, and in perpetuity.

FOR IF,— The ONLY way to give organized labor a square deal,—

The ONLY way to attain adequate relief in time of distress and adequate security in old age,—

The ONLY way to keep out of war on one hand, crush totalitarian aggression on the other, and assure to ourselves and to posterity American freedom and security, is,—

To return Mr. Roosevelt and the New Deal to the White House for FOUR MORE YEARS!

Then why all this delay and palaver? Everyone wishes these things, and if this IS the ONLY way to get them, why the battle is over, the argument is ended, why continue the sham any longer?

THE answer to this, of course, is the implications of the President's speech are NOT TRUE, and millions of Americans,—just how many no one knows,—don't for a minute believe them to be true.

They don't deny the contributions the President has made in these desirable directions,—particularly in his many favors granted to organized labor,—but they don't believe when the TRUE and permanent welfare of labor, and this country, are concerned, any one man or any one party has an absolute monopoly, as far as the proper course to pursue is concerned.

MORE than that, many of them,—again, just how many no one knows,—honestly believe the worst thing that could happen to this country,—and to organized labor as a most important portion of it,—would be four more years of the New Deal,—four more years of increasing debt, four more years of increasing (or at least stabilized) unemployment, four more years of class consciousness and class antagonism.

In short, they don't believe the better welfare of this country lies in the direction of granting special favors to ANY one class, but in granting a SQUARE DEAL TO ALL, and particularly,—

In narrowing, not widening the breach between business and labor, and returning this country, regardless of special class interests of any sort to a capital-labor unity, cooperation and a common patriotic endeavor.

BELIEVING as they do, they accept the chief aims of the President's speech as entirely desirable (who doesn't?) but when he implies that HE and HE ALONE can achieve them, they respectfully beg to differ, they deny that he or any one individual in this democracy is indispensable, and will register that opposition most EMPHATICALLY at the polls in November!

He'll Never Quit!

OF course in this campaign the President,— any President,—has a tremendous advantage.

This would be true at any time. But it is particularly true, at this time, with war threatening, uncertainty growing, and the chief executive possessing the largest and most perfectly functioning political machine ever created in the country's history.

THERE is also the matter of prestige. As Mr. Willkie once remarked, Mr. Roosevelt is the "champ," and has the psychological advantage of the "champ."

For nearly eight years now he has KO'ed all comers, with merely a twist of the political wrist, and no opponent can arise without having that disturbing fact in the back of his mind.

Just as a large percentage of Joe Louis' opponents are beaten before the gong rings, so many Republicans hear those dulcet tones over the air, and immediately fold up,—what's the use, you can't beat ten billion dollars and the "master's voice."

BUT you CAN. Just as overconfidence is not warranted in Republican circles, neither is defeatism.

There is always a time when the champ becomes the EX-champ and that time is usually when the wise-boys least expect it. (Look up the record of Gene Tunney, for example, and the late Jim Corbett.)

At any rate this much may be said: This year's Republican candidate isn't going to be beaten before HE starts.

Some of Mr. Willkie's backers may be getting cold feet, but not Wendell Willkie. He is rarin' to go, and when he said he wanted to meet "the champ" he meant every word of it.

HE may lose. That is ALWAYS possible. But put this in your pipe and smoke it,—he isn't going to be beaten before the knock-out!

Win, lose, or draw he is going to be in there swinging all the time.

For no man was ever candidate for President in any party, at any time who was more THOROUGHLY convinced than Wendell Willkie that from the standpoint of the welfare of the American people, and that ALONE, he and his cause are JUST AND RIGHT!

Personal Health Service

By William Brady, M. D.

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WE MENTION CELERY AGAIN

A mother says she reads this column every day and gets so much help from it in caring for her five children between the ages of two and ten. But she does not believe we have ever mentioned celery in our articles on foods. How does it compare with lettuce or cabbage as a raw vegetable for winter use?



"We grow it ourselves and take it up roots and all in the autumn and plant it in the basement where it grows all winter, so we have fresh celery as often as we like. We have winter cabbage, but are unable to buy lettuce."

Celery has been included in various menus or food lists given in this column from time to time. It has been mentioned many times among the raw vegetables one should eat daily or frequently for the benefit of the teeth and gums, the blood and life—celery, carrots, radishes, tomatoes, turnip, cabbage or coleslaw, lettuce and other greens, onions, potato if you like.

Celery is equal to raw cabbage or lettuce as a source of calcium (lime) and phosphorus. It is equal to lettuce or cabbage as a source of vitamin A, vitamin B complex, and only slightly less rich in vitamin C. The unbleached or green leaves of celery are richer than the bleached leaves or stalks in vitamin A. The leaves of celery should be eaten, not thrown away.

As fuel or fattening food celery is insignificant—it is one of the least fattening foods one can eat, containing only about a hundred calories in a pound, as compared with potatoes which contain about 400 calories in the pound, green peas which contain 460 calories in the pound, cucumbers which contain 65 calories in the pound, cabbage 130 calories or lettuce 85 calories in the pound.

Celery contains more food iron than apples, oranges, milk, head lettuce, headed cabbage, but less than the outer green leaves of cabbage or the green leaves of loose leaf or ordinary garden lettuce.

For the winter supply of essential vitamin C for the family remote from low cost fresh fruits and fresh vegetables a crop of celery growing in the basement is a distinct advantage, especially if the celery is not bleached—the greener the

leaves the more vitamin C as well as iron they contain. Raw cabbage likewise. Raw potato and raw onion both provide considerable vitamin C. Failure of the potato crop has been followed by scurvy in the spring many times in medical history. Scurvy may not mean much to most readers today. Yet it is still a fairly prevalent disease, tho not recognized as such in most instances because it is generally mild. It may deserve discussion in a subsequent article.

These days the family that can dig some celery in the cellar whenever they want it, thru the winter, is likely to be well nourished.

QUESTIONS & ANSWERS

Professor Priority

The clipping enclosed seems to show that the professor claims the idea of potassium for hay fever as his own. I found the suggestion in your column over a year ago and used it with most satisfactory results for my hay fever.

Answer—Thank you. The professor's claim is evidently that he conceived the idea of using another salt of potassium as an anti-allergic remedy. Medical literature has contained a great many reports on the use of potassium chloride for allergy in the past two or three years. Hay fever, asthma, various food allergies, recurring hives, weeping eczema, allergic rhinitis, or hyperesthetic rhinitis, sudden unexplained stuffy up of the nose, watering at the nose, machine gun sneezing attacks, and many cases of what purports to be sinus trouble respond well to potassium treatment.

Middlings Wife and I for many months have taken ten heaping tablespoonfuls of standard middlings prepared at country roller mill (the middlings are about one-half wheat germ), covered them with water to fill three-quart pail, stirring occasionally thru the evening. In the morning we carefully pour off the clear solution and drink it. My wife believes this has cured her neuritis.

Answer—It may well have done so. The vitamin B in the "middlings" or wheat germ or plain wheat or cracked or whole wheat meal or flour, is soluble in water. Insufficient daily intake of vitamin B is a common cause of neuritis. Send stamped envelope bearing your address, and ask for monograph "Wheat to Eat" which tells how to use wheat in the daily dietary.

Strained Light Will a garment made of celanese cloth permit the ultraviolet rays of sun to pass thru the material and reach the skin? Answer—It transmits considerable ultraviolet if the material is not colored or dyed. But why strain the sun light? Why not take it on the bare skin? (Protected by John F. Dille Co.)

Ed. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.

similar to that of the steel concern: "We were having great difficulty," Baruch recalled, "with one of the strongest men in the whole industrial field. He intimated, in a very diplomatic and polite way, that they were not going along, and that would be that. So I took out a letter which I had on me, signed by Woodrow Wilson, authorizing me to say that he would take over the plants, and particularly this one, in case we were unable to come to some agreement."

The industrialist, Baruch continued, recognized the potent threat, but countered that he could "just sit home." Baruch's answer was: "Well you cannot just sit home because you are going to have a hell of a time explaining it to the people at home why you are not running your plant." The industrialist capitulated.

It may well be that the importance of the "conscription of wealth," as it is commonly called, will rest on the threat to take over, rather than the actual taking over of non-cooperative industry. But it is obvious that such government power must be greatly circumscribed to prevent abuse.

Communications

Can Only Beat Catholics? To the Editor: We have heard much, since the conventions, from you, some of it being "The Democratic convention was bossed, but the Republican convention was run in the good old democratic way."

Now I have always understood that in a democracy the people should have a voice in the selection of their nominees. The squawk from the Willkie side of this affair seems to be that Roosevelt pulled something over on the rank and file of

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Flight O' Time

Medford and Jackson County History from the files of the Mail Tribune 10 and 20 years ago.

TEN YEARS AGO TODAY September 12, 1930. (It was Friday.)

New clues found in Central Point bank robbery attempt. Green car used by robber found in Blackwell Hill brush.

Bagley cannery ships 25,000 gallons of local blackberries east.

County fair to end tomorrow with Grangers' day.

Enrollment at high school totals 696 students.

Now believed county fair, despite poor attendance, will pay expenses.

Evenings and Sundays worst time for accidents in Oregon, statistics show.

America produces more food than ever past years.

It was funny.

THE British again raid Berlin, dropping bombs on the reichstag, barely missing Propaganda Minister Goebbels' house and blasting deep craters in Unter den Linden (under the linen trees), Berlin's Main street.

A Berlin dispatch says: "The British raid on Berlin infuriated German officials and newspapers."

It was funny.

THIS writer, a firm believer in telling people the facts, believes that if a bomb had to drop anywhere a propaganda minister's house would be just about the right spot.

CHURCHILL, addressing the British people in the midst of the battle's din, says: "The German air attacks so far have failed conspicuously. The royal air force is stronger than at the start, while the Nazi force is being worn down by Hitler's attempts."

What he is attempting to do is to brace British morale, for if Britain's will to fight is broken the battle will be lost.

What he says in this hour of Britain's supreme trial is more convincing and therefore more heartening because in the past he has not hesitated to tell the British people the stark truth.

Pact between Italy, France and Britain proposed to assure peace in Europe.

Visiting marine officer favors changing name of Table Rock to Castle Mountains.

C. L. Richmond auto, stolen by joyriders to attend the Eagle Point dance, is found on Roosevelt avenue.

Crecent City reports excitement over finding traces of oil near there.

Just two years ago today, the American forces started their major offensive in France.

Washington Democrats in Tuesday's primary turn down Governor Clarence D. Martin decisively for a third term, preferring ex-Senator Clarence Dill as their nominee.

For senator, Washington Republicans decisively nominate Stephen F. Chadwick, a former Democrat who bolted his party on the presidential third-term issue.

Third terms don't seem to be popular in Washington (state).

ANOTHER straw in the wind: In 1936, Washington Demo-

crats polled four votes for each Republican vote cast. In 1938, the ratio dropped to two and a half Democratic votes to each Republican vote. In Tuesday's primary, on the basis of votes counted as these words are written, the ratio dropped still further to 1.1 to 1.

Draw your own conclusions. They will be as good as anybody's.

(These straws may mean something or they may not. The outcome of the national election in November will depend on whether people are satisfied with what they have and want more of the same or believe a change will be good for the country).

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Advertisement for Sunny Brook Kentucky Straight Bourbon Whiskey, featuring a bottle and a man's face.

Advertisement for First National Bank of Portland, Oregon, showing a map of Oregon with branch locations and a list of services.

Advertisement for First National Bank of Portland, Oregon, featuring the bank's name and logo.