

MEDFORD MAIL TRIBUNE

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Ye Smudge Pot

Great Britain is blamed by Nazis for starting the war, for the downfall of France, for the traitorous woe of Norway...

"The rising generation is trying to find its place in the sun everywhere except between plow handles..."

There seems to be some hitch in getting the Duke of Windsor, (nee King of England), to proceed from Bermuda to the Bahamas...

The song of the Woodsaw, a minor sign of fall, is heard in the residential areas again.

PRAYERS & SHOTGUNS (Dorothy Dix Col.) "The grief of untold numbers of women is the phantasmagoric husband..."

Fall hats for the gals will be both "stily and sensible," a milliner reports.

The Republican chieftains are reported having quite a time with Mr. Herbert Hoover...

Deer are reported numerous in the hills, and impudently eating cabbage out of the camper's pot.

A MUFFLED KNOCK (Greensboro Times) "Each year the governor has named a newspaperman as either president or secretary of the railroad..."

The state board of health advises one and all the way to keep cool is to "quit fretting about the weather..."

CHAMBERLAIN HOME LEAVE NURSING HOME

London, Aug. 13.—(AP)—Former Prime Minister Neville Chamberlain was discharged today from the nursing home where he had been a patient since he underwent an operation July 29.

How About Willkie?

WENDELL WILLKIE is a typical American. He was born in a modest home in a little town in Indiana of a poor but honorable family.

WILLKIE is a man of remarkable intelligence. He proved that when he was quizzed on the radio program of "Information Please."

The new dealers plotted to squelch Willkie and his boom for president. They had Attorney General Jackson, the best spokesman for the New Deal...

WILLKIE is a great thinker and a keen analyst. He wins his debates by sheer logic, backed by facts.

He has a profound knowledge of all of the affairs of the country—economic, politic and social.

WILLKIE is not a politician. The politicians of the Republican party did everything they could to prevent his nomination.

WILLKIE is a man of splendid physique, of exceptional intelligence, of kindly, straightforward manner and of charming, appealing personality.

THERE is ONE answer to the "Side Glimpse" query: "What is a Willkie?" and we trust those who are sincerely curious in that regard will ponder it carefully.

For the above is NOT from the Republican National Committee. It is NOT from the Portland Oregonian, Chicago Tribune, New York Herald-Tribune, or any other confirmed Republican authority.

It is a front page editorial from the "Daily Oklahoman & Times," the leading Democratic newspaper of the state of Oklahoma...

"We believe Wendell Willkie will be elected, for he will have the support of tens of thousands of Democrats in Oklahoma, as well as in every other state."

The Truth About the Draft

WE know there are a great number of people who find it difficult to make up their minds regarding the selective draft.

They don't LIKE the idea, and yet if the country really needs it, they wouldn't stand in the way...

WELL, as an aid in this direction, here is a suggestion: Why not secure the opinion of the one man in this country who knows MOST about such things.

The General was in Portland yesterday, and in reply to a question declared the adoption of conscription—the selective draft—must be done and as quickly as possible.

"It is the only democratic method and the only practical method I know. If I could have had all the men the law permitted on July 1st, I could have placed them just where they were needed the most and we could have been much better organized than we are at the present time. It doesn't

do to get your men a year late; you have to have them on time in THIS GAME."

In the opinion of this paper, there is the absolute truth regarding the selective draft. We appreciate what the rejoinder will be: But General Marshall is a professional military man and therefore is prejudiced, of course.

But IS he? This is a MILITARY question, not a political or civil one. It concerns what this country should do in time of war, not in time of peace.

Personal Health Service

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed.

Contrary to a notion of many laymen and some old time physicians calcium (lime), whether taken into the system in hard water, in the form of medicine or in foods that contain considerable calcium, does not tend to cause hardening of the arteries nor to cause stone in kidney or bladder, nor to cause gall stones, nor to cause high blood pressure, nor to cause catarract.



Actually, there is considerable evidence that some of the diseases mentioned, particularly premature hardening of the arteries, may be one result of prolonged calcium shortage in the system—either from insufficient intake of calcium (whether in food, drinking water or medicine) or from inability to absorb, assimilate or metabolize or utilize enough of the calcium to satisfy the body's daily requirements.

People who labor under the quaint misapprehension that food or water containing "too much calcium" may bring on any such disease or that one may avoid the risk of such disease by avoiding hard drinking water or by drinking only soft water or distilled water or by avoiding foods they imagine contain "too much lime" ought to change their reading, their habits or maybe their doctors.

For one thing, it is questionable whether the calcium in drinking water is absorbed or used by the body at all. Anyway, it is negligible so far as health is concerned— if the water is satisfactory in taste it makes no difference whether it is hard or soft.

Deposits of calcareous material in the tissues have no such significance to the pathologist. The presence in the arterial wall of more calcium than normal arteries should have, spells just one thing to the pathologist—degeneration. Calcification occurs only as late consequence of the death of functioning tissue cells when replacement (regeneration) of the cells is no longer possible.

The chief items in the Regeneration Diet, the Corrective Proactive Diet, are foods particularly rich in calcium—milk, egg yolk, lettuce, nuts, carrots, celery, turnips, cheese, raw cabbage (coleslaw) leafy vegetables, greens. Here it will recall that "preservation of the characteristics of youth" and "material improvement of the life expectancy of adults" are among the benefits gained by following a diet based on some such pattern.

The old-timers drew wrong inferences from the calcareous deposits they found in certain tissues, because they knew little or nothing of the physiology of nutrition. There is no excuse for intelligent laymen, to say nothing of physicians, persisting in that error, now that we know better. Calcareous material merely takes the place of the cellular elements of organ or tissue after these functioning elements have been worn out or repaired or regenerated.

AT THE NATIONAL CAPITOL BOISE, IDAHO, AUG. 13.—If Oregon's Charley McNary can carry Idaho as Republican nominee for vice-president then the signs are all haywire and many people do not know what they are talking about.

It is natural that McNary would be a strong asset to the Republican ticket in a state neighbor to his own, and the senator's long championship of reclamation and irrigation, two very essential matters in the Gem state, assures popularity, but there are other factors entering the picture that point to the Willkie-McNary ticket sweeping the state.

CENTRAL PT. HAS UNIQUE RECORD IN ENLISTMENTS

Eight of Town's Boys Now Serving in Army—Nine in Natl. Guard—19 in Navy

There seems to be no need of conscription in Central Point. This neighboring city might be small in size, but it is large in patriotism and service to its country.

It was said of Central Point in the World War that so many of its citizens had volunteered for military service that when conscription was put into effect there was no need of drafting anyone.

Eight in Army In the army at present Central Point has eight youths. They are Clyde Lees, Kenneth Williams, Ross Painter, Harris Blasing, Bradford Muse, Carl Nabbs, Ray Cox and James Chapman.

THE CAPITAL PARADE By JOSEPH ALSOP and ROBERT KINTNER

WHILE he may be "played down" for political reasons, it can be assumed, of course, that Hopkins will continue closer to the president than any other individual in the White House circles.

So long as he remains, storms will rage around his head. He is intensely distrustful to most of the Democratic organization leaders, who regard him as an amateur and think the country is suspicious of him.

POSSIBLY the Hopkins problem will fairly soon be solved. The story is going the rounds of the new deal group that McNary long Hopkins will resign the secretaryship of commerce, and retire to private life as keeper of the library of his papers which the president has established at Hyde Park.

THE German air force is hitting harder today (Monday), but it's still impossible to tell what is happening. If you believe the British, the attackers are suffering disproportionately. If you believe the Germans, it's all over but the shouting.

ASSASSINATION of a minor Albanian official on the Albania-Greece border is reported today. The Italian press froths at the mouth, charging that the murder was committed by Greeks at the instigation of Britain and also that Greece is supplying oil to British planes and warships.

ON our own home political front, Willkie says that if elected one of his first acts will be to prosecute all persons who bought or sold advertising in the Democratic national committee's 1940 campaign book.

MAYBE it does. Maybe not. But this much is certain: Nobody, corporation or individual, buys "advertising" in national party campaign books because he thinks it is good advertising that will help him to sell his products.

THE Alaska Sourdoughs (membership made up of those who took part in the gold rush) is meeting this week in Yakima.

KLAMATH GRANGERS FOR SUGAR QUOTA INCREASE Klamath Falls, Aug. 13.—(AP)—Klamath Pomona Grangers in their regular monthly meeting Saturday urged a more liberal sugar production quota for continental United States as "a military precautionary measure and a safeguard for the American farmer."

POISON OAK? Try a bottle of ZEMACOL. You must be satisfied or your money cheerfully refunded. Get a bottle today at WESTERN THRIFT.

THE idea has grown up that high prices in gold camps create prosperity. Nothing could be farther from the truth. Gold camps are prosperous not because of high prices for everything people have to buy but because of sudden production of wealth in the form of gold.

Abnormally high prices are a drag on the prosperity of gold camps, as everywhere else. They can be endured merely because the production of wealth is temporarily so great.

TEN YEARS AGO TODAY August 13, 1930. (It was Wednesday.) Cannons offer \$30 per ton for No. 1 Bartlett's.

Copco asks for right to build power dams on Umpqua. Fishermen claim such projects will ruin the fishing.

Helen Kane, "the Boop-a-Doop" girl, is restrained from touching \$40,000, in bank in her name.

State Legion convention opens at Baker. Mrs. Rebecca Jensen of the school superintendent's office is on a week's vacation.

Huckleberries reported unusually good in the Prospect district. Ponzl, finance wizard, lured 40,000 New Englanders to invest in his sensational scheme.

Toddy, Jr., to follow his fifth cousin, Franklin Roosevelt, Democratic vice-presidential nominee, on speaking tour of west.

GOP nominee Harding, in speech at Marion, urges voters "not to follow Democratic mirages, but walk the path of Americanism, and uphold all sacred traditions."

Police strive to break up local epidemic of petty thieving. Census shows Jackson county has a population of 20,405.

DEFENSE TO TAKE LOTS OF LUMBER Portland, Ore., Aug. 13.—(AP)—National defense needs as soon as congress approves legislation will include 3,000,000,000 board feet of lumber.

There is plenty of timber in the United States, with Oregon and Washington leading in the largest of stands, for any and all purposes of the nation in defense, come what will, the lumberman continued, "and the producers have ample milling facilities to produce, so there will be no bottleneck" so far as that end of the huge program for Uncle Sam is concerned.

SPRAY FOR MOTHS DUE BY AUGUST 20 The third cover spray for control of codling moth in all varieties of apples and in late pears where worms have been a problem should be completed on August 20, according to C. B. Cordy, assistant county agent and L. G. Gintner, entomologist of the Southern Oregon Experiment station.

Use of three pounds of arsenate of lead plus one-sixth to one-fourth pound of spreader per one hundred gallons of spray is advised.

WE HAVE SOLD 100 used cars in Medford during the past two years without any catch-phrases or exaggerated advertising claims. We just use tried and proved honest business methods.

Cooksey Motor Co. Used Car Lot, 20th & Barlett. Dial 3618.