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OREGON NEWSPAPER PUBLISHERS ASSOCIATION
Ye Smudge Pot
 By Arthur Ferry.
 Promoters of the Ham & Egg, \$30 every Thursday plan in California in eleven months collected \$460,810 and spent \$467,785, according to a report filed with the secretary of state. Somebody was careless and left \$7,974 unspent. It all tends to show the plan is working every day of the week.
 Herr Hitler in his peace proposals proposes to the allies: Let's call everything off, and other arrangements will be made relative to Germany building a fence around the world. Too many, the plea indicates Der Rantstuehrer's conscience, if any, has started to hurt him.
 Mild surprise is expressed in the upstate press, the his football squad has three names—Tigers, Peepickers, and Black Tornado. On their own stamping grounds, proud papa, girl friends, and the orchard run of admirers call them "The Kids." They were originally christened "The Tigers," the animal kingdom, defeating the vegetable kingdom, and mineral world for the honor. Tigers sounded fiercer and fancier than Hot Potatoes or Mineral Resources. They are called Peep Pickers by some, as descriptive of this region's main industry. Harry Leending of the Portland Journal slapped the Black Tornado label upon them, after witnessing the devastation wreaked upon a couple of teams, with state title notions. That was back in the days when the gridiron toga were solid black, and there were only ten pairs of pants for eleven players. If a substitute was sent in, he took along a pair of pants, to spare the retreating gladiator any embarrassment, while running from the field. Now the team cavorts in red silk pants and shirts, and the mentor does not have to also qualify as a tailor, and do plain swing. If he felt like it, he could put three pair of pants on each player, due to the rise from rags to riches.
STATE OF THE UNION
 (Baker Democrat-Herald)
 "RICHARD CENTER, Wis., Oct. 6.—(Editorial Correspondence)—Wisconsin this fall of 1939 is a region of marvelous warm weather, inspiring views across fields of shocked corn denoting the good crops the state has enjoyed this year, of beautiful hillsides where the leaves have turned to brilliant yellow, brown and reddish hues, and a spirit of pessimism so thick you could almost cut it with a knife."
 The ousting by the Governor of the Inspector of Aeronautics, who happened to be a Young Democrat chieftain, as yet, has caused no anguished democrat to fly to Washington, D. C., for revenge. Many taxpayers did not know there was such a post, as much needed as an Inspector of Fire Hydrant Nuts.
"STATE ROOFTERS WARNED NOT TO WIN GAMES BEFORE ACTUAL PLAY"—(Hillside Oregon State Barometer). In a larger sense, don't play in the Rose Bowl before you get there.
 In the diplomatic sniveling now going on in European circles, America is advised to "keep hands off." Also the "nose out," and the "chin in."
PLEASURES OF MAN
 "Then, falling, he puts a stiff piece of white linen against his chest, props up his neck with another piece of stiff white linen, stands face to face with a girl and synchronously shakes his hips and feet with her while several men blow horns and beat upon tightly stretched membranes. Growing older he sits at a table with several other men and spends hours passing around small pieces of cardboard with red and black spots on them. Occasionally he will go out to a cow-pasture and hit a little white ball with several different kinds of sticks, uttering happy cries when the little ball falls into a hole in the ground."—(Exchange).
 NEW YORK, Oct. 9.—(AP)—All domestic financial and commodity exchanges (except livestock) will be closed Thursday, October 12 (Columbus day). Canadian and European markets will be open.
 Closing time for Two Late to Circulate is 1:30 p. m.

Editorial Correspondence

WASHINGTON, D. C., Oct. 6.—Washington is like a three-ring circus,—there is so much to see one is confused, and likely to see nothing clearly by trying to see too much.
 But this trip we have passed up all other attractions and concentrated on the senate arms embargo debate. As a result we feel we have a pretty clear understanding of the situation, and with the adjournment of the Senate until Monday, know what it's all about.

Whether we really do or not, here is our view of the situation to date. There is no pro-Hitlerism in the Senate. The opposition to the repeal of the arms embargo comes not from any love for Germany, but hatred and fear of foreign entanglements, which may lead to war for the U. S. A. The anti-repeal bloc is entirely sincere and extremely earnest. The members are also far better speakers and abler parliamentarians than the proponents.
 But it's a ten to one bet they will lose and the reason will be NOT the superior ability of their opponents, or the weakness of their own cause, but the one fact which their adversaries refuse to admit,—the fact that repeal is a move to aid the democracies in Europe against Hitler, and this is what a majority of the American people WANT.

Yes that's the milk in the coconut,—and as before stated it seems an error in judgment not to admit it. For the longer this debate goes on the more futile and ridiculous becomes the silly effort to make it appear this repeal is NOT a move to injure Germany and Hitler,—but—as Senator Thomas of Utah had the temerity to claim this morning,—HELP THEM!
 This is so ridiculous that even one of the senate shorthand reporters just coming in to relieve the reporter on the job, had to laugh.

And Sheridan Downey, the "Ham and Egg" junior senator from California made a monkey out of Senator Thomas this afternoon as a result. He called in Borah's venerable and somewhat colorless colleague, and asked him point blank if he had seriously meant the statement he had made, that the repeal of the embargo would help Germany and injure Great Britain. Senator Thomas somewhat falteringly stood by his guns, explaining it by the fact—or rather the claim,—that the measure would deprive England of what she needed more than airplanes and munitions, i. e.: food and supplies.

Downey who in spite of his Ham and Egg heresies, is smarter than a mustard box, even brought a smile to the face of the depressed and protesting Senator Pittman when he dryly observed, this was a most interesting statement from the opposition and he trusted that the government of Great Britain would realize the true import of the measure, in time to register an emphatic protest with the state department!

This was enough for anyone at all informed regarding the measure or the allied attitude toward it! It was plainly enough, for Senator Thomas who sat back in his seat, mopped his bald head, and one felt that if his dignity had permitted he would have beaten a retreat, right then and there, and in the seclusion of the cloak room, found surcease in a good stiff drink.

Yes this Downey man is smart.
 And here is a prediction,—he is going to be a power in the Senate, and in the country.

For he is no Huey Long or Bob Reynolds. Downey is a man of education, intelligence, vast information, a voice that can rattle the chandeliers under the capitol dome and the aggressiveness and fighting heart of a Pitt bulldog.
 We don't question his demagogic twist,—but we fear a certain amount of that is necessary these perilous times if one wishes to get in public office and stay there. And unless we have misjudged the man, Downey is neither a cheapskate, nor an unprincipled adventurer. He certainly has brains, color, fearlessness and punch.

At any rate this column is going to back him to go far, and will be willing to wager 20 shares of the Comstock Lode mining corporation of Nevada on it. (Any takers, George?)
 Of course Downey talked too long—they all do. And being a baby member who according to tradition should be seen more than heard, there either was a deliberate effort to snub him, or else, the senators particularly on the Democratic side, were utterly unable to "take it."

At any rate the junior senator from California didn't have more than 30% of the senators present at any time, and for the latter part of his effort, the Democratic side was entirely deserted with the exception of Senator Bob Reynolds (the ex-skating rink proprietor of South Carolina who considers himself the man on horseback) and there weren't more than a dozen Republicans on the speaker's side.

But while the speaker commented on the fact, it never fazed him. Perhaps one reason was that those in the gallery didn't walk out and neither did the boys in the press box. Say what you may about Sheridan Downey, as a rough and ready speaker the man has what it takes!

But that isn't telling what it's all about,—or what we BELIEVE it is all about. So here goes:
 Both sides in this fight are honest and sincere,—or as thoroughly so, as political professionals ever can be.

Those opposed to repeal of the embargo, honestly believe that such repeal is not neutral, does favor one side against the other, would be entangling this country in foreign affairs which are not and should not be its concern, and inevitably will result in sending American boys to fight and die on the battlefields of Europe. (We can't agree with the final conclusion,—but in the main we do agree with the others.)

Repeal of the arms embargo is taking sides. It IS unneutral. It does favor England and France as against Hitler and Stalin et al.
 But that's the reason we are FOR it.
 If the proponents of the measure were candid, they would admit it also. But to date none of them have. Apparently they believe such an admission would prove a weakness.

And also if they were perfectly honest and entirely realistic they would admit that if peace at any price is really the accepted aim of the American people, then retention of the arms embargo, is far safer than its repeal. Your correspondent doesn't believe it would drag this country into war, but we admit, it would come nearer doing that than to eliminate the dispatch of munitions and instruments of war to the allies ENTIRELY.

So much for that. But the proponents of repeal and selling munitions to the allies for cash, while they DON'T want war,—and DON'T believe their action need result in war,—do feel willing to go to war, rather than see Great Britain and France crushed.

In short, the only real difference in the senate on this issue, as we see it, is one of DEGREE. Both sides oppose war,—the so-called isolationists, however, would rather see the democracies of Europe wiped out and Hitler and Stalin rule, than run the RISK of becoming involved directly in any European conflict. At all costs they want to keep out of it and stay out of it.
 The proponents of the repeal of the embargo don't feel so strongly as that. They don't want war, they intend to do everything in their power to avoid war, but they also want to aid England and France in every direction. SHORT OF WAR AND if, at the final showdown, it's a question of a Hitler-Stalin domination of Europe, or their participation in a European war,—WELL, THEY WILL VOTE TO FIGHT.
 That explains the REAL issue here in Washington. We feel sure it would clarify the situation, and be a great help to the country at large, if more senators would admit it.—R.W.R.

Personal Health Service

By William Brady, M.D.
 Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

DO HAVE SOME MORE RIBOFLAVIN

First it was called B-2 and then G and in its pure state (it has been chemically isolated and synthesized) it is now called riboflavin. Almost invariably it occurs naturally in the vitamin B-complex, of which it is one of the several components. White of egg being the only food in which riboflavin is known to occur without other components of the B-complex. Egg yolk, however, is over twice as rich as egg white in vitamin G (B-2, riboflavin) and also contains considerable amounts of the other components of the B-complex.



In his book "Chemistry of Food and Nutrition," published by Macmillan, 1937, Sherman says that when the food is poor in vitamin G for any considerable length of time—... digestive disturbances, nervous depression (different from the symmetrical polyneuritis of vitamin B deficiency), general weakness and deterioration of tone and an unhealthy (or "unhappily") condition of the skin are apt to develop... incidence of infectious diseases increased, vitality diminished, life shortened, and the prime of life curtailed by the early onset of senility."
 This is no fountain of youth I'm turning on, but if you feel and look older than you are I say do have some riboflavin.
 Excellent food sources of riboflavin are beef liver, egg (both yolk and white), milk, beef tops, dried peas, fresh peas, watercress, spinach, lean beef, lettuce, cabbage, cauliflower, plain wheat, wheat germ, beef heart, canned salmon, turnip greens, evaporated milk, dry milked milk, bacon, carrots. The richest source of all is a special strain of dried yeast, not the yeast used for baking.
 Riboflavin and probably also another component of the B-complex, isolated in 1938 and called by various research investigators vitamin H, B-6, rat dermatitis factor, rat acrotylous factor, both serve to keep the skin healthy. Numerous scientific investigators have determined this independently thru animal feeding experiment. The characteristic dirty brown, parchment-like, rough, scaly, cracked skin condition of pellagra is the effect of extreme deficiency of these two factors and of a third factor called nicotinic acid. There is reason to believe that pro-

At The National Capitol with John W. Kelly

(Continued from Page One.)

pent, booked their time on the debate schedule early, knowing that the people will lose interest as the days drag on and there will be a dropping off in the attendance. When the second string speakers take the floor and refresh points already made by their predecessors, they will be vacant desks in the chamber as senators beat it for the cloakrooms to smoke.

EVERY toman speaking follows

The newspaper reports of his particular effort and of editorial comment, if any. In the marble room, off the senate chamber, are newspapers from everywhere in the country and senators search the files for reactions to their arguments. If they rate a cartoon they are jubilant and do not hesitate to take out a penknife and cut the files. The reports, as published, are frequently given a slant. A paper editorially championing repeal plays up the repeal arguments; plays down the isolationists. Papers demanding retention of the embargo feature the Borahs, Vandenberg, LaFollette and others with a few paragraphs the Pittmans, Connallys and other repealers.

Some Like It Hot

Massachusetts State College offers free to residents of the state 22 recipes for milk drinks. They say that nutrition authorities concede there is no better drink than pure, sweet milk when served rich and cold. (A. B.)

Answer—I disagree with them. I think a better health beverage is pure sweet milk served warm from the cow. Boy, oh, boy, why do you bring these tantalizing memories back? However, I concede that the NEXT best food or health beverage is the same milk after it has been allowed to cool or even after it has been chilled—if you like it in that unnatural state.

Nervous Weakness

The calcium and vitamin D treatment you suggested has relieved my nervous spells almost completely. My daughter, aged 20, is getting fine results from following the diet and other suggestions you give in your instructive booklet on Nerves. (L. B. S.)

Answer—Glad to send copy of booklet "Nerves and Nutrition" on request. Enclose twenty-five cents and 1-cent-stamped envelope bearing your address.
 (Proceeded by John F. Dille Co.)

Ed. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.



LITTLE KING—What cares 4-year-old King Faisal II of Iraq for war, since he's too young to worry about European battles? He's having a holiday at Aley in Syria.

EARTHQUAKE IN NORWAY BELIEVED TO BE MINES

KRISTIANSTAD, Norway, Oct. 9.—(AP)—An earthquake shook southern Norway with such rumbling roars today that the lighthouse keeper at Oksoe thought mines were exploding. No damage was reported.
 Scientists said the quake was part of a long readjustment which began some 10,000 years ago.

Bowling Alley Robbed

MARSHFIELD, Ore., Oct. 9.—(AP)—An armed robber obtained \$78 when he held up the Bush Bowling Alley restaurant cashier at the peak of Saturday night's business. Two dozen customers witnessed the robbery while upstairs 200 patrons were dancing.

Flight o' Time

Medford and Jackson County History from the files of the Mail Tribune 10 and 20 years ago.

TEN YEARS AGO TODAY
 October 9, 1929
 (It was Wednesday)
 Athletics defeat Chicago Cubs, 9 to 3, in second game of world series, with Jimmy Fox rapping out his second homer in two days.
 Brink demands for Bose pear on Detroit market.
 Wet pavement causes two dozen cars to skid into ditch along Pacific highway between this city and Ashland.
 Gene O'Grady of Ashland wins main event at Nat.

Banks of city show heavy gain in deposits past three months, with a total of \$7,157,956.
 Medford game with Marshfield forfeited, due to the ineptibility of Malcom Stine.

TWENTY YEARS AGO TODAY
 October 9, 1919
 (It was Thursday)
 Cincinnati defeats White Sox 10 to 8, to win world series. Two White Sox pitchers batted out of box.
 German independent socialist leader is shot, and Berlin in uproar.
 Mercury drops to 27 degrees this morning for coldest day of season.
 Martin Army bomber plane lands at fairgrounds and attracts large crowd.
 King Albert of Belgium on tour of nation, starts for Pacific coast.
 President Wilson ordered by doctors to stay in his room.
 Electric plant workers in San Francisco area go on strike.

Communications
 Report Lost Dogs
 To the Editor: The bird season is about to start and many valuable hunting dogs will be lost.
 The Humane society is depended upon to find these animals and the society asks that losses be reported to them immediately.
 The public is asked to report dogs found to the society immediately either by telephone or a penny postcard, giving accurate description of dog, that we may contact owner.
 Your dog being licensed is a means of identification; but the county spends no part of your fee for the protection of your animal.
 So, Ore. Humane Society
 Mrs. S. W. Richardson,
 Sec. Mgr.
 Use Mail Tribune want ads.

The Capital Parade

By Joseph Alsop and Robert Kintner
 Released by The North American Newspaper Alliance, Inc.

WASHINGTON, Oct. 9.—In a big legislative fight, the play of personality is always absorbing. This man shows himself to be shuffling and weak. That one is earnest, but lamentably middle-headed. Another proves surprisingly determined and shrewd. When the fight ends, the stock of most of the chief combatants has always risen or fallen on the mysterious but important course of capital opinion.
 The great battle over the arms embargo is only halfway through. Yet it has already proved exceptional in that it has shown the majority of senators in a creditable light. The sincerity and honest purpose of the leaders on both sides cannot be questioned. Although feeling is running high and there is bitterness in the air, both sides are thinking first of the country's welfare, and second, of politics. Anyone who listens to the talk in the senate corridors must come to this conclusion, however distressing he may find the wilderness of senate oratory, or however pointless he may think some of the arguments.

There is, for example, the case of Warren R. Austin of Vermont, a hard-shelled Republican with a humping manner which has caused him to be underestimated. His distrust of and dislike for the president is as strong as any man's. Yet he has firm convictions as to the division of governmental powers under the constitution. He is not only supporting repeal of the arms embargo, at the White House conference of neutrality, he also boldly stated that, in his opinion, the constitution lodged broad discretionary powers over foreign affairs in the presidency, and urged the president to insist on these powers. For a man in Austin's position, that called for courage and a striking disregard for party spirit. The stand of Senator Robert A. Taft of Ohio, while less dramatic and dramatic, shows the same qualities.

On the other side, Bennett Champ Clark of Missouri, is one of those who have increased their stature. Not long ago, he was an energetic candidate for the Democratic nomination in 1940.
 Probably because some well-meaning but mistaken friends of his foolishly insisted that the White House got the idea in its head that Clark was willing to sacrifice his independence in order to procure the president's approval of his candidacy. If such was his desire, he could have had no better opportunity than the arms embargo fight, for he was one of the authors of the neutrality act and would have been a most welcome recruit for the repealers.
 But Clark, it is now proved, is constitutionally independent. He had views of his own, largely drawn from the famous munitions inquiry, and he struck grimly by them, expounding them with real force.
 There, there is Arthur H. Vandenberg of Michigan, the Republican anti-repeal leader. His stand was to be expected, but his speech has been sent handsomely up by his remarkable speech in the senate. It was marred, as usual, by Vandenberg's inability to resist pompous and supercilious English, but its reasoning was so close and its organization so impressive as to make it by far the best in the debate.

Among the Democratic repealers, Senator James F. Byrnes, of South Carolina, has demonstrated the great talents as a legislative fighter which everyone knew he had. Old Carter Glass and young Harry Byrd, the solemn Josiah W. Bailey and the embittered Walter F. George have strikingly struck hands with the president whom they detest, who once tried to destroy them. And so it goes.
 Indeed, except that most repealers have been unwilling to speak their minds with impolitic frankness, the embargo fight finely demonstrated our congressional system. It has had its picturesque aspects, and its dramatic moments, for what could be more picturesque than William E. Borah and Hiram Johnson responding to a vaguely heard alarm like a team of ancient but faithful fire-horses? Or what more dramatic than the speech of the aged George Norris, last of the little band who dared to vote against our entry into the last war, who now forgets his old pacifism in his hatred of the new barbarity?
 And the fight has had its squalid incidents and its unpleasant sides. The senator who thrice endorsed embargo repeal, and then yielded to the peevish distrust of the president which Austin mastered, does no credit to the congress. Neither do the senators whom the mail has driven on to the fence. Neither does the outwards form of the battle, for the doings of congress are always externally shabby and unimpressive. But these are petty matters, which do not change the central fact,—that, when congress must face a great issue, the legislative process works admirably well.



NEWCOMER—Because of the press of official business, Henrik de Kauffmann (above), new Danish minister to U. S., presented his credentials informally to Mr. Roosevelt.



CHOSEN—Homer Mat Adams (above), 28, new president of Young Democrats of America, is from Springfield, Ill.



ON GUARD—To tighten Panama Canal defenses, F. D. R. has placed Maj. Gen. David L. Stone, canal army commander, in charge of both civil and military administrations. He succeeds the civil governor.



DOCTOR FALLS TO DEATH FROM WINDOW OF HOTEL
 PORTLAND, Oct. 9.—(AP)—Dr. R. Harrison Mast, 43, of Myrtle Point, slipped and fell to his death from an eighth story hotel window early Sunday morning. His wife, asleep in the room, was unaware of the tragedy until Policeman D. D. Holland awakened her.
 Coroner R. M. Erwin said an investigation showed Dr. Mast stumbled and fell while opening the window.



SUCCEEDS BOOTH—Election in London of Gen. George L. Carpenter (above) of Canada as international head of the Salvation Army puts a man in charge of an organization long directed by a woman, Gen. Evangeline Booth, who is retiring.

TWO MAPS MADE AT ROOSEVELT

The two large circular maps of the world which form the background of a timely vitamin window at Heath's Drug Store were made by the fourth, fifth and sixth grade pupils of the Roosevelt School under the supervision of Mrs. Reid and Miss Weeks. The maps are made out of wood with the names of the continents in raised wooden letters. Rivers, boundaries and important cities are drawn on the maps. The countries are different colors and the whole thing is varnished.

FOR FUTURE REFERENCE—Anthropologists may some day appreciate getting data on Charles Atlas, so-called "perfect man of the 20th century," whose measurements have been accepted for file by the N. Y. public library. Atlas, seen with Jan Riche, a model, and Ken Strong, pro footballer, is 5'10" and weighs 180. His chest is 47", biceps and neck, 17", waist, 32".