

MEDFORD MAIL TRIBUNE

"Everyone in Southern Oregon Reads the Mail Tribune."
Published by MEDFORD PRINTING CO.
Daily Except Saturdays.

Subscription Rates:
By Mail—In Advance:
Daily, one year, \$15.00
Daily, six months, \$8.00
Daily, one month, \$1.00

Official Paper of the City of Medford
Official Paper of Jackson County

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Member Oregon Newspaper Publishers Association
1938

Ye Smudge Pot
By Arthur Perry.

A nine-year-old Chicago boy is busy making political speeches. He comes out flatfootedly and fearlessly for a 200-foot stick of candy every month for the young.

December and May mingled Monday. As a result, the weather failed to add up, either May or December.

The H. Flewber dog, Kipp, is still limping, due to an auto not getting out of the road. The intelligence of this dog is almost human, and may be so much so, he is trying to get out of helping with the spring cleaning in the dog-house.

Supporters of Harry Bridges, the Pacific coast agitator, demand an apology from his critics, who speak slightly of his nuisance-value, and belittling of the tender solicitude for his welfare, displayed by the Madam Secretary of Labor. Free-born Americans should learn to curb their tongues, when discussing alien disturbers of industrial life in their midst and hair.

MAW NATURE Baffles Experts (Country Gentleman)
It chanced the first year that a number of plots were left vacant and these produced a dense crop of weeds. In preparation for tobacco growing, both the so-called soil-improving crops and the weeds were plowed under and the tobacco was planted on all alike. When the experiment was checked, tobacco following the weed growth was found to yield from \$100 to \$150 per acre more than that grown after the supposed soil-improving plants.

A Crab Festival, attended by 25,000 was held at Newport, Ore., Sunday. It wasn't a bit like a primary election campaign, reports state.

Ah, Banwell, the ever-ready orator of the Coif, introduced the gladiators at the weekly tussle at the Armory. He got a firm grip on himself when he almost presented the keys to the city to the Oaxak Wildcat (205 pts).

George Porter, 5, has been asked by his Grandpa and former Mayor, to take in to the circus, May 11.

J. Kort Hall, the fretting horticulturist, is through with his frost danger worries, and has started fearing there will be no late November rains.

CORRECT! (Thomson (Ga.) Times)
"Of the Administration's plan to revive business, some bird struck his head up and said: 'It isn't priming the pump—it's pumping the primaries.' A fellow like that ought to have his relief cut off, his social security card canceled and his right to the more abundant life snatched out from under him."

The government plans a \$100,000, 600 ship building program for the Pacific coast, to provide fortuitously service to the Orient. This should provide work, and lively strikes, both in construction, getting the ships started to sea, and en route to the Orient.

Oregon remains in the Republican column, but only by a whisker. The ranks have shriveled from a 175,000 lead in 1932 to a mere 14,000, to date. It seems the Republican party is prone to vote every way but Republican, and often not at all, in these stirring times.

A visiting wealthy Briton in Los Angeles, lost \$150,000 in a stud poker game, and now requests the district attorney to have him from his folly. The technique of the winner was admirable, but how he ever got from London to California, with so much money without losing it, presents an angle as interesting as how he got hold of it in the first place.

"Just because he is running against me is no reason why I should go out and try to blow up his house or feed him ground glass," Holman added. (Portland Telegram)—One can go too far.

Get Out and Vote!

AREN'T you a bit weary of politics and politicians? Haven't you felt that way for some time?

Haven't you wondered why it should be,—why one man in public office should be so much like another,—when he GETS there. As candidates they differ, but once elect them, and they all seem to slip into a common groove. And this, regardless of party,—Democrat, Republican, Independent or what have you.

ONE gets terribly fed up on such public officials. As candidates they may be frank, forthright, outspoken and efficient. But once let them get the job they are after, and 9 times out of 10 there is an immediate and depressing transformation.

Instead of being efficient they become interested only in building up their party machine,—handing out jobs to faithful time-servers in their own organization regardless of their capabilities.

Instead of being frank and open and saying what they think, they suddenly become cagey and secretive, and never say anything direct or intelligible if they can help it,—for fear they might offend someone and lose a vote or two at the next election.

The more important and controversial the issue, the more careful such public officials are to side step it,—for when the people are divided upon some important question,—to back up one side means to lose the support of the other,—and horrors—that just CAN'T BE DONE,—Mr. Office Holder might find himself eased out of a job at the next day of reckoning.

WE don't say this is or has been true of ALL office holders in this state,—or any other,—but we do say it has been common,—all too common. And we believe an overwhelming number of people, as a result, have for a considerable time, LONGED for a change,—longed for someone in high office, who wasn't a politician and refused to play politics,—who performed his public job precisely as he would a private job, as capably as possible, heaving to the line of what he believed to be best for his state and its people, regardless of the brick bats and dead cats that might be heaved in his direction.

WELL, when the people of Oregon elected General Charles H. Martin governor of this state they got such a man,—they were given such a longed for change. They got a man who, as a candidate promised to do certain things for this state and has done them,—a man who before election was sane and frank and forthright, and since his election, has been precisely the same.

It may seem a trifle far-fetched to associate with one so hard bitten, outspoken and two-fisted, as the Governor, anything as diaphanous as a dream; nevertheless it is undoubtedly true that to many people here in Southern Oregon and throughout the state, the administration of Governor Martin, has been in a sense the fulfillment of a dream,—they had always hoped for an absolutely fearless, efficient and non-political administration of affairs in Oregon, but they feared it would never come to pass. With the election of General Martin it did come to pass.

SO what! Just this. It is one thing to get the sort of state government you have always hoped for,—it is quite another thing to KEEP it.

It can't be kept, by giving the Governor banquets, or shaking his hand or extending hearty congratulations,—(nor by writing laudatory editorials as far as that is concerned!)

It can ONLY be done by going to the polls, on May 20th, and marking a ballot,—and following that up by a similar vote at the fall election.

For you can't have an efficient fearless, non-political government, without stepping on toes,—on a lot of them. And you can't step on toes without losing votes. And don't forget this,—those "sore-toe" votes are going to be at the polls primary day,—they always are.

And if you—and YOU—and YOU,—expect to have the sort of government you believe in, retained, you and you-and-you,—will have to be at the polls also.

IN short, as has been frequently stated in this column, we the people, in the last analysis, get just the sort of government we deserve—no better and no worse.

For four years we have had good government in this state—in the judgment of this column the best state government in our history,—but we won't continue to have that sort of government, unless we go en masse to the polls at this primary election and vote for it,—and at the general election and vote for it again.

Certainly Governor Martin has done HIS part. It is now up to the people of the state who believe in good government to do THEIRS!

Tax-Exempt Bonds

REMOVAL of the tax exemptions of public bonds seem to be urged mainly as a matter of social justice. The President speaks of "a reservoir of tax-exempt securities in the hands of a very few persons who equitably should not be relieved of taxes on their income."

The reform also seems desirable from the viewpoint of fiscal policy, because this tax-exempt reservoir deprives the federal and state treasuries of money they need for public purposes.

But there is also a sound business reason for abolishing the exemptions. As wealthy citizens more and more have tended to "lock up their funds in tax-exempt securities," they have thereby lessened the quantity of funds available for direct investment purposes. Money has gone into bonds instead of going into business. Perhaps when the income from exempted bonds is taxed like ordinary income, a great deal of idle wealth will be put to productive use in private enterprise. Such diversion of wealth is greatly needed at the present time.

There are delicate problems involved, such as the lowered market value of bonds when they are taxed, the effect on insurance companies and other fiduciary institutions and their clients. There will be difficulties during the period of readjustment. But in the long run, the general situation should be improved.—R. S.

SOFTBALLER LEADERS TO ATTEND MEET TONIGHT
Two softball leagues will be organized, with opening date of the season set, and rules discussed tonight at the M. N. Hogan company brokerage office.

Personal Health Service

By William Brady, M.D.

Signed letters pertaining to personal health and hygiene, not to disease, diagnosis or treatment will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

SOME PEOPLE GET H.B.P. WORRYING OVER H.B.P.

From the queries and comments in letters from readers it would seem that the quaint popular notion that meat, especially dark meat, yes, and eggs too, cause high blood pressure, is still taken very seriously. It may even be that some doctors, relics of the nineteenth century, still hand out funny diet lists that warn persons with high blood pressure off from such food.

Overeating, that is, taking more food than is necessary to maintain normal weight, growth, repair and physical efficiency, is probably a common factor of high blood pressure (H.B.P.), and if not corrected probably hastens the development of cardiovascular degeneration, heart artery wearing out (C.V.D.), and premature old age. But neither scientifically nor clinically is there any evidence that meat, light or dark, or egg, or any other food containing protein (nitrogenous) material, is any more to blame than any other food material. Indeed the more recent investigations tend to incriminate carbohydrates and fats as the main offenders.

When Stefansson and Anderson, the Arctic explorers, lived for a year on an exclusive meat diet, under the constant observation and study of physicians, physiologists, pathologists and chemists Stefansson's blood pressure remained unchanged throughout the year, while Anderson's which was 140 systolic, 80 diastolic at the beginning of the test was 120 systolic, 80 diastolic at the end of the test.

So any one with high blood pressure need be in no hurry to cut acquaintance with the butcher. My blood pressure has been measured a good many times in the past twenty or thirty years, but I have never been sufficiently interested to know just what it is. Who cares about such things? Only the poor fool who has been frightened into believing the blood pressure is serious matter and that high blood pressure is a dangerous state.

Man About Manhattan

By GEORGE TUCKER

NEW YORK.—One day last week, as previously reported, this correspondent had dinner with Dr. Roy Akagi, scholarly Japanese author and lecturer who is coming to this country to the South Manchuria railway.

Our conversation hadn't taken place over the dinner plates. I am sure this story would never have suggested itself to my companion. But dinner it was, and presently we were discussing the design on the dishes, and that was the way it came about.

For it concerns the difference between the western and the Oriental manner of serving a meal. "These are charming plates," said Dr. Akagi. "But have you ever noticed that dinners in America are served on dishes that have the same pattern? I mean the plates, the saucers, the cups, the gravy bowl, the vegetable dishes, all are of a uniform pattern. And that is very nice, especially if the patterns is pleasing as this one assuredly is."

"But in the East, in the Japanese homes, we like to think that a blanket pattern does not always make for the utmost harmony. So we do it in this way: "We permit the food itself to determine the color and the contours of the dishes. Perhaps the first course may be served in an oval bowl of light blue in color. The second course may be served in a triangular or an oblong dish, or even a square. And you would be correct, for there would be no decorations, no tapestries, no flowers. But there is a satisfactory reason for this. This room is really a stage. When a Japanese invites you to his home he studies you carefully, he tries to imagine the things you like, the sort of surroundings you prefer to be in. Then he hurries some and dresses the room accordingly.

"If you are a writer, for instance, the room will become cozily arranged with many books and a fireplace, and perhaps trinkets that the host knows you admire. If you are a musician, the room takes on the atmosphere of a musical study—a piano, a

Many things may cause the blood pressure to rise above the normal or ordinary, and most of the things that do so are not particularly serious. Worry or anxiety may do so, even worry over the height of one's blood pressure.

How widely the normal blood pressure for individuals varies is indicated by the figures recorded in reference to the meat diet test just mentioned. Both men in their prime and in good health: Stefansson's pressure, 105-70; Anderson's, 140-80 to 120-80. Obviously it is inaccurate and misleading to attempt to set up any arbitrary scale of blood pressure according to age, as so many bunk-merchants who cater to fust-budgets do.

People who imagine cutting out meat or eating less meat reduces blood pressure if the pressure is too high, ought to be informed that if the blood pressure becomes lower on such a regimen it is not because they have cut out meat but because they are eating less salt, which animal flesh contains, and perhaps also less salt in and on their food.

QUESTIONS & ANSWERS

Clabber. What can I put in sweet milk to make it clabber quickly? Am very fond of it. (Mrs. H. R. D.)

Answer—Par-boiled or pasteurized or scalded milk of course does not sour as quickly as pure raw milk does. You can hasten the spurring process and clabbering by using a "starter"—a tablespoon of today's sour milk added to tomorrow's fresh milk.

Crust. Please let me know if the crust of bread contains the same amount of fat, starch and vitamins as the inside of the loaf. (Mrs. J. C.)

Answer—The same amount of fat, less starch, more dextrin, less vitamin B, if any left in the flour, and of course the crust is heated more than the interior of the loaf during baking. Any time you invite me to lunch, I'll take all the crust and you can have all the inside of the loaf. Copyright 1938 John F. Dille Co.

Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino Beverly Hills, Calif.

The Capital Parade

(Continued from Page One)

loved it in receiving the plans of the holding companies for the reclassification of their securities, and the integration of their structures, and so forth.

Instead, the SEC has accepted the plans on a tentative basis, examined them, and if some fault was found avoided making a definite finding. Where faults have been found, they have been privately pointed out to the utilities executives, and then the corrected plans have been approved. The greater cooperativeness of such a method is obvious.

Again, the General Electric company is technically under the sway of the SEC, since it has some operating utilities subsidiaries. Yet the SEC has done the unheard-of thing among government agencies: it has refrained from exercising its power, preferring to promise the General Electric a two-year exemption, in return for a General Electric prom-

WATCH Thursday's Paper for HUBBARD BROS. Advertisement

MOTHER'S DAY CARDS For your own mother—other mothers—grandma—sister—nephew—uncle—who has been like a mother to you—etc. SWEM'S GREETING CARDS

be that the operating subsidiaries will be disposed of.

Last this seem too much a song from Pollyanna. It must be added that amiability does not reign everywhere among the holding companies. At least one of the largest ones is suspect by the SEC, and suspects the SEC in turn, although outward good relations have been preserved so far. A violent intra-mural quarrel is also developing within the utilities industry, over the control of the new integrated systems.

Finally, it should be pointed out that the SEC's friendliness is based on the expectation that the holding companies will fulfill their responsibility to the satisfaction of the SEC. If, after a year, certain companies have failed to do so, Chairman Douglas will mark off the sheep and the goats and go after the goats with his accustomed toughness. But at the moment, the important thing is that he does not long for any such punitive expeditions.

Comment on the Day's News

By FRANK JENKINS

SOME time when you have a few minutes to spare, ask yourself this question: "Just what are we doing for our children in these supposedly modern and enlightened days?"

WERE educating them, of course, and their schooling takes about half of all the local taxes we pay. But we're doing something else.

We're loading them down with debt, and thus making their lot harder than ours has been. We're borrowing our way deeper into the hole every day, and saying cheerfully: "Oh hell, let the kids pay this off!"

AND they'll have to PAY! A debt of \$7 billion can't just be laughed off. It takes WORK to pay off \$7 billion dollars—work and self denial.

It's a lot of fun to spend like a drunken sailor, happily heedless of where the money is coming from, but it isn't going to be so much fun when the time comes to pay up. The paying will be done by our children and their children.

IF YOU have average parents, you must have heard them say a thousand times: "We want you to have an easier time of it than we did."

Well, we of this generation HAVE HAD an easier time than our parents did. (Or at least our grandparents.) They built the finest civilization the world has yet known, and WE are enjoying it.

And, generally speaking, they PAID AS THEY WENT, leaving us few debts.

BUT we are spending money with both hands—spending at a wilder and more reckless rate than any people ever spent before since the world began—and we're paying the bills with IOU's.

When these IOU's come due and HAVE TO BE PAID, it's going to be a lot harder for our children, who will do the paying, than it has been for us.

That is something to think about.

Flight o' Time

Medford and Jackson County history from the files of the Mail Tribune 10 and 20 years ago.

TEN YEARS AGO TODAY May 3, 1928 Edgar B. Piper, editor of the Oregonian passes.

Italian airship, in charge of Gen. Nobile starts on North Pole flight. Drive for cut of fruit freight rates started.

Orchardists of valley amuse for third night in row. Medford to join with Klamath Falls in rail celebration.

Free flower seed at CoCo for planting along Pacific highway.

TWENTY YEARS AGO TODAY May 3, 1918 Sunday tourists to Hit and other California points are warned not to attempt to bring back liquor as dry agents have been posted on the Sierras.

J. C. Mann spent a few hours in Eagle Point Thursday. German drive against Italy begun.

Third Liberty Loan goes over the top in all sections of the land. British losses in latest German offensive total 250,000 men, and many guns.

John Wilkinson of the Internal

Chevrolet JINGLES Wonder how Cleopatra would look in a modern skirt? One of those new, short ones way up out of the dirt. Bet she'd find it mighty convenient, too. If she rode with Mark on a bicycle for two. What a lot she missed, living so long ago. But she knew her wiles, how to hold a beau. She should have had a Chevrolet when in her prime. For she was the original "Come up and see me sometime."

Chevy M. Hurd Rogue River Chevrolet Main and Riverside Service Dept.—32 No. Riverside Used Car Lot—Riverside at 4th

LA TOSCA PHOENIX ITALIAN DINNERS We serve only the highest quality foods. We wish to express our thanks to our friends for the many helpful suggestions—Mary and Al.

REXALL 1 CENT SALE MAY 4, 5, 6, 7 WEST SIDE PHARMACY MAIN AT GRAPE

IT WILL PAY YOU TO GO TO HUBBARD BROS. IF YOU NEED A LAWN MOWER

WESTERN LIFE INSURANCE CO. Announces the Appointment of JOHN E. ENDERS As Associate General Agent for the Southern Oregon Agency—203 Medford Building HIGH LIGHTS of TWENTY EIGHTH ANNUAL FINANCIAL STATEMENT Dec. 31, 1937 Assets of \$13,986,386.91 Surplus to Policyholders, including voluntary reserve, over \$ 2,275,000.00 On deposit with the State Insurance Commissioner of Montana securities of \$13,108,866.74 This is 7 per cent in excess of the amount required by Montana's deposit law. Bonds—government, municipal, railroad, public utility and industrial \$ 6,041,183.75