

MEDFORD MAIL TRIBUNE
 "Everyone in Southern Oregon Reads the Mail Tribune."
 Daily Except Saturdays.
 Published by MEDFORD PRINTING CO.
 15-21-13 N. 1st St. Phone 15
 ROBERT W. HULL, Editor.
 BENNETT E. GILBERT, Manager.
 An Independent Newspaper.
 Entered as second-class matter at Medford, Oregon, under Act of March 3, 1879.
 SUBSCRIPTION RATES:
 By Mail—In Advance:
 Daily, one year.....\$8.00
 Daily, six months.....\$4.50
 Daily, one month.....\$1.25
 By Carrier, in Advance—Medford, Ashland, Jacksonville, Central Point, Phoenix, Talent, Gold Hill and on highways:
 Daily, one year.....\$8.00
 Daily, six months.....\$4.50
 Daily, one month.....\$1.25
 All terms cash in advance.
 Official Paper of the City of Medford
 Official Paper of Jackson County
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1937
Ye Smudge Pot
 By Arthur Perry.
 No citizen was peppered for a duck upon the opening of the season. The inability of Man to fly, high and handsome, or low and level, no doubt protected him from pot shots of careful hunters. Since a gent was wounded by a nimrod who mistook an auto license plate for a cougar, people suspect they look like what the trigger puller wants them to look like, when squinting down the barrel of his weapon.
 "In all his long years Santa Claus never increased the standard of living of a nation."—Wherein, a great truth dripped from the lips of former President Hoover in a recent radio speech.
 A boy actor of Hollywood who receives (if you care to believe it) \$25,000, should have his pay raised. In a court suit, wherein his parents sought his custody, and to set aside his adoption by an aunt, the lad testified, when asked if he had any affection for his parents:
 "No," he said matter of factly, "they're strangers to me."
 Right then and there, in the now defunct "Triggered Individualist" days, there would have been a spanking, without waiting for a writ to march the prodigy to the woodshed.
 LOCAL PRIDE RETAINED
 (Parsons (Kan.) Sun)
 "A farmer at Thayer is selling his property at public auction next week. A public sale usually carries some results, for as a general thing the farmer quits business and moves from the community. This farmer isn't leaving. In his advertisement he says: "I am not moving to California. I am simply going on relief."
 In eastern cities where the CIO, in elections, sought control yesterday, their candidates met defeat, thus knocking back, if not pinning back, the ears of John L. Lewis, high ace of the organization. Who has shown signs of possessing a presidential bee.
 The I. Coleman boy, John Russell, will be four years old tomorrow. He is a caution.
 The Halloween havoc has all been checked and re-checked, and is extensive throughout the city, state and nation. No sire was caught trying to open a bank safe, while indulging in an innocent Halloween prank.
 The Klamath county democratic senatorial aspirants have opened oratorical fire for the primary at this early date, insuring a lively verbal exchange all winter. There are two entries, and the remainder of the state, in self-defense should insist the quota be restricted to more than the number of courthouses they once erected.
 WESTERN STUFF.
 This Alkali Aid and his fearless pal—New Mexico Pete, by name—Are riders as bold as the stories told. Or a West that is far from tame.
 You may picture the two as a reckless crew.
 Out yonder where men are strong: As a dauntless pair that all dangers dare, And you won't be greatly wrong.
 You may fancy the twain on a rolling plain.
 Each wearing his chaps and gat, All booted and spurred, but, upon my word, They are never a bit like that.
 On their plinto steeds where the tumbleweeds
 Blow over the prairie wide, You may think they dash, but, Al, though they're rash, That isn't the way they ride.
 They are riders bold as the knights of old
 (As an earlier stanza blase) But their ridin's done and their wages won.
 In Los Angeles taxibars.
 —(Poetry)—

Good Government Wins

THE expected happened. Mayor La Guardia was slated to win re-election as chief executive of Greater New York. He not only won, but rolled up a majority of nearly half a million votes.

This is a great victory for capable and honest government, and a crushing defeat for Tammany Hall. It may make La Guardia president of the United States, and it may destroy Tammany as a dominant political power in the state of New York, for all time.

THE first is less likely than the second. For while La Guardia, is not, as has often been stated, foreign born and therefore ineligible for the presidency; it is difficult to picture the Republican party ever accepting him as its standard bearer. While he is nominally a Republican, he is at heart, and in his political philosophy, a Roosevelt new dealer. He was opposed in yesterday's election by Postmaster General Farley, Governor Lehman, and other Democratic leaders, but only because Tammany Hall put on the heat, and they couldn't—or wouldn't—openly break with the organization that had supported them, and technically controlled their own party machine in Manhattan. It was noticeable that none of the Democratic leaders yanked off any suspenders buttons, in going down the line for Judge Mahoney, while President Roosevelt himself, maintained a "hands off" policy throughout.

Of course reform movements in New York City, come and go, while Tammany goes on forever. And if political history should repeat itself, the old tiger will not have to lick his wounds very long, before the skies clear, the revival of civic morality passes, and "King Richard is himself again." But there are reasons to believe history will not repeat itself. As long as President Roosevelt controls the Democratic party, either within or without the White House, Tammany will have no patronage from a national standpoint. With La Guardia still in the saddle, it will have none in Greater New York. And judging by the results of yesterday's election up state, with a man of Governor Lehman's type in control, there will be slim pickings in Albany.

Tammany lives on patronage, and can't exist without it. If it can't pay off its organization workers, and subsidize the electorate, it can't get to first base. Moreover with the adoption of proportional representation, in Greater New York, Manhattan where Tammany rules, will no longer hold the balance of power and control will probably move across the river, where Tammany opposition is now firmly entrenched. In fact this ballot reform venture, if retained, may do more toward putting a quietus upon Tammany Hall, than anything else.

So all in all, the final passing of Tammany Hall as a controlling force in New York politics, state and city, looks hopeful. The triumphal progress of La Guardia, from New York's city hall, to the White House—via Albany perhaps,—doesn't appear so likely—although stranger things have happened in politics, in the past and may again.

Honesty and efficiency win in New York. Tammany receives a terrific, perhaps a fatal blow to the solar plexus. Thomas Dewey, the most forceful and fearless foe of crime and corruption in Manhattan history, becomes district attorney.

Regardless of what the ultimate results may be, the people of Greater New York, can congratulate themselves, upon having done a swell job for themselves—and for the cause of good government,—in yesterday's election.

On the Radio Chains

- Where to Find Them on the Dial:
 KEX, Portland, 1180; KFI, 940, Los Angeles; KGA, 1470, Spokane; KGO, 790, San Francisco; KGW, 690, Portland; KJR, 970, Seattle; KNX, 1080, Los Angeles; KOA, 850, Denver; KOIN, 940, Portland; KOMU, 926, Seattle; KPO, 680, San Francisco; KSL, 1130, Salt Lake.
 Wednesday
 5:00—(NBC) One Man's Family, KPO, KGA, KEX, (CBS) Maurice's Orch., KNX, KOIN.
 5:30—(NBC) Skoals from Hollywood, KGO, KGA, KGW, Meakin's Musical News, KPO, (CBS) Hawaiian Moon Casino, KNX.
 5:45—(NBC) Agriculture Today, KGO; Norwegian Quartet, KGA.
 6:00—(CBS) Kotelaneta Orch., KNX, KOIN, KSL, (NBC) Musical Comedy Hits, KGO, KGA; Reporter, KPO.
 6:15—(NBC) California on Parade, KPO; Beaux Arts Trio, KGW.
 6:30—(NBC) Thrills, KGO, KFI, KGW; Minstrel Show, KPO, KGA, (CBS) Tish, drama, KNX.
 6:45—(CBS) Drama, KOIN, (NBC) Political Talk, KGO.
 7:00—(NBC) Hit Parade, KPO, KGW, KFI, Concert Petit, KGO, KGA, (CBS) Gang Busters, drama, KNX, KSL, KOIN.
 7:15—(NBC) Not a Day, KGA; Dance Hour, KGO.
 7:30—(CBS) Hobby Lobby, KNX, KSL, KOIN, (NBC) Waltz Interlude, KGO, KGA.
 7:45—(NBC) I Want a Divorce, sketch, KPO, KFI, KGW.
 8:00—(NBC) Amos and Andy, KPO, KGW, KFI; Land of Whistit, KGO, KGA, KEX, (CBS) Poetic Melodies, KSL, Scattergood Baines, KNX, KOIN.
 8:15—(NBC) Lum and Abner, KGO, KGA, KEX; Uncle Ezra, KPO, KFI, KGW, (CBS) Book Carter, KNX, KSL, KOIN.
 8:30—(CBS) Eddie Cantor, KNX, KSL, KOIN, (NBC) Olsen and Johnson, KPO, KFI, KGW; News, KGO, KGA.
 8:45—(NBC) Arden's Orch., KGO.
 9:00—(NBC) Town Hall, KPO, KFI, KGW; Busse's Orch., KEX; Malady Time, KGO, (CBS) Cavalades of America, KNX, KSL, KOIN.
 9:15—(NBC) Busse's Orch., KGO, KGA.
 9:30—(CBS) Bob Crosby's Orch., KNX, (NBC) Hines Orch., KGO, KGA.
 9:45—(NBC) Arden's Orch., KGO.
 10:00—(NBC) Castle's Orch., KGO, KGA; Richfield Reporter, KPO, KFI, KGW, (CBS) Sam Hayes, news, KNX.
 10:15—(NBC) Three Cheers, KPO, KGW, KFI, Castle's Orch., KJR.

HOOD RIVER APPLES STOLEN FROM FARMS

HOOD RIVER, Nov. 3.—(AP)—Thieves who use trucks are inflicting heavy losses on orchardists here, raiding packed boxes which are left in the fields overnight. William Sommers told police he lost 100 boxes of apples.
 Closing time for too late to classify Ads is 1:30 p. m.

Personal Health Service

By William Brady, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Calif.

BELLY BREATHING FOR NEURASTHENIA

Certain individuals, whether they are regarded or regard themselves as "neurasthenic" or not, are unable to hold a deep breath for anything like the normal period (around 40 seconds). In most instances this is directly due to a some impairment of circulation or perhaps impairment of the lungs. One who is unable to hold the breath more than 30 seconds may not have any specific heart or arterial disease, but he or she unquestionably needs medical attention.

No matter what ails the person whose breaking point in the breath-holding test is below normal, and no matter what the main cause of the condition may have been, there is good reason to believe that the essential basis of the trouble is anoxia—oxygen deficit in the tissues. We might go into the causes and the symptoms in greater detail but, after all that is not the layman's concern. Medical men may find it enlightening to read the chapter on "The Nervous Control of Breathing" in J. S. Haldane's "Respiration" (Yale University Press, 1935).

Haldane suggests that common symptoms or complaints of "neurasthenic" persons or those suffering from fatigue or shock are "analogous to the exaggerated reflex restriction in the depth of breathing and the inability to hold the breath. All these symptoms seem to be due to what Hughlings Jackson called "release of control." Haldane then refers to the shocks to the nervous system in connection with various incidents of warfare and the part they played in the causation of "soldier's heart," "chronic gas poisoning" and permanent "shortness of breath," but it was equally evident, he adds, that "infections of different sorts were also in part responsible for the condition, the nervous system apparently having been weakened by toxic influences." Only way I can conceive that bacterial toxins could "weaken the nervous system is by damaging the nerves or the nerve centers, poisoning them."
 Fatigue of the respiratory center or other parts of the nervous system

may be due partly to overwork, Haldane thinks, but also partly to want of oxygen. Then he makes this significant remark:
 "Neurasthenia may be thus regarded as only a more lasting and persistent form of ordinary fatigue or exhaustion. It will be shown later that a very important effect of the shallow breathing characteristic of neurasthenia or fatigue of the respiratory center is imperfect oxygenation of the blood."
 "Don't make the mistake of inferring from this that "deep breathing exercise" will correct the fault. We will clarify the matter in a later article.

QUESTIONS AND ANSWERS

Dampness.
 Will sleeping in a room where damp clothes are hanging to dry be harmful to health?—(E. I. K.)
 Answer—On the contrary it is beneficial to health, especially in the winter when the air is artificially heated. Send stamped envelope bearing your address, for monograph on Heating and Humidity.
Wheat.
 Can one get wheat germ by itself or is it available only in the form of whole wheat? The whole wheat we get from the mill has some of the bran polished off.—(Mrs. L. R. B.)
 Answer—Health food stores generally have pure wheat germ for sale by the pound. Get wheat from the farmer or from a seed or feed store and you get plain wheat with nothing removed. Send stamped envelope bearing your address for instructions for using plain wheat in the daily meals.
Tongue Tied Myth.
 Baby, month old, nurses all right, gains, but never sticks her tongue out. Some friends say she must be tongue-tied and will probably never talk. Our doctor says the baby is all right. What do you advise?—(Mrs. T. McK.)
 Answer—I think you have the character mixed up. Your doctor is your friend. The busybodies who fear the baby is tongue-tied are just busybodies. There is no such thing as being "tongue-tied."
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 Ed. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.



NEW YORK Day by Day

by O. O. McIntyre

NEW YORK, Nov. 3.—May and December romances in New York are acquiring a stability the younger folk miff. While the letter splatter the news columns with dashes with Reno, youth and age are seen everywhere fairly beaming a marital happiness.

One of the season's romantic stressings of Ed Wynn and Frieda Miere. She is the tall and stately type and was for several seasons in the Polies and Wynn's theatrical enterprises. His bride is 20 years the senior of his bride.

They sailed away on his yacht as happy as a pair of love birds and returned to reside in the fashionable Park avenue section. George Blumenthal, the art collector, married a lady many years his junior and they are very happy. The same is true of the Sam Goldwyns.

The romance of Jimmy Walker and Betty Compton has, despite all predictions, been idyllic and the millionaires Julia Bratton and the much younger Hope Hampton are always together cooling like turtle doves. And that applies to the Nicholsons Schencks.

Sublime satire: The biggest chuckle in the play in which George M. Cohan impersonates the president is during an cabinet meeting. The president suddenly turns to his attorney general and barks: "Cummings, take a law!"

Upper Park avenue is to have a deluxe cheese shop, a miniature Taj Mahal dealing only in various brands of cheese, domestic and foreign. For the past few years the metropolitan has been showing a cheese consciousness. In the finer restaurants the displays on the portable tables are works of art. Many eating places, Holland fashion, also list cheese on breakfast menus. One of the publishing houses is readying a book to appeal solely to the cheese connoisseurs. Bruno Lesting is an expert cheeseist.

The widely expolited "No. 21," incidentally has decided to remain open Sunday chiefly to serve what it calls a "hang-over breakfast"—a menu calculated to startle the jaded appetite into accepting a few tidbits. The most famous of the pick-me-up breakfasts used to be served at Murray's on West 42nd street and was said to be the creation of the actor, John Mason. It consisted first of chilled orange juice with a soupcon of brandy, then two raw eggs doctored up with Worcestershire sauce and dashes of paprika, then—of all things—marinated herring. It was a favorite of Nat Goodwin, Wilson Lacey and Dewey Hopper when the going had been rough.

I am told that gentlemen who

to lock the barn is before the horse is stolen.
 Since you are a radical New Dealer, nothing, of course, would please you more than that the opposition go to sleep and not wake up till ballooning time next summer. That is the way the dregs lost prohibition. That is the way to lose any battle. Hence you advise the Republicans to take that course. Why don't New Dealers take a nap? Why are they so feverishly at work right now waiting the chain, that they can't even wait till the regular January session of congress? Not a minute is to be lost if they are to place a controlling hand on everything before the next election. If the opposition would only go to sleep for six months all would be lovely.

But who are these people who claim that the European brand of despotism is already established here? You are evidently "seeing things." But these swift, subtle, multimodal, preparatory steps being taken, these persistent, determined policies that pave the way and prepare the people for absolutism, while they cripple or bogtie the opposition, such things fully justify the warning cry that raises you while that warning may be given without facing a firing squad as a traitor, in some Soviet "purge."

Another thing: Why is dictatorship so commonly linked with fascism? Far the darkest menace in this world today is Sovietism, not communism, which is merely the Soviet's weapon for destroying all other governments.

This writer believes that Sovietism is four times as powerful in this country right now as fascism and Nazism combined. Why is the fascist bogie man kept so constantly before our eyes? That is part of the game. The Soviet can work much faster if unobserved. They have a "passion for anonymity."

Well, if the fly with his "foot in it" wants to escape from that web he had better not waste any time.
 EDWIN DEACON,
 Talent, Ore., Nov. 2.

From General White.

To the Editor:
 I have just read your splendid editorial of October 28 concerning the National Guard. There are times in the life of any National Guard unit when, despite all the unit commander can do, there is a problem of recruitment and drill attendance. Editorials such as the one published by you in the Mail Tribune are a truly worthwhile public service, and are of great assistance to the local National Guard commander.

I want to take this opportunity of expressing to you my appreciation for the assistance that you have given your local National Guard units.
 With all good wishes, I am,
 GEORGE A. WHITE,
 Major General,
 Salem, November 1.

Comment on the Day's News

By FRANK JENKINS
 THE Japs, it is reported from Brussels, (where the nine-power treaty conference is about to begin) are willing to call off their war on China if they are permitted to keep what they've already taken.

THEY'RE willing to do this, they say, for two reasons:
 1. They don't really want to crush China. They just want to force her to "co-operate" with Japan instead of with Russia.
 2. They're afraid that if they get too deep into China they may weaken themselves to the point where they will be open to a successful attack by Russia.

FIGURE it out for yourself! But to a cynical newspaper man it sounds too honest to be true. There must be a card up somebody's sleeve somewhere.

THIS dispatch comes from Washington:
 "The president's plan for balancing the budget revolve around hopes of increasing the buying power of lower income groups."

IT sounds good, of course, but there would be a lot more real hope of a balanced budget if his plans revolved around spending less than is taken in.

AT some time in your life you've probably been so deep in the hole that you've wondered how on earth you were ever going to get your debts paid, and you've tried a lot of fancy schemes, but in the end you've found that the only scheme that would work was spending less and living mighty close until you got caught up.

It works the same way with governments, but it's hard to get a politician to admit it.
 SPENDING is a lot of fun and paying up is a lot of grief. That also is as true of governments as of individuals.
 Use Mail Tribune word ads.

Behind Washington Headlines

By H. R. Baukhage

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(Continued from Page One)

can peace groups are afraid of the venerable Briton who is about to week-end on Pennsylvania avenue. They are afraid that, in some of those intimate chats on the sofa in the White House, Lord Cecil will win President Roosevelt over to the interventionist side of the scale and inspire him to back up the famous Chicago speech with some kind of action.

The day after election day last year, the Reverend Gerald L. K. Smith was, according to his own statement, in duress. The day before election day this year, he was consorting with the great (outside the New Deal) and had enough money to make a down payment, according to his own statement, on a \$26,000 radio hook-up.

Self-appointed head of the "committee of a million," the advent of a fascist-bugle man is getting ready to go after the president, the New Deal, John Lewis, et al, hammer and tongs with the zeal he learned when he was a lieutenant of the late Huey Long.

Mr. Smith may or may not build up a following as important—or unimportant—politically as Father Coughlin's "wholes network" he is taking over) but he has a long-time program ahead.

He believes the Anti-Saloon League was the greatest pressure group ever organized in American politics, but he says it made one mistake. They had a bad name. They put in "anti-saloon" and then put the saloon out of business. And that put them out.

Mr. Smith makes no such mistake. He is anti-nothing on paper. He is just a "committee of a million" fighting against "concentrating authority in the hands of the president," a "tendency to establish an industrial dictatorship"—he is by no means limiting the worlds he has to conquer.

How much impression his announced plans have made, if any, on the New Deal scene so far, it is hard to say. He might become an important factor.

Secretary Wallace must be getting jealous of the president.
 Anyhow, he has picked one of his ace aides, M. S. Eisenhower, as "co-ordinator." Mr. Eisenhower, unlike secretary James, will limit his co-ordinating to within the department of agriculture.

Mrs. Edwin Janney was hostess to the Thursday club last week.
 Fred Haight has taken the position of music supervisor in the Jacksonville and Talent schools.

With so many agencies at work trying to improve the lot of the farmer, they sometimes stepped on each other's toes, it seems. This is understandable. It would be a little embarrassing, just after an adviser from one division had advised a farmer to plant grass, to have another expert from another division decide that maybe wheat would be just the thing. Someone, too, has to say whether a farm should be handled as a problem for the farm tenant people or used for soil conservation purposes.
 Mr. Eisenhower, who is an old hand at departmental matters, having served since the days of Secretary Jardine in 1928, will make surveys, review and co-ordinate the work. The new co-ordinator has held more jobs than his rival at the other end of the avenue. He has served two years in the foreign service and has taught agricultural journalism. He will handle the work of a dozen divisions.

Flight 'o Time

Medford and Jackson County history from the files of the Mail Tribune 10 and 20 years ago.

TEN YEARS AGO TODAY
 November 3, 1927.
 (It was Thursday.)
 Terminal hotel to change its name to Hotel Jackson.

Realtors to give "Miss Medford" a new auto, as a feature of their home exposition.

California shaken by earthquake, New England swept by floods.

Partner of Harry Sinclair, charged with jury tampering in Teapot Dome trial.

President Coolidge, replying to protests of corn belt farmers, declared: "No legislation is a cure-all for agricultural woe."

Lutheran church cornerstones to be laid here Sunday.

George A. Hunt now control six movie theaters in southern Oregon.

TWENTY YEARS AGO TODAY
 November 3, 1917.
 (It was Saturday.)
 First Americans captured by Germans on western front. Crown Prince's army retreats at Verdun.

Major E. E. Kelly of the U. S. signal service, who was the last man in the training camp at the Presidio of Monterey, is the first ordered out. Under telegraph orders he has left for the east and probably France, having made good in the training camp and confirmed his provisional commission.

Mayor Gates to preside at patriotic rally at the Presbyterian church Sunday.

Mrs. Edwin Janney was hostess to the Thursday club last week.

Fred Haight has taken the position of music supervisor in the Jacksonville and Talent schools.

MAKE MINE WITH OOP!

SEE WHERE OOP GETS ITS NAME?

OLD OSCAR PEPPER (Grand for short) is all whiskey—a oop and glorious combination of smooth, mellow, straight whiskies. Famous since 1838. Try it! Old Oscar Peppor is a blend of straight whiskies, 90 proof, made by Frankfort Distilleries, Inc., Louisville and Baltimore.

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