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Ye Smudge Pot

A 57-year-old sportsman of Johnstown, Pa., is reported to have halted the wild charge of a rampaging bull with a blow of his fist, to save a boy's life.

John Barrymore, romantic movie actor, and divorced wife whose hectic domestic squabbles made the headlines scream, and humans feel like it, announce they will re-wed.

All the high school girls, the Misses Robinson, Demmick, and Dorrer, are all happy and at home for the summer.

The bright sunshine yesterday caused a general rush in the rural areas to the business end of a pitchfork.

An upstate exchange alleges the Bonneville Dam power issue is a candle in the march of events.

MAW NATURE STEPS ON IT. (Halfway (Ore.) Jottings)

All nature has been in a hurry this year, it has been noticed by those who watch things grow.

The state fire marshal reports one resident of Oregon had 42 fires last year. He ought to do well with a cigarette in the timber.

The O-Men now hold that Mrs. Alice Parsons of Stony Brook, N. Y., has been kidnapped, and the county authorities attribute her mysterious disappearance to murder.

TEN YEARS FROM TODAY ITEM: He is a survivor of the last Democratic administration, and was shot while attempting to go to work in a horse-and-buggy American manner.

An Oklahoma resident, once a millionaire, but now broke, alleges he was never happier, and has no desire to ever be a millionaire again.

It's about time some Adonis from a lofty point, straightened out the wrinkles in his "athing-suit, and dove 41 feet into seven inches of creek water, unappreciatively.

The fear of a dictator, communism and fascism is upon the land. Judging by all the shooting and wild speeches, the country may need one. Communism and fascism can't be much worse than the current demofolians.

The champion onion grower of Indiana reports there is a chance to produce an onion, that will also be a lily. This comes under the head of giving the lily the worst of it, instead of the proverbial gilding.

Young Franklin D., who will be wed next week to the charming daughter of a diabolical "economic royalist," has picked out the three lilies to be played at the wedding reception. "Happy Days Are Here Again" is not one of them.

The manuscript collections in the steel vaults of the public library in Moscow are rivaled in value only by those in the British Museum and the French National Library.

Max Is Double-Crossed

THAT prize fighting is no longer a sport but a business, is clearly demonstrated by the fact, that Joe Louis the Brown Bomber is now the heavyweight champion.

Cash receipts, not fistic prowess, presented Louis with the crown. As far as the sport records go Max Schmeling of Germany, is still the better man.

A YEAR ago the doughty Max, a hopeless short-ender, at one to ten, gave the dope bucket a swift kick in the midriff, and out-foxing and out-gaming, the ex-cotton-picker, put him down for the count of ten.

By every rule of good sportsmanship that victory entitled Max to a match with Jim Braddock, the then-reigning champion. But the smart financiers behind the fight game decided otherwise. They figured—and figured correctly,—that a Braddock-Louis match would bring in the better gate.

SO Max was given the double-cross, and as a result, Braddock has about \$200,000 more money in the bank than ever before, while the promoters will split up \$100,000. Not bad for Jim who a few years ago, was in the bread line.

BUT a raw deal for the German. There is little doubt that had he been given what he honestly earned,—a crack at the crown,—he would have bested the game, but the ageing title-holder also. And today he would be in the shoes of the Brown Bomber, the heavyweight champion of the world, and would have achieved his life long ambition.

Fame and fortune would now be his, and in a rematch with Louis, he would have been the one to dictate terms, and draw down the big money, not—as will now be the case,—the dusky dynamiter, he so gallantly flattened.

IN short Max Schmeling was robbed. And it's at least a two to one bet, that the fistic crown he should have worn, will never be won. For the lesson the German gave Joe Louis a year ago was an invaluable one. Joe will never be a set-up for a smashing right-cross again.

So that's that. However, robbery is nothing new in the prize fight game, and the boys who play on the cash register, have controlled the sport, for nearly a generation.

It is really amazing how prize fighting has survived in spite of the way it has been treated. Like those who engage in it, it possesses an extraordinary stamina and vitality.

A COLORED champion of rather forbidding personality, will do it no good, incidentally. But it will no doubt survive, for there is a primitive appeal in the crude battle of fists, which seems to be deeply imbedded in human nature.

It's drama in the raw, of course, but it is still drama. Crookedness and commercialism will no doubt kill it some day, but as long as there is "big money" in it, that time appears far distant.

"Make Way For Tomorrow"

TOO bad that film, "Make Way for Tomorrow" was shown only one day in Medford. We venture to say when the 1937 movie books are balanced, it will take a place high up among the leaders. For it is one of the most moving, restrained and artistic productions, that has come out of Hollywood in many a long day.

And what a cast! Not a flop in the list nor a stooge nor time server. And intelligent, sensitive, direction, from the first flicker to the final fade-out!

BUT of course it won't be a box-office success. Its appeal is too limited and its pace too slow. Moreover it is practically without action, in the accepted sense of the term, and is devoid of any approach to thrill or glamour.

It has humor, and human nature—plenty of both,—but the humor is too subdued, and the human nature too prosaically authentic, to arouse any acute consciousness of either.

"Make Way for Tomorrow", HOWEVER, comes nearer to being a faithful presentation of REAL middle-class life in this country as it is LIVED,—without exaggeration or misrepresentation,—comes closer to the ideal of putting a mirror up to our grass-root nature, and allowing the spectator to draw his own moral instead of having the producer slap him across the face with it, than any film that has come up this way, in a very long time. And the characterizations of Victor Moore and Buelah Boudi,—particularly the latter,—as the "old folks" whom life has passed by, should be in the running at least, for the annual movie awards, next winter. Those who saw them last night, will not soon forget them.

THE theme is not new, in fact as old as the world. But we can't recall any former drama, built around it.

Briefly it is this: What to do with the old folks, grandpap and grandma, when they can no longer work, have saved up no money, and the children have no surplus in the bank themselves. A few thousand years ago the young folks knocked them over the head with a club, but we do things differently today.

Today there is only one answer. They go to live with their children, as they did in this film, and that doesn't work out.

THE fault is on neither side, but inherent in the situation. People in their late seventies are going through the door of life in one direction; people in their middle forties, are going through, in the opposite direction. Put them in the same house, give them the kindest impulses and the best of intentions, but there is sooner or later, a clash, which either ends in tragedy or separation.

In this film it was the latter, not only separation from their children but from each other. (Not tragedy in the melodramatic sense, but sufficiently heart-breaking.) That final fadeout of Grandma Cooper on the station platform, incidentally, as a bit of intelligent and restrained pantomime, entitles her to a place at least, in our private movie hall-of-fame.

THERE were some minor defects in the film of course,—the daughter Grand Pap Moore had to live with struck us as considerably overdrawn. But all in all "Make Way for Tomorrow" is one of masterpieces of 1937, as far as this column is concerned.

But it won't last long. In another five or ten years, federal social security will be functioning no doubt, and the Grandma Boudi's will have to go to the old ladies' home no longer!

Personal Health Service

By William Brady, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly, Calif.

CAUSE AND PREVENTION OF PNEUMONIA

In an article published recently, "The Natural Way to Breathe," we showed how lowering of the vital capacity, shallow breathing, and not chilling, accounts for the frequency of pneumonia and other pulmonary complications.

Following a major operation, whether the surgery is done under ether or other inhalation anesthesia, or under local or spinal anesthesia, many measurements with the spirometer (which measures the quantity of air breathed) have indicated that the vital capacity is lowered from 30 to 50 percent for a few days following a major operation, especially an abdominal operation. Ordinarily an adult breathing quietly inhales and exhales a pint of air in each breath, and cuts down this average air intake from one-third to one-fifth of the volume of the air is oxygen, and one may readily imagine the lowered vital capacity might have far-reaching effects on health and life.

Collapsing (atelectasis) of portions of the lungs is more likely to occur when the vital capacity is lowered. Collapse of the air-cells of the lungs, rather than filling with water, is the cause of death in drowning, where the victim gets a little water in the nose or mouth in the first fright and struggle, inducing spasmodic tightening or closing of the glottis or entrance to the windpipe, so that the violent efforts to inhale air produce negative pressure within the chest, and collapse of the lung.

Belly breathing exercises and inhalation of carbon dioxide from an inhalator—a mixture of carbon dioxide from 7 to 10 percent with oxygen—is one of the best preventive measures against pneumonia in any circumstance where pneumonia is likely or pulmonary complication is likely to occur.

Of course all I know is what I hear real doctors say, but I sincerely believe that the regular practice of belly breathing, especially six belly breathings on retiring and six on waking in the morning, is a good prophylactic against pneumonia. Medicine of the sedative or narcotic class, too often taken by laymen for relief of cough, are, in my opinion, a contributing cause of pneumonia. Such drugs benumb the cough reflex, favor the retention of cold or tenacious mucus in the bronchial tube, and this may serve as anything but a loss—and that was mostly what he got.

a plug which gives rise to a small area of collapse or atelectasis of lung. The collapsed airless lung tissue is more vulnerable to pneumococci than is a normally functioning lung. Again, suppression of cough by such means impairs a natural means of defense—for the natural purpose of coughing is to expel something foreign or irritating. Finally, cough does tend to lower the vital capacity still further.

Finally, I believe but do not know that exposure of the naked skin to ultraviolet light, mid-day sunlight, is a prophylactic against pneumonia and other respiratory infections. If for any reason one cannot absorb ultraviolet (which produces vitamin D in the skin, then one requires an adequate daily ration of vitamin D internally, in one form or another.

QUESTIONS AND ANSWERS

Case: In one eye since early childhood, eye also blind. Result of operation. Why couldn't the useless muscles be removed and other muscles transferred to eyeball to take up the function of the useless muscles? (A. B.)

Answer—Your idea may not be fantastic. Keep mulling it over, and propose it to every good oculist (eye surgeon) you meet. At present no one, so far as I know, undertakes such an operation. I think just confused the history of your condition. Surely it was not the result of operation.

Novice Roller. Aged 62, great walker, neck stiff and creaky sometimes. Haven't turned a somersault in many years. Wonder if I dare try now. Your idea of the value of such exercise appeals to me, but friend Husband is afraid I'll break my neck. (Mrs. R. L. T.)

Answer—I roll twenty somersaults the first thing every morning, do the belly breathing exercise night and morning, and bowl 95 ends a week the year around. Send self addressed envelope and ask for By-Laws of Somersaults.

Frozen Milk. Please tell me if it is dangerous to feed a baby milk that has been frozen. Also whether canned goods left in a lakeside cabin and frozen last winter would be dangerous for use in this summer. (Mrs. G. H.)

Answer—Experimented has proved that human breast milk, frozen and shipped long distance, is a valuable food for new-born infants. If the frozen canned goods are satisfactory in taste and the cans not broken or leaking or bulging, such food is perfectly safe and wholesome.

Ed Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.

"It happened two months ago," he said. Thringumboba: Julius Whitmark, music publisher, was once a boy tenor with Primrose and West's minstrels. . . . Rex Cole has three personal chauffeurs. . . . Variety places Major Bowen's income as an entertainer at \$1,500,000 a year, the all-time record. . . . He now leads all in listeners. . . . Manuel Quezon, of the Philippines, bought \$5,000 worth of haberdashery at a crack on a recent New York visit. . . . Paul Whitehead is building a home near Amon G. Carter's in Ft. Worth, Texas.

they will abide by the rules and regulations of the order. But—ahh!—there aren't any rules and regulations—yet. As soon as the overworked staff gets a chance, they'll get the constitution and by-laws into the hands of the members. But since the members have agreed to abide by them in advance, C.I.O. officials won't be bothered by argument. Congratulations, it is understood, are coming into the office of Harry

Hopkins. "Jake" Baker, former miner, cowboy and what not, has resigned from the relief family to help organize the government workers under the C.I.O. banner. The heartiest congratulations, his friends say, (that is, Mr. Hopkins' friends) are being tendered to Mr. Hopkins by himself. The WPA administrator and his colleagues have been working for some time to get Mr. Baker a job—elsewhere. Not shortage of ability, they say, was Jack's trouble, but surplus of temperament.

Travel by Train - "BACK EAST" Bargain fares - now. Finely equipped trans-continental trains daily from Vancouver, B. C., to all points in Eastern United States and Canada. . . . TORONTO, OTTAWA, QUEBEC, CHICAGO, WASHINGTON, NEW YORK. Canadian Pacific.

Flight 'o Time. Medford and Jackson County history from the files of the Mail Tribune 10 and 20 years ago.

TEN YEARS AGO TODAY. June 24, 1927. (It was Friday.) DeAutremont brothers, in signed confessions, admit Skiyoum tunnel, crime and declare "the quadruple murders were a family affair."

DR. B. R. ELLIOTT is elected vice-president of Oregon state dentists. A year ago today Medford was in the midst of its most extended heat wave, and the mercury registered 106 degrees. High for today was 84.

General exodus of Medford people to hills for Sunday picnics. The Von der Hellen Hardware company at Eagle Point has installed a free air pump for motorists. Climax opposes school unit plan, chief interest in coming special election.

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News Behind The News. (Continued from Page One)

For finer baking Schilling Baking Powder.

IT'S NOW 2 YEARS OLD AND STRAIGHT. IT'S SURPRISING WHAT THIS EXTRA-AGING DOES FOR WHISKY! Old Hickory.

ECZEMA. He relieved at once by our herbal remedy tried and tested over thousands of years. Chinese herbs will give you relief—no matter what you are afflicted with—your own health. Chan's herbs have restored health to thousands of people—Why not you? Do you have Gas, Constipation, Stomach Trouble, Rheumatism, Hay Fever, Prostate Trouble, Ulcers, Children's Bed Wetting, Gail Stones, Run Down Condition, Sinus Trouble, Asthma, Influenza, Cold, Nervousness, Appendicitis, Tonsillitis, Eczema, Head, Liver Stuffer, Kidney, Lung, Blood, Urinary Disorders. Free consultation Open 10 to 6 P. M. CHAN & CHAN, Sat. 11:30 to 4 P. M. Tues.-Thurs. 10-12 A. M. 235 E. Main Chinese Med. Co. Closed Sun.