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Ye Smudge Pot
By Arthur Perry.

Sen. Stelwer (R., Ore.) has introduced a proposal in Congress providing for the selection of presidential and vice-presidential candidates by a primary election instead of a convention. The Oregon statesman argues the primary voters would be swayed from the influence of "electronic slams" engendered by a brass band or a woman in green waving a flag. It is a question exactly what influence a brass band, or a woman in green waving a flag would have on the primary voter. They have elected sheriffs on promises of "electricity without cost," and defeated candidates who thought a \$200 per month pension was too much. If a national primary works anything like the Oregon primary, it is the better part of wisdom to let the brass band and the woman in green continue to do the picking. The primary has given Oregon A-1's dandies in the way of officials.

Campaigns have been launched in several cities to prohibit boys on bicycles from riding on main traveled highways. The idea is a good one, but has not become well enough known to cause any noticeable increase in the number of boy bicyclists on main traveled highways.

With teachers up to their ears in politics, and high school students staging protest strikes, taxpayers no longer regret the millions of dollars they have plunged up for education.

Many citizens stayed up all Tuesday night to hear the coronation broadcast from London, and felt just as sleepy, as when they did the same thing to find out how Multnomah county was going in a state election.

DANSAN EN SHINDIG. (Salmon Bar News)
"No place on the coast do they dance and have fun like Sawyers Bar. They had a prize waltz. Some switched like a Santa Fe yard engine, some went up in the air, some sat down, others swayed forth and so, like it was the last time. Then came the couples in rhythmic step, where two hearts beat as one. Mr. Endler and Mrs. Beale Skillen won the first prize for the real smooth old-fashioned waltz and Dick Hansen and Miss Catherine Wilson won first prize for the latest waltz glide.

The Elks cat is in the hospital. He has been running a fever, he was unable to catch.

The first lady of the land advocates an eight-hour-day for housewives. The idea is not original with her. The first proponents just suggested staying home, without any time limit.

RETRIBUTION. (Manila (P. I.) Tribune)
"Louise Aways is reported to have peeped through the cracks of the dressing rooms of the Manila Grand Opera House one night last week. It was a Wagnerian soprano it serves him right."

The King of England was crowned yesterday, and the 22,000,000 Brits, who admittedly don't get enough to eat any day in the year, won't mind missing their belly breakfast.

"LOCKHART, May 11.—(Special)—Misses Dorothy Perkins, Nina Wunder and Mildred Miles, moved Tom Kirby's cattle to the pasture at Lockhart Monday." (Baker Democrat-Herald)—The younger set does some of it.

In his mellow moments Anthony Comstock the "father of censorship" in America, used to estimate the number of box cars it would take to hold the men he had sent to jail for selling "immoral" literature.

Personal Health Service

By William Brady, M.D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly, Calif.

WORK, PLAY, NERVES AND ARTERIES

Extraordinary letter received the other day says: "Thanks for your article on Prevention of Apoplexy. May we please have more on that subject with emphasis on prevention?"

I rubbed my eyes and read the letter over more carefully. Surely I had read it wrongly. But, no, that's precisely what the reader said. Not a word about a cure. Can it be possible that there is developing in the popular mind an actual interest in preventive medicine? This correspondent describes himself as "over 40 years of age." Not bad. He might be 42 or 82 years old.

In the red book (Building Vitality) I say: "Among men 5 per cent of the cases of arteriosclerosis occur in the third decade, 15 per cent in the fourth, 30 per cent in the fifth and 80 per cent in the sixth decade or later."

If ever I get as many as three letters from persons under 30 who express interest in the prevention of apoplexy or other manifestation of cardiovascular degeneration, I believe I'll pioneer a new field, the practice of preventive medicine exclusively. It has never been done. Without overstepping the bounds of medical ethics to attract clients a doctor would starve trying to practice pure preventive medicine.

Apoplexy (stroke or shock of paralysis, cerebral hemorrhage) is generally an accidental rupture of a small artery in the brain due to long-standing arteriosclerosis or hardening of the arteries, hyper-trophy or overdevelopment of the heart which is a compensatory change necessary to pump blood through the inelastic arteries, and a sudden elevation of blood pressure, whether this is brought on by emotion, overeating, overexertion or alcoholic indulgence.

Prevention of apoplexy is prevention of arteriosclerosis, premature senility, excessive year and tear of the arteries.

These days apparently a larger proportion of young persons than ever before are training for arteriosclerosis and whatever the cardiovascular degeneration may bring—apoplexy, nephritis, angina pectoris, coronary thrombosis or just a general breakdown.

Sedentary adults past 30 who begin to take on excess weight and experience shortness of breath on exertion which formerly gave no such discomfort, and feel the lack of former ambition or "pep," should but seldom wonder whether our occupations fashion us or whether we come into the world already equipped for our occupations. In a minor key—and not particularly appropriate to the large text—it occurs to me that printers and telegraphers of my acquaintance in the news shops were quiet fellows with a placid regard for the turmoil of the newsrooms, and perhaps inward smiles at their knowledge of events, past and present, that might have embarrassed some of the notor boys on the editorial side. I have found without exception that proof-readers have a way of enjoying life with detached serenity. They have quietly saved many editors and sub-editors from ghastly mistakes.

Scene: On the avenue I saw General John Pershing swinging along. He was hailed by a friend with a familiar "Why, hello John!" Pershing answered the greeting warmly, gave a quick glance around in the manner of notables and then drew his friend around the corner into a doorway for a heart to heart talk.

They were going great guns when I snatched on. Few oldsters have preserved their years and carriage so successfully as Gen. Pershing.

Thingumbob: Ashton Stevens, Chicago critic, has turned his face to yesterday to write what he calls "When Cabs Were Horses".... Dean Cornwell is the most widely traveled of the magazine illustrators.

Broadway now has more radio press agents than it ever had theatrical press agents.... Mary Roberts Rinehart will be among the first American writers to interview the new English queen.

Old burlesque scene: Grogan, the comedian with the red flannel under-shirt sleeves showing, is in a bar. His friend, the barkeep, has been called out and a couple of swells come in and ask for two pousee cafes. Grogan puts everything in them but the bar cat. As the orchestra plays he slides up and down the bar reaching for everything in sight and working himself up to a furious fatter. As a crowning move he sops up all the sloshings on the bar with the towel, wrings this out in the drinks, tears two handfuls of straw from a dirty broom, sticks them in, and serves. By this time they are picking most of us up out of the aisle.

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Makes 1750-Mile Trip BRISBANE.—(UP)—A Shetland pony has just concluded a 1750-mile journey by truck, train and airplane. The pony was sold by a breeder at Betnaghe, Victoria, to a farmer in Queensland.

Sleep in Offices JEFFERSON CITY, Mo.—(UP)—Two Missouri state senators sleep in their capitol offices. "It's cheaper and we have a \$4,000,000 mansion to rest in," explained Senator A. N. Lindsay, a minister.

The principality of Liechtenstein on the upper Rhine between Switzerland and Austria, is but little larger than Staten Island. Its area is 65 square miles.

Comment on the Day's News

By FRANK JENKINS

WHEN one of Oregon's leading potato growers (a man who now has few financial worries) first came to the Klamath country, he didn't have a cent.

But he DID have some credit, due to the fact that he had always paid his bills, so he managed to rent a piece of land (it wasn't too good and borrowed \$2,000. With this \$2,000 he succeeded in "making a crop," as they say in the south, and living until harvest time.

BUT, by the time the crop was harvested, the bottom had fallen out of the market and his TOTAL SALES amounted to just TWO DOLLARS! Potatoes were a drug on the market that year.

(This, remember, was quite a while ago.)

PUT yourself in this man's place. He started without a cent, and strained his credit to the cracking point to borrow \$2,000. He worked like a slave for nearly a year, and wound up with a crop that couldn't be sold. He was in debt up to his ears, and had nothing to show for it.

WELL, a lot of us would have folded up and quit.

But this man had COURAGE. Instead of folding up and quitting (and letting his creditors whittle for their money) he squared his shoulders and spit on his hands. He rented another and somewhat better piece of land and began all over again—under a handicap, of course, for his credit was pretty well gone, and he had plenty of trouble getting enough to eat and wear.

He went through hell that second year.

THE market for his second crop wasn't anything to brag about, but it was a little better than his first year—at least enough better to enable him to stick on. And he had FAITH in potatoes, and willingness to work hard and live on little or nothing.

It was several years before he got his head above water, and several years more before he could really see his way out of his troubles. But he stayed with it and WORKED, and in time he conquered most of his production troubles and learned a lot about growing potatoes that he didn't know when he began.

Meanwhile, the market began to improve. After a while, it improved a LOT. In the course of time, he began to make a little money. Later on, he made more.

Now he is a recognized success.

THERE is a moral in this story for all of us—for we are all human, and it is human nature to be a little envious of those who are better off than we are, and to feel that their success has been due to luck, or to special favors. At one time or another, we've ALL looked at somebody better off than we are and said: "The lucky stiff!"

IT ISN'T all luck. About nine men out of ten who are successful have gone through tough times, and often they've been discouraged and weary and low enough in their minds to throw it all up and quit. But SOMETHING (nobody can say exactly what it is) has kept them at it until the tide turned and better days came along.

More often than we're really willing to admit, success IS DESERVED.

RAY MALING CANNERY OFFICERS REELECTED HILLSBORO, Ore., May 13.—(AP)—Stockholders of the Ray-Maling Canning company re-elected officers and directors at their annual meeting here.

Profits of \$34,345.16 were shown for the year ending March 31, with \$12,282.51 paid out for federal and state income taxes and the state excise tax. Application of net profits to a deficit reduced the obligation to \$77,122.91, the report showed.

Closing time for Too Late to Classify Ads is 1:30 p. m.

ARRAIGNED IN CULT SCANDAL



Mrs. Agnes Gardner (left) and Mrs. Elizabeth Peters are shown after their arraignment in federal court in Los Angeles on charges of complicity with John W. Hunt, white follower of Father Divine, in transporting Delight Jewitt, 17-year-old school girl, from Denver, Colo., to Beverly Hills, Calif.



(Continued from Page One)

to leave the matter in Coshocton. Similarly, the A. F. of L. executive committee does not seem to be mourning because it cannot expel Mr. Lewis, but must leave him in suspension until the next A. F. of L. convention. There is a fairly good tip around that the expulsion will revolve into an agitation even at the next convention.

Bystanders, statesmen and others seem to be agreed this is the best way. A separation is usually better than a divorce. It leaves the possibility that something will happen to prevent the divorce.

Rumors are running around the capital that the reason the A. F. of L. will not suspend the Lewis unions is that it cannot afford to lose the revenue from them. The facts are these: The C. I. O. diversion cost the A. F. of L. 983,000 members, but on April 30 it had 2,884,577 members left. Most of these members pay one cent a month. The loss of the Lewis unions, therefore, would seem to represent a financial loss to the A. F. of L. of about \$2880 per month. But the revenue received from remaining members is certainly sufficient to keep it going.

Furthermore, the loss already has been sustained. The suspended C. I. O. unions are not paying dues now.

C. I. O. finances are not so readily ascertainable. The C. I. O. does not have a general levy upon members of its various unions. The unions appropriate sums from their treasuries for its operation from time to time. In these new steel and auto unions which have been organized by C. I. O., a levy system is supposed to have been put into effect, but it has not been operating long enough to become productive.

The coronation caused hardly a ripple of official interest here. It has been accepted somewhat as the British counterpart of the world exposition in Paris or the world's fair in New York in 1939.

Few officials know the new king, but those who do like him. They call him "dependable, like his father," in contradistinction to Windsor, whom these same people regarded as something of a harum-scarum. They never knew what he was going to do next.

The feeling prevails that King George will slowly become more and more popular among his own people, although they doubt that his popularity in the world at large will soon approximate that of his father or the former Prince of Wales.

Chairman Wheeler of the senate railroad finance investigation received a telegram from a mysterious organization which signed itself: "The National American and International Leagues (and American Association) for Peace." It reads like this:

"When you first started your investigation, the Spanish war broke. When you started up the second time, the Hindenburg crashed. The third time brought the coronation. In the interest of peace (and your own publicity) won't you please stop."

Communications

Editorials Enjoyed. I enjoy your editorials. Don't agree with you in everything, but then I am a white-headed old woman and only know so much. I have been sending the paper clippings to a sister in Memphis, Tenn. The one you wrote on "Gone With the Wind" she read to a group of women book-lovers.

They were surprised when my sister told them you were a Republican. You know they are dyed-in-the-wool Democrats.

I wanted you to know that your writings, or brain children, do not only go to your subscribers, but out like a wireless. Hope you succeed in all your thoughts and writings for they help to smooth the way for someone.

Sincerely, MARY GLENN, Talent, Ore.

Menus of the Day

- Fish Loaf
Dinner Serving Three or Four
Codfish Loaf, Relish Sauce
Baked Sweet Potatoes
Salad, Honey
Green Salad, French Dressing
Fresh Spice Cake, Penchoe Frosting
Plum Sauce
Coffee
Codfish Loaf
1 cup cooked codfish
1 cup soft bread crumbs
1 cup mashed potatoes
1/4 teaspoon salt
1/4 teaspoon paprika
1 teaspoon chopped parsley
2 tablespoons chopped celery
2 eggs or 4 yolks
1/2 cup milk
2 tablespoons butter, melted
Mix ingredients and pour into buttered loaf pan. Bake 35 minutes in moderate oven. Unmold.
Relish Sauce
3 tablespoons butter
3 tablespoons flour
1 1/2 cups milk
1/4 teaspoon salt
1/4 teaspoon paprika
1/4 teaspoon celery salt
2 tablespoons minced pimientos
1 tablespoon chopped sweet pickles
1 hard-boiled egg, diced
Melt butter and add flour. When blended add milk and cook until creamy sauce forms, stirring constantly. Add rest of ingredients. Cook one minute and serve.
Fresh Spice Cake
1-3 cup fat
1 cup dark brown sugar
1 egg
1 cup sour milk
2 teaspoons cinnamon
1/2 teaspoon cloves
1/2 teaspoon nutmeg
1/2 teaspoon salt
2 cups flour
1 teaspoon soda
2-3 cup raisins
1 teaspoon vanilla
Cream fat and sugar. Add rest of ingredients. Beat 2 minutes. Pour into shallow pan fitted with waxed paper. Bake 25 minutes in moderate oven. Cool. Frost.
Penchoe Frosting
2-3 cup brown sugar
1/2 cup granulated sugar
2 tablespoons butter
1/2 cup water
1/2 teaspoon vanilla
Boil gently, stirring frequently. the sugars, butter and water. When a soft ball forms if a portion is tested.

Flight 'o Time

Medford and Jackson County history from the files of the Mail Tribune 10 and 20 years ago.

TEN YEARS AGO TODAY May 13, 1927 (It was Friday) Captain Nungesser, French aviator, believed lost in attempted flight across Atlantic. American planes scheduled to hop off on flight to Paris are halted by bad weather.

P. C. Bigham catches eight fish in Rogue river. Sheep shearing starts in the Table Rock district. Team used on Suncrest orchards runs away and demolishes wagon. Flood relief fund in Jackson county now totals \$2134.31.

Manager George A. Hunt announces that Rialto theater will be remodeled at cost of \$17,000.

TWENTY YEARS AGO TODAY May 13, 1917 (It was Sunday) Los Angeles group plans to erect box factory near Medford.

Deal closed for establishment of new movie theater on Main street in Weeks & Orr and Palm building, under lease to H. L. Percy and A. J. Moran.

Government to muster boys for farm work. Capt. J. C. T. Nash, owner of the Nash hotel, dies at his home in Berkeley, Calif., aged 85 years.

City makes elaborate preparations for patriotic parade Wednesday evening.

China's imports of cigars, which averaged 7,310,000,000 annually during the 1926-1930 period, receded to 75,000,000 last year as a result of increasing domestic production and tariffs.

ed in cold water, remove frosting and let stand 20 minutes. Add vanilla and beat w/ll cream. Spread over cake.

Ye Poets Corner

EPITAPH The crossing sign said "STOP AND LOOK!" But he just didn't care; So now he's pushin' daisies up In WOODEN UNDERWEAR. —Eroy Anderson.

TO-NITE ONLY

HEAR— RICHARD HALLIBURTON and his "Seven League Boots"

at the Medford Senior High School Auditorium 8:30 o'clock

General Admission \$1.00 Reserved \$1.50

Sponsored by Medford Active Club

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