

LONG DISTANCE TOLLS REDUCED

PORTLAND, Oct. 30.—(AP)—Filing of a new long distance telephone rate schedule for interstate calls was announced by N. R. Powley, president of the Pacific Telephone and Telegraph company.

Savings to patrons were estimated at approximately \$290,000 annually. The new schedule will be filed with the federal communications commission to become effective December 1.

Powley said the reduction was the third of the year. The estimated benefit to telephone users on the Pacific coast was figured at \$800,000.

The maximum reductions for a three-minute conversation for the longest haul in our territory," Powley said, "approximate \$3.70 for day station-to-station service and \$4.80 for day person-to-person service."

Examples of reductions in a table accompanying Powley's statement were, for station-to-station service from San Francisco to Portland, Ore., out from \$3.45 to \$2.00; to Seattle, from \$4.15 to \$2.30; to Spokane, Wn., from \$4.65 to \$2.50.

CONTRACTS LET ON 4 ROAD JOBS

SALEM, Oct. 30.—(AP)—Four contracts, for which bids were opened previously, were awarded by the state highway commission here today. They were:

Stewart Bridge—Flat creek section of John Day highway, 3.29 miles of grading, surfacing and oil mat surfacing treatment, to Charles H. Leonard, Albany, on bid of \$72,151.

Rock creek-Wallowa section of Wallowa Lake highway, 4.23 miles of re-grading, surfacing and oil mat treatment, to Consolidated Highway Company, Inc., Portland, on bid of \$41,122.60.

Shelton Ranch-Flora Junction section of Lewiston-Junction highway, 5.14 miles of grading to Colonial Construction company, Spokane, on bid of \$75,650.

Two bridges over Rock creek and Wallowa river in Wallowa county, to Tom Lillebo, Reedsport, on bid of \$84,154.

Roosevelt School

The following pupils of the Roosevelt school made the honor roll for the six weeks' period:

1B—Virginia Wait, Martin Pierce.
2B—Shirley Barton, Harriet Walker, Billy Moffat, Myrna Huenegardt.
3A—Patricia Colvin.
5A—Lois Ann Hubbard.
5B—Richard Merriman.
6B—Betty Frey, Richard McElhoose, Jack Moffat, Jack Grey.
6A—Beulah Anstey.

HE MADE A TEN-YEAR TEST WITH ALL-BRAN

Say good-bye to the headaches, the low spirits, the sleeplessness that often follow constipation. Just read this letter:

"In 1923, I started using ALL-BRAN. And now, after ten years, during which I have put Kellogg's ALL-BRAN to a long, hard test, I am writing you this letter. It is better to eat this food and be in condition, than to resort to laxatives."
—Bernard Altman, 63 Goodale Road, Mattapan, Mass.

Kellogg's ALL-BRAN will help you too. Its "bulk" absorbs moisture within the body, forms a soft mass, gently cleanses the system. Tests prove it is safe and effective.

ALL-BRAN is guaranteed. Try it a week. If not satisfactory, your money will be refunded by the Kellogg Company.

Just eat two tablespoonfuls daily. Either as a cereal, or in recipes. How much better to use this food than to take patent medicines. Buy ALL-BRAN at your grocer's. Made by Kellogg in Battle Creek.

New Seasonings Please Tongue And Eye As Well

The smart hostess recognizes that color is as important in foods as in flowers. Color adds eye appeal and "appetizing" charm to commonplace foods. As one popular hostess expresses it, "Color for lure and smartness; spice for flavor and piquancy."

Working along these lines, A. Schilling & Company have presented the new color compact, a new seasoning and a new spice blend. The compact includes a bottle of red, blue, green and yellow and a dropper! With these four colors, your dinner table can rival the colors of the autumn countryside, the flowers that bloom in the spring, the rainbow itself.

In these four bottles is brighter color for pale, uninteresting foods—the means to carry out a favorite color scheme—and all the fun of experimenting. Some time try using a drop of Schilling blue color when making the ice for the cocktail nest. The bits of ice look like jewels—clear with a hint of blue like aquamarines. Cakes, puddings, sauces appear richer with a drop of Schilling yellow color. When serving leg of lamb, serve mint apples with it instead of the usual mint sauce:

Mint Apples.
Use small peeled apples (Jonathan, Pippins, or Roman Beauties).
1 cup sugar
1/2 cup water.

Bring water and sugar to boil. Drop in apples. Keep covered with syrup and cook gently. Add one drop Schilling green color, one drop Schilling mint. Cook until apples are done but not too soft.

They have a lovely glazed appearance and make a perfect garnish around a leg of lamb.

There are endless ways of enjoying this little package of four—and one of the most enjoyable is in the experimenting—finding out how many things can be done with it. The one thing to remember in using Schilling food colors is to use very little. Delicate, dainty colors are much more attractive and more appetizing.

But eye appeal is not enough, and A. Schilling & Company recognized that fact a long time ago, and have done more about it than most anybody you can mention. Their line of spices and extracts has been a joy and delight, for years and years, to millions of housewives. But now they have added some new thrillers. Wait! If you try their Savor Salt Seasoning! It's too good to be true. It has literally thousands of uses. In meats, soups, vegetables and salads. It's the last word. It gives that elusive continental "Chef's Special" flavor that marks the artist's touch. Try it on a good juicy steak instead of plain salt, just before serving. Use it in your favorite salad dressing—you'll love it. And in some of those vegetables that everybody should eat but nobody wants to eat. Try it—it's something special and different. Squash is likely to be one of the favorite vegetables of the family if you add one teaspoon of Schilling Savor Salt Seasoning to the water in which it is boiled. Drain and butter as usual.

Drain 1 1/2 cups cooked or canned spinach. Chop fine. Add
1 cup bread crumbs
1 cup grated cheese
1 well-beaten egg
1 teaspoon Schilling Savor Salt Seasoning
Dash of Schilling black pepper
1 tablespoon lemon juice.

Pour in buttered baking dish. Bake in moderate oven about 25 minutes. May be served with hot tomato sauce.

Veal Cutlets Special.
Cut small onion chopped fine. Fry in hot vegetable shortening until clear. Add veal cutlet which has been dipped in egg and rolled in cracker crumbs. Sprinkle generously with Schilling Savor Salt Seasoning. Brown both sides. When tender place cutlets on hot platter.

Add to gravy in pan, 1/2 cup ketchup, 1/4 cup hot water. Let boil up—pour over cutlets and serve. Delicious!

And there's a new spice blend—Schilling Chili Pepper Spanish Blend. This new spice blend is a menace to monotony in meats. It is a blend of chili and other spices—chili without the excess "hotness." Meat balls, steaks, meat loaf—in fact practically any meat dish is stimulated by the addition of a dash of Schilling Chili Pepper Spanish Blend. Its tantalizing flavor in soups, salad dressing, sand-

wich filling or meat sauce will delight you. And it has a way with leftovers that is nothing less than magic. And Schilling Chili Pepper Spanish Blend makes the kind of chili con carne that every member of the family likes. Here is a quick recipe, although you will find this Chili Pepper Spanish Blend will fit into any recipe very beautifully:

Chili Con Carne.
1 pound ground beef
1 tablespoon of shortening
1 chopped onion
1 clove of garlic
1 can oven-baked kidney beans
1 teaspoon salt
1 tablespoon Schilling Chili Pepper Spanish Blend
Dash of Schilling black pepper.
1 can tomato soup
1 cup grated cheese.

Brown the meat in the shortening, add chopped onion and garlic. Add kidney beans, tomato soup and seasonings and heat thoroughly. Just before serving top with cheese and put under broiler to melt.

Stuffed Chops.
2 tablespoons butter
1 tablespoon minced onion
1/2 cup bread crumbs
1/2 teaspoon Schilling Chili Pepper Spanish Blend
1/4 teaspoon salt
Dash of Schilling black pepper
6 chops, cut double.

Cook onion in butter until tender. Add crumbs, seasonings, and brown. Have butcher cut chops one inch thick, slicing a pocket in each. Fill with about 1 1/2 tablespoons of the stuffing. Secure edges with toothpicks and broil tender.

Meteorological Report

October 30, 1936
FORECASTS
Medford and vicinity: Cloudy with rain tonight and Saturday, not much change in temperature.
Oregon: Cloudy tonight and Saturday, rain in southwest and snow in east portion; slightly colder in east portion Saturday.
Temperature a year ago today: Highest 44; lowest 31.
Total monthly precipitation, trace. Deficiency for the month 1.22 inches. Total precipitation since September 1, 1936, 0.35 inches. Deficiency for the season, 1.39 inches.
Relative humidity at 5 p.m. yesterday 15 per cent; 5 a.m. today 50 per cent.
Sunrise 6:43 a.m.; sunset 5:07 p.m.

Observations Taken at 5 A. M.
120th Meridian Time

CITY	High Temp Part 24 Hours	Low Temp Part 24 Hours	Wind	Direction	Remarks
Boise	58	42			Clear
Boston	36	44			Cloudy
Chicago	58				
Denver	62				
Dureka	50				
Helena	54				
Los Angeles	70	60	28		Clear
Medford	72	48			Clear
New York	58				
Omaha	64				
Phoenix	86				
Portland	60				
Reno	66	36			Pt Cdy
Roseburg	68	42			Cloudy
Salt Lake	62				
San Francisco	72				
Seattle	48	46			T Cloudy
Spokane	62	34			Cloudy
Walla Walla	60				
Washington, D.C.	62				

SPECIAL SERVICES FOR BIBLE CLASS

The Everyman's Bible class has arranged services of special interest for the next two or three Sundays. By request of the class W. R. Baird will speak next Sunday morning on "The Seal of God" and the following Sunday on "The Mark of the Beast." Special musical numbers will also be presented. The soloist for next Sunday will be Miss Genevieve Brown. The class meets in the auditorium of the court house at 9:45 a. m. All men and older boys are invited.

Sunday night at the First Christian church Mr. Baird will speak on the subject: "My Candidate." This is not a lecture but a real gospel message which he urges all to hear.

A Caress for the Moon... THAT AROMA

So smooth the taste, so delicious the aroma of our Thermo roasted PENNANT coffee that it will soothe into serenity the most discriminating coffee addict. And the reasons are those perfect Bourbon-Santos beans, the unusual hot air roasting (guarantee against scorching) and the freshness of each package.

"A Taste and an Aroma to Warm the Cockles of His Heart."



LUMAN BROTHERS

BIG FOOD CENTER

Main and Bartlett

Telephone 273—4 FREE DELIVERIES DAILY—Telephone 273

One Call—Buy All At Luman's Saturday



SAVE TIME AND MONEY
The Big Food Center is prepared this week-end to give you prompt and efficient service in the selection of all foods for the Sunday Dinner. The One Call—Buy All system is proving a decided advantage to the busy housewives. They can do their shopping in about half the time ordinarily given to the purpose and, too, they save money as well as time.

JEWEL SHORTENING 4 lb. pkg. 59c

Nut Margarine 2 lbs. 25c

Kellogg's Krumbles 2 pkg. 25c

SOAP SPECIALS

OXYDOL WASHING POWDER

2 large packages 45c
Ivory Soap, 1ge. bar 9c
Camay, bar 5c

WALNUTS NEW CROP LARGE SOFT SHELL lb. 20c

Walnut Meats FANCY NEW CROP lb. 45c

NEW NUCOA lb. 20c

KRAFT'S MIRACLE WHIP

Kraft's Salad Dressing, Miracle Whip, or Sandwich Spread

Quart Jar 39c Pint Jar 25c

SUGAR Pure 100 lb. sack \$5.29
Cane 10 lb. sack 57c

HONEY NEW CROP 5 lb. pail 49c

NEW CROP SORGHUM



R. I. R. Hens choice fat lb. 20c

Choice Fryers R. I. R. lb. 25c

Country Style Sausage lb. 15c

Shortening 3 lb. 35c

Lard Home Rendered 3 lb. 39c

Swiss Steaks Cut the way you like them lb. 20c

Pot Roasts Choice Beef lb. 12 1/2c

Prime Rib Roasts Boned and tied lb. 20c

Pork Roast Lean Shoulder lb. 19c

Hamburger fresh ground 2 lb. 25c

T Bone or Sirloin Steaks lb. 20c

Eastern Bacon Sugar Cured Med. Thick lb. 28c

Ham Swift's Lean Empire lb. 25c

Beef Short Ribs Fine for Baking lb. 10c

Sauer Kraut new, quart 10c

LOCAL PRODUCT 5 lb. pail 55c

PEANUT BUTTER A No. 1 grade—fine for lunches

2 lbs. for 25c

PRUNES 4 lbs. 25c

TOMATO JUICE C. H. B. OR COLLEGE INN

MILK PETER PAN, LIBBY'S, TEA CUP OR OREGON

Tall Cans 4 for 29c



FRESH CANDY

JELLY BEANS—fine for Hallowe'en 2 lbs. 25c
Old fashioned Chocolates, good but inexpensive lb. 10c

RAISINS 4 lbs. 25c

3 tall cans 23c

CASE 48 TALL CANS \$3.45

LUMAN'S Bakery Specials SATURDAY

In keeping with the Jolly Hallowe'en week end we are featuring a Betty Crocker creation . . .

GOBLIN CAKE

This is an unusual cake with a delicate flavor. It's a rich butter cake made in Hallowe'en colors inside and out.

SATURDAY SPECIAL

Large size cake 59c
Half size cake 30c

LUMAN'S Fruits & Vegetables SATURDAY

Dry Onions 4 lbs. 10c
Oranges, med. size doz. 25c
Local Bunch Vegetables 3 for 10c
Cabbage, Fall lb. 3c
Sweet Potatoes 6 lbs. for 25c
Fresh Local Tomatoes 3 lbs. for 10c
Bananas 3 lbs. for 20c
Grapes, fine for eating 4 lbs. 25c
Fine Cooking Apples 6 lbs. for 25c
Celery, crisp and tender each 10c
Banana Squash lb. 1 1/2c

LIBERTY MARKET

E. R. PECH PROP.
CORNER MAIN AND GRAPE
PHONE 164 WE DELIVER

"Home of Good Meats. Swift's Gov't Inspected Meats"



No matter whether I order chicken for Sunday dinner or bacon for breakfast, the Liberty Market always sends me just what I want. The service is prompt and courteous, too.

"164 Please"

Beef - Pork
Veal-Lamb

LAMB SHOULDER ROAST—boned and rolled, lb. 20c
ORIOLE BACON half or whole lb. 35c

SHOULDER VEAL ROAST—boned and rolled, lb. 20c
SHORT RIBS OF BEEF, lb. 10c

Famous Jones Dairy Farm Hams
Fancy Fryers, Hens and Squabs
Fresh Fish . . . Lunch Meats

Beck's Specials for Hallowe'en

Pumpkin PIE

Fresh, flavorful. Boxed to protect them until ready to serve. Large size, regular 35c

28c EACH

Donuts

Cake mix, dipped in sugar white, to serve with cider for your Hallowe'en party.

23c a dozen

Featured Saturday at All Good Food Stores or

