

MEDFORD MAIL TRIBUNE

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Ye Smudge Pot by Arthur Perry.

The divers and sundry straw vote polls now current, indicate the political wind is blowing the four chief directions, also straight up, all at the same time.

Football, as she is played in Oregon, has again been knocked down, stepped on, and run over by the University of Southern California.

Evangelist Almee Sempie McPherson, her mother, "Maw" Kennedy, and her daughter, are now engaged in a dispute involving romance and dollars.

A California autoist admits he "partook of seven glasses of beer, 15 minutes before the accident."

Salem citizens won their protest against a 7-foot fence, surrounding the state capitol construction work.

"They'll all be there, whether the truck arrives or not," Mr. Moore said.

The inability of Norman Thomas, socialist candidate for the presidency, to obtain a hall in which to make a speech last week, has caused great editorial agony, and a rush of defenders of free speech, throughout the state.

There are 30,000 voters in Jackson County, it is estimated. It is also estimated that 50 per cent of this number will drop everything November 3, and fearlessly struggle and nobly fight their way to the polls.

That's all. The nasty stuff can't dig a well. Nor write a comedy, nor build a barn. Nor make a speech nor trade nor buy or sell— It isn't worth a darn.

The only thing in favor of the stuff is that it gives us pleasure. Otherwise it is costly, useless, harmful bluff. Which we may well despise.

It gives only pleasure, which is wrong. The same is true of many a lovely thing. And poetry and spring.

Let us destroy the monster, branch and root— Bring forth the torch, the hot-custard prepare, and me great hates of the forbidden fruit, And I will burn my share!

FOR PERSONAL LOANS OF ALL KINDS W. E. THOMAS, 45 S. Central.

"What's the Use?"

To the Editor: The majority of the people who pungle up good money to pay for the privilege of reading your most excellent newspaper are sick and tired of political editorials.

Your forceful although slightly biased editorials might possibly carry Medford but Medford is not Jackson County, Jackson County is not Oregon and Oregon is not the United States.

I have been a subscriber to the "Medford Mail Tribune" for almost 30 years and expect to be for the next 30 if I live that long, regardless of your radical editorial policies, but I do think your Anti-newspaper readers are entitled to a decent break.

So do we. And we thought we had given them one. We have opened both our news and communication columns to them, and will continue to do so until the campaign ends.

But the editorial column is different,—that's where the newspaper's opinions are expressed and no where else. We don't believe allowing the other side a "decent break," involves, either withholding such opinions, pulling our punches—or with only four weeks to go before one of the most important presidential elections in recent years,—not having a good deal to say about politics.

Perhaps we have overdone it. That's ALWAYS possible. But during a rather extended period of newspaper work, we have never been able to editorialize about anything in which we haven't had a keen interest.

Before that, we did make an intensive effort to keep away from politics of a partisan nature. Starting June 1st, we traveled around 12,000 miles, and except for about ten days, filled this column with travelogues which Mr. Marshall is kind enough to term "delightful."

It was ever thus and always will be. The newspaper that sets out to please everyone, ends by pleasing no one—not even itself.

So we fear Mr. Marshall will have to bear with us a little while longer—only 28 days,—for interest in politics promises to increase rather than decrease. And there will be the state and local political problems to consider also, so short of the outbreak of war, or defeat of the N. Y. Yankees or Oregon winning a football game in California; we don't believe there will be much in this column but politics until November 3rd.

BUT what's the use? What's the use, asks our correspondent, of printing these political editorials which only give him and all his buddies a pain in the neck, when Brother Landon is going to win anyway? The election is in the bag, the Literary Digest says so, the L. D. is always right, "Medford is not Jackson County, Jackson County is not Oregon, Oregon is not the United States"—all true particularly the conclusion.

Well, we admit, the Literary Digest's raw polls, have usually come close to the mark in the past, but "always" is a pretty inclusive term, and perhaps it will have to be modified, when the votes are counted on November 4th.

You never can tell,—at least we never can—until the totals have been added.

But even so we are rather surprised that such a staunch defender and ardent apostle of 100% Republicanism, as Mr. Marshall, should advance such a query, as an argument for the cessation of hostilities, a full month before the armistice.

How about the election of 1916, when the wash-boiler, plug-put parade celebrating the election of Mr. Hughes as President, went down Fir street—and in history—as slightly premature, because,—if we recall correctly—a certain county, in the state of California, put our neighbor to the south, in the Wilson column, and the "despicable Democrats" were returned to power four years more.

You can never tell about that either—history may repeat itself. Jackson County certainly will never become the United States (not if Washington has anything to say about it), but it might—conceivably—(we said MIGHT)—carry the United States by putting Oregon in the Roosevelt column—or the Landon column for that matter—for all the experts agree this election is going to be some "hoss race."

So there's one "use." Another use, has more validly perhaps—namely: the same "use", there is for Mr. Marshall to go to the polls on election day and mark his ballot.

He doesn't think for a minute, that his one little ballot is going to carry the election for Landon—the we know how fervently he wishes it might,—but he votes nevertheless, because he considers it a primary obligation of good citizenship, and you never can tell—every little bit added to what you got makes just a little bit more.

WE'LL that's precisely how the Mail Tribune feels about it. We have no illusions regarding the importance of what this paper may say, or not say, NATIONALLY speaking, in this election or any other.

But we do regard the clarification of the issues in this campaign for our readers, an obligation of good journalism, and until the day of election the most important duty this paper has to perform. Not to tell people how to vote, that technique went out with hand-set type,—but to show them, as clearly as possible, what we believe a vote for Roosevelt and a vote for Landon really means.

That's all. The result whatever it may be,—what the crystal gazers may say or not say,—has nothing to do with it. A newspaper's job is not to pick winners but to decide the success of which party and candidate, it believes best for the country, and then win, lose or draw—go to it.

Weather Northern California: Fair tonight and Wednesday, but fog on coast; high temperature in the interior; gentle northwest wind off coast.

Oregon: Fair tonight and Wednesday, but fog on coast; slightly warmer in interior of northwest portion tonight; cooler on coast Wednesday; gentle variable wind off coast.

The Louisiana State gridiron Bengals will play three night games this fall.

Personal Health Service

By William Brady, M.D.

signed letters pertaining to personal health and hygiene, not to disease, diagnosis or treatment, will be answered by Dr. Brady if a stamped, self-addressed envelope is enclosed. Letters should be brief and written in ink (more to the large number of letters received only a few can be answered. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

TRAINING THE BABY IN CONTROL

It is now well established that an adequate daily intake of vitamin D is essential for the absorption of the body's daily requirement of calcium and phosphorus from the intestine. Not only is this important in infancy and childhood (prevention of rickets) but also in youth and adult life to maintain intestinal vigor or tone and to prevent softening and decay of teeth.



The exact dosage for prophylaxis against defective tooth formation and for protection of fully formed teeth is not known. But we do know that child or adult may take daily an amount of vitamin D hundreds of times greater than the dose necessary to prevent rickets, still without effect. "Toxic" effects of large doses of vitamin D, feared in the past, simply do not happen.

Old timers without definite knowledge of the function of vitamins in metabolism, too readily assumed that the need for vitamin D was limited to infancy. Better informed authorities believe it is just as necessary for a person at the age of 60 to consume one gram (about 15 grains) of calcium and one gram of phosphorus each day, with sufficient vitamin D to enable the body to utilize these elements, as it was at the age of six.

May Mellanby and her associates in England have shown that children whose diet includes an adequate daily intake of vitamin D are less likely to suffer from decay of the teeth than are children on a similar diet but not receiving enough vitamin D. Edward Mellanby agrees with May Mellanby, C. L. Pattison and other investigators that cereals in the diet favor dental caries or decay of the teeth, because cereals contain too much phosphorus. Instead of bread, porridge or other cereals he recommends a moderate amount of carbohydrates in the form of milk, jam, sugar, potatoes and vegetables.

Dr. E. V. McCollum thinks the average American diet is likely to have too little calcium, too much phosphorus in proportion to the calcium, too little vitamin A, too little vitamin D, and in some cases too little C and G.

The Mellanbys hold that whereas vitamin D is mainly responsible for the calcifying process in teeth and jaw bones, vitamin A controls the development of the epithelium of the

gums. Edward Mellanby says in his book "Nutrition and Diseases" (Oliver and Boyd, London, '34): "It is probable that cereals also play a part in inducing the defective formation of the epithelium and the tendency to pyorrhea." It would seem that the diet best calculated to prevent decay of the teeth is one rich in calcium, rich in vitamins D, C, A, G, and nearly or quite deprived of cereals—the carbohydrate being supplied rather in the form of milk (lactose, milk sugar), potato, vegetables, sugar, ice cream, syrups, jams, candy.

I said candy. This is 1936. Nutrition authorities estimate that an adult requires 3,000 units of vitamin A, 30 units of vitamin C, 1,000 or more units of vitamin D daily. Get your vitamin ration and keep your teeth.

QUESTIONS AND ANSWERS Rhinitis in Children.

Do you recommend the practice of dropping—oil in the nostrils of infants or young children when they have rhinitis, or sore throat or cough? (Mrs. W. E.)

Answer—I do not advise the use of mineral oil preparations in that way. Rather a bland vegetable oil should be used, and I suggest two or three drops of codol dropped in each nostril three or four times a day, for any such acute ailment, especially where there is much cough and irritation when the child lies down. This special dropper in the vial of codol drops is convenient for this purpose. Codol is a vitamin D concentrate, each drop containing about 300 units of vitamin D.

Dope. A while ago you had an instructive article about the destructive effects of certain medicines urged upon the laity as harmless. I learned a good deal from that article and decided to be more careful what I use in future. Please tell me whether digitals and ephedrine with amylal are harmful or not.—(A. B.)

Answer—Ephedrine is comparatively safe, but no one should take digitals or amylal except under careful supervision of his physician.

Girl to Woman. My daughter, aged 14, has begun to suffer with intense cramps. (Mrs. H. H.)

Answer—Send stamped envelope bearing your address, and ask for monograph on Menstruation. (Copyright, 1936, John F. Dille Co.)

Ed. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D. 265 El Camino, Beverly Hills, Calif.

hit, no matter how opulent. They invariably occupy front pew aisle seats. Despite unflinching attendance, I have never during my years of watching seen them bow to any other regular. If they like or dislike the performance they do not show it.

Tallah Bankhead's opening night brings out in full evidence a crash that shows brigades of first nighters who come not to see the play but to be seen themselves. The hand-wavers who yoo-hoo across the room: "See you at Southampton tomorrow!" They are the mayhem inspirers who have to receive a half dozen lobby calls to take their seats so the show can go on. And even then they trickie in all during the first act.

To my notion, the greatest progress and brilliance in newspaper writing in the past few years have been accomplished by the new crop of sports writers. I refer to Bill Corum, Joe Williams, Quentin Reynolds and several others whose names elude me at the moment. I have a zero interest in sports, football, baseball, tennis, hockey, boxing, etc. Yet I read the sportily commentators for their flushed earnestness and forthright fusion of fact and fancy. A prim secretary I know with the same lack of interest does the same thing.—Also an 10-year old aunt. To write and interest the outsiders as they do is a tribute to their skill.

After an absent-minded bit of jay walking near Radio City I started to return, with a hop on it, a traffic cop's bawl-out. But when he came menacingly toward me with a "What's that?" I completely wilted into a Casper Milqueast pip-squeak. I felt much like that figure in Bozeman Bugler story of the colored umpire, small of stature, out loud of voice at a negro ball game. He called "Strike one!" A moment later he waved his arm and belted "Strike two!" The big buck batter scowled and shouted: "Two what?" Piped the umpire meekly: "Too high!"

COMMUNICATIONS Seems to Like Roosevelt To the Editor: Mr. Roosevelt, to my mind, is the greatest president we have had since Woodrow Wilson.

Mr. Roosevelt took over the reins of government at a time when our country was tottering on the brink of a revolution which might have equaled that of Spain. I admit he

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Comment of the Day's News

By FRANK JENKINS.

THIS dispatch comes from Toledo (Spain): Persistent insurgents pounded a steel spearhead to within 30 miles of Madrid today (Thursday) as socialist defenders retreated from Illescas.

It looks as if the handwriting is on the wall for Spain's communist government.

THE pity of it is that whichever way the fighting goes the people of Spain will be ruled by a dictator. Dictatorship is spreading too rapidly for comfort in this modern world.

EARL BROWDER, communist candidate for President of the United States, and four associates, are arrested at Terre Haute, Indiana, where they had come to hold a campaign meeting, and jailed on charges of vagrancy.

They are later released, but the chief of police of Terre Haute announces: "If they are caught in the city again, they will be taken back to jail."

THIS writer, who abhors communism and all its works and would regard election of a communist to ANY office in this country as a calamity, has about as little use for the narrow-minded attitude of Terre Haute officials as he has for communism.

Throwing peaceful communist campaigners into jail IS NOT the way to avoid communism in the United States of America.

Communism THRIVES on intolerance of that sort.

VOLTAIRE put the whole subject of freedom of speech about as well as it can be put when he said to an opponent: "With what you say, sir, I disagree most heartily; but I defend with my life your right to say it."

If we are to make headway against communism in this country, that is the attitude we must take.

EUROPE is torn already by bloody warfare between communism and fascism, and prospects are strong that the situation already developing there will get worse instead of better. This bloody struggle that is arising in Europe is based upon INTOLERANCE.

In this happy country, let's keep as far away from intolerance as we can.

When Wesley L. Fry, Kansas State mentor, was head coach at Classen high school, Oklahoma City, his team won 41, lost 11 and tied 1.

Flight 'o Time

Medford and Jackson County history from the files of the Mail Tribune 10 and 20 years ago.

TEN YEARS AGO TODAY October 6, 1926 (It was Wednesday)

Joe Haines of St. Louis Cardinals, shuts out New York Yankees, 4 to 0, in first game of world series. Haines also hit a homer.

Moonshine still in Derby district is raided by sheriff's office.

Fall building active in city.

Ladies' club of Eagle Point holds first meeting of the fall season.

City takes steps for providing courthouse, in event it is moved as November election.

TWENTY YEARS AGO TODAY October 6, 1916 (It was Friday)

Russians launch fierce attack on Lemberg; British employ tanks for first time in offensive on the Somme.

Special train of local rosters to attend Grants Pass-Medford high school game at Grants Pass Saturday.

Both Republicans and Democrats claim California in November election.

Southern Oregon pioneers hold their fortieth annual reunion. Emil Britt of Jacksonville gave the main address. George W. Dunn of Ashland was elected president.

Opening game of the world series to be played tomorrow at Boston between Boston Americans and Brooklyn team.

Salem Sells Bonds. SALEM, Oct. 6.—(P)—The city of Salem sold \$22,000 sewer bonds last night to E. M. Adams & Company and Hemphill, Fenton & Campbell of Portland, at \$100.01, price characterized by the council as favorable. The six-year block will carry two percent interest and the \$10,000 five-year 2 1/2 percent.

Buckingham's Ice Cream, Candy & Party Specials The Crest 230 S. Cent.

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has made mistakes, but what human is there that doesn't. The man who will try to do something, even though he does make a few blunders, is far superior to the man who will sit by and do nothing.

Coldly logical and fearless thought is one of the rarest and most valuable things in the world. And Mr. Roosevelt is one of the few few who is endowed with this asset.

Emerson once said: "To believe your own thought, to believe that what is true for you in your private heart is true for all men—that is genius."

Our president is indeed a man who thinks for himself. (Not of himself). He is original. He is not afraid to do things. He is courageous. He stands by his own convictions, regardless of what others may think or say. And last but not least, he is one hundred percent American!

ELROY W. ANDERSON. Medford, Oct. 6th.

For Landon and Against Townsend To the Editor: Here is a good one by E. Russell Davis:

"I hate to admit it, but I am afraid that today we are a 'namby-pamby' nation. Our troubles have somehow drawn our 'spines out of us, and we grow more and more like jellyfish. We want somebody else to vote for us, somebody else to govern us, somebody else to provide for us when we grow old, somebody else to tell us when to go to bed, somebody else to tell us when to get up. And somebody else will be ready to do all these things for us, but at what a price. We shall lose our individual liberties. Those courageous old ancestors of ours did not ask for aid from anyone save God in solving their problems. They knew the proper remedies to apply to whiners. They were lifters, not leaneers. If we will only follow the ideals they set before us, not only with our lips but in our lives we can at least point out a way of life which in a narrower sense will be more truly American, but in a broader, deeper aspect more truly Christian."—(From Advance).

Townsendites are leaneers. We want work at good pay, so we can take care of ourselves properly. We don't want the Townsend plan, but we want Landon for president.

CARL H. ERICSS. Medford, October 6.

OREGON MEDICS MEET IN DALLES THURSDAY

THE DALLES, Oct. 5.—(AP)—The Dalles will become a mecca for Oregon members of the medical profession Thursday when the Oregon State Medical society will open its 62nd annual session here. The meeting will last three days.

With Dr. G. A. Massey of Klamath Falls, president, in the chair six general scientific sessions will be held.

Stan Williamson, assistant coach at Kansas State, and one-time captain of the U. S. C. Trojans, was described by Howard Jones as "the greatest leader of any team I have ever coached."

Lynwood Rowe, Detroit Tiger twirler, says that Bill Dickey of the New York Yankees is the hardest batter for him to pitch to.

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The Associated Press Reports the News of the World

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MEDFORD MAIL TRIBUNE

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