

MEDFORD MAIL TRIBUNE

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MEMBER OREGON STATE ASSOCIATION OF EDITORS

Ye Smudge Pot By Arthur Perry.

A pamphlet is at hand entitled, "How to Conduct a Breezy, Daily Column." Right off the bat, the columnist is advised "to take a brisk two-hour walk to gain reflective meditation, ere grappling with the task."

There seems to be considerable editorial doubt in the update press agent, the sincerity of the Boy Mayor of Klamath Falls, who aspires to slip up the rainbow of the Townsend Old Age Pension plan, and from its highest point execute a fancy dive into the U. S. senate seat, now held by the Hon. Chas. L. McNary, (R. Ore.)

THE MUFFLED COMPLIMENT. (Roseburg News-Review) Which is a proper spirit, and one which will stand her well in hand, I hope, when the leeches and parasites of society hear of her good fortune, and come around hoping to sell her a gold brick, as they so surely will.

Devey Hill, the Prospect hillbilly, was in town yesterday with a tooth to grind.

Taxes continue the cause of all the trouble, and most of the letters to the editors.

There are quite a number of tinner gamblers and opium fiends in town at present. Before a many months, if these pests continue to increase, it won't be safe to go to the depot or other out-of-the-way places at night, without a shotgun.

Auto mechanics of Portland have gone on a strike for higher wages. They are all finished mechanics.

WOES OF JOURNALISM. (Mapleleaf (Neb.) Vidette) Last week our enterprising reporter, who is too enterprising at times, brought in an item to the effect that Miss Georgia Taylor had become the mother of twins. Her mother was meant of course. In the rush of journalism such things will happen, of course.

The orchards are as muddy as it a couple of political factions had been fighting in them. Sunshine is badly needed, but the farmers have not started praying for it.

"SOUND PROSPERITY AHEAD SAYS FORD" (Hillside Salem Statesman)—The return of the flapping fender.

All the local Democrats are impersonating Andrew Jackson, except one who thinks he is a late edition of Samuel J. Tilden.

"The family reported that the husband, who is now imprisoned at Alcatraz island, is studying to be a saxophone player." (Oregonian)—From worse to more of it.

ARTICLE TO YOUTH Let the young man about town who is out of work, quit so much hard-time talking and try a year on the farm. Plowing will give him a new constitution, take the kinks out of his head, the frog out of his throat, the gas off his stomach, the weariness out of his legs, the corns off his toes, and give him a good appetite, an honest living and a sight of heaven.—(Lakeview Examiner)

A Better Fire Department

CIVIL service means better service. Theodore Roosevelt, as a young man was its chief proponent, and was largely responsible for its adoption and growth throughout the country. It was then and is today, the outstanding foe of inefficiency, corruption and the spoils system in public life.

At the recent session of the Legislature, a measure was passed authorizing all towns in Oregon with a population over 3000 to place their fire departments under civil service. Taking advantage of this permission the matter will be submitted to the voters of Medford at the state election, the last day of this month.

There is everything to be said for civil service and nothing against. True, Medford has now one of the best fire departments in the state.

But the best evidence civil service is something Medford should have in its fire department, is the SUPPORT OF FIRE CHIEF ELLIOTT. He wants it because such a system would help him to raise the efficiency of his department, protect him from political pressure from whatever source, and put his entire administration upon strictly a MERIT BASIS.

That's what he wants. And that is what every honest, experienced and efficient fire chief wants. A fire department is no place for politics, favoritism or wire pulling. Civil service would eliminate such influences.

If a man on the force were inefficient or undesirable, no political pressure could keep him IN. On the other hand, if a vacancy should occur, no political pressure, favoritism, or wire pulling, could keep the best qualified man OUT.

There is some objection to putting the fire department under civil service because all departments of public administration are not under civil service. This would be like arguing against having pure drinking water in this city because all other cities in the state haven't it.

Finally the introduction of civil service in the local fire department would not cost the taxpayers a dime. The members of the civil service commission, appointed by the council, would serve without pay.

It would, in the last analysis, simply make Medford's good fire department a better one. We repeat, the measure should pass.

Martin's First Year

ROUNDING out today his first year in the executive chair, Governor Charles H. Martin has given the people of Oregon a new conception of the office of governor—a new confidence in the ability of a holder of political office to be a material factor in the economic development of the commonwealth.

Hewing true to the line of courageous, independent thinking he outlined during his campaign for election Governor Martin has to a remarkable degree adjoined politics during his tenure and has charted his course straight for the goal he set in announcing his candidacy. During his administration partisanship, as such, has been conspicuous by its absence from vital affairs of state.

The awakening of Oregon and its people to a realization of the potentialities of the state and the stimulation of processes and practices for the development of its resources has been, and continues to be the predominating feature of Governor Martin's program. His vision extends far into the future. But his method of attacking such problems is direct, instantaneous and unrelenting.

COURAGEOUS and defiant of coercion and lawlessness, he has reestablished a respect for law and order and constituted authority by positive assertion of the powers of his office.

Without sacrifice of leadership he has restored harmony, dignity and efficiency to the operations of the board of control and has developed a much needed spirit of tolerant cooperation in the state's entire official family. His appointments to important posts have for the most part been excellent and his defense of efficiency in subordinates of either political creed unflinching.

Intolerant of short-sighted criticism and reactionary conservatism and timidity; impatient with opposition and scornful of petty politics, Governor Martin has in one short turbulent year established himself as an intelligent, trustworthy, capable and courageous leader deserving of the support of the people of Oregon.—Salem Capitol-Journal.

OREGON WOMAN ON WAR OF 1812 PENSION ROSTER

WASHINGTON—(UP)—More than 120 years after the close of the War of 1812, government pension rolls this year still carry names of four dependents of veterans of the conflict.

Nabor's company, South Carolina militia, \$50 monthly pension. Lydia Ann Graham, Brushy Run, W. Va., widow of Isaac Graham, musician, Bodkin's company, Virginia militia, \$50 monthly pension. Carolina King, care of Evangelical Church home, Chetowaga, N. Y., widow of Darius King, private Stevo's company, New York militia, \$50 monthly pension. Esther Ann Hill Morgan, Independence, Ore., daughter of John Hill, private Clarke's and McCumber's companies, New York militia, \$20 monthly pension. Pension rolls also carried names of 294 widows of Mexican war veterans, a decrease of 57 for the year.

Personal Health Service

Signed letters pertaining to personal health and hygiene not to disease diagnosis or treatment will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Cal.

Earlier this week I quoted Dr. Oeler's view of arteriosclerosis (as given in the doctor's bible, Oeler's Practice of Medicine, published in 1908) and Dr. Eisner's view (as given in the classical Vol. VII of Monographic Medicine, Prognosis, published in 1915). The latter is a Christian picture of hardening of the arteries, representative of the best medical knowledge of the time, was more or less traditional.



time, was more or less traditional the pointed in the interesting style for which Sir William was famous. The Euserian conception of the nature of arteriosclerosis represented advance of medical knowledge in the decade. Oeler regarded heredity as a most important cause, and assumed that persons who develop hardening of the arteries early in life inherited poor material in the arterial tissue, poor "vital rubber". He also emphasized "wear and tear" or "bad use."

Eisner regarded arteriosclerosis as a progressive NUTRITIONAL disturbance of the arterial wall, pointed out that it begins in the intima or delicate lining of the artery, and spoke of the arteriosclerotic and starvation of the arteriosclerotic.

Today, I infer from data I come across here and there in current medical literature and medical society chatter (that is not yet included in standard medical books), the metabolic or nutritional nature of arteriosclerosis is gaining recognition. Authorities on nutrition believe that a moderate shortage of vitamins, particularly C, favors premature old age. Recently one of the first scientists to isolate vitamin C, advanced the view that shortage of this vitamin is a cause of arteriosclerosis. A period of hypernutrition (high blood pressure) precedes development of manifest signs of hardening of the arteries in most cases; this is often accompanied with lowering of sugar tolerance (that is, incapacity to utilize or assimilate carbohydrate food normally without excreting sugar in urine) and with overweight, all of which tend to improve or disappear when the patient receives an optimal vitamin ration—more vitamins than may be necessary to maintain a normal person at the highest level of nutrition and health.

Haven't said a word yet about minerals. And that's enough. If the vitamin ration is right, the mineral metabolism is bound to be right. The vitamins control and regulate the assimilation and utilization of minerals in the body. So don't bother or worry about mineral food. If your diet includes a sufficient amount of the corrective protective foods it is bound to furnish all the minerals the body needs. Hold your horses and keep your subscription paid up, and I'll hand you the menu of the corrective protective diet pretty soon. It is an important part of this regeneration regimen I keep harping about, and you old geezers, particularly you who begin to be old at thirty, forty or fifty, had better hear what I have to say about this. I'm no Ponce de Leon but then, remember, I've been dabbling in this study of longevity, health and nutrition for years and in a way I'm an expert on the subject—no cracks about my hair, if you please, unless you are prepared to compare teeth, arteries and resiliency with me. Anyway, there are a lot of things we didn't know when I was a boy. So you young readers should do as I say and never mind what I did.

QUESTIONS AND ANSWERS. Hyperacidity and Peptic Ulcer. I seek a remedy, not to use to have a kind of diet list for persons with hyperacidity and ulcer of the duodenum. Also suggestions for the family dietary where one member has to have special food for that trouble. —Mrs. N. T. Answer—Send ten cents coin and stamped envelope bearing your address, for copy of booklet "Guide to Right Eating." It outlines menu for such patients and for the rest of the family.

Black and White. You said there is no danger of a black child being born to a union of a white person with a person whose blood has a trace of negro blood. My psychology teacher quotes your statement. She explained how the genes of the chromosomes could be recombined to form a black offspring from white parents one of whom has a trace of negro blood—J. McC. Answer—Theoretically your teacher is probably right. Actually, it doesn't seem to happen. The offspring appear always to be no darker than the darker parent, notwithstanding folklore and gossip. Fool Proof Cough and Croup Medicine. I have been watching for the recipe for that fine home made cough and cold medicine you gave two years ago. We used it many times with highly satisfactory results, but... —H. W. H. Answer—Detailed instructions in booklet "Call It Crip!"—send ten cents coin and stamped addressed envelope for copy. (Copyright, 1936, John F. Dille Co.)

NEW YORK DAY BY DAY By O. O. McIntyre NEW YORK, Jan. 16.—The pooh parade that reveals Manhattan's flair for dogs, begins at 7 p. m. along Fifth, Madison and Park avenues. A daily kennel show in itself, with the pedigreed klydoes brushed and blanked and conscious of their breeding.



Dogs can be made to reflect the superiority their owners feel. The glossy P. O. M. may not even glance at some shaggy biological lapse with perhaps a lop ear or elongated tail. There are monogrammed coats, fur-lined, collars studded with jewels, and leashes of actual silver.

The promenade may include two illustrious Katharines—Cornell and Brush, Mollie Mallory, Howard Chandler Christy and many others of headline quality. The canine range extends from the low-slung dachshund to the hip-high mastiff. And always a smug flock of Bedlington lambs towed by innocent Marys.

Then, too, there are those who take advantage of the period to air other sorts of pets. The radio singer with the domesticated fox. She calls it "Horace" and it barks back at dogs. The twin snow-white Siamese cats in double harness, and last but not least the lumbering star, "Jumbo," of the Hip.

It's what the mountaineers call a "fur piece" for Harry Richman back to the days when with his tiny white portable piano he was just another singing act in the cellar cabarets. Then, as now, much of his charm was his gracefulness responding to encowes. He seems tireless. And success has not caloused him to such response. Today there's nothing he likes better after his day's chore than to run through his songs for intimates. This willingness is almost an invariable trait of those who have reached the top rung. A reason they reach it, no doubt.

Nora Bayes was never so happy as when expressing herself in song, on stage and off. One evening at the old Sixty club, when the crowd dwindled to a handful that was already relieving wraps, some one suggested Miss Bayes sing just one song. It was about 3 a. m. and at 7 a. m. she was still singing, as fresh as the proverbial daisy. Not a soul had thought of leaving.

Perhaps the most generous of all with his talents without pay is Charles Chaplin. He is his best when a party has spent itself and everybody is sipping old yams. He then perks it up, puts it on its feet and makes

Comment on the Day's News

By FRANK JENKINS

BEND, in the heart of the Paulina country—the story of Chief Paulina was told sketchily in this column yesterday—is one of Oregon's newest and prettiest cities.

It gets its name from the great bend in the Deschutes river, which was known as Farewell Bend by the ox team pioneers; who regretted, one gather, having to say farewell to the green meadows that here lie along river and were a pleasant change after the long dry journey over the high desert.

Almost immediately upon leaving here, the pioneers who chose this route must attempt the crossing of the high and then trackless Cascades, so it may be imagined that farewell to these pleasant meadows was not eagerly said.

THE Bend country was once a part of vast Crook county, which now is cut up into Crook, Deschutes and Jefferson, the dismemberment having occurred some two decades ago when every town in Oregon not then a county seat wanted to be one.

In the case of Deschutes county it has worked out well enough, but in the case of Jefferson not so good. The people of Jefferson county, if they had it to do over again, would probably consider that the advantages of having a county all their own aren't worth the higher taxes.

(This, of course, is guesswork on the part of a rank outsider. You never can tell how people will feel about their own local governmental affairs).

CULVER and Madras were contenders for the honor of being the seat of Jefferson county; and the contention must have been warm at times, for they still tell tales of county buildings being put on skids in the dead of night and dragged back and forth from one to the other.

Back in the beginnings, the people of Jefferson county never knew when they went to bed at night where the county seat would be the next morning, which must have been TOUGH. It would be annoying to go to town to pay your taxes and find upon arriving that over night the court house had got up and walked out on you.

THE country immediately around Madras is a fairly good example of what not to do with land. In the days of the big war wheat market, they plowed up a lot of those low rolling hills and, thanks to centuries of accumulated surface fertility, plus some lucky spring rains, they raised some good-sized wheat crops it looked good.

But the surface fertility was soon sapped, and the spring rains petered out. Now, when the wind blows, the soil limates the court house of those hectic early days and gets up and moves from place to place.

A beneficent government is buying up a lot of it and moving the settlers somewhere else.

IT'S nice to have a kind government that takes our mistakes off our hands, but one wonders, at times, what the ultimate effect on us will be.

You've heard, perhaps of the Chinaman, hiking through the hills in the

ROXY 20 ANYTIME KIDNAP 10¢ Today and Fri. A FIEND OF FEAR! This Family WAS CURSED! KARLOFF THE BLACK ROOM with MARIAN MARSH ROBERT ALLEN KATHERINE D. MILLE Added CHARLEY CHASE in "O. K. TOOTS" Novelty and News

snow, who looked back and saw a bear, sniffing eagerly along his tracks. He paused a moment in puzzled thought, then: "Oho," he said, "you like track! All right, we make some more." Do you suppose we'll come in time to say to our government: "Oho you like mistakes? All right, we'll make some more."

BUT that sounds like talking politics, and this writer, for today, at least, is weary of politics. So let's change the subject.

Communications

Sales Tax vs. Townsend Plan. An article appeared in the columns of a local newspaper this week, wherein it was stated that county and city officials are members of Townsend clubs. In this article Deputy District Attorney Nelson, Justice of Peace W. R. Coleman and Mayor George W. Porter are listed as being members of Townsend clubs and ardent supporters of the same.

I would suggest therefore that all voters consult the "Voters Pamphlet" for the special election to be held January 31, and that they read carefully the articles "for and against" the passage of a state sales tax, paying particular attention to the names signed to the argument in favor of the sales tax.

The above names appear prominently among the Medford names of men who endorse a state sales tax.

It being my understanding that the only tax endorsed by Townsend clubs and Townsend followers is a "national transaction tax," I, therefore, should like to have these gentlemen explain to the community, via the columns of all local newspapers, their true position as regards the Townsend plan and their public stand on the sales tax, as published in the voters' pamphlet, issued by the secretary of state.

HENRIETTA B. MARTIN, Medford, January 15.

Weather Northern California: Fair tonight and Friday, but becoming cloudy Friday in extreme north; cooler tonight, local frost in valleys; strong northwesterly wind off coast diminishing to light.

Oregon: Partly cloudy rain in west Friday and in northwest late tonight or Friday; slightly colder in east tonight; fresh northwest wind off coast.

Hotel Man Held Up. SALEM, Ore., Jan. 16.—(AP)—A burglar held up J. H. Lauterman, a hotel proprietor, as he entered his home here last night and took his purse and \$8 in change. The man apparently entered the Lauterman residence through a basement window, ransacked the house and was preparing to leave as Lauterman entered the kitchen door.

Use Mail Tribune want ads.

Flight 'o Time

Medford and Jackson County history from the files of the Mail Tribune 10 and 20 years ago.

TEN YEARS AGO TODAY January 16, 1926. (It was Saturday.) Sixth anniversary of prohibition observed. Senators open general attack on President Coolidge for his Mexican, world court, tariff and economy policies.

"The Rip Van Winkles" will do their first rooting of the season at the basketball game tonight between Medford and Merlin.

Jean Millard is winner in semifinals of Charleston dance contest at the Craterland. John Mann is re-elected president of the Red Cross.

EVERETT BEESON OF TALENT IS RECOVERING FROM AN ATTACK OF PNEUMONIA. Allies present an ultimatum to the King of Greece. National Guard chiefs inspect company 7.

Railroad survey crew reported working near Crescent City. Senator Cummins (Republican) of Iowa, introduced bill in congress, aiming to have nation make all munitions of war, and eliminate profit. California swept by storms and floods.

The county court will take up the petition of farmers of the Talent district for the forming of an irrigation district, at their next meeting.

Pear Market Yesterday

NEW YORK, Jan. 15.—(AP)—(U.S. Dept. Agr.)—Pear auction market. Four Oregon cars, 1 Washington unladen; 1 car arrived; 1 car on track; 1 car diverted. Oregon D'Anjous: 1260 boxes extra fancy, 210-220, average 2.37; 900 fancy, 1.90-2.75, average 2.26. Oregon Comice: 981 boxes extra fancy, 1.82-2.20, average 1.97; 359 fancy, 1.65-2.10, average 1.90.

Chest Colds

Best treated without "dosing" VICKS VAPORUB STAINLESS now, if you prefer

The Greatest Outdoor Adventure Film SINCE "THE COVERED WAGON" TOMORROW and SATURDAY! Clarence E. Mulford's "Hop-along Cassidy" in BAR 20 RIDES AGAIN with WILLIAM BOYD JIMMY ELLISON JEAN ROUVEROL LAST TIMES TONITE! DOLORES EVERETT DEL RIO MARSHALL "I LIVE FOR LOVE"